DUCHY COLLEGE (STOKE CLIMSLAND) PROJECT PRESENTATION

AFRICA

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

ABOUT US:

GAP Africa Projects

- We are a specialised travel company that offers academic trips and volunteering opportunities for groups and individual travellers, in a number of locations worldwide
- We pride ourselves on curating experiences which are personalised to your needs and requirements
- Our first project travelled in 2012
- Full ATOL Bonding
- Working with 55 Colleges and Universities around the UK
- A small dedicated team in the UK and South Africa

AFRICA

ABOUT THE PROJECT

Project overview, location and the sports coaching tour in more detail

ABOUT YOUR PROJECT

AFRICA

Your Sports Coaching Trip Explained

- A unique sports coaching & community project based in the Eastern Cape of South Africa
- Working in schools and community centres to help coach local children in sports
- Tailor-made activities to suit your needs and interests
- Project activities include
    - Sports development
    - Sports coaching in township communities & local schools (Primary and Secondary)
    - Community development – English and maths
    - Trip to a Local Game reserve
    - Trip to Jeffreys Bay
    - Sandboarding
    - 5-a Side Football
    - Riverboat Cruise

ABOUT YOUR PROJECT

AFRICA

Sports Coaching Tour with United Through Sport - Location

ABOUT YOUR PROJECT

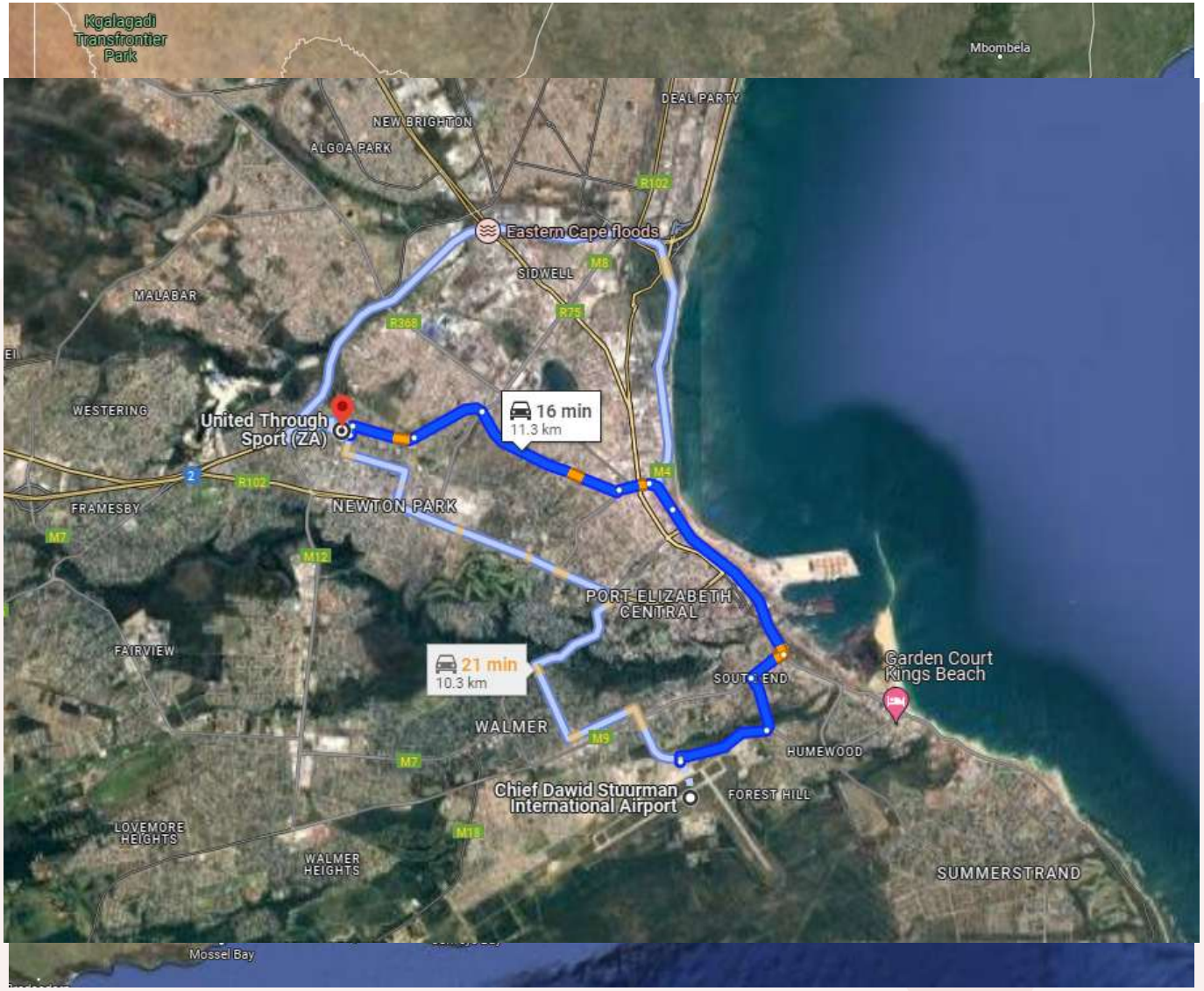
AFRICA

Project Location

Located in Port Elizabeth in the Eastern Cape

Charity – United Through Sports

United Through Sport



ABOUT YOUR PROJECT

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United Through Sport - Transforming lives through sport

