



Veterinary Nurse Group PRE-DEPARTURE PACK



KwaZulu-Natal Wildlife & Veterinary Project

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



TRIP OVERVIEW

AFRICA

Veterinary Nurse Group – Booking Reference 4665

Trip Dates:

31st August 2025 – 14th Sept 2025

International Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
VS449	31/08/2025	London Heathrow (LHR)	22:15	Johannesburg (JNB)	10:20 + 1 Day
VS450	13/09/2025	Johannesburg (JNB)	20:40	London Heathrow (LHR)	06:45 + 1 Day

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece of checked baggage @ 23kgs & 1 piece of hand baggage @ 10kgs and max dimensions 56x36x23 cms

Project:

KwaZulu-Natal Wildlife & Veterinary Project – Nambiti Game Reserve & Zingela Wilderness Reserve

Arriving in South Africa

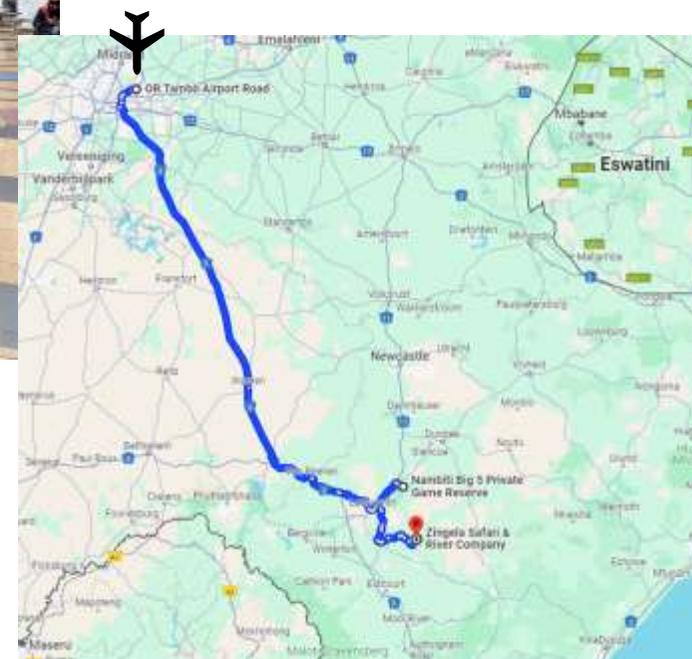
Upon arrival at Johannesburg International Airport you must clear passport control and collect your baggage from baggage reclaim before heading into the arrivals hall.

Either Carmen or Lesedi, the GAP Africa Projects representative, will meet you **next to the statue** as you come into the arrivals hall.

They will be there to assist you to your transport with Champagne Shuttles who are transferring you to Nambiti Game Reserve, a drive of approximately 5 hours.

The driver will stop at a shop on the way for you to get snacks, drinks etc.

If for any reason you cannot locate the representative. please call Lundy Bredberg on 27(0) 81 816 2541.



CONTACT DETAILS

AFRICA

Address

Nambiti Game Reserve
Nambiti North Gate
Kwazulu Natal, Ladysmith 3370
South Africa

Nambiti Landline

Telephone: +27 (0) 36 631 9026

Mobile

+27(0) 81 816 2541
Lundy Bredberg (Project Manager)

