



SOUTH STAFFORDSHIRE COLLEGE PROJECT PRESENTATION



South Africa Group Sports Coaching Tour

AFRICA

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

ABOUT US:

AFRICA

GAP Africa Projects

- We are a specialised travel company that offers academic trips and volunteering opportunities for groups and individual travellers, in a number of locations worldwide
- We pride ourselves on curating experiences which are personalised to your needs and requirements
- Our first project travelled in 2012
- Full ATOL Bonding
- Working with 55 Colleges and Universities around the UK
- A small dedicated team in the UK and South Africa





AFRICA

ABOUT THE PROJECT

Project overview, location and the sports coaching tour in more detail

ABOUT YOUR PROJECT

AFRICA

Your Sports Coaching Trip Explained

- A unique sports coaching & community project based in the Eastern Cape of South Africa
- Working in schools and community centres to help coach local children in sports
- Tailor-made activities to suit your needs and interests
- Project activities include
 - Sports development
 - Sports coaching in township communities & local schools (Primary and Secondary)
 - Community development – English and maths
 - Trip to a Local Game reserve
 - Trip to Jefferys Bay
 - Sandboarding
 - 5-a Side Football
 - Riverboat Cruise



ABOUT YOUR PROJECT

AFRICA

Sports Coaching Tour with United Through Sport – Location



ABOUT YOUR PROJECT

AFRICA

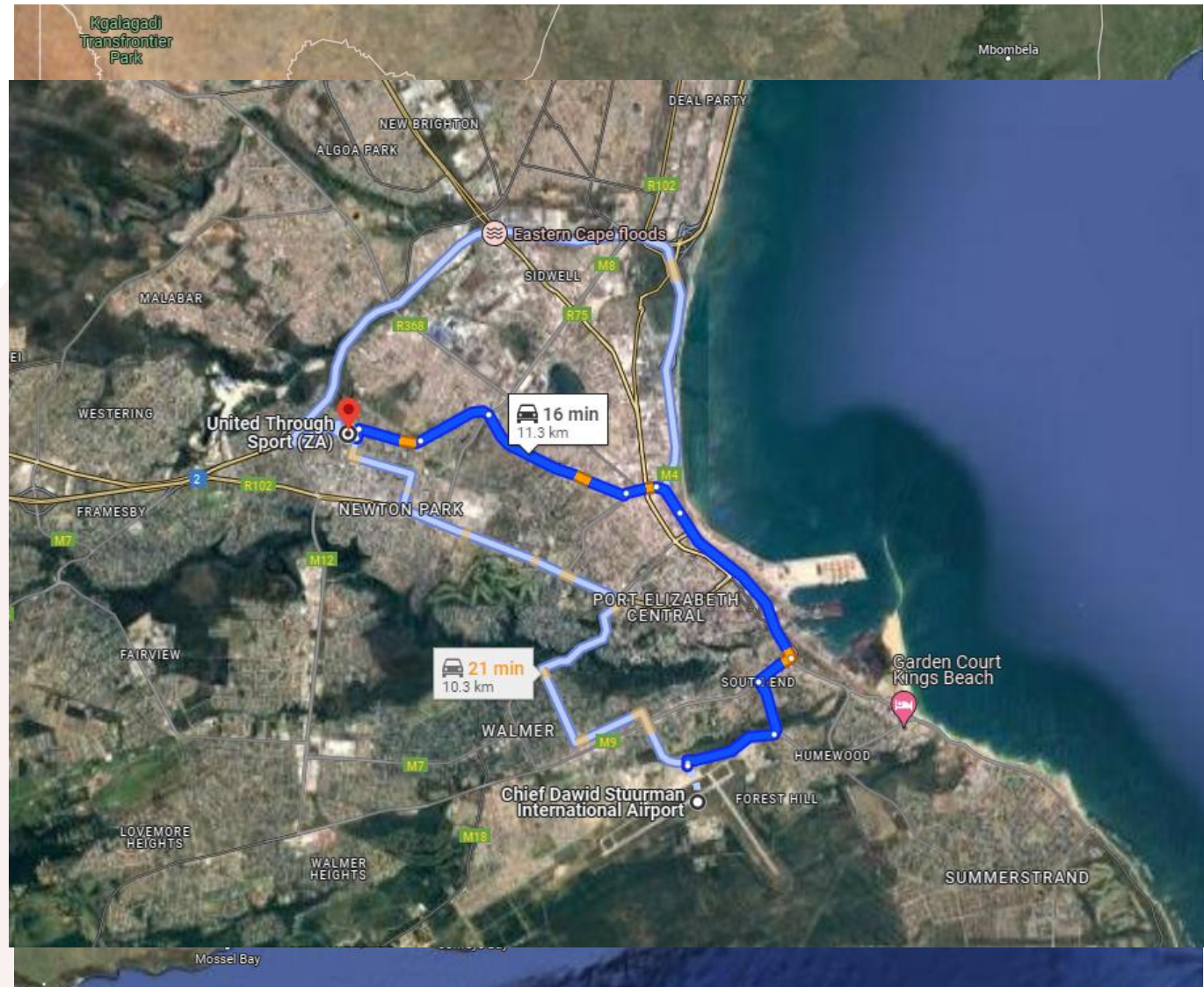
Project Location

Located in Port Elizabeth in the Eastern Cape

Charity – United Through Sports



United
Through
Sport



ABOUT YOUR PROJECT

AFRICA

Project Overview

- Sports Coaching and Development Activities
- Other sessions will include one-to-one reading, basic maths sessions
- Socialising and playing with the young children
