



# ACTIVATE LEARNING COLLEGE PROJECT PRESENTATION



## South Africa Group Sports Coaching Tour

**AFRICA**

**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

# ABOUT US:

AFRICA

## GAP Africa Projects

- We are a specialised travel company that offers academic trips and volunteering opportunities for groups and individual travellers, in a number of locations worldwide
- We pride ourselves on curating experiences which are personalised to your needs and requirements
- Our first project travelled in 2012
- Full ATOL Bonding
- Working with 55 Colleges and Universities around the UK
- A small dedicated team in the UK and South Africa





**AFRICA**

# ABOUT THE PROJECT

Project overview, location and the sports coaching tour in more detail

# ABOUT YOUR PROJECT

AFRICA

## Your Sports Coaching Trip Explained

- A unique sports coaching & community project based in the Eastern Cape of South Africa
- Working in schools and community centres to help coach local children in sports
- Tailor-made activities to suit your needs and interests
- Project activities include
  - Sports development
  - Sports coaching in township communities & local schools (Primary and Secondary)
  - Community development – English and maths
  - Trip to a Local Game reserve
  - Trip to Jefferys Bay
  - Sandboarding
  - 5-a Side Football
  - Riverboat Cruise



# ABOUT YOUR PROJECT

AFRICA

## Sports Coaching Tour with United Through Sport – Location



# ABOUT YOUR PROJECT

AFRICA

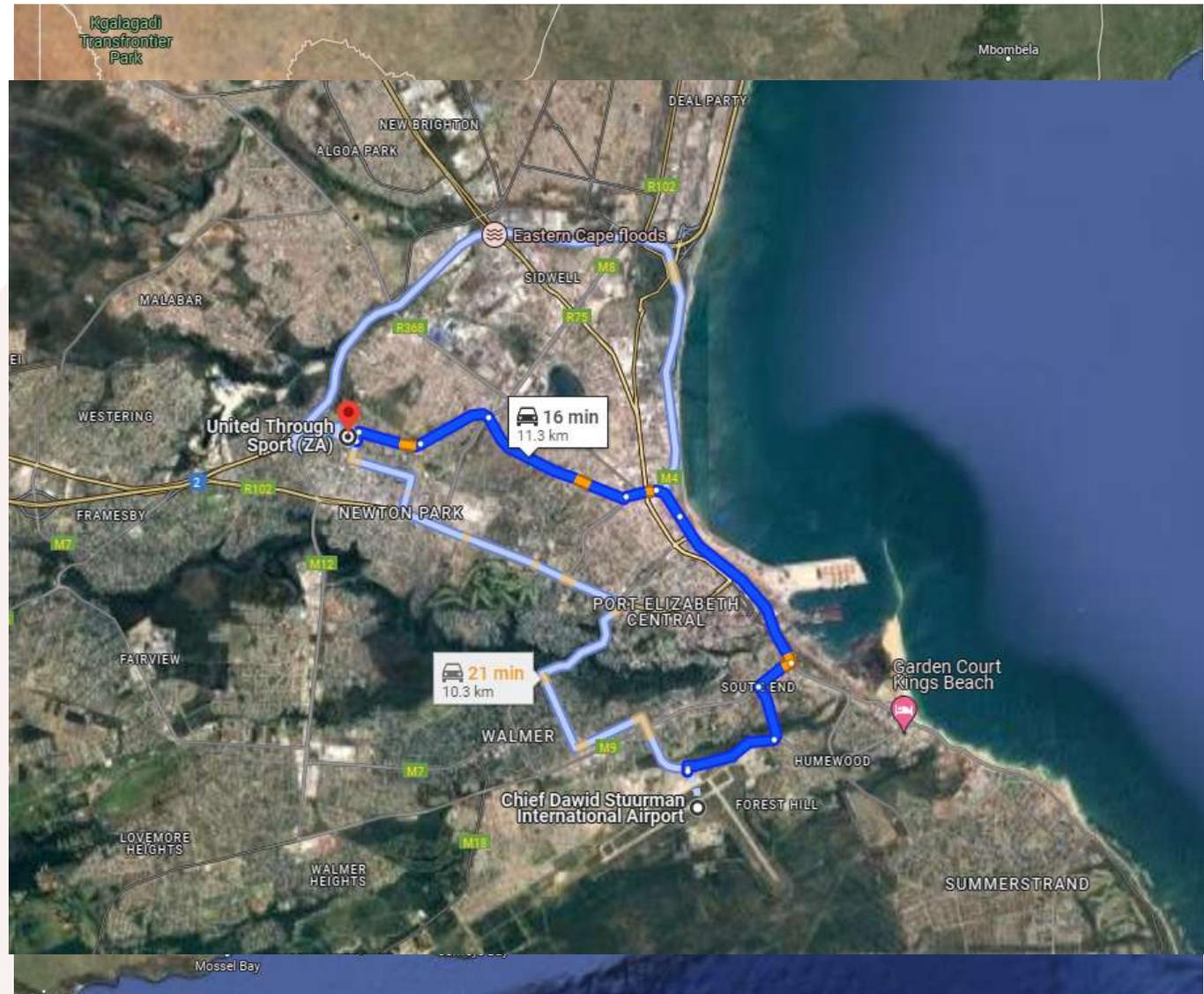
## Project Location

Located in Port Elizabeth in the Eastern Cape

Charity – United Through Sports



United  
Through  
Sport



# ABOUT YOUR PROJECT

AFRICA

## Project Overview

- Sports Coaching and Development Activities
- Other sessions will include one-to-one reading, basic maths sessions
- Socialising and playing with the young children
