



# SCOTLAND'S RURAL COLLEGE PRE-DEPARTURE PACK

A collage of three images: a close-up of a monarch butterfly on purple flowers on the left, a sunset over a lake and savanna in the center, and a close-up of an elephant's head and trunk on the right.

**KwaZulu**  
Wildlife &  
Community

**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

A graphic of a red speech bubble with the word 'AFRICA' written in white capital letters. The bubble has a jagged, flame-like shape at the bottom right corner.

**AFRICA**

# TRIP OVERVIEW



AFRICA

## Scotland's Rural College – Booking Reference 4767

### Travel Dates:

20<sup>th</sup> July 2026 – 5<sup>th</sup> August 2026

### Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
EK024	20/07/2026	Edinburgh (EDI)	21:50	Dubai (DXB)	08:15 + 1 Day
EK775	21/07/2026	Dubai (DXB)	10:15	King Shaka Int: Durban (DUR)	16:35
EK776	05/08/2026	King Shaka Int: Durban (DUR)	18:40	Dubai (DXB)	05:00 + 1 Day
EK027	06/08/2026	Dubai (DXB)	07:50	Glasgow (GLA)	12:45

\*Always check the flight timings on your final documents

**Baggage Allowance** – 1 piece of checked baggage @ 20kgs & 1 piece of hand baggage @ 7kgs 55x38x22cms

### Project:

KwaZulu Wildlife & Community Project – Bonamanzi and St Lucia

# ARRIVAL

AFRICA

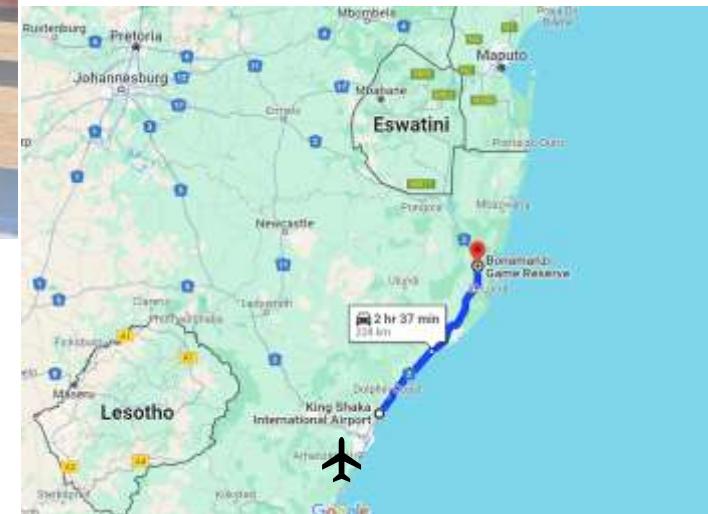
## Arrival at King Shaka International Airport (Durban)

Upon arrival at King Shaka International Airport, you must clear passport control and collect your baggage from baggage reclaim before heading into the arrivals hall.

A representative from Escape through Africa Travel & Tours will meet you in the arrivals hall for your transfer to Bonamanzi Game Reserve, a drive of approximately 3 hours.

The driver will stop at a shop on the way for you to get snacks, drinks etc.

If for any reason you cannot locate the representative, please call Lou Anne on 064 219 8504.



# CONTACT DETAILS

AFRICA

## Address

Bonamanzi Game Reserve  
324 Bushlands Road, Hluhluwe, 3960  
South Africa

Tel: +27 87 821 6368

## Shonalanga Lodge

37 McKenzie Street, St Lucia 3936  
Tel: +27 35 590 1087

## Mobile

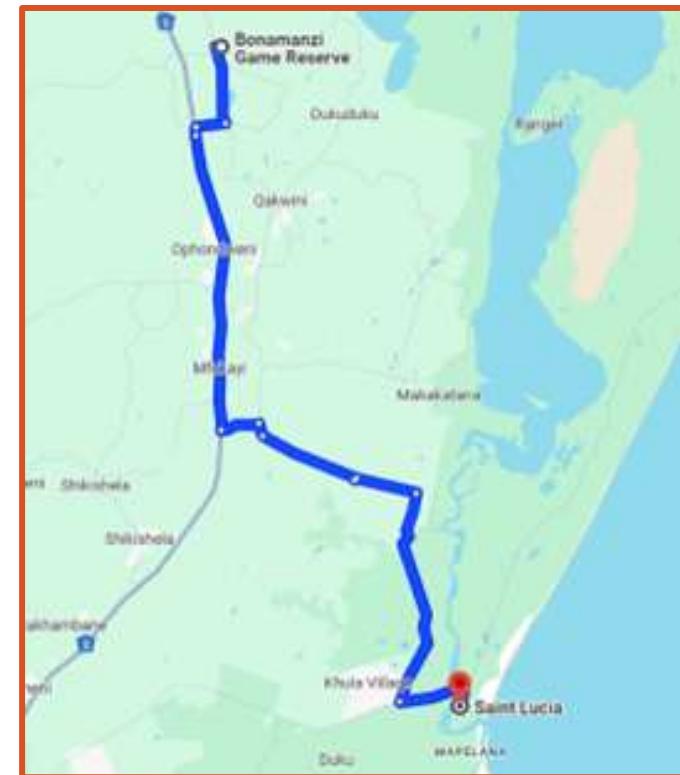
+27(0) 81 816 2541  
Lundy Bredberg (Project Manager)

## Gap Africa Projects

+44 (0) 744 260 1694

## 24 Hour Emergency Only

**Gap Africa Projects In Country Contact:**  
+27 (0) 79 313 2276 Carmen Warmenhove





# USEFUL INFORMATION



AFRICA

## Health Risks

### Immunisation:

When entering South Africa, no international immunisation is required. However, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

### Drinking Water:

Drinking water is available at the project; always make sure you keep hydrated.

### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

### Malaria:

The project is located in a malaria free area.

<http://www.sa-venues.com/malaria-risk-areas.htm>

# USEFUL INFORMATION

AFRICA

## Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.



<https://www.truetraveller.com/?tag=4480>

## Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

## Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

## Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

# USEFUL INFORMATION

AFRICA

## Climate

KwaZulu-Natal is one of the cooler regions of South Africa, with an average daily high temperature of 25 C. The driest months are May to August, most rain days occur from October to January.

It can get very cold in the evenings and at night during the winter months., July being the coldest month.

Have a look at the accuweather website for more information, link below:

<https://www.accuweather.com/en/za/ladysmith>

## Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

A 10% tip is normal for any café/restaurant when eating out.

## Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted in main towns, although local communities only take cash.

Wise Travel Card offers up to £500.00 with no transfer fee for Gap Africa Project travellers:



<https://wise.prf.hn/l/XZJx9gq>

# USEFUL INFORMATION

AFRICA

## Phones & Internet

Mobile phone coverage is generally good at Bundu Camp, although there may be some areas on the reserve where there isn't any coverage. Coverage is very good in St Lucia. Using an eSIM or purchasing a SIM card at the airport is another option.

Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS.

### Benefits of an eSIM

- Unlimited Data Plans
- Uses both Vodacom and MTN the two major networks in South Africa
- Keep your WhatsApp number
- Immediate Delivery



<https://shorturl.at/sxE29>

**Holafly**



#### Unlimited data

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#### Keep using your favorite apps

Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.



#### Keep your WhatsApp number

You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.



#### 24/7 Customer Support

In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.



#### Fast and Reliable Internet Connection

Connect to the best networks at your destination and get internet that's both reliable and fast.



#### Enjoy dual SIMs

Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

# ACCOMMODATION & LIFESTYLE

AFRICA

## Bundu Camp – Bonamanzi

Chalet style accommodation is provided during your time in Bonamanzi Game Reserve. You will be accommodated in twin rooms, 2 rooms share bathroom facilities of shower, toilet and basin.

All guests will eat together in the communal dining room or outside in the covered dining area. On one evening a Potjie competition will be held so everyone gets involved!

There isn't a washing machine, but clothes can be hand washed.



# ACCOMMODATION & LIFESTYLE

AFRICA

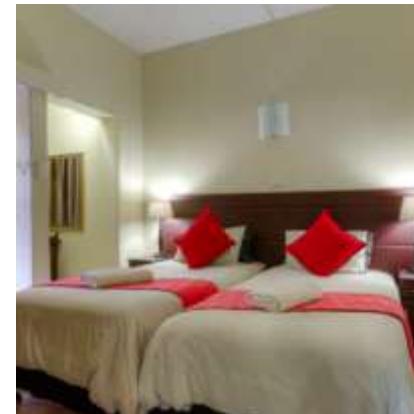
## Shonalanga Accommodation – St Lucia

Guest House style accommodation is provided during your time in St Lucia.

You will be accommodated in twin rooms with ensuite facilities.

There are no facilities for washing clothes at the accommodation but there are launderettes nearby which are not expensive.

The guest house is located in the heart of St Lucia's Main Street and is the ideal location to explore the surrounding area.



# ACCOMMODATION & LIFESTYLE

AFRICA

## Food at the Project

Three meals are provided a day prepared by the kitchen staff with the exception of 1 lunch and 1 dinner in St Lucia

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised.

### Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.





# USEFUL INFORMATION



AFRICA

## Suggested kit list

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

- Short and long sleeve t-shirts
- Long work trousers and shorts (or work/zip-off trousers)
- Hiking boots/comfortable walking shoes to work in every day
- Waterproof jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded jacket/windbreaker (Winter months) although it can get very cold on an open vehicle even in summer
- Socks
- Underwear
- Change of casual clothes for evenings
- Sandals / comfy shoes to wear after work hours
- Warm hat (Winter only) / Hat for sun protection (all year)
- Gloves for warmth (Winter only)
- Daypack rucksack
- Swimwear
- Beach Towel
- Sunscreen and Sunglasses
- Personal medical items
- First aid kit
- Toiletries
- Tick / Insect repellent
- Water bottle

### Other useful items:

- Binoculars
- Camera
- Power bank
- Good torch

\* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

# WHAT'S INCLUDED



AFRICA

## What is Included?

- Flights
- Transfers to/from project
- Accommodation
- Three meals a day
- All activities as part of the project
- ATOL protection
- Airport meet/greet
- 24/7 In country support

## NOT Included

- Personal Travel Insurance \*
- Meals on travel days – before arriving & after departing from project
- 1 lunch and 1 dinner at St Lucia
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

\* We recommend you take out insurance as soon as your booking is confirmed



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