- Basic sport coaching
- Football talk



ABOUT YOUR PROJECT

AFRICA

United Through Sport – Transforming lives through sport

- Worked in Port Elizabeth since 2005 with aged 5+ from disadvantaged communities
- Using the power of sport to help children and youth to escape poverty
- Worked with over 150,000 children
- 93% of children performed better in fitness tests
- 96% improvement in HIV and AIDS awareness
- 87% improvement in school attendance



ABOUT YOUR PROJECT

AFRICA

Keep Active

Your role as a volunteer sports coach in South Africa will be to run and supervise all training and matches for the players in the local townships and schools in the surrounding area.



ABOUT YOUR PROJECT

AFRICA

Keep Active



ANY QUESTIONS?

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ABOUT YOUR PROJECT

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Learn to Move Program



ANY QUESTIONS?

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PROJECT PRESENTATION 11

ABOUT YOUR PROJECT

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Learn to Move Program



ANY QUESTIONS?

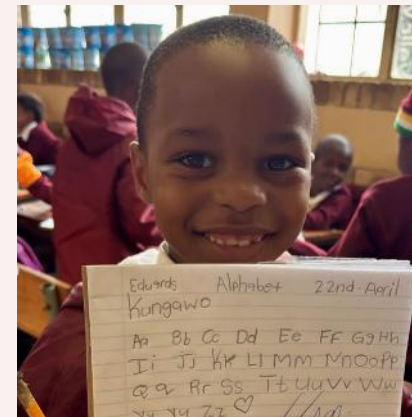
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ABOUT YOUR PROJECT

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Lead to Read



ANY QUESTIONS?

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ABOUT YOUR PROJECT



Early Years



ABOUT YOUR PROJECT

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Lead to Read



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ABOUT YOUR PROJECT

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Sports Games

New for 2026

Sports training and friendly games

2 x friendly fixtures (per team) v local opposition
(based on 2 x rugby & football and 1 x netball teams)

