



SCOTLAND'S RURAL COLLEGE PROJECT INFORMATION PACK



Waterberg Wildlife & Veterinary Course



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

TRIP OVERVIEW

AFRICA

Scotland's Rural College – Booking Reference 4768

Travel Dates:

4th May 2026 to 17th May 2026

Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA1485	04/05/2026	Glasgow (GLA)	15:35	London Heathrow (LHR)	17:00
BA55	05/05/2026	London Heathrow (LHR)	19:00	Johannesburg (JNB)	07:00 + 1 Day
BA56	17/05/2026	Johannesburg (JNB)	19:25	London Heathrow (LHR)	05:35 + 1 Day
BA1476	18/05/2026	London Heathrow (LHR)	07:45	Glasgow (GLA)	09:10

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece checked baggage @ 23kgs, 1 piece hand baggage max dimensions 56x45x25cm

Project:

Waterberg Wildlife & Veterinary Course

Trip Cost:

£2495.00 per person

£300.00 deposit

£1097.50 Instalment due 26/01/2026

£1097.50 Balance due 23/03/2026



AFRICA

PROJECT LOCATION

The Waterberg
overview

ABOUT THE WATERBERG

AFRICA

A place that promotes the connection between people and nature

The Waterberg contains pristine habitats, abundant bird and wildlife and has a natural unspoilt beauty. The Waterberg is an escarpment of massive sandstone buttresses and outcrops, incorporating many rivers, streams and wetlands, stretching for 150 km in a long arc.

The Waterberg has many special and unique characteristics which is why UNESCO approved the area for biosphere reserve status in 2001.

The Waterberg is a critical conservation area for African wild dogs, with the last free-roaming pack in South Africa; black and white rhino, with the third largest population within South Africa; and the Cape Vulture, with the largest colony of 800 breeding pairs.



Hanover Nature Reserve

A Hub for Research, Conservation and Education

Nestled in the heart of the Waterberg region, the Waterberg conservation research programme is a pioneering conservation initiative dedicated to preserving South Africa's rich biodiversity while fostering ecological research and community engagement. Covering over 2,000 acres of pristine wilderness, this collaborative project works in unison with the neighbouring SwebeSwebe Wildlife Reserve. Together, these areas form a unified conservation space of 15,000 acres, removing barriers to wildlife movement and creating an uninterrupted haven for flora and fauna.

Our mission extends beyond preservation. We believe in taking direct action to safeguard natural ecosystems, which is why we've invested in integrating cutting-edge conservation technologies, enhancing infrastructure and building strong partnerships with local and international stakeholders. The reserve is a hub for international academic research and student engagement, offering participants the opportunity to contribute meaningfully to conservation while gaining hands-on experience in a diverse ecological setting.



Welgevonden Game Reserve

Welgevonden is home to over 100 different mammals, including the Big Five. There are rare and unusual species too, such as brown hyena, aardwolf and armadillo – all best seen at night.

The grassy plains abound with antelope from the largest eland to the diminutive duiker; cheetah, lion and leopard are always close by. It is the diversity of habitat on the reserve that encourages such a wide range of wildlife as well as over 300 bird species, including rare blue cranes.

At >36,000ha in size, Welgevonden Wildlife Reserve lies in the Waterberg plateau, about 250 km north of Johannesburg. Here guests enjoy unlimited traversing through the reserve and experience an environment where biodiversity conservation and wildlife viewing are managed in harmony. Welgevonden protects a unique and special environment and the reserve's management is deeply committed to ongoing conservation research and development.





AFRICA

ABOUT THE PROJECT

Our conservation work
in more detail

ABOUT THE PROJECT

AFRICA

Your Three Project Locations

This unique 12-night project will allow you to experience three different project locations in two neighbouring provinces of South Africa. You will first stay in the **Gauteng Province** before travelling to the North of the country staying at two different reserves in the Waterberg Biosphere – the **Welgevonden Game Reserve** (the core, Big 5 monitoring and conservation experience) and the **Hanover Nature Reserve** (unique to GAPAfrica projects, with no tourist lodges).

