



KENDAL COLLEGE Q&A PRESENTATION



Shamwari Group Conservation Expedition



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



AFRICA

ABOUT SHAMWARI GAME RESERVE

Project overview and
location

ABOUT SHAMWARI

AFRICA

Shamwari Game Reserve – Location

- South Africa a world leader in conservation
- Malaria-free Eastern Cape



ABOUT SHAMWARI

AFRICA

Shamwari Game Reserve

- 25,000 Hectare Privately Owned Game Reserve
- A pioneer in conservation in Southern Africa
- Award winning conservation team including:
 - Wildlife Vets
 - Ecologists
 - Anti Poaching
- Home to Born Free Foundation
- Lodge dedicated for our groups



ABOUT SHAMWARI

AFRICA

Home to the BIG 5



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Q&A PRESENTATION 5

ABOUT SHAMWARI

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Home to over 60 Species of Mammal



ANY QUESTIONS?

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Q&A PRESENTATION 6

ABOUT THE PROJECT

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Your Conservation Projects

- General Reserve Maintenance
- Alien Plant Eradication / Land Management
- Spatial Distribution/habitat use of species
- Data Collection and Research
- Habitat and Prey Selection of Lions
- Elephant Monitoring & Study
- Work at the Born Free Foundation
- General Game Drives and Walks
- Night Drives
- Field Skills and Survival Training
- Community Development



COMMUNITY DONATION BAGS

AFRICA

Community GAP Donation Bags

- A project favourite – games for the elderly
- Reading books and activity books (not sticker books)
- Stationery – pencil cases, pens, crayons, colouring pencils, chalk, plain and coloured paper
- Skipping ropes, tennis balls
- Jigsaws, puzzles, playing cards and games
- Football rugby and netball socks, boots, bibs and balls – **no sportswear**
- Pull ups (age 6 years and up)
- Incontinence pads (for the elderly)
- Plastic bowls and spoons (for pre-school)
- Sanitary towels/pads (no tampons or period pants)
- First aid kits (bandages and plasters)

NO clothes or sports wear (new or second-hand)

Follow instructions from your college about bringing in one good quality item from the list.

Your tutor can request a donation bag from GAP Africa Projects if space is limited.





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ACCOMMODATION & LIFESTYLE

Life in the African Bush

ACCOMMODATION & LIFESTYLE

AFRICA



ANY QUESTIONS?

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Q&A PRESENTATION 10

ACCOMMODATION & LIFESTYLE

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ANY QUESTIONS?

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Q&A PRESENTATION 11

Sample Menu - Shamwari

Day 1	Day 2	Day 3	Day 4	Day 5
Cereals Toast Muffins Fruit	Cereals Toast Oats Fruit	Cereals Toast Flapjacks Fruit	Bacon Fried Eggs French Toast	Scones Fruit Cereals Toast
Hot Dogs Mustard Tomato Ketchup Salsa Simba Chips	Sandwich Crisps Fruit	Sausage Rolls Greek Salad Jungle Bars	Wraps Pasta Salad Jungle Bars	Chicken Burgers Chili Mayo Crisps Fruit
Lamb Potjie Beetroot Green Salad	Grilled Chicken Pap Cakes Relish Greek Salad Carrots Salad	Veggie Bake Potato Mash Mixed Leaves Bean Salad	Spaghetti Bolognaise Cheese Green Salad	Beef Kebab Sweet Potato Creamy Spinach Green Salad

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure.



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ADDITIONAL ACTIVITIES & EXCURSIONS

Your free time on project

1 DAY – PENGUIN & PIER

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Visit the popular Port Elizabeth (PE), officially renamed Gqeberha. Take a stroll along the beachfront and browse the vibrant market stalls. Tour at the Seabird Rescue Centre specialising in the critically endangered African penguin. Lunch will be arranged at beachfront restaurant.

Itinerary

08:00 – Pick up at project

09:30 – Boardwalk Mall, Beachfront Markets and Hobie Pier

11:00 – SANCCOB Seabird Rescue Centre Tour

12:00 – Lunch at restaurant (Own Account)

13:00 – Hobie Beach

17:00 – Arrive at project

£55.00 pp

Included

Professional guide

Comfortable 14 – 22 seater vehicle with trailer

SANCCOB (Southern African Foundation for the Conservation of Coastal Birds)

Transfers to/from accommodation

Excluded

Curios, tips and extra activities

Lunch



STAY AT BASE – SHAMWARI ACTIVITIES

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There is a list of indoor and outdoor activities available right at the lodge. So, if you like, stay at 'home' and participate in some or all these activities!