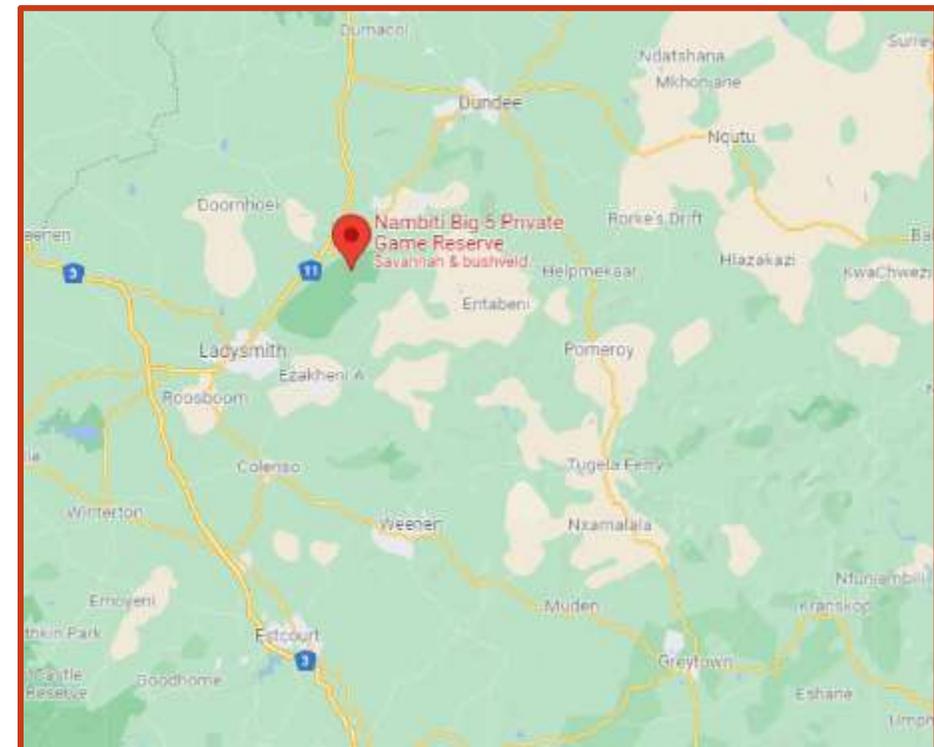
Gap Africa Projects

+44 (0) 744 260 1694

24 Hour Emergency Only

Gap Africa Projects In Country Contact:

+27 (0) 79 313 2276 Carmen Warmenhove



CONTACT DETAILS

AFRICA

Address:

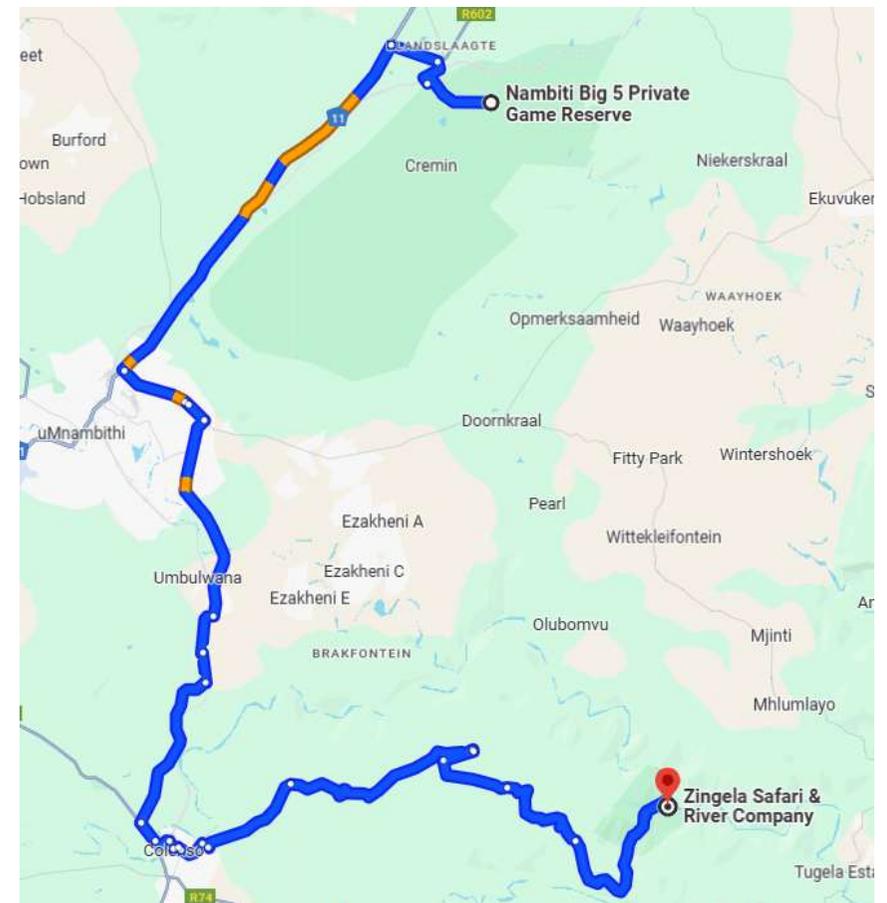
Zingela Game Reserve
3 Bloukrans Road
Weenen 3325
South Africa

Zingela Landline:

Telephone: +27 (0) 36 786 0007

Mobile:

+27 (0) 84 734 3552
Dr. Peter Calverley (Manager)



Game Reserve Camps - Nambiti

In keeping with the Safari Adventure theme, groups are accommodated on the reserve in shared comfortable safari tents, with communal hot and cold showers and regular flushing toilets.