Project locations and duration are as follows:

3 Nights

Gauteng Veterinary Impact – Gauteng Province

3 Nights

SwebeSwebe Wildlife Conservation Project – Hanover Nature Reserve – Waterberg – Limpopo Province

6 Nights

Waterberg Biomonitoring Project – Welgevonden Game Reserve – Waterberg – Limpopo Province





AFRICA

ABOUT THE PROJECT: GAUTENG – 3 NIGHTS

Our conservation work
in more detail

ABOUT THE PROJECT

AFRICA

Gauteng Veterinary Impact

- Visit to Johannesburg Wildlife Veterinary hospital.
- Assist with some animal shelter and community cases
- Assist with a K9 conservation unit.
- Introduction to Wildlife Veterinary work in the Context of African Wildlife (Dr Zoe Glyphis – Local Wildlife Vet)
- Dart shooting practice
- Lectures

It's important to remember that wildlife does not work to an agenda, therefore activities may change at short notice!



ABOUT THE PROJECT

AFRICA

Gauteng– Johannesburg Wildlife Vet

A registered wildlife veterinary hospital and rehabilitation centre in South Africa, dedicated to rescuing, rehabilitating, and releasing indigenous wildlife.

Led by Dr Karin Lourens, a wildlife vet with 22 years of experience, the non-profit treats small to medium mammals, birds, reptiles, amphibians, and arachnids—free of charge.

Their mission combines expert care with conservation, education, and research.

📺 *Featured in a Netflix documentary about a baby pangolin's journey back to the wild.*



ABOUT THE PROJECT

AFRICA

Gauteng – Society for Animals in Distress

Care is provided by vets, vet nurses, animal health technicians, and welfare assistants.

The focus: accessible veterinary care for vulnerable communities and rescue organisations.

Students assist professionals in treating rescued horses, dogs, cats, and small animals—rehabilitated for rehoming.



ANY QUESTIONS?

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ABOUT THE PROJECT

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Gauteng – Pit-Track K9 antipoaching unit

A registered non-profit dedicated to wildlife protection through skilled K9 units and frontline anti-poaching operations.

Students will meet the K9 team, attend a talk on the poaching crisis, watch a live demo, and assist with physio care for working dogs.



ABOUT THE PROJECT

AFRICA

Dr Zoë Glyphis – Wildlife Veterinarian

Dr Zoë Glyphis is a Gauteng based wildlife veterinarian and travels all over South Africa to treat mainly priority, endangered species.

She has extensive experience in helping and assisting several NGO groups and organisations with their efforts to increase predator ranges and to establish safe and genetically viable populations in new conservation areas as well as treating surviving poached rhino.

She enjoys sharing her knowledge with students and is a patient teacher in this regard.



ANY QUESTIONS?

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ABOUT THE PROJECT

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Practical Sessions

- Dart shooting practice
- The kit and clinic of a mobile wildlife vet
- Q & A

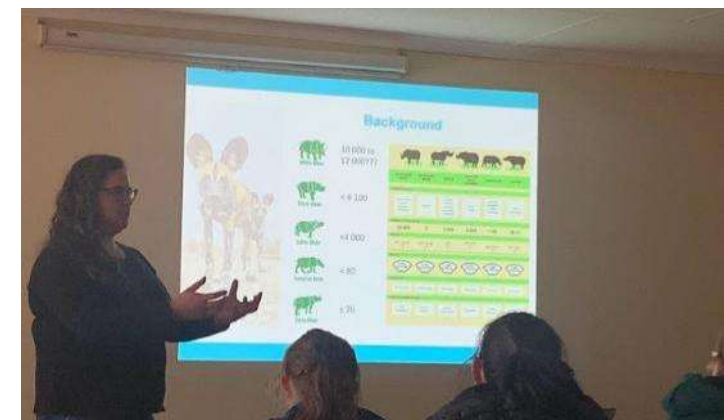


ABOUT THE PROJECT

AFRICA

Lectures – Dr Zoe Glyphis

- Conservation in Africa
- Wildlife poaching
- Wildlife diseases
- Rhino wounds and case studies
- Wildlife capture systems – Darting wildlife
- Drugs used in wildlife medicine
- Dosage calculation for wildlife
- Logistics of wildlife transportation – vehicles, crates & equipment
- Boma management and rehabilitation
- State veterinary disease control in practice
- Wildlife trade auction & value of livestock





