

Northumberland College Q & A Presentation



GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.



KWAZULU-NATAL PROJECT OVERVIEW

Overview and location of the project

KwaZulu-Natal Conservation Research Project-Location



City Lodge Hotel OR Tambo International Airport

As you arrive in South Africa in the afternoon, you will be staying at the City Lodge Hotel situated in the airport terminal, rooms will be shared, and a buffet dinner and breakfast will be included.

You will leave the hotel nice and early on 22/07/2025, arriving at Nambiti by lunch time.







Nambiti Game Reserve

Nambiti Game Reserve is a magnificent 23,000 acres of unspoiled wilderness boasting the Big 5 and incredible biodiversity (grasslands, riverine bush, savannah and thornveld) offering unprecedented diversity of wildlife.











Your Conservation Programme – Nambiti: 22/07/2025 – 27/07/205

Students will be taught and work alongside the field guides and conservation team. The following examples depict the day-to-day activities that may be undertaken as part of the project at Nambiti.

- Alien Vegetation Control / Reserve Maintenance
- Use of Telemetry Tracking
- Elephant Monitoring / Population Study
- Rhino Monitoring Awareness
- Anti-poaching talk and fence walk
- Camera Trapping
- Night Drives
- Big Five Bush Walk
- Habitat and Prey Selection of Predators
- Tracks, Signs and Spoor
- Community Development TBC
- Wildlife Veterinary Intervention





Zingela River Safari

Zingela Wildlife Reserve covers 12,500 acres of predator free, pristine African bushveld. You will have the opportunity to be involved with the research that takes place at the property;. You will also have the chance to participate in a host of activities during your stay.









Your Conservation Programme – Zingela: 27/07/2025 – 02/08/205

Students will be taught and work alongside the field guides and scientific team. The following examples depict the dayto-day activities that may be undertaken as part of the project at Zingela Reserve.

- Spatial Distribution and Habitat use of species
- Use of Telemetry Tracking
- Giraffe migration and Conservation Project
- Reptile pit fall traps
- Freshwater Ecology
- Mini SASS
- Fish Tagging
- Bird Ringing
- Educational Bush Walks Ecology & Botany
- Tracks, Signs and Spoor
- Camera Trapping and data processing
- Community Veterinary Interactions





