



# WYKE 6<sup>TH</sup> FORM COLLEGE Q&A PRESENTATION



## KwaZulu-Natal Community Volunteering Project

AFRICA

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.



AFRICA

# ABOUT THE PROJECT

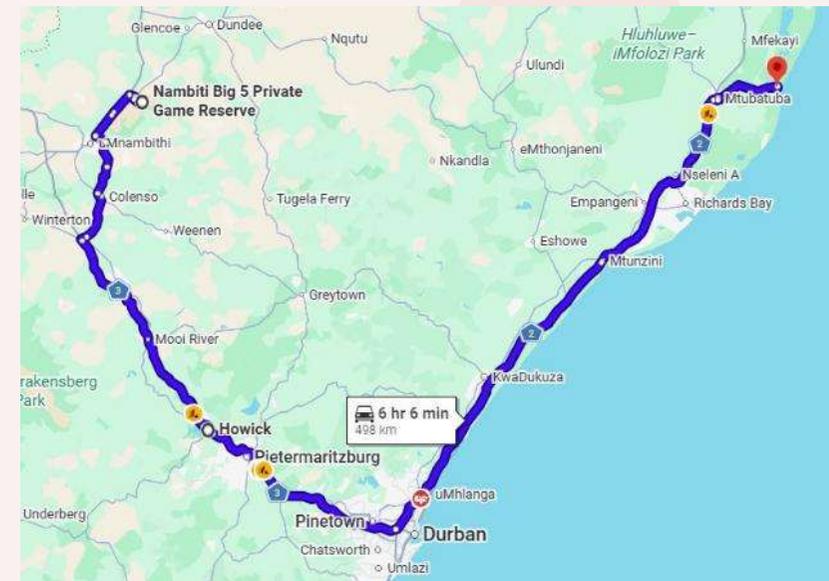
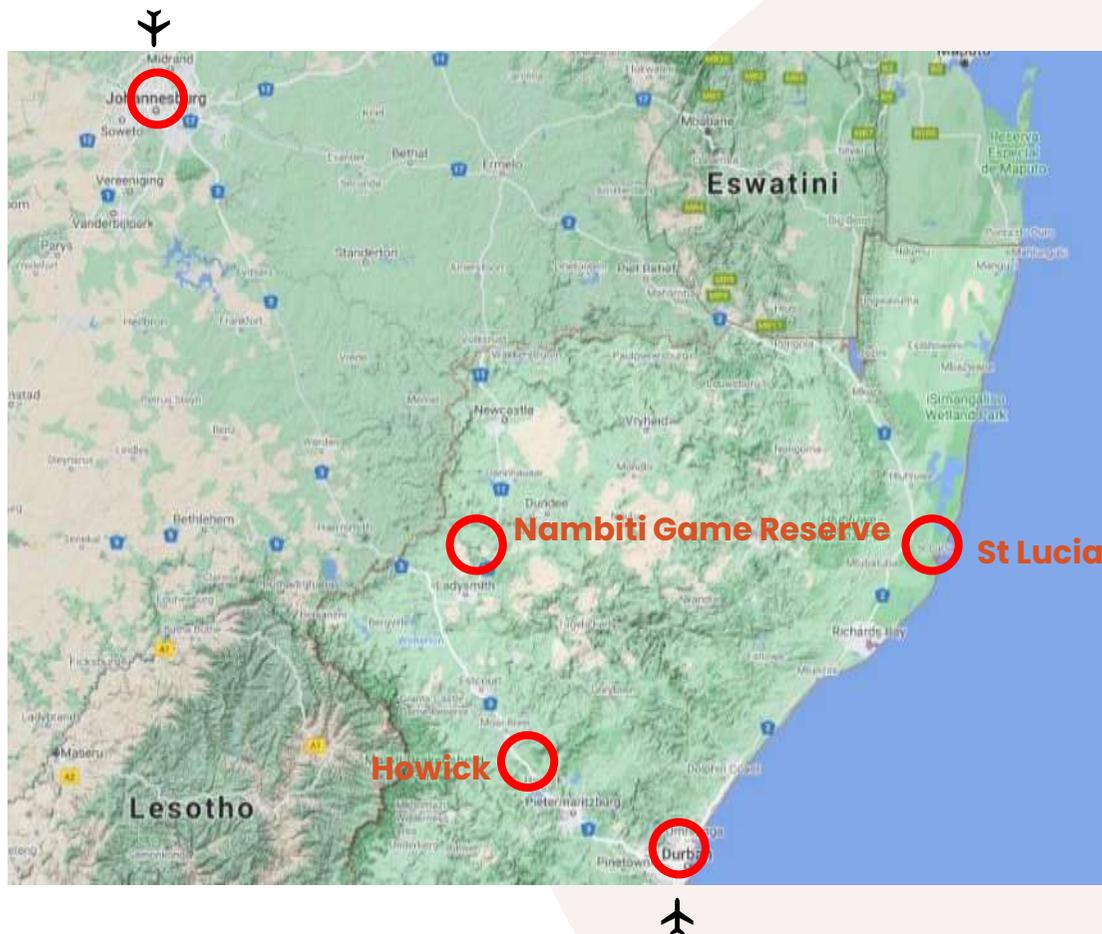
Overview and location  
of the project