AFRICA

ABOUT THE PROJECT: HANOVER NATURE RESERVE – 3 NIGHTS

Our conservation work
in more detail

Project Overview – Hanover Nature Reserve

The Waterberg conservation research programme serves as a living laboratory for ecological research, offering students and researchers a chance to work alongside experts in the field.

Participants will play an active role in a variety of immersive conservation and research activities. Through activities like wildlife monitoring, vegetation surveys and data analysis, students gain practical experience using tools such as GPS devices and biomass sampling equipment. Each project offers a unique opportunity to contribute meaningfully to the reserve's ecological goals while developing valuable skills in fieldwork and conservation management.

Beyond research, the programme fosters community empowerment and sustainable conservation practices, inspiring future generations to protect this remarkable landscape while equipping participants with valuable skills for careers in conservation.



Flora: Vegetation Surveys and Ecological Studies – Hanover Nature Reserve

Objective:

To assess, monitor and enhance the ecological health of flora in the Northern Waterberg region, ensuring sustainable biodiversity conservation and habitat management.

Activity Descriptions:

1. Grasses Survey and Full Collection (Annual):

- Collect and identify grass species using field guides and sample collection techniques
- Establish baseline data on grass species composition and distribution
- Use findings to assess food availability for grazers and inform firebreak planning

2. Plant Plots (Baseline Study):

- Set up and monitor vegetation plots in various ecosystems and floral zones
- Record species diversity and analyse habitat differences and similarities



Flora: Vegetation Surveys and Ecological Studies – Hanover Nature Reserve

3. Woody Plant Density Report:

- Conduct surveys to determine tree species density and diversity
- Identify ecological nodes and assess recruitment, growth and impacts of fire and herbivores on woody plants

4. Identification of Ecological Nodes:

- Map and analyse differences and similarities across floral zones, focusing on critical ecological nodes that influence biodiversity

5. Photo ID of Waterberg Trees:

- Create a photographic database of tree species for educational and research purposes

6. Herbology of the Northern Waterberg:

- Collect and sample indigenous plants to study their ecological and medicinal properties
- Investigate herbivory patterns and their role in shaping ecosystems



Flora: Vegetation Surveys and Ecological Studies – Hanover Nature Reserve

7. Alien Plant Control – Queen-of-the-Night (Ongoing):

- Identify, monitor and remove invasive Queen-of-the-Night plants to protect native vegetation
- Implement sustainable methods of controlling alien plant species

8. Seed Dispersal Study:

- Investigate how baboons, birds and cattle disperse seeds within the reserve
- Assess their role in maintaining ecosystem balance and aiding reforestation efforts

Learning Outcomes:

- Gain expertise in plant identification and ecological survey methods
- Understand the role of vegetation in supporting diverse ecosystems
- Learn sustainable practices for alien plant control and seed dispersal monitoring



Fauna: Wildlife and Ecological Projects – Hanover Nature Reserve

Objective:

To monitor and protect animal populations and their habitats, contributing to a deeper understanding of species behaviour, ecological roles and conservation needs.