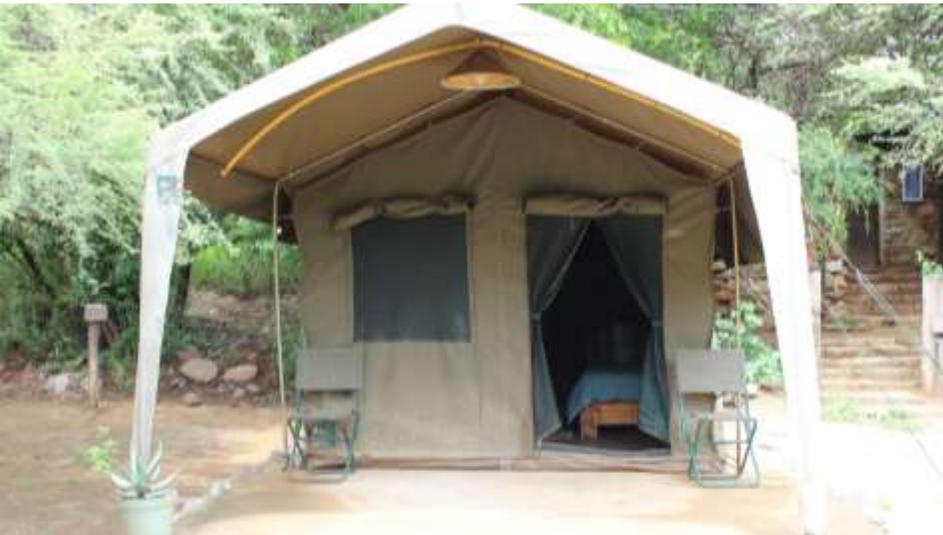
All meals are provided in a communal dining area. Students are expected to help clear up after meals.



ACCOMMODATION

AFRICA

Game Reserve Camps - Zingela



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

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ACCOMMODATION

AFRICA

Food at the project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised.

Please advise us of any dietary requirements in advance so we can ensure that you are adequately catered for.



Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts
(Or work trousers with zip-off longos)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker –(it can get very cold on an open vehicle – even on a summer evening)
- Daypack rucksack
- Microfibre sleeping bag liner – for extra warmth in winter
- Socks
- Hat for sun protection / Warm Hat (winter only)
- Working gloves
- Gloves for warmth (winter only)
- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent
- Personal medical items and First Aid Kit
- Binoculars
- Sunscreen & Sunglasses
- Torch/headlamp
- Water bottle

Other useful items:

- Stethoscope
- Surgical gloves
- Camera
- Power bank
- Mammal/bird book
- Notebook/diary and pen
- Lip balm

* All work clothes should be neutral or earth tones.
No skimpy/revealing or brightly-coloured clothing.

USEFUL INFORMATION

AFRICA

Climate

Nambiti/ Zingela

S	M	T	W	T	F	S
31	1	2	3	4	5	6
						
22° 9°	26° 11°	26° 11°	27° 11°	27° 12°	28° 11°	27° 8°
7	8	9	10	11	12	13
						
25° 7°	23° 8°	24° 8°	23° 8°	23° 9°	27° 11°	25° 11°

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use debit/credit/travel cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used. Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

<https://wise.prf.hn/l/XZJx9gq>



Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

Phones & Internet

Mobile phone coverage is average at Nambiti, although there may be some areas on the reserve where there isn't any coverage. However, there is no signal at Zingela. Using an eSIM or purchasing a SIM card at the airport is another option.

Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS

Benefits of an eSIM

- Unlimited Data Plans
- Uses both Vodacom and MTN the two major networks in South Africa
- Keep your WhatsApp number
- Immediate Delivery



Holafly

A screenshot of the Holafly website's benefits page. It features six icons arranged in a 2x3 grid, each with a title and a short paragraph of text. The icons are: an infinity symbol for 'Unlimited data', a smartphone for 'Keep using your favorite apps', a speech bubble for 'Keep your WhatsApp number', a chat bubble for '24/7 Customer Support', a rocket for 'Fast and Reliable Internet Connection', and a SIM card for 'Enjoy dual SIMs'.

<https://shorturl.at/sxE29>

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area.

<http://www.sa-venues.com/malaria-risk-areas.htm>

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.

<https://www.true Traveller.com/?tag=4480>



Load Shedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.



Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

WHAT'S INCLUDED

AFRICA

What is included?

- Flights
- Transfers to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- ATOL protection
- Airport meet/greet
- 24/7 In country support

NOT Included

- Personal Travel Insurance *
- Meals on travel days – before arriving & after departing from the project.
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

* We recommend that you take out personal travel insurance as soon as your booking is confirmed.





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