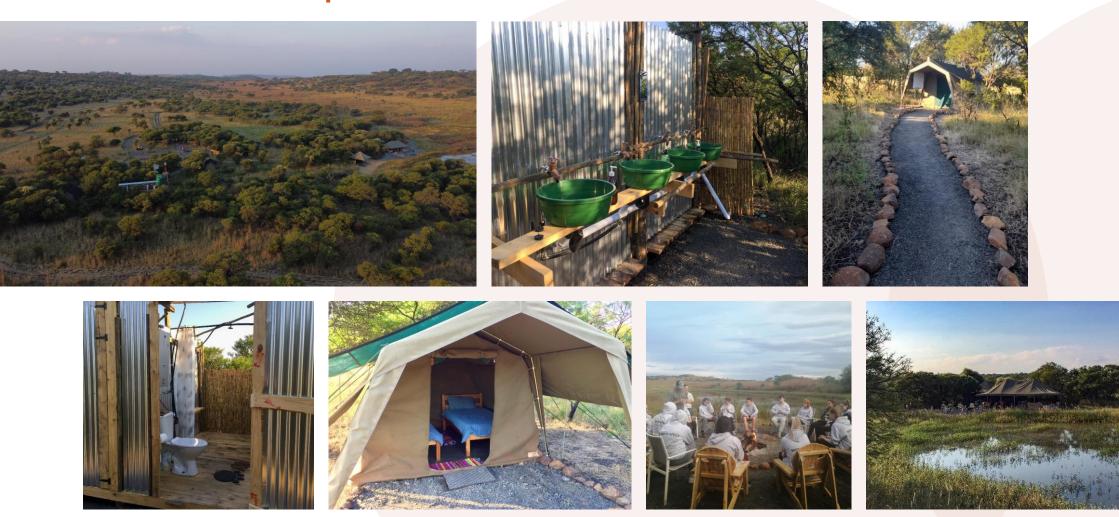




ACCOMMODATION & LIFESTYLE

Life in the African Bush

Game Reserve Camps - Nambiti



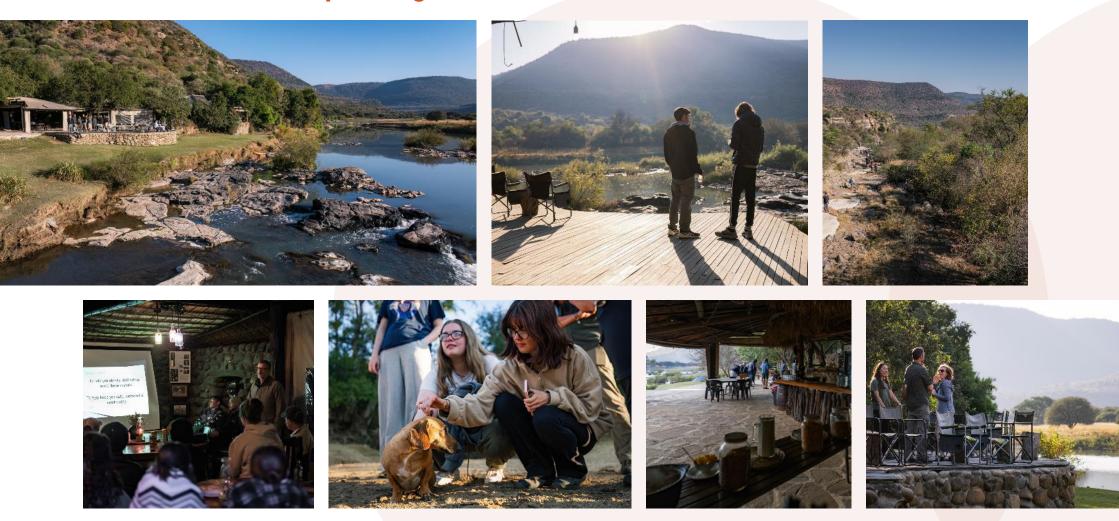
Game Reserve Camps - Nambiti



Game Reserve Camps - Zingela



Game Reserve Camps - Zingela



Food at the project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often org<mark>anised.</mark>

Please advise us of any dietary requirements in advance so we can ensure that you are adequately catered for.













MEALS

Sample Menu - Nambiti

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|--|---------------------------------------|------------------------------------|--|---|
| Scrambled eggs, savoury beans or mince or bacon toast (Jam, PButter) | Yoghurts, muesli, cereal, fruit | Pancakes, banana, fruit | Oatmeal porridge, fruit, toast & jam | French toast (Eggy bread) |
| Quiche & salad | Macaroni Cheese | Soup & homemade bread | Hotdogs | Braai broodjies (tomato, cheese, onion toasties on open fire) |
| Nachos (vegan or mince) | Beef stew & rice | Braai (Barbeque) with salads | Chicken ala King & rice | Chickpea curry mild |

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure.

ANY QUESTIONS? INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

MEALS

Sample Menu - Zingela

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|---|--|---|---|--|
| Venison wors, Eggs, Toast, fresh tomato | Bacon, Eggs, Toast, potatoes | Pork sausage, cheese & mushroom omelette, Toast | Bran muffins, grated cheese, jungle oats, Muesli, Yogurt & Fruit | Venison wors, Eggs, Toast, tomatoes & brinjals |
| Cold roast chicken with red spice & olive oil, salsa salad, homemade bread | Hamburgers, Chips, Salad | Bacon pizza & margarita pizza, salad | Mini Pulled Pork Pie, Chips, green salad | Macaroni Cheese, Green Salad, Homemade Bread |
| Spaghetti Bolognaise Malva Pudding & Homemade Custard | Braaied Portuguese chicken, Mashed Potato (in skins with cheese), Green Vegetable Pot Chocolate mousse | Venison Pie, Rice, stir-fried vegetables, salad Brownies & Cream | Chicken Curry, Rice, Flat bread, Pumpkin Fritters, green beans Banoffee pie | Pot roast, chicken sosaties, roast potatoes, stir-fry veg Smores |

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure.



PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A

FLIGHT INFORMATION

Departure from the United Kingdom | Arrival to South Africa

Edinburgh Airport

Check in at the Emirates check-in desk terminal 1 at 18:50

| Flight No | Flight Date | Dept. | Dept. Time | Arr. | Arr. Time |
|-----------|-------------|-----------------|------------|-------------|--------------|
| EK024 | 20/07/2025 | Edinburgh (EDI) | 21:50 | Dubai (DXB) | 08:15 +1 Day |

Dubai International Airport

Bags checked through. Check for the next departure and go to the gate.

| Flight No | Flight Date | Dept. | Dept. Time | Arr. | Arr. Time |
|------------------|-------------|-------------|------------|----------------------------------|-----------|
| EK763 | 21/07/2025 | Dubai (DXB) | 09:55 | Johannesburg (JN <mark>B)</mark> | 16:15 |

Johannesburg OR Tambo

Clear immigration & collect baggage to clear customs Meet and Greet at JNB Arrivals Hall Transfer to Nambiti, including a supermarket stop off

FLIGHT INFORMATION

Baggage Allowance



1x checked

Maximum weight 23kg



Hand Baggage

Maximum weight is 7Kg

FLIGHT INFORMATION

Departure from South Africa | Arrival to the United Kingdom

Collect from Zingela @ TBC

Johannesburg OR Tambo

Check in at the Emirates check-in desk terminal A

| Flight No | Flight Date | Dept. | Dept. Time | Arr. | Arr. Time |
|-----------|-------------|--------------------|------------|-------------|-------------|
| EK764 | 02/08/2025 | Johannesburg (JNB) | 19:10 | Dubai (DXB) | 05:25 + 1 d |

Dubai International Airport

Bags checked through. Check for the next departure and go to the gate.

| Flight No | Flight Date | Dept. | Dept. Time | Arr. | Arr. Time |
|------------------|-------------|-------------|------------|-----------------|-----------|
| EK035 | 03/08/2025 | Dubai (DXB) | 07:25 | Newcastle (NCL) | 12:05 |

Checked Baggage Allowance: 23KG

Hand Baggage Allowance: 7KG not exceeding 55cm x 38cm x 22cm

AFRICA

day

TRAVEL DOCUMENTS



Final Documents Issued: 07/07/2025

Emailed to your personal and/or college email address

Print and take copies

Boarding passes issued at the airport

Passports!









AFRICA

https://gapafricaprojects.com/25-4637/

TRIP DOCUMENTS

Group Web Page & Travel Documents

FAQs and House Rules

Student Frequently Asked Questions - Click to Download ٠

 \odot Student Guidelines and House Rules - Click to Download



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AFRICA

https://gapafricaprojects.com/25-4637/

Suggested kit list

- Short sleeve shirts
- Long work trousers
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker warm (it can get very cold on an open vehicle - even on a summer evening)
- Daypack rucksack
- Socks
- Warm Hat (in winter only) /Hat for sun protection (all year round)
- Working gloves
- Gloves for warmth (in winter only)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Swimming costume
- Toiletries
- Tick / insect repellent

Other useful items:

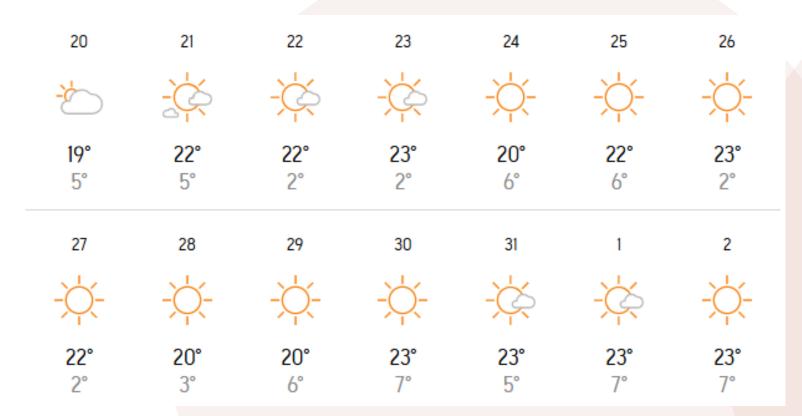
- Binoculars
- Head torch
- Water bottle
- Camera
- Sunglasses

- Personal medical items
- Cards/Games
- Sunscreen
- Mammal/bird book
- Notebook/diary and pen

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

Climate

Nambiti/ Zingela



Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used. Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

https://wise.prf.hn/l/XZJx9gq



Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

Phones & Internet

Mobile phone coverage is average at Nambiti, although there may be some areas on the reserve where there isn't any coverage. However, there is no signal at Zingela. Using an eSIM or purchasing a SIM card at the airport is another option.

Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards, but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS

Benefits of an eSIM

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa

https://shorturl.at/sxE29



∽ Unlimited data

Enjoy unlimited data while traveling to numerous destinations worry-free. <u>Learn more</u>

24/7 Customer Support In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need. ı'[]ı

Keep using your favorite apps Get that safe ride home, find that great restaurant, and pin the local attractions, all while

estaurant, and pin the local attractions, all while staying connected with your loved ones.

\$3

Fast and Reliable Internet Connection

Connect to the best networks at your destination and get internet that's both reliable and fast

Keep your WhatsApp number

AFRICA

You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.

:::

Enjoy dual SIMs

Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

https://travelhealthpro.org.uk/country/201/southafrica

Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

AFRICA

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area http://www.sa-venues.com/malaria-riskareas.htm

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

https://www.truetraveller.com/?tag=4480



You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip

Load Shedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.



Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Stay safe overseas - KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

https://www.gov.uk/browse/abroad/travel-abroad

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

http://www.dha.gov.za/index.php/immigration-services/exemptcountries

COMMUNITY PROJECTS

Community GAP Donation Bags

- Magazines
- Books for school library
- Educational posters
- Stationery
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Recyclable pads for Move Africa donation







Trip Clothing

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle





| SIZES | | xs | s | м | L X | L XXL | 3XL | 4XL | 5XL |
|--|---------|---------|---------|---------|--------|-----------|---------|---------|---------|
| A - Half Che | est | 49 | 51 | 56 | 61 6 | 5 69 | 73 | 78 | 83 |
| B - Body Len | gth | 64 | 67 | 70 | 73 7 | 6 79 | 82 | 86 | 90 |
| C - Sleeve Ler | ngth | 57.5 | 59 | 60.5 | 62 63 | 8.5 65 | 66.5 | 68.5 | 70.5 |
| All garment measurements are shown in centimetres (cm). Garment sizes are approximate and for guidance only. | | | | | | | | | |
| SIZES | xs | s | м | L | XL | XXL | 3XL | 4XL | 5XL |
| To Fit Chest Size | 34 inch | 36 inch | 40 inch | 44 inch | 48 inc | h 52 inch | 56 inch | 60 inch | 64 inch |



USEFUL APPS

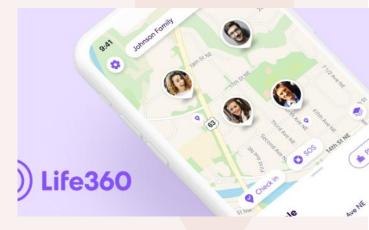
Useful Apps for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightrader24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.







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