Activity Descriptions:

1. Known Animal Group Counts (Monthly):

- Conduct surveys to monitor population dynamics of key wildlife species
- Use GPS devices and observation techniques to collect data on herd sizes, locations and behaviours

2. Leopard Project (Collaboration with Ingwe Foundation):

- Develop ID kits to monitor individual leopards
- Cast and identify leopard spoor to map territorial boundaries
- Collect and analyse prey base data and faecal samples to study diet and ecological impacts



Fauna: Wildlife and Ecological Projects – Hanover Nature Reserve

3. Small Mammal Project (Collaboration with Prof. Mark Keith):

- Humanely capture, photograph and identify small mammals
- Assess ecological niches and predator-prey relationships

4. Fish Project (Collaboration with Prof. Darragh Woodford):

- Capture and photograph fish species to establish a database
- Study ecological roles and predator-prey dynamics of aquatic systems

5. Fence Immigration and Emigration Project:

- Monitor animal movement across fences to evaluate the impact of barriers on wildlife connectivity
- Use this data to inform decisions about fence removal or modifications



Fauna: Wildlife and Ecological Projects – Hanover Nature Reserve

6. Reptile Pitfall Trap Study

- Install and monitor pitfall traps in predefined locations to safely capture small reptiles
- Identify species using field guides and photographic records
- Record environmental conditions to assess habitat preferences and seasonal activity

7. Bird Ringing and Ornithology:

- Set up mist nets in various habitats to capture birds for ringing and data collection
- Record physical measurements, health indicators and unique identification details before safely releasing birds

8. Camera Trap Study and Surveys:

- Deploy camera traps in strategic locations to capture images and videos of wildlife
- Analyse data to identify species, document behaviours, and estimate population densities



Fauna: Wildlife and Ecological Projects – Hanover Nature Reserve

9. Wild Dog Project (Collaboration with WWDI):

- Track wild dogs using GPS and VHS technology
- Collect faecal samples to study diet and ecological roles
- Develop strategies for predator-human conflict mitigation

10. Dung Beetle and Butterfly Collections:

- Collect, identify and catalogue dung beetles and butterflies to assess their roles in nutrient cycling and pollination
- Focus on species unique to the Northern Waterberg region

Learning Outcomes:

- Develop skills in animal identification, data collection and ecological analysis
- Understand the complexities of predator-prey relationships and species-specific conservation needs
- Participate in community-focused conflict mitigation strategies for wildlife conservation



Eco System: Practical Management – Hanover Nature Reserve

Objective:

To develop essential skills for reserve management, focusing on infrastructure maintenance and sustainable living practices.

Activity Descriptions:

1. Road Building:

- Construct and maintain roads to improve accessibility within the reserve
- Use environmentally friendly materials and methods to minimize habitat disruption

2. Fence Maintenance:

- Repair and maintain fences to ensure effective wildlife management
- Identify and address issues related to animal immigration and emigration



Eco System: Practical Management – Hanover Nature Reserve

3. Water System Maintenance:

- Inspect and repair water systems, ensuring a reliable supply for wildlife and reserve operations
- Develop strategies to reduce water waste and optimize usage

4. Gardening (Vegetable Garden and Orchard):

- Cultivate and maintain vegetable gardens and orchards to support sustainable food production
- Learn organic farming techniques and composting practices

Learning Outcomes:

- Acquire practical skills in infrastructure and resource management
- Learn sustainable agricultural practices and their ecological benefits
- Contribute to maintaining essential reserve operations



Community: Rural Development and Support – Hanover Nature Reserve

Objective:

To explore the intersection of conservation, culture and community, fostering social awareness and empowering local populations.

Activity Descriptions:

1. Herbology in Local Communities:

- Study the use of local plants for medicinal and cultural purposes
- Assess community preferences and practices related to herbology

2. Rural Youth and Education:

- Investigate the social status and aspirations of rural youth in local villages
- Examine the impact of social media on perceptions of manual labor and rural lifestyles



Community: Rural Development and Support – Hanover Nature Reserve

3. Education and "Back to Nature" Initiatives:

- Design and implement programmes to reconnect local communities with nature
- Provide experiential learning opportunities that emphasise sustainable living

4. Natural Resource Exploitation Studies:

- Assess the social and environmental implications of natural resource exploitation
- Develop strategies to promote responsible resource use within communities

Learning Outcomes:

- Gain insights into the cultural dimensions of conservation
- Develop strategies for community engagement and education
- Understand the social challenges and opportunities in rural development



Other Possible Activities: Non-Research

Beyond research, students will have the opportunity to immerse themselves in unique and enriching experiences:

San Rock Art Talk and Trail:

Learn about the fascinating history and cultural significance of ancient San rock art, followed by a guided trail to a rock painting site for an up-close exploration.

