



Rugby Coaching & Playing Project – Castries, St Lucia

Project Overview

Rugby is a global sport, and the Caribbean has yet to make an impact on the world stage, but the passion is huge, and as a volunteer coach you can play a vital role in developing the game from grassroots to national level. You will work with youth groups to introduce rugby in a fun, interactive way, focusing on participation, skill development, and teamwork, while also supporting the National St Lucian men's and women's teams with drills, fitness, and performance improvement. Volunteers of all experience levels are welcome, whether you want to run full training sessions, focus on specific skills, or offer advice on gym routines and nutrition. Alongside the St Lucian RFU and Referee Society, you'll gain hands-on practice with experienced coaches, players, and match officials, spotting future talent and building relationships with enthusiastic players. You may even join the national teams on tournament tours, experiencing the excitement of competition and the legendary Caribbean after-party celebrations. This placement offers a perfect blend of coaching, cultural immersion, and personal development, giving you the chance to leave a lasting impact on rugby in St Lucia.

What's Included

Accommodation, breakfast only, airport transfers, support & orientation, placement coordination, in-country transport to projects, 24-hour in-country support

What's Excluded

Flights, lunch & dinner, travel insurance & visas, vaccinations, spending money, DBS certificate (essential), filming equipment (you are expected to bring your own)

Duration & Pricing (14-day minimum) other durations are available

- 2026 price: £795 (14-days)
- 2027 price: £835 (14-days)

[Sign up today](#)