1 x self-led training session at local facility

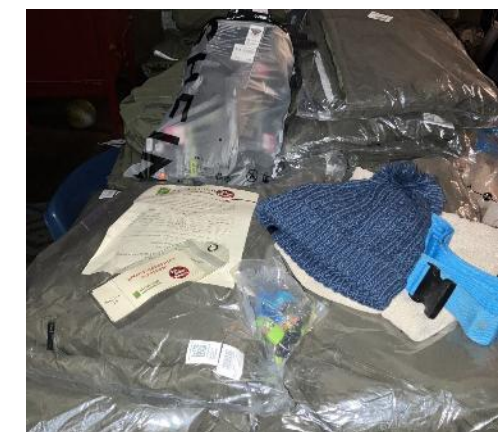
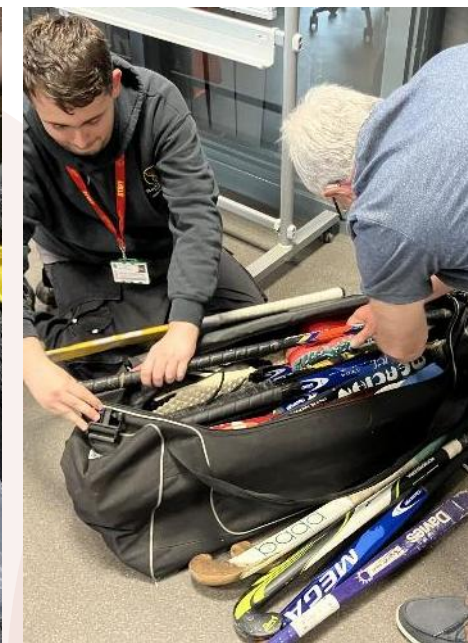


Note: this will depend on the number and ability of students travelling

ABOUT THE PROJECT

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Community – GAP Donation Bags



ANY QUESTIONS?

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PROJECT PRESENTATION 17

A young boy in a blue shirt and orange vest is seen from behind, looking out at a beach. A woman in a black and orange outfit is smiling next to him. The background shows a beach with people, buildings, and a cloudy sky.

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ADDITIONAL ACTIVITIES & EXCURSIONS

Your free time on project

ACTIVITIES & EXCURSIONS

AFRICA

Activities/Excursions

During your project there will be some free time, where you'll be able to do some additional activities. These are included in the price of your trip.

Examples include:

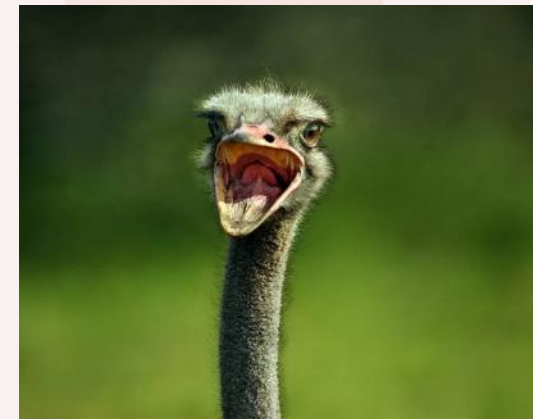
- Visit to Kragga Kamma (a local wildlife park)
- Visit to Jeffrey's Bay (home of surfing South Africa)
- Visit to the Penguin and Seabird Rescue Centre
- River Cruise, Dancing, Dinner & Shopping (including a beach Braai (BBQ))



ACTIVITIES & EXCURSIONS

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Kragga Kamma Game Park



ANY QUESTIONS?

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PROJECT PRESENTATION 20

ACTIVITIES & EXCURSIONS

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Day Trip to Jeffrey's Bay (J Bay)



ANY QUESTIONS?

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PROJECT PRESENTATION 21

ACTIVITIES & EXCURSIONS

AFRICA

Penguin and Seabird Rescue Centre



ANY QUESTIONS?

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PROJECT PRESENTATION 22

ACTIVITIES & EXCURSIONS

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River Cruise, Dancing, Dinner & Shopping



ANY QUESTIONS?