- Basic sport coaching
- Football talk



# ABOUT YOUR PROJECT

AFRICA

## United Through Sport – Transforming lives through sport

- Worked in Port Elizabeth since 2005 with aged 5+ from disadvantaged communities
- Using the power of sport to help children and youth to escape poverty
- Worked with over 150,000 children
- 93% of children performed better in fitness tests
- 96% improvement in HIV and AIDS awareness
- 87% improvement in school attendance



# ABOUT YOUR PROJECT

AFRICA

## Keep Active

Your role as a volunteer sports coach in South Africa will be to run and supervise all training and matches for the players in the local townships and schools in the surrounding area.



# ABOUT YOUR PROJECT

AFRICA

## Keep Active



ANY QUESTIONS?

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# ABOUT YOUR PROJECT

AFRICA

## Learn to Move Program



ANY QUESTIONS?

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# ABOUT YOUR PROJECT

AFRICA

## Learn to Move Program



ANY QUESTIONS?

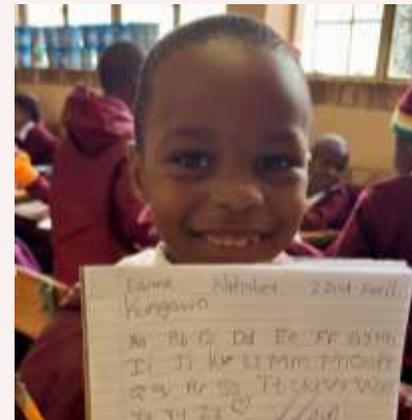
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# ABOUT YOUR PROJECT



## Lead to Read



# ABOUT YOUR PROJECT



## Early Years



# ABOUT YOUR PROJECT

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## Lead to Read



ANY QUESTIONS?

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# ABOUT YOUR PROJECT

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## Sports Games

New for 2026

Sports training and friendly games

2 x friendly fixtures (per team) v local opposition  
(based on 2 x rugby & football and 1 x netball teams)

1 x self-led training session at local facility

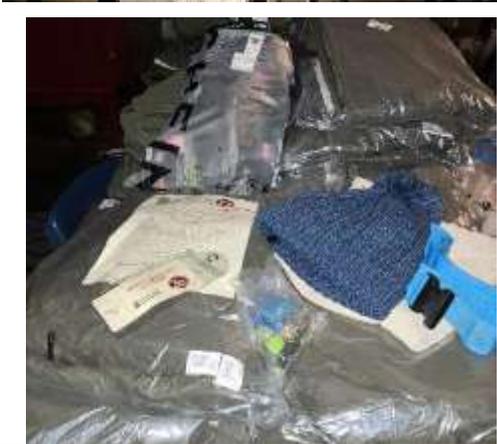
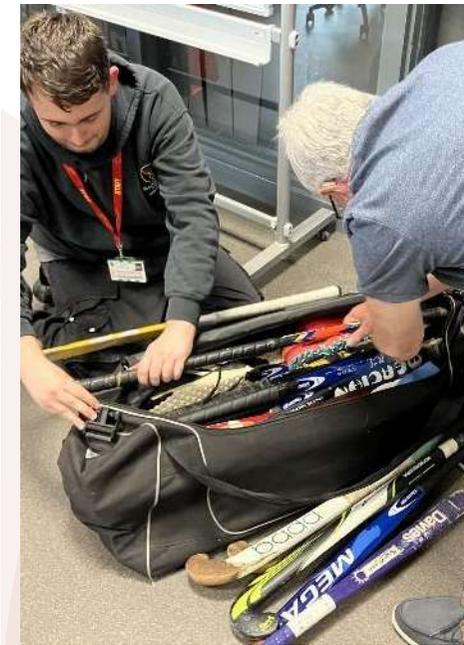


Note: this will depend on the number and ability of students travelling

# ABOUT THE PROJECT

AFRICA

## Community – GAP Donation Bags



ANY QUESTIONS?