Stargazing:

Experience the breathtaking clarity of the southern hemisphere's night sky, free from light pollution and discover the stories and science behind its constellations.

Fresh Water Swimming:

Enjoy the serenity of our 20 km stretch of pristine riverine habitat, with scenic swimming spots perfect for relaxation and connection with nature.

Potjie Cooking Competition:

Embrace South African tradition with a lively potjie (cast-iron pot stew) cooking competition. Students will team up to prepare their own creations over open fires.



ABOUT THE PROJECT

AFRICA

Possible Lectures – Hanover Nature Reserve

Conservation Ecology and Ecosystem Dynamics

- Overview of ecosystem structures and functions
- How species interactions (predator-prey dynamics, competition) shape ecosystems
- The role of keystone species in maintaining biodiversity

Vegetation Ecology and Fire Management

- Grass and tree identification techniques
- The impact of fire on savanna ecosystems and its role in vegetation dynamics
- Strategies for firebreak design and implementation

Sustainable Grazing and Herd Management

- Rotational grazing practices and their ecological benefits
- Water usage efficiency in grazing systems
- The socio-economic implications of sustainable livestock management

Wildlife Population Monitoring Techniques

- Methods for conducting game transects, spoor tracking, and population surveys
- Use of GPS and remote sensing tools in wildlife studies.
- Data collection, entry and visualisation for informed decision-making

Biodiversity and Invasive Species Management

- Understanding the ecological impact of invasive species (e.g., *Queen-of-the-Night*)
- Strategies for control and eradication
- Importance of maintaining native biodiversity

Human-Wildlife Conflict Mitigation

- Understanding the causes and consequences of human-wildlife conflicts
- Techniques for conflict resolution (e.g., predator tracking and prey management)
- Conservation tools like fencing and compensation schemes

Animal Behaviour and Ecological Niches

- Study of animal behaviour to determine ecological roles
- Special focus on species like leopards, wild dogs and small mammals
- Understanding territoriality, prey selection, and habitat use

Water Systems and Aquatic Ecology

- The role of freshwater ecosystems in biodiversity conservation
- Methods for fish identification and sampling



AFRICA

ABOUT THE PROJECT: WELGEVONDEN GAME RESERVE – 6 NIGHTS

Our conservation work
in more detail

ABOUT THE PROJECT

AFRICA

Your Conservation Programme – Conservation Research Team

As part of your project, you will be heavily involved with the day-to-day field work conducted by the biomonitoring team. Activities include, but are not limited to:

- Animal tracking
- Wildlife transects – estimates of numbers, body condition & herd structure
- Use of telemetry tracking
- White rhino monitoring research
- Elephant behaviour study
- Camera trap surveys (black rhino & other cryptic animals)
- Nocturnal species ID and night wildlife drive
- Visit to temporary holding bomas for rhino and predators
- 'Waterberg Wild Dog Project'
- Collecting faecal samples for research
- Local wildlife auction (Only on certain weekends)
- Alien plant species eradication
- Land capacity exercise – number of animals vs land support

It's important to remember that wildlife does not work to an agenda, therefore activities may change at short notice!

Your Conservation Programme – Veterinary Activities

Welgevonden Game Reserve utilises the services of several wildlife veterinarians, depending on the nature of the work. Veterinary interactions are never guaranteed and the below are given as examples only.

