



DUCHY COLLEGE (ROSEWARNE) Q&A PRESENTATION



KwaZulu-Natal Wildlife & Community

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.





AFRICA

ABOUT THE PROJECT

Overview and location
of the project

ABOUT THE PROJECT

AFRICA

Location

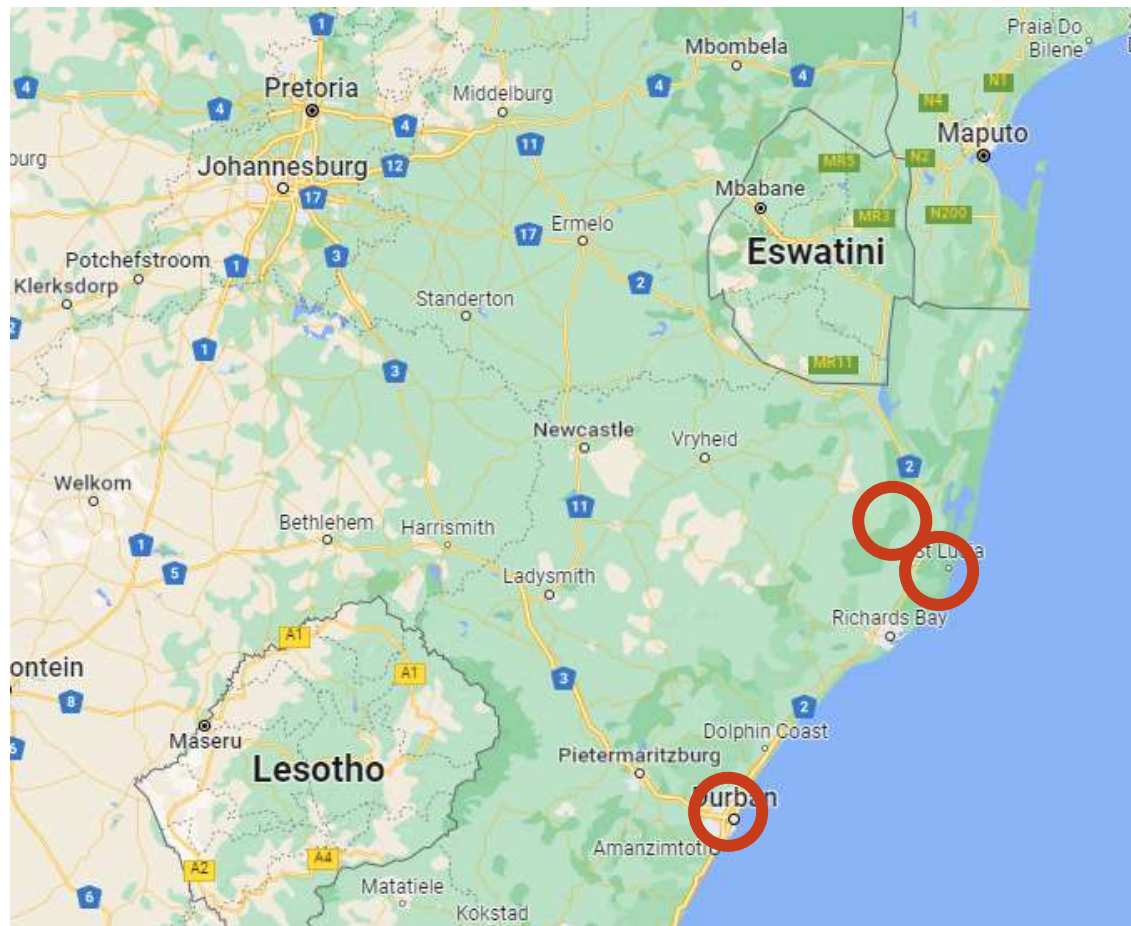


ABOUT THE PROJECT

AFRICA

Project- Location

- Staying in two locations on the Northeastern Coast
- St Lucia and Bonamanzi Game Reserve





AFRICA

3 NIGHTS IN ST LUCIA

A Coastal Adventure

St Lucia Wetlands (3 Nights)

St. Lucia is situated on the northern side of the estuary, the largest in Southern Africa and is totally surrounded by the Greater St. Lucia Wetlands Park and World Heritage Site. The area is famous for its wetlands and is a fantastic opportunity to witness crocodiles and hippos in their natural environment.