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**AFRICA**

# WEEKEND EXCURSIONS

Your free time on project

# ACTIVITIES & EXCURSIONS

AFRICA

## Activities/Excursions

During your project there will be some free time, where you'll be able to do some additional activities. These are optional.

Examples include:

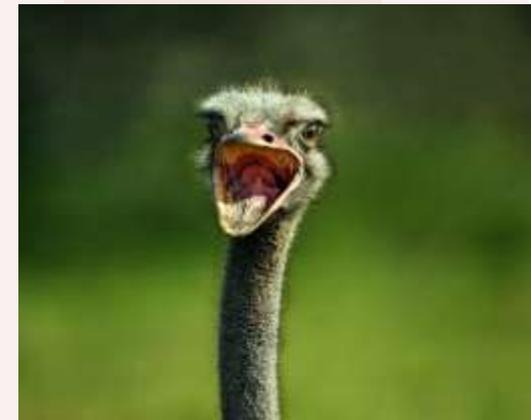
- Visit to Kragga Kamma (a local wildlife park)
- Visit to Jeffrey's Bay (home of surfing South Africa)
- Visit to the Penguin and Seabird Rescue Centre
- Sundays River boat trip and beach Braai (BBQ)



# ACTIVITIES & EXCURSIONS

AFRICA

## Kragga Kamma Game Park



# ACTIVITIES & EXCURSIONS

AFRICA

## Day Trip to Jeffrey's Bay (J Bay)



# ACTIVITIES & EXCURSIONS

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## Penguin and Seabird Rescue Centre



ANY QUESTIONS?

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# ACTIVITIES & EXCURSIONS

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## River Cruise, Dancing, Dinner & Shopping



ANY QUESTIONS?

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PROJECT PRESENTATION 23

# ACTIVITIES & EXCURSIONS

AFRICA

## Parkrun (Hobbie Beach)



# ACTIVITIES & EXCURSIONS

AFRICA

## 5-a-Side Football



ANY QUESTIONS?

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# ABOUT YOUR

AFRICA



United  
Through  
Sport



**AFRICA**

# **ACCOMMODATION & LIFESTYLE**

Life in the Eastern Cape



# ACCOMMODATION & LIFESTYLE

AFRICA

## Accommodation

Your accommodation is basic but comfortable, you will stay in a dormitory style room, with shared toilet and shower facilities.

The accommodation has a very sociable atmosphere, you will find it a great place to relax and unwind in the evenings.

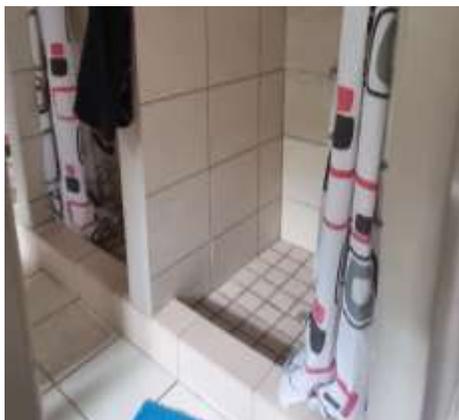
The accommodation is also centrally located near to your volunteer project with shops and other useful amenities a short walk away.



# ACCOMMODATION & LIFESTYLE

AFRICA

## Accommodation



ANY QUESTIONS?

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# ACCOMMODATION & LIFESTYLE

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## Food at the project

Three meals are provided a day prepared by the kitchen staff. The food is basic but nutritious.

Breakfast will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

## Dietary Requirements

Provision can be made for Vegetarian & Vegan diets and for those who have a medical condition such as Coeliac disease that requires a Gluten Free Diet and for those with severe allergies to dairy, eggs or nuts.



A young boy in a blue shirt and orange life vest is seen from behind, looking out at a beach. A woman in a black and orange life vest is smiling next to him. The background shows a beach with people, buildings, and a cloudy sky.

**AFRICA**

# BOOKING YOUR ADVENTURE

The next steps to the trip of a  
lifetime!

# WHY SHOULD I TRAVEL?

AFRICA

## What do previous travellers say about the Sports Coaching Tour?



"It was the most **amazing** experience I've ever had."



