ARU WRITTLE
PRE-DEPARTURE PACK

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

TRIP OVERVIEW

ARU Writtle– Booking Reference 4792

Travel Dates:

19th July 2026 – 1st August 2026

Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
TK1244	19/07/2026	London Stansted (STN)	17:35	Istanbul (IST)	23:30
TK42	20/07/2026	Istanbul (IST)	01:35	Johannesburg (JNB)	10:30
TK43	01/08/2026	Johannesburg (JNB)	18:00	Istanbul (IST)	04:45 + 1 Day
TK1241	02/08/2026	Istanbul (IST)	07:50	London Stansted (STN)	09:55

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece checked baggage @ 23kgs, 1 piece hand baggage @ 8kgs max dimensions 55x40x23cm

Project:

Waterberg Wildlife & Veterinary Course (Vet Professionals Group)

ARRIVAL

Arrival at Johannesburg International Airport (OR Tambo)

Upon arrival at Johannesburg International Airport you must clear passport control and collect your baggage from baggage reclaim before heading into the arrivals hall.

Either Carmen or Lesedi, the GAP Africa Projects representative, will meet you **next to the statue** as you come into the arrivals hall.

They will be there to assist you to your transport with Shuttle King who are transferring you to Welgevonden Game Reserve, a drive of approximately 4 hours.

The driver will stop at a shop on the way for you to get snacks, drinks etc.

If for any reason you are unable to locate the representative, please call Shuttle King:

Terri on : + 27 71 242 8838

CONTACT DETAILS

AFRICA

Address

Welgevonden Game Reserve Main Gate
R517, Old Lephalale Road
Vaalwater 0530
South Africa

Welgevonden Main Office

Telephone: +27 (0)87 813 0501
Alternative: +27 (0)14 161 0800

Welgevonden Research Camp

+27 (0) 72 713 5043
Megan Antrobus (Emergency Only)

Gap Africa Projects

+44 (0) 744 260 1694
24 Hour Emergency Only

Gap Africa Projects In Country Contact

+27 (0) 79 313 2276 Carmen Warmenhove

CONTACT DETAILS

AFRICA

Address

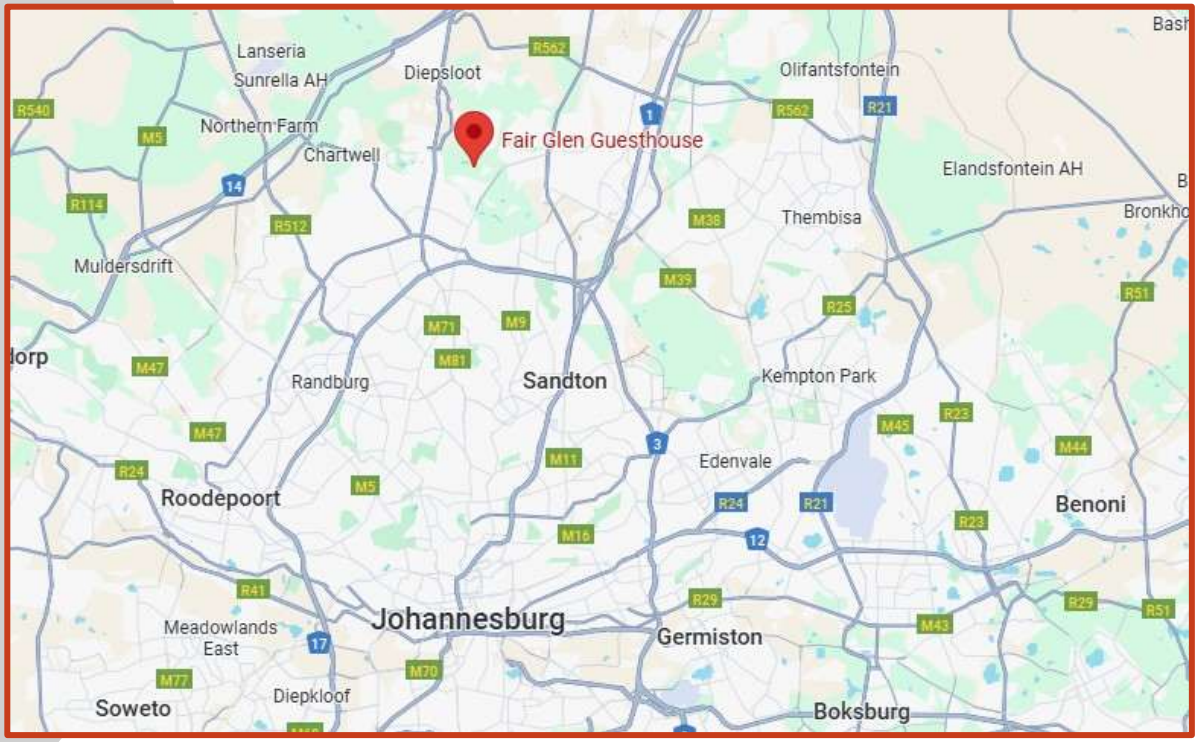
Fair Glen Guest House
17 Macgillivray Road
Glenferness, 2191 Midrand
Gauteng
South Africa