# ABOUT KWAZULU-NATAL

AFRICA

## KwaZulu-Natal Community Volunteering Project- Location

- Nambiti Game Reserve
- Howick
- St Lucia



# ABOUT KWAZULU-NATAL

AFRICA

## KwaZulu-Natal Community Volunteering Project

### Nambiti Game Reserve

The reserve is a magnificent 23,000 acres of unspoiled wilderness boasting the Big 5 and incredible biodiversity (grasslands, riverine bush, savannah and thornveld) offering unprecedented diversity of wildlife.

### Howick

A small town known as the 'place of the tall one'. It is home to Howick Falls, the second highest in South Africa. Standing at over 95 metres, water falls over the dolerite cliffs on its way to the Indian Ocean.

### St Lucia

A small coastal town situated on the northern side of the St Lucia estuary, situated within the iSimangaliso Wetland Park World Heritage Site.



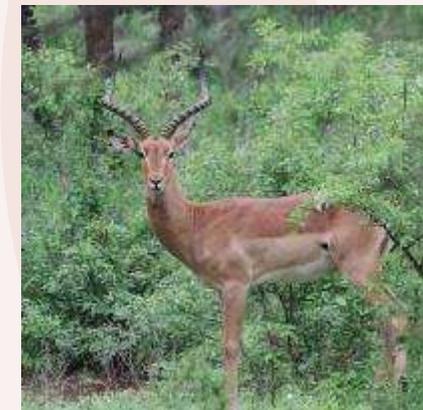
## Community Development Activities



# YOUR PROJECT

AFRICA

## Nambiti



ANY QUESTIONS?

[INFO@GAPAFRICAPROJECTS.COM](mailto:INFO@GAPAFRICAPROJECTS.COM) | +44 (0)207 1937819

Q&A PRESENTATION 6

# YOUR PROJECT

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## Howick



ANY QUESTIONS?

[INFO@GAPAFRICAPROJECTS.COM](mailto:INFO@GAPAFRICAPROJECTS.COM) | +44 (0)207 1937819

Q&A PRESENTATION 7

# YOUR PROJECT

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## St Lucia

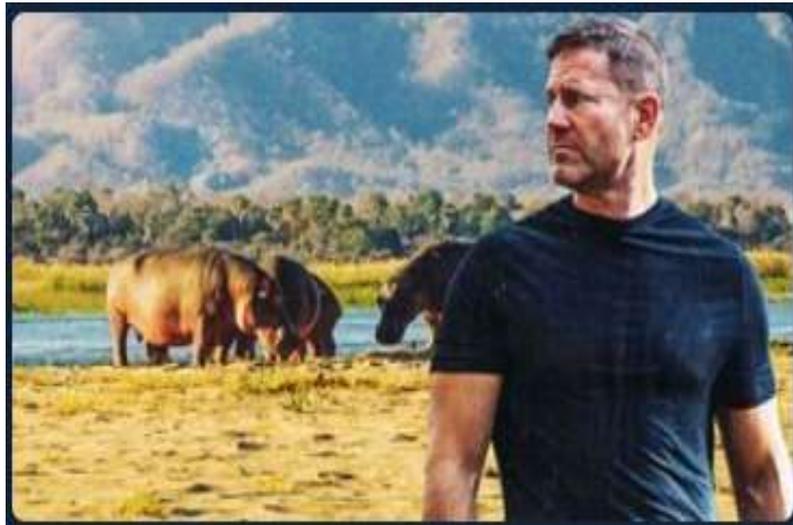


ANY QUESTIONS?