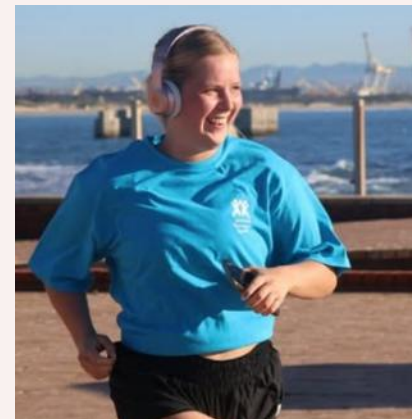
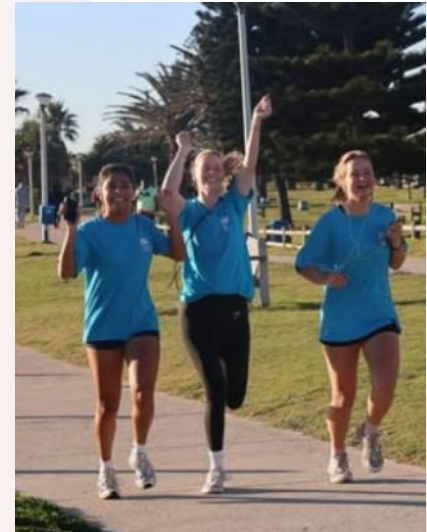
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PROJECT PRESENTATION 23

ACTIVITIES & EXCURSIONS

AFRICA

Parkrun (Hobbie Beach)



ANY QUESTIONS?

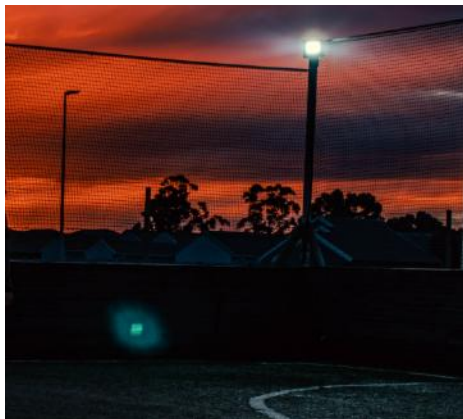
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ACTIVITIES & EXCURSIONS

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5-a-Side Football



ABOUT YOUR

AFRICA



United
Through
Sport



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ACCOMMODATION & LIFESTYLE

Life in the Eastern Cape

ACCOMMODATION & LIFESTYLE

AFRICA

Accommodation

Your accommodation is basic but comfortable, you will stay in a dormitory style room, with shared toilet and shower facilities.

The accommodation has a very sociable atmosphere, you will find it a great place to relax and unwind in the evenings.

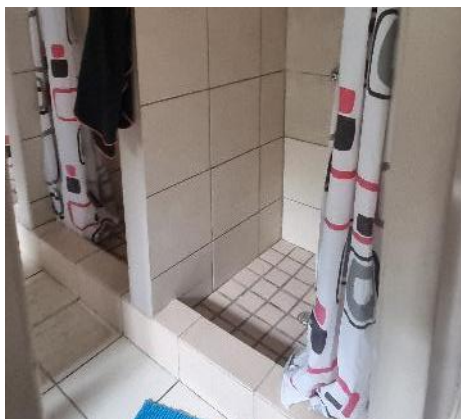
The accommodation is also centrally located near to your volunteer project with shops and other useful amenities a short walk away.



ACCOMMODATION & LIFESTYLE

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Accommodation



ANY QUESTIONS?

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ACCOMMODATION & LIFESTYLE

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Food at the project

Three meals are provided a day prepared by the kitchen staff. The food is basic but nutritious.

Breakfast will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.





AFRICA

BOOKING YOUR ADVENTURE

The next steps to the trip of a
lifetime!

WHY SHOULD I TRAVEL?

AFRICA

What do previous travellers say about the Sports Coaching Tour?



"It was the most **amazing** experience I've ever had."



"I learnt so many new things that have **educated** me **beyond** classroom curriculum."



"There wasn't a single experience that didn't **amaze** me and make me feel **enriched**."

Reference: GAP Africa Projects Post Project Trip Questionnaire 23/24

WHY SHOULD I TRAVEL?

