



Sports Psychology Internship – Accra, Ghana

Project Overview

This Internship in Ghana gives you a rare chance to make a real impact in an under-developed country where sport psychology is still developing. You'll work with athletes across multiple sports, monitoring their mental resilience, motivation, confidence and performance. You will be invited to run school classes on match-preparation and lifestyle habits which promote their sports development. You can discuss your ideas and methods with the resident coaches – they will be a valuable source of information to understand the character of African attitudes and cultural habits.

Whether you're looking to gain placement hours, enhance your resume with practical experience, or incorporate this project into your dissertation, we can tailor a programme to meet your individual goals.

**Will need a CV showing at least 2-years relevant experience*

What's Included

Accommodation, 3x meals per day (2x meals at weekends), airport pick-up, support & orientation, project coordination, 24-hour in-country team support

What's Excluded

Flights, travel insurance & visas, vaccinations, spending money, In-country transport (£25 per week), DBS certificate (essential)

Duration & Pricing (28-day minimum) other durations are available

- 2026 price: £1,250 (28-days)
- 2027 price: £1,312.50 (28-days)

Sign up today