[INFO@GAPAFRICAPROJECTS.COM](mailto:INFO@GAPAFRICAPROJECTS.COM) | +44 (0)207 1937819

Q&A PRESENTATION 8

## St Lucia's Hippos



In South Africa, intrepid naturalist Steve Backshall goes in search of the only wild animal that fills him with fear and known for their lethal aggression - the hippo.

- [Episode 1](#): The intrepid naturalist sets his sights on Africa's most deadly animal - the hippo.
- [Episode 2](#): Steve visits St. Lucia, a town where hippos roam the streets freely at night.
  - At 13:58mins see Peter Calverley from Zingela Safari and River Company - another of our projects in KwaZulu-Natal





AFRICA

# ACCOMMODATION & LIFESTYLE

Life in Africa



## Airport Bird and Game Lodge, Johannesburg – First Night

As you arrive in South Africa mid-afternoon, you will be staying for one night in Johannesburg, at the Airport Bird and Game Lodge Hotel

Rooms will be shared, and a buffet dinner and breakfast will be included.

You will leave the hotel nice and early the next morning, arriving at Nambiti Game reserve by lunchtime.



# ACCOMMODATION

AFRICA

## Game Reserve Camp – Nambiti

In keeping with the Safari Adventure theme, groups are accommodated on the reserve in shared comfortable safari tents, with communal hot and cold showers and regular flushing toilets.



## The Knoll Guest Farm – Howick

You will stay at The Knoll Guest Farm. You will be accommodated in twin/triple rooms in the bunk house and west wing, with access to ensuite facilities.

The Knoll is situated in Hilton, a small town in the Midlands Meander of KwaZulu-Natal, which forms part of Howick.



## Shonalanga Accommodation – St Lucia

Guest House style accommodation is provided during your time in St Lucia.

You will be accommodated in twin rooms with ensuite facilities.

There are no facilities for washing clothes at the accommodation but there are launderettes nearby which are not expensive.

The guest house is located in the heart of St Lucia's Main Street and is the ideal location to explore the surrounding area.



# ACCOMMODATION

AFRICA

## Food at the Project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised.

## Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.



## Sample Menu – Nambiti & St Lucia

Day 1	Day 2	Day 3	Day 4	Day 5
Scrambled eggs, savoury beans or mince or bacon toast (jam, peanut butter)	Yoghurts, muesli, cereal, fruit	Pancakes, banana, fruit	Oatmeal porridge, fruit, toast & jam	French toast (Eggy bread)
Quiche & salad	Macaroni cheese	Soup & homemade bread	Hotdogs	Braai broodjies (tomato, cheese, onion toasties on open fire)
Nachos (vegan or mince)	Beef stew & rice	Braai (barbeque) with salad	Chicken ala King & rice	Chickpea curry mild

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure.



# PRE DEPARTURE INFORMATION

Travel details



## Departure from the United Kingdom | Arrival to South Africa

### Flights

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
ET729	22/03/2026	Manchester (MAN)	18:30	Addis Ababa (ADD)	07:05 +1 Day
ET809	23/03/2026	Addis Ababa (ADD)	08:45	Johannesburg (JNB)	13:05

\*Always check the flight timings on your final documents

**Baggage Allowance** – 1 piece checked baggage @ 20kgs, 1 piece hand baggage max dimensions 56x36x23cm

### Johannesburg OR Tambo Airport

Clear immigration & collect baggage to clear customs.

Meet GAP representative by the statue in the arrivals hall who will assist with your transfer to Airport Bird and Game Lodge for your first night.



## Cabin Baggage



Rucksack (not trolley suitcase)  
No larger than 56x36x23cm

## Hold Baggage



One piece maximum 20kg

# FLIGHT INFORMATION

AFRICA

## Departure from South Africa | Arrival to United Kingdom

### Flights

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA283	05/04/2026	King Shaka Int: Durban (DUR)	09:45	Johannesburg (JNB)	10:55
ET808	05/04/2026	Johannesburg (JNB)	14:30	Addis Ababa (ADD)	20:45
ET726	06/04/2026	Addis Ababa (ADD)	00:05	Manchester (MAN)	08:30

\*Always check the flight timings on your final documents

**Baggage Allowance** – 1 piece checked baggage @ 20kgs, 1 piece hand baggage max dimensions 56x36x23cm

### Return Journey

Transfer from St Lucia Game Reserve to Durban (King Shaka) Airport.  
Check in at the FlySafair check-in desk.