No charge – on site lodge activities

- Potjie competition – challenge in teams cooking on open fire
- Swimming pools
- 20min hiking trail in the garden, birding in the garden
- Library, pool table, finger board, dart board
- Football and volleyball
- Croquet

Charged activities

Spa treatments – community project

- Facials
- Nails
- Hair braiding

Shamwari Xhosa Village Tour

- 2hr tour

Target Shooting

- 2hr
- Gun safety, target shooting with semi-auto rifle

Any activities booked and paid for locally are not covered under GAP Africa Project's personal liability insurance.





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PRE DEPARTURE INFORMATION

Travel details

FLIGHT INFORMATION

AFRICA

Departure from the United Kingdom | Arrival to South Africa

Check in: 11.50 Manchester Airport Terminal 2

Flights

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA1369	04/01/2026	Manchester (MAN)	14:50	London Heathrow (LHR)	16:00
BA57	04/01/2026	London Heathrow (LHR)	21:15	Johannesburg (JNB)	10:20 + 1 Day
FA534	05/01/2026	Johannesburg (JNB)	13:05	Port Elizabeth (PLZ)	14:50

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece checked baggage @ 20kgs, 1 piece hand baggage max dimensions 56x33x23cm

Johannesburg OR Tambo Airport

Clear immigration & collect baggage to clear customs. Meet GAP representative by the statue in the arrivals hall who will assist with your transfer.

Port Elizabeth Airport

Meet and Greet at PLZ Arrivals Hall
Transfer to Shamwari Game Reserve



Departure from South Africa | Arrival to United Kingdom

Flights

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA374	17/01/2026	Port Elizabeth (PLZ)	15:25	Johannesburg (JNB)	17:05
BA54	17/01/2026	Johannesburg (JNB)	22:00	London Heathrow (LHR)	07:25 + 1 Day
BA1366	18/01/2026	London Heathrow (LHR)	10:40	Manchester (MAN)	11:45

*Always check the flight timings on your final document

Baggage Allowance – 1 piece checked baggage @ 20kgs, 1 piece hand baggage max dimensions 56x33x23cm

Return Journey

Transfer from Shamwari Game Reserve.
Check in at the FlySafair check-in desk.

Cabin Baggage



Rucksack (not trolley suitcase)
No larger than 56x33x23cm

Hold Baggage



One piece maximum 20kg

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

TRAVEL DOCUMENTS

AFRICA

Travel Documents

- Final Documents Issued 22/12/2025
- Emailed to your personal and/or college email address
- Print and take copies
- Boarding passes issued at the airport
- Passports!



Group Web Page & Travel Documents

FAQs and House Rules

📄 Student Frequently Asked Questions - Click to Download

📄 Student Guidelines and House Rules - Click to Download



Student - Frequently Asked Questions	
Contents	
Pre-Departure	2
1. What documents should I receive from Gap Africa?	2
2. What travel documents are required?	2
3. What should I bring?	2
4. What should I wear?	3
5. What should I expect?	3
6. What are the house rules?	3
7. What are the house rules and contacts?	3
8. What are the house rules and contacts?	3
9. What are the house rules and contacts?	3
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Gap Africa Projects - General Guidelines and House Rules:

As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines:

1. Timeliness and Curfew: I commit to respecting designated timings, including early mornings and curfew times.
2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture.
3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants.
4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities.
5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during any activities.
6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited.
7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency.
8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before travel.
9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am a picky/fussy eater.
10. Insurance: I agree to obtain appropriate travel and medical insurance that covers all activities during the trip.

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

<https://gapafricaprojects.com/26-4740/>



AFRICA

USEFUL INFORMATION

Recommended Kit List and
other Useful Information

Suggested kit list

To allow for ease of transfer to the project a soft holdall/ soft suitcase is preferred.

