



SOUTH EASTERN REGIONAL COLLEGE PROJECT PRESENTATION



Caribbean Multi-Sports & Community Project



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

ABOUT US:



GAP Africa Projects

- We are a specialised travel company that offers academic trips and volunteering opportunities for groups and individual travellers, in a number of locations worldwide
- We pride ourselves on curating experiences which are personalised to your needs and requirements
- Our first project travelled in 2012
- Full ATOL Bonding
- Working with over 55 Colleges and Universities around the UK
- A small dedicated team in the UK and South Africa





Caribbean Multi-Sports & Community Project

Overview and location of
project

ABOUT THE PROJECT



Your Project Explained

- A unique academic Multi Sports and community-based experience based on the Caribbean island of St Lucia
- Live and work in the heart of a community in St Lucia
- The opportunity to experience work hands-on on a local community
- Bespoke, tailor-made projects to suit research requirements
- Project Activities include:
 - Sport Development
 - Community work
 - Volunteering Opportunities
- Full 14 nights in St Lucia
- A great project to enhance your C.V
- The most incredible experience you will ever have

ABOUT YOUR CARIBBEAN PROJECT



St Lucia Sports Multi-Sports Community Project- Location



ABOUT THE PROJECT

Your Project in more detail



ABOUT YOUR PROJECT



United Through Sport

- Worked in St Lucia since 2011 with those aged 5+ from disadvantaged communities
- Using the power of sport to help children and youth to escape poverty
- Working with over 2000 children
- 43 Nationally Capped Players
- 96% improvement in HIV and AIDS awareness
- 100% improvement in school attendance
- Regular 'Learn to Swim'



ABOUT YOUR PROJECT



Multi Sports Coaching



ABOUT YOUR PROJECT



Multi Sports Coaching - Football



ABOUT YOUR PROJECT



Multi Sports Coaching – Netball



ABOUT YOUR PROJECT



Multi Sports Coaching - Rugby



ANY QUESTIONS?

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ABOUT YOUR PROJECT



Multi Sports Coaching – Swimming



ABOUT YOUR PROJECT



Community Development



ABOUT YOUR PROJECT



Video



ABOUT THE PROJECT



Community – GAP Donation Bags



ANY QUESTIONS?

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ACTIVITIES & EXCURSIONS

Your free time on project



ACTIVITIES & EXCURSIONS



Activities/Excursions

During your project there will be some free time, where you'll be able to do some additional activities.

These are:

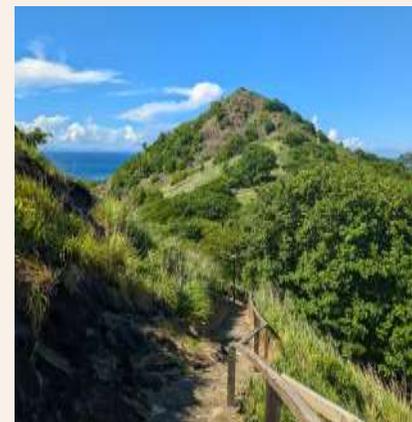
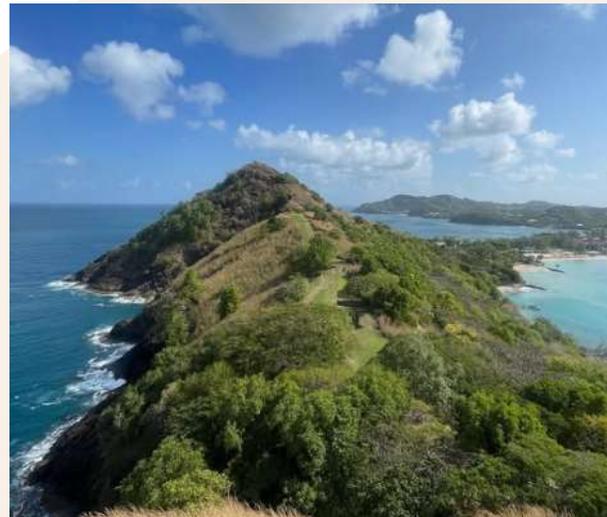
- Pigeon Point Excursion
- Splash Island
- Round the Island Trip
- Beach Day



