



## Ultimate Frisbee Coaching Volunteer Project – Port Elizabeth, South Africa

### Project Overview

Ultimate frisbee is a growing sport in South Africa, with the national team earning respect on the international stage, but grassroots development remains limited, particularly in township schools around Port Elizabeth. By joining this volunteer ultimate frisbee project, you will give young players the chance to experience the excitement of the sport, improve their skills, and enjoy structured games in a fun, supportive environment. Volunteers of all levels are welcome and your focus will be on introducing the basics of throwing, catching, pivoting, marking, scoring, and team play, while building confidence and encouraging teamwork. You will help run morning and afternoon coaching sessions, organise mini matches and tournaments, and provide guidance to players eager to learn a new sport, all while forming friendships and having a lasting impact on their development. Evenings and weekends are free for socialising, exploring, and enjoying Port Elizabeth, making this placement a perfect blend of coaching, fun, and cultural immersion, with the chance to inspire the next generation of South African ultimate frisbee players.

### What's Included

Accommodation, 3x meals per day (2x meals at weekends), airport transfers, support & orientation, placement coordination, 24-hour in-country team support

### What's Excluded

Flights, travel insurance & visas, vaccinations, spending money, In-country transport, DBS certificate (essential)

### Duration & Pricing (28-day minimum) other durations are available

- 2026 price: £1,045 (28-days)
- 2027 price: £1,098 (28-days)

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