- Worked in Port Elizabeth since 2005 with aged 5+ from disadvantaged communities
- Using the power of sport to help children and youth to escape poverty
- Worked with over 150,000 children
- 93% of children performed better in fitness tests
- 96% improvement in HIV and AIDS awareness
- 87% improvement in school attendance

United Through Sport

ABOUT YOUR PROJECT

AFRICA

Project Overview

- Sports Coaching and Development Activities
- Other sessions will include one-to-one reading, basic maths sessions
- Socialising and playing with the young children
- Basic sport coaching
- Football talk

ABOUT YOUR PROJECT

AFRICA

Keep Active

Your role as a volunteer sports coach in South Africa will be to run and supervise all training and matches for the players in the local townships and schools in the surrounding area.

ABOUT YOUR PROJECT

AFRICA

Learn to Move Program

ABOUT YOUR PROJECT

AFRICA

Keep Active

ABOUT YOUR PROJECT

AFRICA

Learn to Move Program

ABOUT YOUR PROJECT

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Early Years

ABOUT YOUR PROJECT

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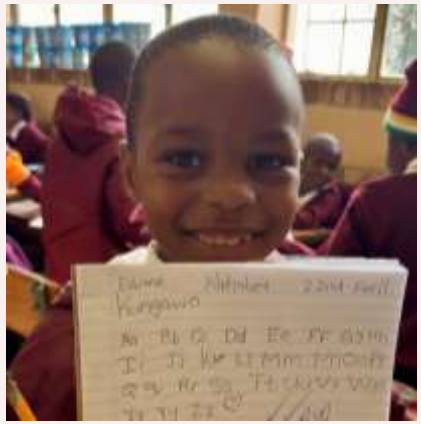
Lead to Read



ABOUT YOUR PROJECT

AFRICA

Sports Games

New for 2026

Sports training and friendly games

2 x friendly fixtures (per team) v local opposition (based on 2 x rugby & football and 1 x netball teams)

1 x self-led training session at local facility

Note: this will depend on the number and ability of students travelling

ABOUT THE PROJECT

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Community – GAP Donation Bags

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ADDITIONAL ACTIVITIES & EXCURSIONS

Your free time on project

ACTIVITIES & EXCURSIONS

AFRICA

Activities/Excursions

During your project there will be some free time, where you'll be able to do some additional activities. These are **included in the price of your trip**.

Examples include:

- Visit to Kragga Kamma (a local wildlife park)
- Visit to Jeffreys Bay (home of surfing South Africa)
- Visit to the Penguin and Seabird Rescue Centre
- River Cruise, Dancing, Dinner & Shopping (including a beach Braai (BBQ)

ACTIVITIES & EXCURSIONS

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Kragga Kamma Game Park

ACTIVITIES & EXCURSIONS

AFRICA

Day Trip to Jeffreys Bay (J Bay)

ACTIVITIES & EXCURSIONS

AFRICA

Penguin and Seabird Rescue Centre

ACTIVITIES & EXCURSIONS

AFRICA

River Cruise, Dancing, Dinner & Shopping

ACTIVITIES & EXCURSIONS

AFRICA

Parkrun (Hobbie Beach)