ACTIVITIES & EXCURSIONS



Pigeon Point



ACTIVITIES & EXCURSIONS



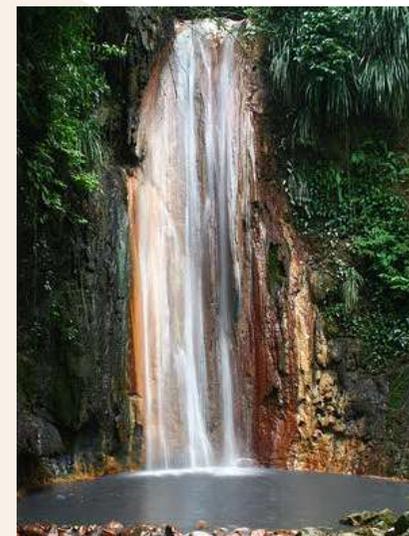
Splash Island



ACTIVITIES & EXCURSIONS



Round the Island' Trip



ACTIVITIES & EXCURSIONS



Beach Day





ACCOMMODATION & LIFESTYLE

Life in the Caribbean

ACCOMMODATION & LIFESTYLE



Island Accommodation

The accommodation is a large open-plan guest house, only a few minutes walk from the beach, making it the perfect base for a Caribbean adventure!

You will stay in single sex dorm-style rooms. Each bedroom has a shower and toilet. All bed linen is provided.

There's a large kitchen, sitting room and WIFI is available. There are also laundry facilities.



ACCOMMODATION & LIFESTYLE



Food at the project

Breakfast, lunch and dinner are included on a help-yourself basis. Lunch can be prepared in groups or individually.

A simple breakfast with a choice of items and a 'grab & go' packed lunch with a protein/carbohydrate rich dinner.

There is a supermarket close by, and you are not far from cafes and restaurants.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.



WHY SHOULD I TRAVEL?



What do previous travellers say about the Sports Coaching Tour?



"It was the most **amazing** experience I've ever had."



"I learnt so many new things that have **educated** me **beyond** classroom curriculum."



"There wasn't a single experience that didn't **amaze** me and make me feel **enriched**."

Reference: GAP Africa Projects Post Project Trip Questionnaire 23/24



THE NEXT STEPS TO YOUR PROJECT

The next steps to the trip of a
lifetime!

WHAT'S INCLUDED



What is Included?

- Flights
- Transfers to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- ATOL protection
- Airport meet/greet
- 24/7 support



Not Included

- Personal travel insurance *
- Meals on travel days – before arriving & after departing from project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

* This is provided by the college. Please confirm with your college the details of what is and isn't covered.

THE NEXT STEPS



Project dates & key deadlines

Travel dates:

Depart UK: 6th June 2026 | Arrive St Lucia: 7th June 2026

Depart St Lucia : 21st June 2026 | Arrive UK: 22nd June 2026

Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA1401	06/06/2026	Belfast (BHD)	16:15	London Heathrow (LHR)	17:35
BA2159	07/06/2026	London Gatwick (LGW)	11:15	St Lucia (UVF)	15:05

6th June 2026

- National Express Transfer from London Heathrow to London Gatwick
- Overnight at Travelodge Gatwick

Key deadlines are:

- 24/05/2026 e-Tickets & final documents will be issued

FLIGHT INFORMATION



Cabin Baggage



Rucksack (not trolley suitcase)
No larger than 56x45x25cm

Hold Baggage



One piece maximum 23kg

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

BOOKING YOUR ADVENTURE



Group Web Page

<https://gapafricaprojects.com/26-4773/>



Booking Form

<https://gapafricaprojects.com/booking-form-26-4773-sec-sts-south-eastern-regional-college/>



BOOKING FORM

Your Global Adventure Starts here!

Please use the form below to submit your provisional booking to your selected project. You have the option to pay your initial deposit with the submission of your booking form, or we will contact you for payment once your project placement has been secured.

If you'd like to contact us to ask any initial questions or find out more about what project you'd like to go on and when, you can get also get in touch using our short enquiry form, or by calling +44 (0) 207 193 7819.

(NB: Your name should be given as displayed on your passport)

Title *

Name *

Date of birth *

Address *



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



GLOBALADVENTUREPROJECTS.COM