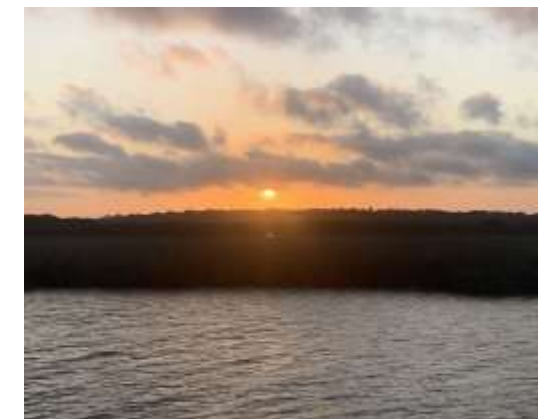
ST LUCIA – COASTAL ADVENTURE

AFRICA

Your Conservation Programme – St Lucia

Whilst at St Lucia you will get the opportunity to take part in some amazing activities but also time to relax in the beautiful coastal resort of St Lucia.

- Hippo and Crocodile tour in the Estuary
- Visit to Cape Vidal Nature Reserve and beach
- Visit to the Crocodile Centre
- Whale Watching Tour (seasonal and additional cost)





AFRICA

9 NIGHTS IN BONAMANZI/HLUHLUWE

A Big Four Game Reserve

BONAMANZI GAME RESERVE

AFRICA

Bonamanzi Game Reserve – 9 Nights

Bonamanzi Game Reserve is a magnificent 10,000 acres of unspoiled wilderness boasting the Big 4 and incredible biodiversity (grasslands, riverine bush, savannah and thornveld) offering unprecedented diversity of wildlife.



BONAMANZI GAME RESERVE

AFRICA

Home to over 40 Species of Mammal



ANY QUESTIONS?

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BONAMANZI GAME RESERVE

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Birds /Reptiles



ANY QUESTIONS?

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BONAMANZI GAME RESERVE

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Your Conservation Programme

Students will be taught and work alongside the field guides and the conservation team. The following examples depict the day-to-day activities that may be undertaken as part of the project.

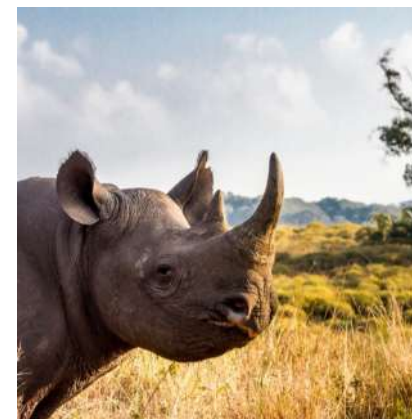
- Use of Telemetry Tracking
- Elephant Monitoring
- Rhino Monitoring – Awareness
- Anti-poaching talk and fence walk
- Camera Trapping
- Night Drive
- Alien Vegetation Control / Reserve Maintenance
- Habitat and Prey Selection of Predators
- Tracks, Signs and Spoor
- Community Development



Hluhluwe-Imfolozi Park

Hluhluwe iMfolozi Park - is the oldest proclaimed nature reserve in Africa. It consists of 96,000 ha of wilderness and has the Big 5 as well as cheetah, hyena, African wild dog among many other mammals, reptiles and birds.

Students will have an inciteful game drive in open game viewers.



BONAMANZI GAME RESERVE

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Community Projects & Zulu Culture

Learn about traditional Zulu culture

Community engagement essential for long-term conservation

Positive impact supporting not-for-profit initiatives

Projects: Move Africa, Project Rhino





AFRICA

ACCOMMODATION & LIFESTYLE

Life in the African Bush

Shonalanga Accommodation – St Lucia

Guest House style accommodation is provided during your time in St Lucia.

You will be accommodated in shared rooms rooms with ensuite facilities.