"I learnt so many new things that have **educated** me **beyond** classroom curriculum."



"There wasn't a single experience that didn't **amaze** me and make me feel **enriched**."

Reference: GAP Africa Projects Post Project Trip Questionnaire 23/24

# WHY SHOULD I TRAVEL?

AFRICA

## What do previous travellers say about the Sports Coaching Tour?



"It has inspired me to look into overseas **volunteering** opportunities next year."



"I have returned home feeling more self-confident and **independent**, it was brilliant."



"I am more **humbled**. I now know what I want to do moving forward career-wise."

Reference: GAP Africa Projects Post Project Trip Questionnaire 23/24

# WHAT'S INCLUDED

AFRICA

## What is Included?

- Flights
- Transfers to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- Airport meet/greet
- 24/7 In country support



## NOT Included

- Personal Travel Insurance \*
- Meals on travel days – before arriving & after departing from project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

\* We recommend that you take out personal travel insurance as soon as your booking is confirmed.

# THE NEXT STEPS

AFRICA



## Project dates & key deadlines

### Confirmed travel dates:

Depart UK: 18<sup>th</sup> October 2026 | Arrive SA: 19<sup>th</sup> October 2026

Depart SA: 29<sup>th</sup> October 2026 | Arrive UK: 30<sup>th</sup> October 2026

### Trip cost:

£2495.00\* Based on a group of 18 (confirmed once flights have been held)

### Key deadlines are:

- Return online booking form by xx/xx/2025
- Deposit payment, £300.00 by xx/xx/2025
- 50% instalment payment of £1097.50 to be paid by 29/06/2026
- Balance payment of £1097.50 to be paid by 24/08/2026
- 05/10/2026 e-Tickets & final documents will be issued

# BOOKING YOUR ADVENTURE

AFRICA

## Booking Form

- Please submit by **xx/xx/2025**
- No deposit required at this stage of booking
- Passport fields not mandatory

## Key deadlines are:

- Deposit of £300 to confirm placement
- Instalment payment of 50% due 16 weeks before departure
- Balance payment due 8 weeks before departure

**GAP Africa Projects**

AFRICA PROJECTS | SOCIAL MEDIA | AFRICA PROJECTS | WHO WE ARE | BOOK | GET IN TOUCH

CALL: +44 (0)207 1937819 | EMAIL: INFO@GAPAFRICAPROJECTS.COM

### BOOKING FORM

(NB: Your name should be given as displayed on your passport)

Title \*

Name \*

Date of birth \*

Address \*

Telephone \*

Mobile \*

Email 1 \*

Email 2 \*

(NB: Please note that all booking correspondence will be sent via Email)

Passport no.

Passport Issue Date

# THE NEXT STEPS

AFRICA

## Confirmation Documents

Confirmation documents will be issued and sent directly to you via email.

Please communicate with us with any questions relating to the field trip.



**Dear Chloe,**

Thank you for agreeing to book with Gap Africa Projects as part of the 6x hotel Chicago trip to Zulu and Conservation Research. Please take the time to look through this document and check that everything is correct.

We have received your deposit payment and your payment is now confirmed against the details below. The final balance and due date is detailed on your invoice.

Please remember that you can contact me to discuss anything in this document as well as any other aspect of your reservation and I am so glad to be your personal travel advisor for the entirety of your placement.

Warm regards,  
The GAP Africa Team

**Passengers Travelling**  
Miss Chloe  
Placement(s)  
Zulu Land Conservation Research [04/03/23 - 18/03/23]

**Inclusions**  
Flights, shared road transfers to and from Project, accommodation for duration, all meals and all project activities.

**Exclusions**  
Insurance: any activities undertaken that are not included as part of the project.

**Your Flight(s)**

Flight	Class	Depart	Arrive	From	To
04/03/2023	D	15:00		Manchester (MAN)	
04/1209	A	18:00		London Heathrow (LHR)	
05/03/2023	D	18:20		London Heathrow (LHR)	
0405	A	07:25 + 1 D		Johannesburg (JNB)	
18/03/2023	D	20:15		Johannesburg (JNB)	
0405	A	10:50 + 1 D		London Heathrow (LHR)	
19/03/2023	D	09:35		London Heathrow (LHR)	
041300	A	19:40		Manchester (MAN)	

