



LEEDS CITY COLLEGE PRE DEPARTURE PACK

The background image is a composite of two photographs. On the left, two young women are tending to a donkey in a dry, rocky landscape. One woman is wearing a white tank top and denim shorts, and the other is wearing a light-colored shirt and glasses. They are both focused on the donkey. On the right, a dolphin is leaping out of the water, creating a splash. The dolphin is dark grey and the water is a deep blue. The sky is a clear, bright blue.

Canary Islands Welfare & Research Expedition

The logo for Europe. It consists of a blue circle with the word 'EUROPE' in white, sans-serif capital letters. To the right of the circle is a stylized blue leaf or branch design.

EUROPE

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

TRIP OVERVIEW



Leeds City College – Booking Reference 4809

Travel Dates:

21st June 2026 – 28th June 2026

Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
LS1051	21/06/2026	Manchester (MAN)	06:00	Tenerife South (TFS)	10:40
LS0920	28/06/2026	Tenerife South (TFS)	21:30	Manchester (MAN)	02:05 + 1 Day

*Always check the flight timings on your final documents

Baggage Allowance –1 piece checked baggage @ 22kgs, 1 piece hand baggage max dimensions 56x25x45 cms

Project:

Canary Islands Welfare & Research Expedition

Arriving at Tenerife South Airport

Upon arrival at Tenerife airport, you must clear passport control and collect your baggage from baggage reclaim before heading into the arrivals hall.

A representative from Fair Earth Foundation will meet you outside the terminal building.

If you cannot locate the representative, please call

Mickey Day

07717 535610

Fair Earth Foundation



CONTACT DETAILS



Project Addresses:

Accommodation

Hotel El Sombrerito
Calle Sta. Catalina, 15, 38613 Vilaflor,
Santa Cruz de Tenerife

Telephone:

+ 34 922 70 90 52

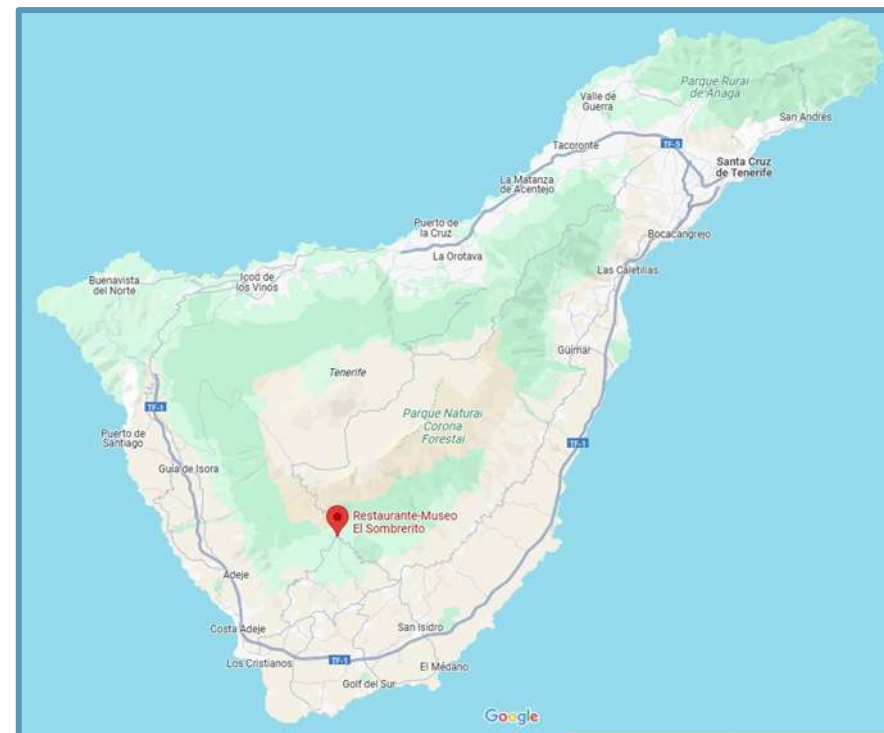
Fair Earth Foundation

Telephone: 07717 535610
Mickey Day (Director of Volunteer and Student
Experience)

Gap Africa Projects

+44 (0) 744 260 1694

24 Hour Emergency Only



USEFUL INFORMATION



Health Risks

Immunisation:

Contact your GP around 8 weeks before your trip to check whether you need any vaccinations or other preventive measures. The following website offers up to date information for travellers to the Canary Islands:

<https://travelhealthpro.org.uk/country/203/canary-islands-spain>

Drinking Water:

Bottled water for drinking, the tap water is desalinated and does not have a pleasant taste. Bottled water can be purchased in the local supermarket.