There are no facilities for washing clothes at the accommodation but there are launderettes nearby which are not expensive.

The guest house is located in the heart of St Lucia's Main Street and is the ideal location to explore the surrounding area.



ACCOMMODATION

AFRICA

Shonalanga Accommodation – St Lucia



ANY QUESTIONS?

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Bundu Camp – Bonamanzi

Chalet style accommodation is provided during your time in Bonamanzi Game Reserve. You will be accommodated in twin & triple rooms, 2 rooms share bathroom facilities of shower, toilet and basin.

All guests will eat together in the communal dining room or outside in the covered dining area. On one evening a Potjie competition will be held so everyone gets involved!

There isn't a washing machine, but clothes can be hand washed.



ACCOMMODATION

AFRICA

Bundu Camp - Bonamanzi



ANY QUESTIONS?

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Food at the project

Three meals are provided a day prepared by the kitchen staff with the exception of 1 lunch and 1 dinner in St Lucia

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.



Sample Menu

Day 1	Day 2	Day 3	Day 4	Day 5
Scrambled eggs, savoury beans or mince or bacon toast (jam, peanut butter)	Yoghurts, muesli, cereal, fruit	Pancakes, banana, fruit	Oatmeal porridge, fruit, toast & jam	French toast (Eggy bread)
Quiche & salad	Macaroni cheese	Soup & homemade bread	Hotdogs	Braai broodjies (tomato, cheese, onion toasties on open fire)
Nachos (vegan or mince)	Beef stew & rice	Braai (barbeque) with salad	Chicken ala King & rice	Chickpea curry mild

We must know of any dietary requirements and allergies at least 6 weeks before departure.



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ADDITIONAL ACTIVITIES & EXCURSIONS

Your free time on the project

ADDITIONAL ACTIVITIES & EXCURSIONS

AFRICA

Optional Activity (Mid June to October)

For Projects that include a stay in **St Lucia** you will have the opportunity, if travelling Mid June – October, to join a whale and dolphin watching boat trip.

Whale and Dolphin Watching – Embark upon a 2-hour boat based tour. You may be fortunate to witness a 40 ton Humpback whale breaching a mere 50 metres away from the boat. You may also see a variety of pelagic bird life, dolphin frolicking alongside the bow of the boat, sea turtles in season, shark, marlin, whale shark and other marine mammals and cetacean.

The trip is weather dependent.

Price is around R1900pp – R2000pp.

You **must** ensure your travel insurance covers you for any optional activities you undertake.

Any activities booked and paid for locally are not covered under GAPAfrica Project's public liability insurance.

The activity is booked and paid for in St Lucia with cash. There is access to an ATM.





AFRICA

PRE DEPARTURE INFORMATION

Travel details

Departure from the United Kingdom | Arrival to South Africa

Flights

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
VS449	21/06/2026	London Heathrow (LHR)	20:50	Johannesburg (JNB)	08:50 + 1 Day
TBC	22/06/2026	Johannesburg (JNB)	TBC	King Shaka Int: Durban (DUR)	TBC

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece checked baggage @ 20kgs, 1 piece hand baggage max dimensions 56x33x23cm

Johannesburg OR Tambo Airport

Clear immigration & collect baggage to clear customs.
Meet GAP representative by the statue in the arrivals hall.

Durban Airport

Meet and Greet at Durban Arrivals Hall
Transfer to Bonamanzi Game Reserve



Departure from South Africa | Arrival to the United Kingdom

Flights

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
TBC	04/07/2026	King Shaka Int: Durban (DUR)	TBC	Johannesburg (JNB)	TBC
VS450	04/07/2026	Johannesburg (JNB)	20:25	London Heathrow (LHR)	06:30 + 1 Day

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece checked baggage @ 20kgs, 1 piece hand baggage max dimensions 56x33x23cm

Return Journey

Transfer from Bonamanzi Game Reserve.
Check in at the FlySafair check-in desk.