Telephone

+27 (0) 72 451 6942

Gap Africa Projects

+27 (0) 79 313 2276 Carmen Warmenhove



USEFUL INFORMATION

Practical Advice

Power / Electricity

It is important that you take the right travel adapter so you can charge your phone and other devices whilst away.

Drinking Water:

Drinking water is available at the project; always make sure you keep hydrated and have packed an insulated water bottle. We recommend taking concentrated squash as the water will taste different from home.

USEFUL INFORMATION

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.

https://www.truetraveller.com/?tag=4480

Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

https://www.gov.uk/browse/abroad/travel-abroad

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

http://www.dha.gov.za/index.php/immigration-services/exempt-countries

USEFUL INFORMATION

AFRICA

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required. However, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Whilst risk of rabies is low, we do recommend you have the rabies inoculation because of your veterinary impact work in Gauteng. However, human infection with rabies following exposure to rabid or suspected rabies-infected animals can be prevented by prompt administration of rabies post- exposure prophylaxis (PEP), which would be urgently sought at the nearest health facility.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

Please visit the following web page for advice from the UK Foreign Office:

https://travelhealthpro.org.uk/country/201/south-africa

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Malaria:

The project is located in a malaria free area.

http://www.sa-venues.com/malaria-risk-areas.htm

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

USEFUL INFORMATION

AFRICA

What To Expect 'Weatherwise' From May To August

Make sure you are ready for the **chilly nights** and crisp mornings during autumn and winter in South Africa. Staying warm will be key to you enjoying your experience.

The months of May to August are characterised by cool, dry, and sunny days with **very cold** nights. As soon as the sun dips, the temperature will drop and can go down to near or below freezing, resulting in frost.

It is recommended that you layer smartly: avoid cotton next to the skin as it traps moisture and makes you colder. Keep spare socks and gloves in a sealed plastic bag to ensure dryness.

Whilst blankets are provided, we also recommend a **sleeping bag liner** as well as the following kit list:

Clothing & Layers

- Thermal base layers: Lightweight long-sleeve tops and leggings.
- Mid-layers: Fleece jackets/jumpers or wool sweaters
- Insulated outer layer: A down or synthetic-filled jacket
- Waterproof shell: Wind and water-proof jacket and trousers

Accessories and Footwear:

- Beanie or woollen hat
- Thermal gloves or mittens
- Thermal socks (wool or synthetic; bring at least three pairs)
- Insulated hiking/walking boots: Waterproof, broken in, with good grip/sole
- Lip balm and moisturiser (such as Vaseline)
- Disposable or USB rechargeable heat packs

If you feel the cold, pack appropriately!

USEFUL INFORMATION

Climate

Limpopo Province

January is the hottest month in Limpopo with an average temperature of 23°C (73°F) and the coldest month is June at 13°C (55°F). The wettest month is November with an average of 100mm of rainfall.

Have a look at the AccuWeather website, link below, for more information:

https://www.accuweather.com/en/za/vaalwater/299075/weather-forecast/299075

https://www.accuweather.com/en/za/midrand/1710150/weather-forecast/1710150

Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted in main towns, although local communities only take cash.

