



WILBERFORCE 6TH FORM COLLEGE Q&A PRESENTATION



KwaZulu-Natal Community Volunteering Project



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



AFRICA

ABOUT THE PROJECT

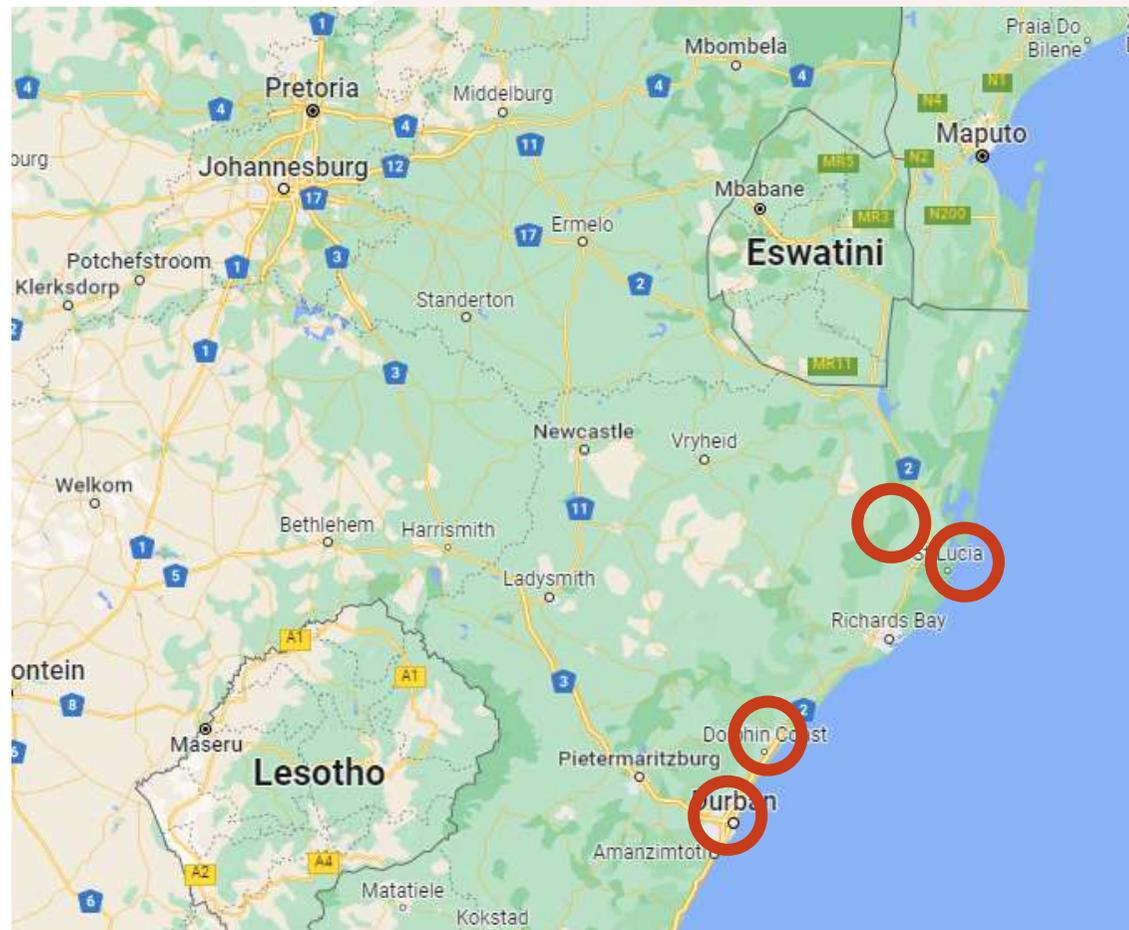
Overview and location
of the project

ABOUT THE PROJECT

AFRICA

Project- Location

- Staying in three locations on the Northeastern Coast
- Ballito - Dolphin Coast, Bonamanzi Game Reserve and St Lucia



BALLITO, DOLPHIN COAST

AFRICA



BALLITO COMMUNITY ACTIVITY

AFRICA

LIV Village

Lungisisa Indlela Village is a long term foster care facility for orphaned and vulnerable children. With the building of the first village in 2011, the vision became reality and the model proves to be sustainable with government, churches and corporates working together. Today LIV has a national footprint with villages and projects in Durban, Gauteng, Western Cape, and Eastern Cape.

Please ensure you **adhere to the following strict dress code** when working in the community:

Shoulders to be covered, tops to fully cover tummy/stomach and the length of shorts must be closer to knee length. As GAP Africa Projects, we ask you not to wear strappy vest tops, cropped tops, or short shorts. You would be best wearing a full-length t-shirt with leggings/trousers/skirt or 'longer' shorts (that come closer to your knee).