ACTIVITIES & EXCURSIONS

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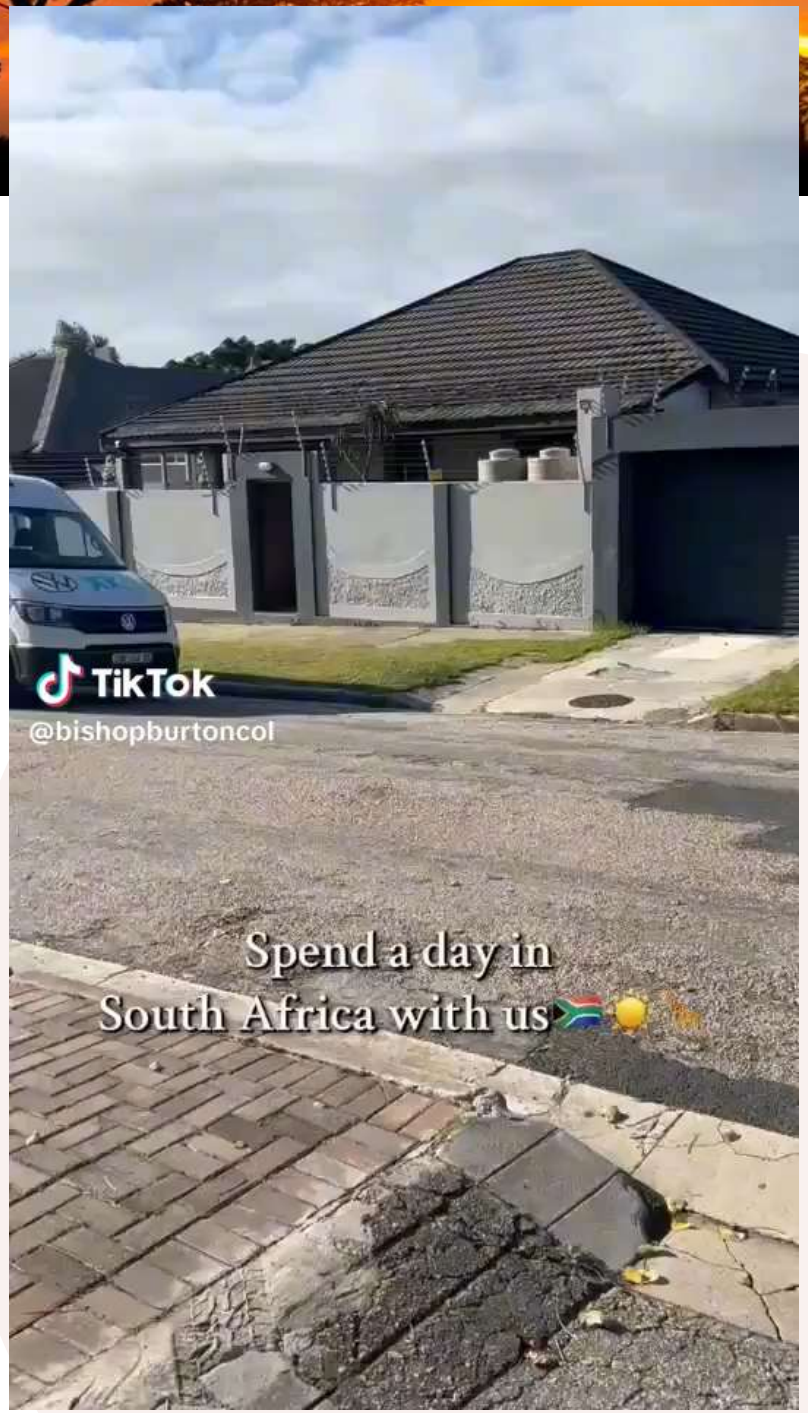
5-a-Side Football

ABOUT YOUR

AFRICA



United Through Sport

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ACCOMMODATION & LIFESTYLE

Life in the Eastern Cape

ACCOMMODATION & LIFESTYLE

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Accommodation

Your accommodation is basic but comfortable, you will stay in a dormitory style room, with shared toilet and shower facilities.

The accommodation has a very sociable atmosphere, you will find it a great place to relax and unwind in the evenings.

The accommodation is also centrally located near to your volunteer project with shops and other useful amenities a short walk away.

ACCOMMODATION & LIFESTYLE

AFRICA

Accommodation

AFRICA

Food at the project

Three meals are provided a day prepared by the kitchen staff. The food is basic but nutritious.

Breakfast will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.

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BOOKING YOUR ADVENTURE

The next steps to the trip of a lifetime!

WHY SHOULD I TRAVEL?

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What do previous travellers say about the Sports Coaching Tour?

"It was the most **amazing experience** I've ever had."

"I learnt so many new things that have **educated** me **beyond** classroom **curriculum**."

"There wasn't a single experience that didn't **amaze** me and make me feel **enriched**."

Reference: GAP Africa Projects Post Project Trip Questionnaire 23/24

WHAT'S INCLUDED

AFRICA

What is Included?

- Flights
- Transfers to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- Airport meet/greet
- 24/7 In country support

NOT Included

- UK transfers
- Personal Travel Insurance *
- Meals on travel days – before arriving & after departing from project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

* We recommend that you take out personal travel insurance as soon as your booking is confirmed.