Sun:

Tenerife has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4pm – regardless of whether there is cloud cover or not. Even if you have a dark complexion, you can still get sunburned if you are from a cooler climate and have not had much exposure to the sun. Sunglasses are also recommended, as the glare of the sun can be very strong.

Stay Safe Overseas – KBYG:

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth & Development Office offers 'Know before you go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

USEFUL INFORMATION



Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.



<https://www.true Traveller.com/?tag=4480>

Travel Adapter

It is important you take the right travel adapter so you can charge your phone, and other devices, whilst away.



Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport must have a 'date of issue' of less than 10 years on the date you arrive.

Passports must be valid for 3 months beyond the planned date of departure.

You can check the requirements at the IATA Travel Centre site.

www.iata Travel Centre.com

Visa Requirements

A visa is not required for British passport holders.

You can check the following website for visa information:

<https://www.world Travel Guide.net/guides/europe/spain/canary-islands/>

USEFUL INFORMATION

EUROPE

Climate

The minimum and maximum annual average temperatures in Tenerife are about 15°C (59°F) in winter and 24°C (75.2°F) in summer.

Tenerife has a generally dry, warm climate with the South of the island being slightly sunnier and experiencing more daylight hours with the North experiencing more rainfall.

Have a look at AccuWeather for more information:

<https://www.accuweather.com/en/ve/tenerife/1790643/weather-forecast/1790643?city=tenerife>

Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the project and housekeeping staff by leaving a small tip/donation when you leave; any amount is always appreciated.

Currency & Credit Cards

The euro is the currency of Spain and the Canary Islands. Credit and debit cards are readily accepted at hotels, restaurants and most supermarkets.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use debit/credit/travel cards.

Travel Cards are very useful; preload before travelling and the best exchange rate is used. Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers.

<https://wise.prf.hn/1/XZJx9gq>



USEFUL INFORMATION



Phones & Internet

Mobile phone coverage is good in Tenerife. Remember that roaming charges may apply.

Using an eSIM or purchasing a SIM card at the airport is another option.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS.

Benefits of an eSIM

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery

Holafly



<https://shorturl.at/sxE29>



Unlimited data

Enjoy unlimited data while traveling to numerous destinations worry-free. [Learn more](#)



Keep using your favorite apps

Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.



Keep your WhatsApp number

You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.



24/7 Customer Support

In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.



Fast and Reliable Internet Connection

Connect to the best networks at your destination and get internet that's both reliable and fast.



Enjoy dual SIMs

Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

ACCOMMODATION & LIFESTYLE

EUROPE

El Sombreiro

Nestled in the picturesque mountain town of Vilaflor, El Sombrerito offers a traditional Canarian experience.

This charming hotel provides simple yet comfortable accommodation, featuring shared rooms with en-suite bathrooms.

Enjoy a taste of both worlds during your stay, as our delicious meals combine traditional Canarian cuisine with familiar English dishes.



ACCOMMODATION & LIFESTYLE

EUROPE

Food at the Project

Three meals are provided a day prepared by the kitchen staff.

The meals combine traditional Canarian cuisine with familiar English dishes.

Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.



USEFUL INFORMATION



Suggested Kit List

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

- Short and long sleeve t-shirts
- Long work trousers and shorts (or work/zip-off trousers)
- Hiking boots/comfortable walking shoes to work in every day
- Waterproof jacket
- Sweatshirt/Fleece
- Socks
- Underwear
- Change of casual clothes for evenings
- Sandals / comfy shoes to wear after work hours
- Hat for sun protection (all year)
- Daypack rucksack
- Beach Towel
- Swimwear
- Sunscreen and Sunglasses
- Personal medical items
- First aid kit
- Toiletries
- Insect repellent
- Water bottle

Other useful items:

- Binoculars
- Camera
- Power bank
- Good torch

* All work clothes should be neutral or earth tones whilst at the project.
No skimpy/revealing or brightly-coloured clothing to be worn.

WHAT'S INCLUDED



What is Included?

- UK Coach transfer
- Flights
- Transfers to/from project
- Accommodation
- Breakfast and Dinner
- All activities as part of the project
- Airport meet/greet
- 24/7 Emergency contact

NOT Included

- Personal Travel Insurance *
- Meals on travel days – before arriving & after departing from the project.
- Lunches
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

* We recommend that you take out personal travel insurance as soon as your booking is confirmed.





GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

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