ABOUT KWAZULU-NATAL

AFRICA

KwaZulu-Natal Community Volunteering Project

Bonamanzi Game Reserve

A magnificent 10,000 acres of unspoiled wilderness boasting the Big 4 and incredible biodiversity (grasslands, riverine bush, savannah and thornveld) offering unprecedented diversity of wildlife.

- Zulu Culture Talk and Presentation
- Project Rhino community project
- Game Drives
- K9 Anti-Poaching talk and demonstration
- Zulu Arts and Craft Workshop in the local community
- Tour and talk of a local Snake Pharmacy that produces anti-venom

St Lucia

A small coastal town situated on the northern side of the St Lucia estuary, situated within the iSimangaliso Wetland Park World Heritage Site.

- Hippo and Crocodile Tour
- ISiphaphali Butterfly dome
- Cape Vidal bush and beach safari
- Khula Health Care Clinic Visit
- Khula Creche Visit



BONAMANZI GAME RESERVE

AFRICA

Home to over 40 Species of Mammal



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Q&A PRESENTATION 7

ST LUCIA

AFRICA

St Lucia



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Q&A PRESENTATION 8



AFRICA

ACCOMMODATION & LIFESTYLE

Life in Africa



Dolphin Holiday Resort – Ballito (First Night)

Your first night stay is at the Dolphin Holiday Resort. You will be accommodated in twin rooms, with access to ensuite facilities.

The resort is situated in the heart of KwaZulu Natal's Dolphin Coast and within 100 metres of Willard's beach in Ballito.

You will be provided with dinner and breakfast.



Nyala Lodge– Bonamanzi

Chalet style accommodation is provided during your time in Bonamanzi Game Reserve. You will be accommodated in twin or triple rooms. There are three shared bathroom with a shower, toilet and basin.

The open-plan lounge and dining area provide a cozy space to unwind, while the covered veranda, with a large dining table and built-in braai, is ideal for outdoor gatherings. On one evening a Potjie competition will be held so everyone gets involved!

There isn't a washing machine, but clothes can be hand washed.



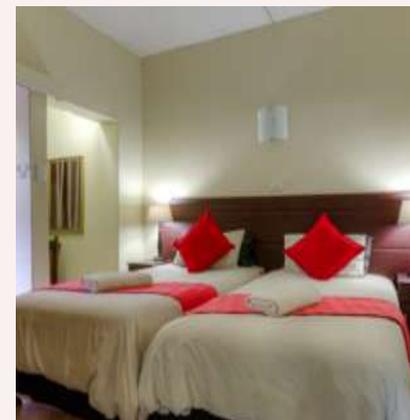
Shonalanga Accommodation – St Lucia

Guest House style accommodation is provided during your time in St Lucia.

You will be accommodated in twin rooms with ensuite facilities.

There are no facilities for washing clothes at the accommodation but there are launderettes nearby which are not expensive.

The guest house is located in the heart of St Lucia's Main Street and is the ideal location to explore the surrounding area.



ACCOMMODATION & LIFESTYLE

AFRICA

Food at the Project

Three meals are provided a day prepared by the kitchen staff with the exception of 1 lunch and 1 dinner in St Lucia

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.



Sample Menu

Day 1	Day 2	Day 3	Day 4	Day 5
Scrambled eggs, savoury beans or mince or bacon toast (jam, peanut butter)	Yoghurts, muesli, cereal, fruit	Pancakes, banana, fruit	Oatmeal porridge, fruit, toast & jam	French toast (Eggy bread)
Quiche & salad	Macaroni cheese	Soup & homemade bread	Hotdogs	Braai broodjies (tomato, cheese, onion toasties on open fire)
Nachos (vegan or mince)	Beef stew & rice	Braai (barbeque) with salad	Chicken ala King & rice	Chickpea curry mild

We must know of any dietary requirements and allergies at least 6 weeks before departure.



PRE DEPARTURE INFORMATION

Travel details



FLIGHT INFORMATION

AFRICA

Departure from the United Kingdom | Arrival to South Africa

Collection from College

Arrive by 10.30 – depart by 11:00

Flights

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
WB711	17/03/2026	London Heathrow (LHR)	20:30	Kigali (KGL)	07:30 + 1 Day
WB108	18/03/2026	Kigali (KGL)	10:30	Johannesburg (JNB)	14:20
FA430	18/03/2026	Johannesburg (JNB)	19:25	King Shaka Int: Durban (DUR)	20:35

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece checked baggage @ 20kgs, 1 piece hand baggage max dimensions 56x36x23cm

Johannesburg OR Tambo Airport

Clear immigration & collect baggage to clear customs.