- Darting simulation and shooting practice exercise
- Immobilisation of white rhino for DNA tagging, ear notching and samples
- Lion breeding management
- Elephant contraception study
- Supplementary feeding of Buffalo and Rhino
- Wildlife capture and relocation as part of Meta-Population Management
- Replacing/fitting of tracking collars on various species
- Observe helicopter darting of large wildlife species i.e. white rhino

Some but not all of these veterinary opportunities will be carried out on the project. Working with wildlife is unpredictable and all the activities are only undertaken when required.

ABOUT THE PROJECT

AFRICA

Research and Ecological Biomonitoring

Rhino monitoring – participants identify uniquely marked individual rhinos in the field using an identikit. Data is captured electronically in the field and later automatically downloaded to a secure database. Information recorded includes animal ID, location, social groupings, body condition, etc. The data is analysed by the research ecologists and used to make informed management decisions regarding the rhino population.

Predator monitoring – this includes all the large predators: lion, cheetah, leopard and spotted and brown hyaena. Individuals are occasionally collared for research and/or management purposes. Participants monitor these collared individuals using telemetry or GPS tracking technology. Camera trap surveys, in conjunction with Panthera, are conducted annually to determine the range and population dynamics of the resident leopard population as part of the larger Waterberg population. These camera traps are tailored for leopards, but capture photographs of the smaller, meso-predator population of the reserve – this is useful as these cryptic species are seldom seen otherwise.



Research and Ecological Biomonitoring

Game transects – Pre-determined routes are driven along which game is counted. Transects are driven monthly during which the team collects data pertaining to animal species, body condition, herd structure and herd location. Analysis of this data provides an in depth understanding of the reserve's prey base and the population dynamics of the more important/common species.

Vegetation surveys – Grass species composition and biomass are determined on an annual basis. This information is used to understand the quality and quantity of available food for grazing species as well as helping to decide where best to establish fire breaks (an obstacle to the spread of fire). Woody (tree) monitoring occurs every five years and is used to determine: species composition, recruitment and growth rates and the impact of fire, elephant, browser and invertebrates on the woody plant layer.



ABOUT THE PROJECT

AFRICA

Research and Ecological Biomonitoring

Plains monitoring – Welgevonden Game Reserve was not always a protected wilderness area with its early history rooted in agriculture. Upon conversion into a game reserve, many old agricultural fields were rehabilitated into grazing lawns. These fields, as well as the animals that make use of them, are monitored on a monthly basis to evaluate the effectiveness of this long-term programme.

Special Interventions – As these interventions occur sporadically, where possible, participants and volunteers will be given the opportunity to join and witness these special veterinary interventions which could include elephant collaring, rhino notching, predator captures and animal releases.



Rhino Monitoring Focused

Welgevonden Game Reserve is a significant sanctuary for two rhino species. The reserve is home to an important population of southern white rhinoceros (*Ceratotherium simum*) with its conservation status of Near Threatened as well as Critically Endangered black rhinoceros (*Diceros bicornis*).

Welgevonden has a reputation for its strong, high-tech approach to anti-poaching; preventing criminals from entering even near the Reserve.

The Biomonitoring department has the very essential function of closely monitoring the rhino populations and participants have an active role in this. Modern technology is utilised and the team is supported by experienced scientists and managers. A rhino's life expectancy can reach over 40 years so the same college/institution or individual participant that returns regularly can see the same rhino through its life stages over all the years.

An extraordinary opportunity considering the current plight of the species.



ABOUT THE PROJECT

AFRICA

Dr Peter Caldwell – Wildlife Specialist Veterinary Surgeon

Dr. Peter Caldwell is a leading wildlife veterinary surgeon based in Pretoria. He owns and operates a small animal clinic and travels extensively across South Africa and beyond, treating priority and endangered species. He specialises particularly in cheetahs and serves as the primary veterinarian and advisor at Welgevonden Game Reserve. Dr. Caldwell is actively involved in wildlife conservation and research, contributing to studies on fertility control and disease management in wild animals. His expertise is frequently sought by reserves and conservation organisations.



