



## Sports Psychology Internship – Castries, St Lucia

### Project Overview

This internship in St Lucia offers a unique opportunity to gain valuable experience applying sports psychology in a real-world Caribbean sports environment. Sports psychology is still under-utilised in the region, allowing you to make a meaningful and immediate impact by applying your academic knowledge to support athletes' mental performance, motivation and resilience. You will get the opportunity to work with national teams and community sports clubs across a range of sports, helping players prepare mentally for competition and enhancing psychological approaches to training and performance. This placement gives you practical experience that can support your studies, dissertation or future career in sport psychology.

*\*Must be at least second-year university degree in Sports Psychology or equivalent*

### Living in Castries & Free Time

Castries is the bustling capital of St Lucia, known for its beaches, tropical climate, and friendly community. You can explore local attractions such as Rodney Bay, visit rainforests and sulphur springs, enjoy Caribbean cuisine, or relax on sandy beaches.

### What's Included

Accommodation, breakfast only, airport transfers, support & orientation, placement coordination, in-country transport to projects, 24-hour in-country support

### What's Excluded

Flights, lunch & dinner, travel insurance & visas, vaccinations, spending money, DBS certificate (essential)

### Duration & Pricing (28-day minimum) other durations are available

- 2026 price: £1,195 (28-days)
- 2027 price: £1,255 (28-days)

Sign up today