Meet GAP representative by the statue in the arrivals hall who will assist with your transfer.

Durban Airport

Meet and Greet at Durban Arrivals Hall

Transfer to Ballito, Dolphin Coast for one night.

FLIGHT INFORMATION

AFRICA

Cabin Baggage



Rucksack (not trolley suitcase)
No larger than 56x36x23cm

Hold Baggage



One piece maximum 20kg

Departure from South Africa | Arrival to United Kingdom

Flights

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA287	02/04/2026	King Shaka Int: Durban (DUR)	11:30	Johannesburg (JNB)	12:40
WB109	02/04/2026	Johannesburg (JNB)	16:50	Kigali (KGL)	20:40
WB710	03/04/2026	Kigali (KGL)	01:15	London (LHR)	09:45

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece checked baggage @ 20kgs, 1 piece hand baggage max dimensions 56x36x23cm

Return Journey

Transfer from St Lucia.

Check in at the FlySafair check-in desk.

Arrive back at Wilberforce College at approximately 16:30



Group Web Page & Travel Documents

FAQs and House Rules

📄 Student Frequently Asked Questions - Click to Download

📄 Student Guidelines and House Rules - Click to Download



Student - Frequently Asked Questions	
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98. What should I do if I get kidnapped?.....	3
99. What should I do if I get arrested?.....	3
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Gap Africa Projects - General Guidelines and House Rules:

As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines:

1. Timeliness and Curfew: I commit to respecting designated timings, including early mornings and curfew times.
2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture.
3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants.
4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities.
5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during any activities.
6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited.
7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency.
8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before travel.
9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am a picky/fussy eater.
10. Insurance: I agree to obtain appropriate travel and medical insurance that covers all activities during the trip.

<https://gapafricaprojects.com/26-4749-wfc-kzg/>



AFRICA

USEFUL INFORMATION

Recommended Kit List and
other Useful Information

Suggested kit list

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

- Short and long sleeve t-shirts
- Long work trousers and shorts (or work/zip-off trousers)
- Hiking boots/comfortable walking shoes to work in every day
- Waterproof jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded jacket/windbreaker (Winter months) although it can get very cold on an open vehicle even in summer
- Socks
- Underwear
- Change of casual clothes for evenings
- Sandals / comfy shoes to wear after work hours
- Warm hat (Winter only) / Hat for sun protection (all year)
- Gloves for warmth (Winter only)
- Daypack rucksack
- Swimwear
- Beach Towel
- Sunscreen and Sunglasses
- Personal medical items
- First aid kit
- Toiletries
- Tick / Insect repellent
- Water bottle

Other useful items:

- Binoculars
- Camera
- Power bank
- Good torch

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required. However, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

Drinking Water:

Drinking water is available at the project; always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area.

<http://www.sa-venues.com/malaria-risk-areas.htm>

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.



<https://www.true Traveller.com/?tag=4480>

Travel Adapter

It is important you take the right travel adapter so you can charge your phone, and other devices, whilst away.



Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

USEFUL INFORMATION

AFRICA

Climate - Bonamanzi

15	16	17	18	19	20	21
26° 21°	25° 20°	27° 21°	26° 23°	25° 23°	28° 20°	25° 20°
22	23	24	25	26	27	28
25° 20°	26° 20°	26° 20°	25° 21°	26° 20°	25° 20°	25° 21°
29	30	31	1	2	3	4
26° 21°	27° 22°	27° 21°	28° 20°	27° 20°	25° 20°	25° 21°

USEFUL INFORMATION

AFRICA

Climate

St Lucia

15	16	17	18	19	20	21
						
25° 23°	26° 22°	25° 22°	25° 22°	26° 22°	25° 22°	27° 23°
22	23	24	25	26	27	28
						
26° 24°	25° 24°	25° 24°	25° 24°	25° 22°	26° 23°	26° 23°
29	30	31	1	2	3	4
						
25° 22°	26° 22°	28° 23°	28° 24°	28° 24°	25° 23°	24° 23°

Climate

KwaZulu-Natal is one of the cooler regions of South Africa, with an average daily high temperature of 25 C. The driest months are May to August, most rain days occur from October to January.

It can get very cold in the evenings and at night during the winter months, July being the coldest month.

Have a look at the accuweather website for more information, link below:

<https://www.accuweather.com/en/za/ladysmith>

Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff when you leave; any amount is always appreciated.

10% is the norm in cafes and restaurants.

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted in main towns, although local communities only take cash.