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THE NEXT STEPS

AFRICA

Project dates & key deadlines

Confirmed travel dates:

Depart UK: 20th June 2027 | Arrive SA: 21st June 2027

Depart SA: 1st July 2027 | Arrive UK: 2nd July 2027

Trip cost:

£2795.00-£2,925.00* Based on a group of 10 (confirmed once flights have been held)

Key deadlines are:

- Return online booking form by 05/05/2026
- Deposit payment, £300.00 by 31/05/2026
- 50% instalment payment by 01/03/2027
- Balance payment by 26/04/2027
- 07/06/2027 e-Tickets & final documents will be issued

BOOKING YOUR ADVENTURE

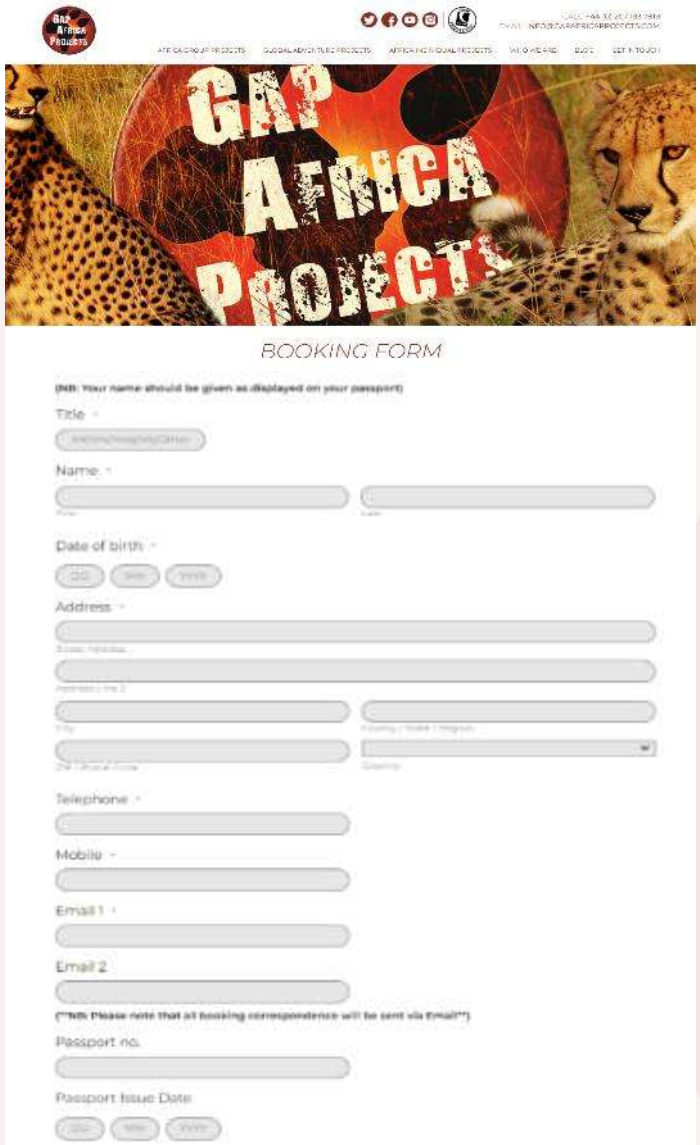
AFRICA

Booking Form

- Please submit by **05/05/2026**
- No deposit required at this stage of booking
- Passport fields not mandatory

Key deadlines are:

- Deposit of £300 to confirm placement
- Instalment payment of 50% due 16 weeks before departure
- Balance payment due 8 weeks before departure

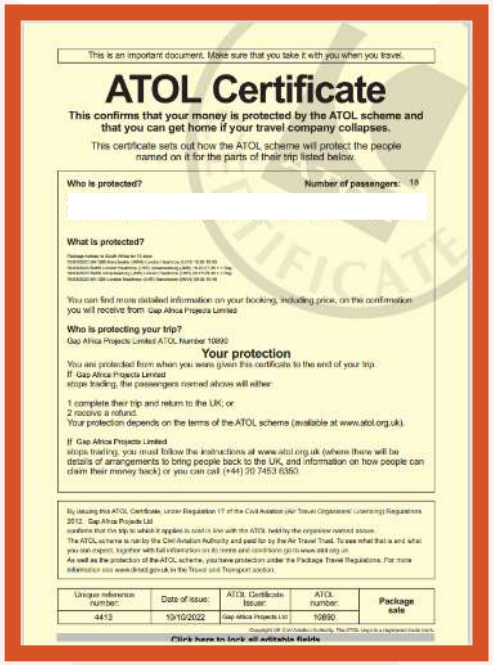


THE NEXT STEPS

Confirmation Documents

Confirmation documents will be issued and sent directly to you via email.

Please communicate with us with any questions relating to the field trip.



BOOKING YOUR ADVENTURE

AFRICA

Group Web Page

https://gapafricaprojects.com/26-4836/

UTS TikTok

Booking Form

https://gapafricaprojects.com/booking-form-26-4836-dsc-spc-duchy-college-stoke-climsland/

GAP
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