AFRICA

What do previous travellers say about the Sports Coaching Tour?



"It has inspired me to look into overseas **volunteering** opportunities next year."



"I have returned home feeling more self-confident and **independent**, it was brilliant."



"I am more **humbled**. I now know what I want to do moving forward career-wise."

Reference: GAP Africa Projects Post Project Trip Questionnaire 23/24

WHAT'S INCLUDED

AFRICA

What is Included?

- Flights
- Transfers to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- Airport meet/greet
- 24/7 In country support



NOT Included

- Personal Travel Insurance *
- Meals on travel days – before arriving & after departing from project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

* This is provided by the college. Please confirm with your college the details of what is and isn't covered.

THE NEXT STEPS

AFRICA



Project dates & key deadlines

Travel dates:

Depart UK: 1st July 2026 | Arrive SA: 2nd July 2026

Depart SA: 16th July 2026 | Arrive UK: 17th July 2026

Key deadlines are:

- Return online booking form by 07/02/2026
- 18/06/2026 e-Tickets & final documents will be issued

BOOKING YOUR ADVENTURE

AFRICA

Booking Form

- Please submit by 07/02/2026
- Passport fields not mandatory
- Two different email addresses



<https://gapafricaprojects.com/booking-form-26-4799-ssa-spc-south-staffordshire-college/>

BOOKING FORM

(NB: Your name should be given as displayed on your passport)

Title *

Name *

Date of birth *

Address *

Telephone *

Mobile *

Email 1 *

Email 2 *

(**NB: Please note that all booking correspondence will be sent via Email**)

Passport no.

Passport Issue Date

THE NEXT STEPS

AFRICA

Confirmation Documents

Confirmation documents will be issued and sent directly to you via email.

Please communicate with us with any questions relating to the field trip.

Gap Africa Projects

10 Oct 2022
Ref: Z3-AGA-CAZ7-GL1

Dear Chloe,

Thank you for attending to books with Gap Africa Projects as part of the Kibindi College trip to Zulu Land Conservation Research. Please take the time to look through this document and check that everything is correct.

We have received your deposit payment and your placement is now confirmed as per the details below. The final balance and due date is detailed on your invoice.

Please remember that you can contact me to discuss anything in this document as well as any other aspect of your expedition and I am on hand as your personal travel advisor for the entirety of your placement.

Warm regards,
The GAP Africa Team

Passengers Travelling
Miss Chloe Capstick
Placement(s)
Zulu Land Conservation Research (04/03/23 - 18/03/23)

Inclusions
Flights, shared road transfers to and from project, accommodation for duration, all meals and all project activities.

Exclusions
Insurance, any activities undertaken that are not included as part of the project.

Your Flight(s)

Flight	Class	Time	From	To
05/03/2023	D	15:00	Manchester (MAN)	London Heathrow (LHR)
05/03/2023	A	10:05	London Heathrow (LHR)	Johannesburg (JNB)
05/03/2023	D	18:20	London Heathrow (LHR)	Johannesburg (JNB)
18/03/2023	D	20:15	Johannesburg (JNB)	London Heathrow (LHR)
18/03/2023	A	05:30 + 1 D	London Heathrow (LHR)	Manchester (MAN)

Your Booking

Travel Advice

Names and spellings
It is essential that you take the appropriate time to check that your name and spelling is correct on your passport. If you have a second name then a British passport, you should check more carefully. Some airlines book your name as you appear on your passport.

Passport expiry date
Your passport must be valid for at least 10 days beyond the intended return date to your country of origin. If you do not have a second name then a British passport, you should check more carefully. Some airlines book your name as you appear on your passport.

Passport Copies
It is recommended that you take photographs of your passport, should one and keep these as a backup plan.

Travel Insurance
It is essential that you take the appropriate time to check that you have the appropriate travel insurance for your trip. Please refer to the policy details and terms and conditions on the attached policy. For more information, please refer to the attached policy.