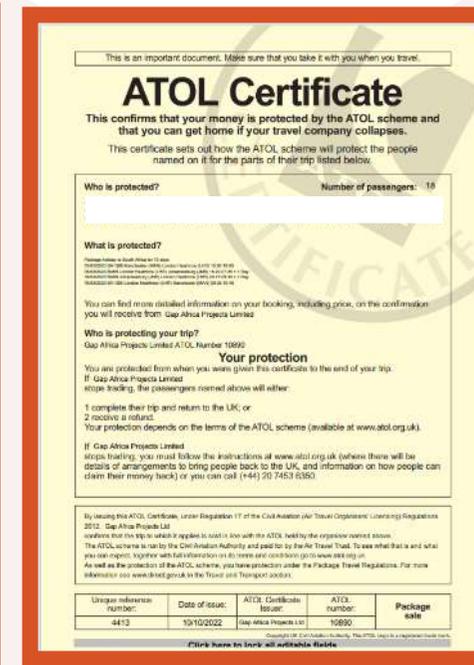
**Your Booking**  
Travel Advice  
Names and spellings  
Passport expiry date  
Passport Copies  
Travel insurance

**mark.booth@gap-africa-projects.com**  
+44 (0) 207 193 7819



**CONFIRMATION INVOICE**

Gap Africa Projects  
100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000.



**ATOL Certificate**

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.

This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip listed below.

**Who is protected?** Number of passengers: 10

**What is protected?**

You can find more detailed information on your booking, including price, on the confirmation you will receive from Gap Africa Projects Limited.

**Who is protecting your trip?**  
Gap Africa Projects Limited ATOL Number 10890

**Your protection**  
You are protected from when you were given this certificate to the end of your trip.  
If Gap Africa Projects Limited stops trading, the passengers named above will either:

- 1 complete their trip and return to the UK, or
- 2 receive a refund.

Your protection depends on the terms of the ATOL scheme (available at [www.atol.org.uk](http://www.atol.org.uk)).

If Gap Africa Projects Limited stops trading, you must follow the instructions at [www.atol.org.uk](http://www.atol.org.uk) (where there will be details of arrangements to bring people back to the UK, and information on how people can claim their money back) or you can call (444) 20 7463 6360.

Unique reference number	Date of issue	ATOL Certificate issuer	ATOL number	Package sale
4413	19/10/2022	Gap Africa Projects Ltd	10890	

[Click here to view all available flights](#)

# BOOKING YOUR ADVENTURE

AFRICA

## Group Web Page

<https://gapafricaprojects.com/26-4819/>



## Booking Form

<https://gapafricaprojects.com/booking-form-26-4819-alc-spc-activate-college/>



**BOOKING FORM**

Your Global Adventure Starts here!

Please use the form below to submit your provisional booking to your selected project. You have the option to pay your initial deposit with the submission of your booking form, or we will contact you for payment once your project placement has been secured.

If you'd like to contact us to ask any initial questions or find out more about what project you'd like to go on and when, you can get also get in touch using our short enquiry form, or by calling +44 (0) 207 193 7819.

(NB: Your name should be given as displayed on your passport)

Title \*

Name \*

Date of birth \*

Address \*

## Sustainability & Social, Economic Responsibility

**Local employment from rural communities** – our project partners employ a high percentage of staff from local communities. They advocate training to advance careers in hospitality, wildlife and conservation.

**Low environmental impact camps** – our project bush camps are built with minimal impact on the environment. Resources from the surrounding area are utilised for buildings, water is (where possible) pumped from local river sources and green energy supplies, such as solar are championed.

**Community donations and support** – we encourage all our international study groups to be proactive in donation collections and arrange for excess baggage for said donations to be taken out to South Africa in support of the local communities.

**Move Africa, supporting young females** – 3 in 10 girls in South Africa miss a week of school every month because they cannot afford basic sanitary products. Our project partners work with Move Africa alongside their partner NGOs, to distribute menstrual cups to the local communities and provide education workshops.

**Rhino Art** – Project rhino realises the enormous responsibility the youth have to ensure our wildlife is protected for many generations to come. They ensure they can reach and educate as many kids as possible through Rhino Art, using art workshops to teach about conservation. This initiative is supported by our local project partners.

**Food/crop education** – our project partners encourage food and crop education to rural communities, where cost of living to low income families and distance travelled to obtain basic resources can prove problematic. Projects include community allotments and providing education on best practice for crop rotations, harvest seasons and nutrition.

**Recycling workshops** – Litter, and in particular plastics, is a major issue and threat to the ecosystem in Southern Africa. Rural communities have limited waste removal available and it is therefore a problem escalating at an alarming rate. Recycling workshops are provided through local schools to help educate children on the importance of correctly disposing of litter and recycling plastics.



**“Sport has the power to change the world...it has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair. It is more powerful than government in breaking down racial barriers.”**



**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.



**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

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