ABOUT THE PROJECT

AFRICA

Welgevonden Veterinary Intervention

A management veterinary intervention will be scheduled during your group's time on the reserve. This may include rhino DNA collection and ear-notching, the removal or fitting of tracking collars, fertility procedures, or capture for translocations. If a priority species is injured, it will receive necessary treatment. Students are encouraged to participate as ground crew and veterinary assistants if possible. However, please note that this procedure is not guaranteed, as wildlife is unpredictable, and animals will never be sedated without a valid reason.



ABOUT THE PROJECT

AFRICA

Example Lectures – Welgevonden

- Reserve history
- Anti-poaching
- Fire to herbivore driven system
- Priority species
- Large predator management
- Managing wildlife reserves & land capacity model
- Boma management
- Fenced reserve population management





AFRICA

ACCOMMODATION & LIFESTYLE

Life in the African Bush

ACCOMMODATION & LIFESTYLE

AFRICA

Gauteng – Roosters Nest

The group will be accommodated in twin bedded accommodation with ensuite bathrooms. The guesthouse is set in beautiful, tranquil equestrian country surroundings and boasts a beautiful lush garden with a pool and trampoline.

You will be offered traditional South African meals and hospitality.

Food at the Project

All meals will be provided; a packed lunch will be provided if the group are not returning to the accommodation at lunch time.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.



ACCOMMODATION & LIFESTYLE

AFRICA

Hanover Nature Reserve Accommodation

Students and academic groups will be accommodated at our purpose-built Camp Letimoga in Hanover Nature Reserve, designed to provide comfort and foster community living.

The camp features shared twin and triple rooms with communal ablution facilities. At the heart of the camp is a spacious communal area, equipped with a shared kitchen and dining space, which also serves as a hub for relaxation, lectures, and group activities.

For evening gatherings, there is a cosy firepit/boma area where students can unwind and cook meals over the fire under the stars. On weekends, groups are welcome to enjoy the main farmhouse and pool area.



ACCOMMODATION & LIFESTYLE

AFRICA

Welgevonden Accommodation

The student centre and camp is based on the reserve and boasts ten tents that sleep two people per tent in single beds, each tent also has lighting and electricity supply.

There are communal hot and cold showers and regular flushing toilets. There are communal facilities including a lecture room, canteen, lounge, entertainment area and storage fridge.

The centre also has access to Wi-Fi.

The camp is fenced off inside the boundaries of the reserve.



Food at the Project – Hanover and Welgevonden

Ingredients for three meals a day are provided, on a self cook basis. Students will take part in communal cooking and keeping the kitchen tidy. This creates a vibrant and social camp atmosphere.

All meals are provided in the communal dining room; there is an outside area for dining as well.

Meals will either be served at the facility or in the field 'picnic' style, this depends on activities either planned or unscheduled.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.





AFRICA

USEFUL INFORMATION

Inclusions/Exclusions &
Recommended Kit List

WHAT'S INCLUDED

AFRICA

What is Included?

- Flights
- Transfer to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- Airport meet/greet
- 24 hour in country support



NOT Included

- Personal Travel Insurance *
- Meals on travel days – before arriving & after departing from the project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

* We recommend you take out insurance as soon as your booking is confirmed

Suggested kit list

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

- Short and long sleeve t-shirts
- Long work trousers and shorts (or work/zip-off trousers)
- Hiking boots/comfortable walking shoes to work in every day
- Waterproof jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded jacket/windbreaker (Winter months) although it can get very cold on an open vehicle even in summer
- Socks
- Underwear
- Change of casual clothes for evenings
- Sandals / comfy shoes to wear after work hours
- Warm hat (Winter only) / Hat for sun protection (all year)
- Gloves for warmth (Winter only)
- Working gloves
- Daypack rucksack
- Surgical gloves
- Sunscreen and Sunglasses
- Personal medical items
- First aid kit
- Toiletries
- Tick / Insect repellent
- Water bottle
- Good torch

Other useful items:

- Binoculars
- Camera
- Power bank
- Stethoscope

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn



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