ATOL Certificate

44 (0) 207 193 7819

mark.bostwick@gapfricaprojects.com

GAP AFRICA PROJECTS
PO Box 116
Charingwood
Surrey
GU26 9EL

ATOL

ATOL Certificate No: 10690
ATOL Authorisation No: 10690
ATOL Holder: Gap Africa Projects Ltd

This is an important document. Make sure that you take it with you when you travel.

ATOL Certificate

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.

This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip listed below.

Who is protected? Number of passengers: 18

What is protected?

You can find more detailed information on your booking, including price, on this confirmation you will receive from Gap Africa Projects Limited.

You are protected from when you were given this certificate to the end of your trip.

If Gap Africa Projects Limited stops trading, the passengers named above will either:

- 1 complete their trip and return to the UK; or
- 2 receive a refund.

Your protection depends on the terms of the ATOL scheme (available at www.atol.org.uk).

If Gap Africa Projects Limited stops trading, you must follow the instructions at www.atol.org.uk (where there will be details of arrangements to bring people back to the UK, and information on how people can claim their money back) or you can call +44 (0) 20 7483 6360.

By issuing this ATOL Certificate, under Regulation 17 of the Civil Aviation (Air Travel Organiser's Licensing) Regulations 2012, Gap Africa Projects Ltd confirms that the trip to which it applies is sold in line with the ATOL held by the organiser named above. The ATOL scheme is run by the Civil Aviation Authority and paid for by the Air Travel Trust. To see what that is and what you can expect, together with full information on its rules and conditions go to www.aat.org.uk. As well as the protection of the ATOL scheme, you have protection under the Package Travel Regulations. For more information see www.direct.gov.uk in the Travel and Transport section.

Unique reference number:	Date of issue:	ATOL Certificate Issued:	ATOL number:	Package sale
4413	10/10/2022	Gap Africa Projects Ltd	10690	

[Click here to look up all available flights](#)

BOOKING YOUR ADVENTURE

AFRICA

Group Web Page

<https://gapafricaprojects.com/26-4799/>



UTS TikTok



Booking Form

<https://gapafricaprojects.com/booking-form-26-4799-ssa-spc-south-staffordshire-college/>



Sustainability & Social, Economic Responsibility

Local employment from rural communities – our project partners employ a high percentage of staff from local communities. They advocate training to advance careers in hospitality, wildlife and conservation.

Low environmental impact camps – our project bush camps are built with minimal impact on the environment. Resources from the surrounding area are utilised for buildings, water is (where possible) pumped from local river sources and green energy supplies, such as solar are championed.

Community donations and support – we encourage all our international study groups to be proactive in donation collections and arrange for excess baggage for said donations to be taken out to South Africa in support of the local communities.

Move Africa, supporting young females – 3 in 10 girls in South Africa miss a week of school every month because they cannot afford basic sanitary products. Our project partners work with Move Africa alongside their partner NGOs, to distribute menstrual cups to the local communities and provide education workshops.

Rhino Art – Project rhino realises the enormous responsibility the youth have to ensure our wildlife is protected for many generations to come. They ensure they can reach and educate as many kids as possible through Rhino Art, using art workshops to teach about conservation. This initiative is supported by our local project partners.

Food/crop education – our project partners encourage food and crop education to rural communities, where cost of living to low income families and distance travelled to obtain basic resources can prove problematic. Projects include community allotments and providing education on best practice for crop rotations, harvest seasons and nutrition.

Recycling workshops – Litter, and in particular plastics, is a major issue and threat to the ecosystem in Southern Africa. Rural communities have limited waste removal available and it is therefore a problem escalating at an alarming rate. Recycling workshops are provided through local schools to help educate children on the importance of correctly disposing of litter and recycling plastics.



“Sport has the power to change the world...it has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair. It is more powerful than government in breaking down racial barriers.”



Nelson Mandela
Former President of
South Africa



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



GLOBALADVENTUREPROJECTS.COM