Wise Travel Card offers up to £500.00 with no transfer fee for Gap Africa Project travellers:

https://wise.prf.hn/l/XZJx9gq

USEFUL INFORMATION

Phones & Internet

Mobile phone coverage is generally good at Welgevonden Game Reserve and good in Gauteng, although there may be some areas on the reserve where there isn't any coverage.

Limited Wi-Fi is available at the accommodation however internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS.

Benefits of an eSIM

Holafly

- Unlimited Data Plans
- Uses both Vodacom and MTN the two major networks in South Africa
- Keep your WhatsApp number
- Immediate Delivery

https://shorturl.at/sxE29

ACCOMMODATION & LIFESTYLE

Welgevonden Accommodation

The student centre and camp is based on the reserve and boasts ten tents that sleep two people per tent in single beds, each tent also has lighting and electricity supply.

There are communal hot and cold showers and regular flushing toilets. The communal facilities include a lecture room, canteen, lounge, entertainment area and storage fridge.

The centre also has access to Wi-Fi and the camp is fenced off inside the boundaries of the reserve. Most evenings are spent at leisure around the camp.

ACCOMMODATION & LIFESTYLE

Food at the Project - Welgevonden

Ingredients for three meals a day are provided, on a self cook basis. Students will take part in communal cooking and keeping the kitchen tidy. This creates a vibrant and social camp atmosphere.

All meals are provided in the communal dining room, there is an outside area for dining as well.

Meals will either be served at the facility or in the field 'picnic' style, this depends on activities either planned or unscheduled.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.

ACCOMMODATION & LIFESTYLE

Gauteng – Fair Glen Guest House

You will be staying in twin bedded accommodation with en-suite facilities.

There is a swimming pool and outdoor seating area and the guest house has WiFi.

The guest house offers comfortable areas to relax and unwind and is based in an equestrian-themed suburb.

Ideally situated for the visits to the Johannesburg Wildlife Vet Practice and Animals in Distress.

Food at the Project

All meals will be provided at Fair Glen Guest House; a packed lunch will be provided if the group are not returning to the accommodation at lunch time.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.

USEFUL INFORMATION

AFRICA

Suggested kit list

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

- Short and long sleeve t-shirts
- Long work trousers and shorts (or work/zip-off trousers)
- Hiking boots/comfortable walking shoes to work in every day
- Waterproof jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded jacket/windbreaker (Winter months) although it can get very cold on an open vehicle even in summer
- Socks
- Underwear
- Change of casual clothes for evenings
- Comfy shoes to wear after work hours (no open-toed shoes to be worn around Welgevonden camp)
- Warm hat (Winter only) / Hat for sun protection (all year)
- Gloves for warmth (Winter only)
- Working gloves
- Daypack rucksack
- Surgical gloves
- Sunscreen and Sunglasses
- Personal medical items
- First aid kit
- Toiletries
- Tick / Insect repellent
- Water bottle
- Good torch

Other useful items:

- Binoculars
- Camera
- Power bank
- Stethoscope

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

USEFUL INFORMATION

AFRICA

First Aid Kit

It is strongly advisable that you pack your own mini first-aid kit of everyday essentials. This should include:

- Paracetamol / Ibuprofen (or equivalent)
- Antihistamines (eases a reaction to any bites or stings)
- Antiseptic cream (e.g. Savlon/Germolene/Sudocrem)
- Bite and sting cream
- Plasters
- Imodium (anti-diarrheal medication)
- Dioralyte (fast-acting oral rehydration treatment designed to replace fluids and body salts (electrolytes) lost during diarrhoea or vomiting)
- Tick remover

WHAT'S INCLUDED

What is Included?

- Flights
- Transfer to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- 24 hour in country support

NOT Included

- UK transfers
- Personal Travel Insurance *
- Meals on travel days - before arriving & after departing from the project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

* We recommend you take out insurance as soon as your booking is confirmed

GAP
GLOBAL ADVENTURE PROJECTS

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:

AFRICA ASIA EUROPE SOUTH AMERICA UNITED KINGDOM

GLOBALADVENTUREPROJECTS.COM