Cabin Baggage



Rucksack (not trolley suitcase)
No larger than 56x36x23cm

Hold Baggage



One piece maximum 20kg

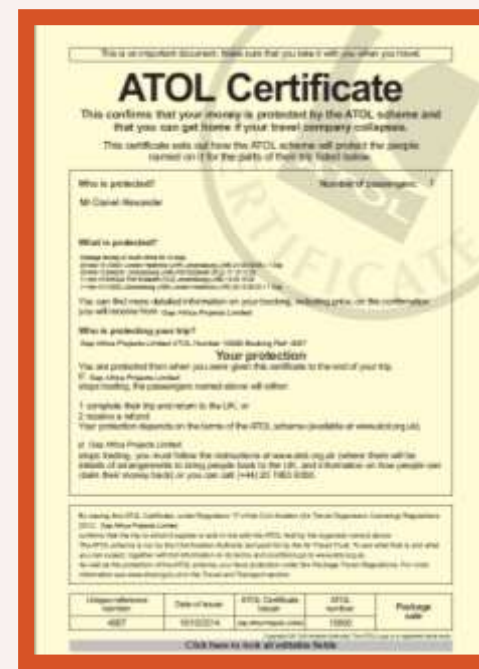
To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

TRAVEL DOCUMENTS

AFRICA

Travel Documents

- Final Balance:
27/04/2026
- Final Documents Issued
08/06/2026
- Emailed to your personal
and/or college email
address
- Print and take copies
- Boarding passes issued
at the airport
- Passports!



Group Web Page & Travel Documents

FAQs and House Rules

📄 Student Frequently Asked Questions - Click to Download

📄 Student Guidelines and House Rules - Click to Download



Student - Frequently Asked Questions

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11. What should I do if I have a food allergy?	4
12. What should I do if I have a religious observance?	4
13. What should I do if I have a menstrual cycle?	4
14. What should I do if I have a pregnancy?	5
15. What should I do if I have a chronic condition?	5
16. What should I do if I have a disability?	5
17. What should I do if I have a language barrier?	5
18. What should I do if I have a travel companion?	5
19. What should I do if I have a travel partner?	5
20. What should I do if I have a travel buddy?	5
21. What should I do if I have a travel group?	5
22. What should I do if I have a travel team?	5
23. What should I do if I have a travel leader?	5
24. What should I do if I have a travel advisor?	5
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99. What should I do if I have a travel expert?	5
100. What should I do if I have a travel professional?	5

Gap Africa Projects - General Guidelines and House Rules:

As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines:

1. Timeliness and Curfew: I commit to respecting designated timings, including early mornings and curfew times.
2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture.
3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants.
4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities.
5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during any activities.
6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited.
7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency.
8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before travel.
9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am a picky/fussy eater.
10. Insurance: I agree to obtain appropriate travel and medical insurance that covers all activities during the trip.

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

<https://gapafricaprojects.com/26-4780/>



AFRICA

USEFUL INFORMATION

Recommended Kit List and
other Useful Information

Suggested kit list

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

- Short and long sleeve t-shirts
- Long work trousers and shorts (or work/zip-off trousers)
- Hiking boots/comfortable walking shoes to work in every day
- Waterproof jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded jacket/windbreaker (Winter months) although it can get very cold on an open vehicle even in summer
- Socks
- Underwear
- Change of casual clothes for evenings
- Sandals / comfy shoes to wear after work hours
- Warm hat (Winter only) / Hat for sun protection (all year)
- Gloves for warmth (Winter only)
- Daypack rucksack
- Swimwear
- Beach Towel
- Sunscreen and Sunglasses
- Personal medical items
- First aid kit
- Toiletries
- Tick / Insect repellent
- Water bottle

Other useful items:

- Binoculars
- Camera
- Power bank
- Good torch

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required. However, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

Drinking Water:

Drinking water is available at the project; always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area.

<http://www.sa-venues.com/malaria-risk-areas.htm>

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.



<https://www.true Traveller.com/?tag=4480>

Travel Adapter

It is important you take the right travel adapter so you can charge your phone, and other devices, whilst away.



Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

USEFUL INFORMATION

AFRICA

Climate

St Lucia / Bonamanzi

21	22	23	24	25	26	27
Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°
28	29	30	1	2	3	4
Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°	Hist. Avg. 19° 2°

Climate

KwaZulu-Natal is one of the cooler regions of South Africa, with an average daily high temperature of 25 C. The driest months are May to August, most rain days occur from October to January.

It can get very cold in the evenings and at night during the winter months, July being the coldest month.

Have a look at the accuweather website for more information, link below:

<https://www.accuweather.com/en/za/ladysmith>

Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

A 10% tip is normal for any café/restaurant when eating out.

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted in main towns, although local communities only take cash.

Wise Travel Card offers up to £500.00 with no transfer fee for Gap Africa Project travellers:



<https://wise.prf.hn/l/XZJx9gq>

Phones & Internet

Mobile phone coverage is very good in St Lucia and generally good at Bundu Camp, although there may be some areas on the reserve where there isn't any coverage. Using an eSIM or purchasing a SIM card at the airport is another option.

Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS.






Benefits of an eSIM

- Unlimited Data Plans
- Uses both Vodacom and MTN the two major networks in South Africa
- Keep your WhatsApp number
- Immediate Delivery

Holafly



<https://shorturl.at/sxE29>

 Unlimited data Enjoy unlimited data while traveling to numerous destinations worry-free. Learn more	 Keep using your favorite apps Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.	 Keep your WhatsApp number You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.
 24/7 Customer Support In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.	 Fast and Reliable Internet Connection Connect to the best networks at your destination and get internet that's both reliable and fast.	 Enjoy dual SIMs Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

Trip Clothing

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle



<https://hyvfsu-vu.myshopify.com/>



SIZES	XS	S	M	L	XL	XXL	3XL	4XL	5XL
A - Half Chest	49	51	56	61	65	69	73	78	83
B - Body Length	64	67	70	73	76	79	82	86	90
C - Sleeve Length	57.5	59	60.5	62	63.5	65	66.5	68.5	70.5

All garment measurements are shown in centimetres (cm). Garment sizes are approximate and for guidance only.

SIZES	XS	S	M	L	XL	XXL	3XL	4XL	5XL
To Fit Chest Size	34 inch	36 inch	40 inch	44 inch	48 inch	52 inch	56 inch	60 inch	64 inch



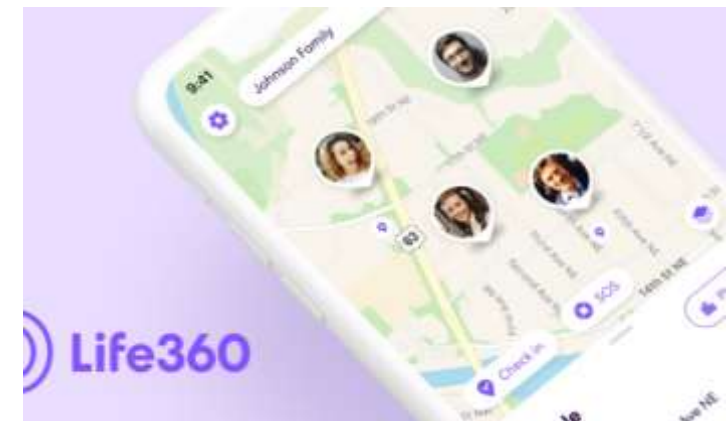
Useful Apps for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightradar24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.

Merlin Bird App



COMMUNITY DONATION BAGS

AFRICA

Community GAP Donation Bags

- Reading books and activity books
- Stationery – pencil cases, pens, crayons, colouring pencils, chalk, plain and coloured paper
- Skipping ropes
- Jigsaws, puzzles, playing cards and games
- Sports kit (football kit, boots, shirts, deflated balls, bibs, socks etc)
- Mini fishing nets
- Toothpaste, toothbrushes and facecloths
- Towels
- Recyclable pads for Move Africa donation
- Period pants
- New reading glasses – for the 'Right to sight' campaign
- Sleeping bags



Follow instructions from your college about bringing in one good quality item from the list.

Your tutor can request a donation bag from GAP Africa Projects if space is limited.



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



GLOBALADVENTUREPROJECTS.COM