# TRAVEL DOCUMENTS

AFRICA

## Travel Documents

- Final Documents Issued 09/03/2026
- Emailed to your personal and/or college email address
- Print and take copies
- Boarding passes issued at the airport
- Passports!

**Your e-ticket**

**Travel Information**

Traveler: Passenger Name: MULLER, CHRISTOPHER; Booking Reference: 0454242424; Carrier: BA; Class: Y; Cabin: Upper; Status: OK; Issue Date: 09/03/2026

**Flight Information**

Origin	Destination	Class	Fare Basis	Status	Issue Date
LHR	JNB	Y	Y	OK	09/03/2026

**ATOL Certificate**

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.

**Who is protected?**  
Mr. Daniel MULLER

**What is protected?**  
Mr. Daniel MULLER's flight to Johannesburg on 09/03/2026.

**What is protecting your trip?**  
The ATOL scheme is a government-backed fund that protects your money if your travel company goes bust.

**Travel Itinerary**

Date	Event	Time	Location
04/03/2017	Check in for your flight at the South African Airways Check In Desk, London Heathrow, Terminal 2	14:30	London Heathrow, Terminal 2
07/03/2017	Arrive Johannesburg International Airport, Terminal A	09:00	Johannesburg International Airport, Terminal A
08/03/2017	Check in for your flight at the SAA Check In Desk, Port Elizabeth	14:30	Port Elizabeth
09/03/2017	Arrive Johannesburg International Airport, Terminal A	09:00	Johannesburg International Airport, Terminal A

## Group Web Page & Travel Documents

### FAQs and House Rules

📄 Student Frequently Asked Questions - Click to Download

📄 Student Guidelines and House Rules - Click to Download



<https://gapafricaprojects.com/26-4742/>

#### Student - Frequently Asked Questions

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#### Gap Africa Projects - General Guidelines and House Rules:

As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines:

1. Timeliness and Curfew: I commit to respecting designated timings, including early mornings and curfew times.
2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture.
3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants.
4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities.
5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during any activities.
6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited.
7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency.
8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before travel.
9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am a picky/fussy eater.
10. Insurance: I agree to obtain appropriate travel and medical insurance that covers all activities during the trip.

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.



AFRICA

# USEFUL INFORMATION

Recommended Kit List and  
other Useful Information

## Suggested kit list

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

- Wellington boots (long or short for travel Jan – April)
- Short and long sleeve t-shirts
- Long work trousers and shorts (or work/zip-off trousers)
- Hiking boots/comfortable walking shoes to work in every day
- Waterproof jacket
- Sweatshirt/Fleece (Jun – Aug) – pack plenty
- Padded jacket/windbreaker (Jun – Aug) although it can get very cold on an open vehicle
- Socks and Underwear
- Change of casual clothes for evenings
- Sandals / comfy shoes to wear after work hours
- Warm hat (Jun – Aug / Hat for sun protection (all year)
- Gloves for warmth (Jun –Aug)
- Working gloves
- Daypack rucksack
- Micro-fibre sleeping bag liner (extra warmth Jun –Aug )
- Swimwear
- Beach Towel (micro-fibre takes less space)
- Sunscreen and Sunglasses
- Personal medical items
- First aid kit
- Toiletries
- Tick / Insect repellent
- Water bottle
- Binoculars
- Good torch (headlamp/torch is best)

### Other useful items:

- Camera
- Power bank

\* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

## Health Risks

### Immunisation:

When entering South Africa, no international immunisation is required. However, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

### Drinking Water:

Drinking water is available at the project; always make sure you keep hydrated.

### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

### Malaria:

The project is located in a malaria free area.

<http://www.sa-venues.com/malaria-risk-areas.htm>

## Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.



<https://www.true Traveller.com/?tag=4480>

## Travel Adapter

It is important you take the right travel adapter so you can charge your phone, and other devices, whilst away.



## Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

## Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

## Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

# USEFUL INFORMATION

AFRICA

## Climate

### Nambiti

22	23	24	25	26	27	28
28° 13°	28° 13°	28° 13°	28° 12°	27° 12°	27° 13°	28° 12°
29	30	31	1	2	3	4
28° 13°	27° 12°	28° 13°	27° 12°	27° 12°	27° 12°	27° 12°

### Howick

29	30	31	1	2	3	4
23° 14°	26° 14°	27° 14°	26° 14°	26° 14°	24° 14°	23° 13°

### St Lucia

S	M	T	W	T	F	S
29	30	31	1	2	3	4
26° 22°	26° 22°	26° 22°	26° 22°	26° 21°	26° 21°	25° 21°

## Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff when you leave; any amount is always appreciated.

10% is the norm in cafes and restaurants.

## Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted in main towns, although local communities only take cash.

Wise Travel Card offers up to £500.00 with no transfer fee for Gap Africa Project travellers:



<https://wise.prf.hn/1/XZJx9gq>

## Phones & Internet

Mobile phone coverage is average at Nambiti, although there may be some areas on the reserve where there isn't any coverage. Coverage is good in Howick and St Lucia. Using an eSIM or purchasing a SIM card at the airport is another option.

Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS.

## Benefits of an eSIM

- Unlimited Data Plans
- Uses both Vodacom and MTN the two major networks in South Africa
- Keep your WhatsApp number
- Immediate Delivery



<https://shorturl.at/sxE29>

Holafly

 <b>Unlimited data</b> Enjoy unlimited data while traveling to numerous destinations worry-free. <a href="#">Learn more</a>	 <b>Keep using your favorite apps</b> Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.	 <b>Keep your WhatsApp number</b> You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.
 <b>24/7 Customer Support</b> In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.	 <b>Fast and Reliable Internet Connection</b> Connect to the best networks at your destination and get internet that's both reliable and fast.	 <b>Enjoy dual SIMs</b> Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

# USEFUL INFORMATION

AFRICA

## Trip Clothing

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle



<https://hyvfsu-vu.myshopify.com/>



SIZES	XS	S	M	L	XL	XXL	3XL	4XL	5XL
A - Half Chest	49	51	56	61	65	69	73	78	83
B - Body Length	64	67	70	73	76	79	82	86	90
C - Sleeve Length	57.5	59	60.5	62	63.5	65	66.5	68.5	70.5

All garment measurements are shown in centimetres (cm). Garment sizes are approximate and for guidance only.

SIZES	XS	S	M	L	XL	XXL	3XL	4XL	5XL
To Fit Chest Size	34 inch	36 inch	40 inch	44 inch	48 inch	52 inch	56 inch	60 inch	64 inch



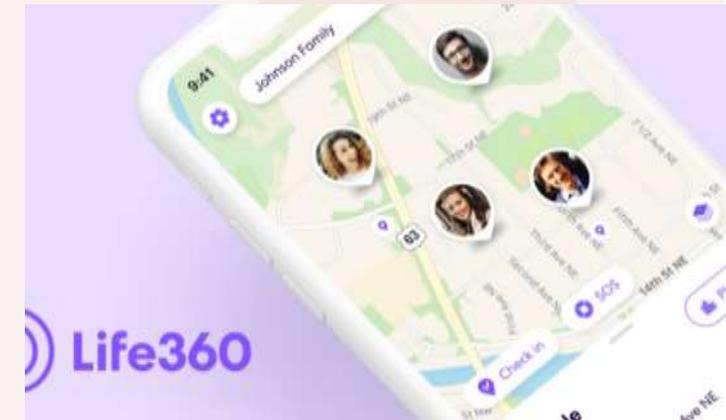
## Useful Apps for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightradar24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.

Merlin Bird App



# COMMUNITY DONATION BAGS

AFRICA

## Community GAP Donation Bags

- Reading books and activity books
- Stationery – pencil cases, pens, crayons, colouring pencils, chalk, plain and coloured paper
- Skipping ropes
- Jigsaws, puzzles, playing cards and games
- Sports kit (football kit, boots, shirts, deflated balls, bibs, socks etc)
- Mini fishing nets
- Children's clothing and shoes
- Toothpaste, toothbrushes and facecloths
- Towels
- Recyclable pads for Move Africa donation
- Period pants
- New reading glasses – for the 'Right to sight' campaign
- Adult-sized clothes or shoes (in good condition) – helpful for the elderly
- Sleeping bags



**Your tutor can request a donation bag from GAP Africa Projects.**

**Follow instructions about when to bring in donations, ensuring all items are in a clean and good condition.**



**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



[GLOBALADVENTUREPROJECTS.COM](http://GLOBALADVENTUREPROJECTS.COM)

