



## Boxing Experience – Port Elizabeth, South Africa

### Project Overview

Boxing runs deep in South Africa's sporting culture, yet many of the country's most naturally gifted fighters grow up in townships with little access to structured training. This boxing volunteer project places you at the heart of these communities around Port Elizabeth, where boxing is far more than a sport - it's a source of discipline, focus and hope. Working alongside local gyms and schools, you'll help deliver organised training sessions, provide essential equipment and create a positive, structured environment. Supported by our experienced in-country staff, you'll introduce fundamental techniques, conditioning and discipline, whilst also building powerful connections through a shared love of boxing. You may also help identify talented individuals who could progress into competitive boxing, making this a deeply rewarding project that leaves a lasting impact both in and out of the ring. We are connected with various gyms in the region, and so in addition to your coaching responsibilities, you will get the unique opportunity to enhance your own boxing skills - where you can train alongside experienced coaches and boxers. If the timing is right, you can even witness organised fights within in the township communities.

### What's Included

Accommodation, 3x meals per day (2x meals at weekends), airport transfers, support & orientation, placement coordination, 24-hour in-country team support

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Flights, travel insurance & visas, vaccinations, spending money, In-country transport, DBS certificate (essential), Boxing Gym Membership

### Duration & Pricing (28-day minimum) other durations are available

- 2026 price: £1,045 (28-days)
- 2027 price: £1,098 (28-days)

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