- Short and long sleeve t-shirts
- Long work trousers and shorts (or work/zip-off trousers)
- Hiking boots/comfortable walking shoes to work in every day
- Waterproof jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded jacket/windbreaker (Winter months) although it can get very cold on an open vehicle even in summer
- Socks
- Underwear
- Change of casual clothes for evenings
- Sandals / comfy shoes to wear after work hours
- Warm hat (Winter only) / Hat for sun protection (all year)
- Gloves for warmth (Winter only)
- Working gloves
- Daypack rucksack
- Swimwear
- Sunscreen and Sunglasses
- Personal medical items
- First aid kit
- Toiletries
- Tick / Insect repellent
- Water bottle

Other useful items:

- Binoculars
- Camera
- Power bank
- Good torch

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required. However, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

Drinking Water:

Drinking water is available at the project; always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area.

<http://www.sa-venues.com/malaria-risk-areas.htm>

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.



<https://www.true Traveller.com/?tag=4480>

Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Visa Requirements















A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

USEFUL INFORMATION

AFRICA

Climate

4	5	6	7	8	9	10
						
28° 17°	31° 16°	31° 14°	28° 13°	28° 14°	29° 15°	31° 14°
11	12	13	14	15	16	17
						
29° 15°	28° 15°	29° 16°	31° 14°	29° 14°	29° 14°	30° 15°
18	19	20	21	22	23	24
						
32° 18°	32° 16°	29° 17°	32° 14°	29° 15°	30° 17°	32° 16°

Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

On day trips/excursions it is also a nice gesture to show your appreciation for the guide.

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used.

Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers:



<https://wise.prf.hn/l/XZJx9gq>

Phones & Internet

Mobile phone coverage is good at Shamwari, although there may be some areas on the reserve where there isn't any coverage. Using an eSIM or purchasing a SIM card at the airport is another option.

Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS.

Benefits of an eSIM







- Unlimited Data Plans
- Uses both Vodacom and MTN the two major networks in South Africa
- Keep your WhatsApp number
- Immediate Delivery



<https://shorturl.at/sxE29>

Holafly

A grid of six benefit cards for Holafly eSIM. Each card features an icon, a title, and a short description.

 Unlimited data Enjoy unlimited data while traveling to numerous destinations worry-free. Learn more	 Keep using your favorite apps Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.	 Keep your WhatsApp number You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.
 24/7 Customer Support In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.	 Fast and Reliable Internet Connection Connect to the best networks at your destination and get internet that's both reliable and fast.	 Enjoy dual SIMs Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

USEFUL INFORMATION

AFRICA

Trip Clothing

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle



<https://hyvfsu-vu.myshopify.com/>



SIZES	XS	S	M	L	XL	XXL	3XL	4XL	5XL
A - Half Chest	49	51	56	61	65	69	73	78	83
B - Body Length	64	67	70	73	76	79	82	86	90
C - Sleeve Length	57.5	59	60.5	62	63.5	65	66.5	68.5	70.5

All garment measurements are shown in centimetres (cm). Garment sizes are approximate and for guidance only.

SIZES	XS	S	M	L	XL	XXL	3XL	4XL	5XL
To Fit Chest Size	34 inch	36 inch	40 inch	44 inch	48 inch	52 inch	56 inch	60 inch	64 inch



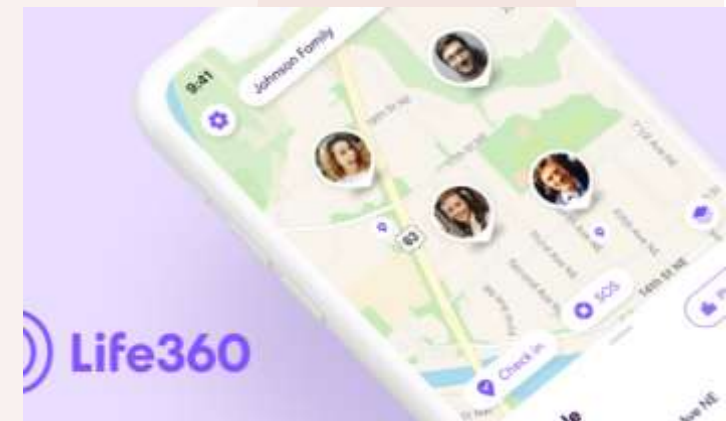
Useful Apps for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightradar24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.

Merlin Bird App





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Explore our network of Global Adventure Projects:



GLOBALADVENTUREPROJECTS.COM