Wise Travel Card offers up to £500.00 with no transfer fee for Gap Africa Project travellers:



<https://wise.prf.hn/l/XZJx9gq>

Phones & Internet

Mobile phone coverage is good in Ballito and generally good at Nyala Lodge, although there may be some areas on the reserve where there isn't any coverage. Coverage is very good in St Lucia. Using an eSIM or purchasing a SIM card at the airport is another option.

Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS.

Benefits of an eSIM

- Unlimited Data Plans
- Uses both Vodacom and MTN the two major networks in South Africa
- Keep your WhatsApp number
- Immediate Delivery



<https://shorturl.at/sxE29>

Holafly

 Unlimited data Enjoy unlimited data while traveling to numerous destinations worry-free. Learn more	 Keep using your favorite apps Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.	 Keep your WhatsApp number You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.
 24/7 Customer Support In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.	 Fast and Reliable Internet Connection Connect to the best networks at your destination and get internet that's both reliable and fast.	 Enjoy dual SIMs Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

USEFUL INFORMATION

AFRICA

Trip Clothing

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle



<https://hyvfsu-vu.myshopify.com/>



SIZES	XS	S	M	L	XL	XXL	3XL	4XL	5XL
A - Half Chest	49	51	56	61	65	69	73	78	83
B - Body Length	64	67	70	73	76	79	82	86	90
C - Sleeve Length	57.5	59	60.5	62	63.5	65	66.5	68.5	70.5

All garment measurements are shown in centimetres (cm). Garment sizes are approximate and for guidance only.

SIZES	XS	S	M	L	XL	XXL	3XL	4XL	5XL
To Fit Chest Size	34 inch	36 inch	40 inch	44 inch	48 inch	52 inch	56 inch	60 inch	64 inch



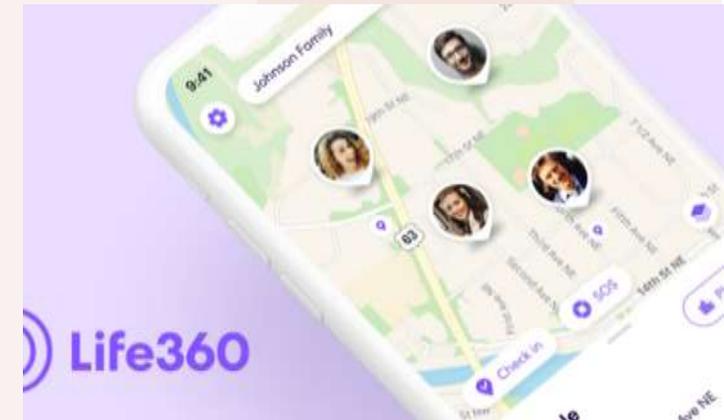
Useful Apps for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightrader24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.

Merlin Bird App



COMMUNITY DONATION BAGS

AFRICA

Community GAP Donation Bags

- Reading books and activity books
- Stationery – pencil cases, pens, crayons, colouring pencils, chalk, plain and coloured paper
- Skipping ropes
- Jigsaws, puzzles, playing cards and games
- Sports kit (football kit, boots, shirts, deflated balls, bibs, socks etc)
- Mini fishing nets
- Children's clothing and shoes
- Toothpaste, toothbrushes and facecloths
- Towels
- Recyclable pads for Move Africa donation
- Period pants
- New reading glasses – for the 'Right to sight' campaign
- Adult-sized clothes or shoes (in good condition) – helpful for the elderly
- Sleeping bags



Your tutor can request a donation bag from GAP Africa Projects.

Follow instructions about when to bring in donations, ensuring all items are in a clean and good condition.



WILBERFORCE
sixth form college

South Africa trip



FURTHER INFO

- Passports - 2 Weeks prior
- Medication (Adam Bolder)
- Travel sickness concerns (Adam Bolder)
- First Aid - We will have supplies. Bring basics you may need e.g. plasters, paracetamol etc
- Luggage allowance - **20kg & Hand luggage 7kg (56x36x23cm)**
- Personal insurance - Recommended for personal items (see link from GAP Africa)
- WhatsApp Group - 1 week prior
- T Shirts and Hoodie – Collect now from Jill
- Rooming





RULES

Please read - List of rules in Student House Rules document

In addition, and for clarity

- Listen to all staff involved in the trip, always!
- Be punctual – MUST!
- Free time (groups of 3 minimum)
- Respect to other visitors, cultures and staff (includes appropriate clothing)
- Report any incidents to staff as soon as you become aware
- Represent the College in accordance with the College code of conduct
- **Never enter any pool unless a member of staff is present**
- Alcohol





GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



GLOBALADVENTUREPROJECTS.COM

