



Athletics Coaching & Training – Accra, Ghana

Project Overview

Athletics in Ghana is raw, powerful and absolutely bursting with untapped potential, and this placement throws you straight into the middle of it. With limited funding and few structured opportunities, young athletes aged 10–16 are desperate for guidance, and what they lack in resources they more than make up for in speed, strength and ambition. Based in and around Accra, you'll work with schools and local clubs to deliver fun, high-energy training sessions across a wide range of events, from sprints and relays to jumps, throws and middle-distance running. Whether you're introducing structured drills, running conditioning sessions, organising community sports days or helping athletes chase dreams of representing Ghana at the Olympics, your impact is huge. Supported by local coaches and the in-country team, you'll help create an environment where young athletes can train hard, belong to a team, and fall in love with athletics. If you have sufficient athletics coaching qualifications and experience, you may be the responsibility of managing your own local athletics club. You may also be asked to train local coaches and help them improve their athletics coaching skills to pass on to the community.

What's Included

Accommodation, 3x meals per day (2x meals at weekends), airport pick-up, support & orientation, placement coordination, 24-hour in-country team support

What's Excluded

Flights, travel insurance & visas, vaccinations, spending money, In-country transport, DBS certificate (essential)

Duration & Pricing (14-day minimum) other durations are available

- 2026 price: £695 (14 days)
- 2027 price: £730 (14 days)

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