

SRUC ABERDEEN Q&A Presentation

Shamwari Group Conservation Expedition

BY2

AFRICA

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

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ABOUT SHAMWARI GAME RESERVE

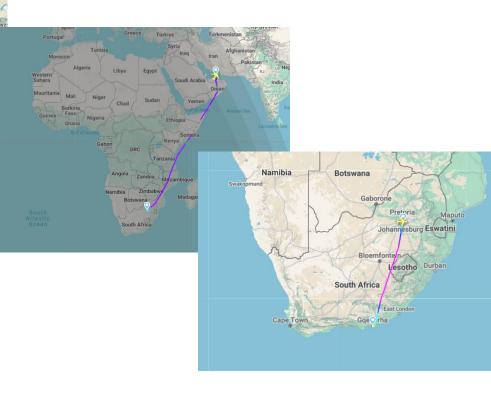
Project overview and location

ABOUT SHAMWARI

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Shamwari Game Reserve - Location







ANY QUESTIONS? INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

ABOUT SHAMWAR

Shamwari Game Reserve

- 25,000 Hectare Privately Owned Game Reserve
- A pioneer in conservation in Southern Africa
- Award winning conservation team including:
 - Wildlife Vets
 - Ecologists
 - Anti Poaching
- Home to Born Free Foundation
- Lodge dedicated for our groups



ABOUT SHAMWARI

Home to the BIG 5











ABOUT SHAMWARI

Home to over 60 Species of Mammal





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ABOUT THE PROJECT

Your Conservation Projects

- General Reserve Maintenance
- Alien Plant Eradication / Land Management
- Spatial Distribution/habitat use of species
- Data Collection and Research
- Habitat and Prey Selection of Lions
- Elephant Monitoring & Study
- Work at the Born Free Foundation
- General Game Drives and Walks
- Night Drives
- Field Skills and Survival Training
- Community Development











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LIFESTYLE & ACCOMMODATION

Life in the African Bush









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Breakfast Menu - Example

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Poppy seed	Vanilla	Buttermilk	Berry	Crispy	Cream	Scones
	Muffins	Oats	Flap Jacks	Smoothie	Bacon	Cheese	With
K 1					French T	Bread	Whipped
WEEK					Tomato		Cream
\$					Fried Eggs		
	Vanilla	Cinnamon	Banana	Banana	Pork Sausage	Рорру	Scones
	Muffins	Oats	Flap Jacks	Macadamia	Baked Beans	Seed	With Cheese n
				Smoothie	Creamy scrambled	Bread	Jam
¥ 2					egg		
WEEK 2					French Toast		
5							
	Carrots	Tasty	Wheatgerm	Tropical	Crispy	Banana	Soft Oatmeal
	And Zucchini	Wheat w <mark>ith</mark>	Flap Jacks	Fruit	Bacon	Bread	Bread
WEEK 3	Muffins	Berry Ca <mark>ulis</mark>		Smoothie	French T		
/EE					Tomato		
5					Fried Eggs		
	Blueberry	Tasty	Fluffy	Spinach	Pork Sausage	Orange	Scones
	Muffins	Wheat wi <mark>th</mark>	Flap Jacks	Green	Baked Beans	Sweet	
		Cream		Smoothie	Creamy scrambled	Loaf	
X 4					egg		
WEEK 4					French Toast		
\$							

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Lunch Menu - Example

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Early Arrivals	Chicken Burgers	Wraps	Sausage Ralls	Sandwich	Cold Lunch	Fat Cakes
	Veg Quich	Chilli Mayo	Pasta Salad	Tomato Ketchup	Simba Chips	Bread Ralls	Beef Mince
	Greek Salad	Apples Green	Sweet chilli Sauce	Greek Salad	Orange Juice	Lettuce	Apricot Jam
	Orange Juice	Simba Chips	Jungle Bars	Jungle Bars	Purified Water	Tomato	Cheese
	Fruit Bowl	Orange Squash	Seasonal Fruit	Pear	Apples Red	Potato Salad	Fruits
		Purified Water	Orange Juice				
WEEK 1							
	Hot Doggs	Chicken Pie	Build Yr Burger	Fried Chicken	Sandwich	Fish C <mark>akes</mark>	Pizzas
	Mustard	Green Sala <mark>d</mark>	Leaves	Potato Salad	Chips Simba	Cous- <mark>Cous</mark>	Hot Chips
	Tomato Ketchup	Jungle Bar	Cucumber	Bread Ralls	Orange Juice	Mixe <mark>d Veg</mark>	Tropical Salad
	Salsa	Fruit Keba <mark>bs</mark>	Cheese	Tomato Ketchup	Pure Water	Tarta <mark>r S</mark>	Tomato Ketchup
	Simba Chips	Orange Sq <mark>uash</mark>	Hummus	Jungle Bars	Peach	Fruit <mark>Bowl</mark>	Fruit Bowl
	Seasonal Fruit		Chips Simba	Naartjies			
WEEK 2							
/EE							
5							

Dinner Menu - Example

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Braai Night	Beef Bobotie	Mac and Cheese	Fried Fish	Beef Stroganoff	Veg Curry	Pork Chops
WEEK 1	Lamb Chops Beef Sausage Roster Cook Sweet Corn Potato Salad Salad Leaves Condiments 6	Yellow Rice Green Beans Sweet Carrots Green Salad	Mixed Veg Salad	Risotto Rice Diced Butternut Cowls' Salad Tomato Salsa	Spaghetti Germ Squash Salad	Rice Salad	Cous-cous Baby Marrow Capri Salad
	Lamb Potjie	Grilled Chicken	Veggie Baked	Final Braai	Spaghetti	Beef Ke <mark>bab</mark>	Roasted
WEEK 2	Samp Beetroot Green Salad	Pap Cakes Relish Greek Salad Carrots Salad	Potato Mash Mixed Leaves Bean Salad	Chicken Kebabs Beef Sausage Jacket Potato Chakalaka Green Salad Sweet Corn	Bolognaise Cheese Green Salad	Sweet Potato Creamy Spinach Green Salad	Chicken Savory Rice Broccoli Cauliflower Carrots Tropical salad

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PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A

FLIGHT INFORMATION

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Departure from the United Kingdom | Arrival to South Africa

Glasgow Airport

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
EK028	27/07/2025	Glasgow (GLA)	14.35	Dubai (DXB)	01.05 +1 Day
EK761	28/07/2025	Dubai (DXB)	04.05	Johannesburg (JNB)	10.15

Johannesburg OR Tambo

Pass through immigration | Collect baggage | Clear customs Connection Terminal A – Terminal B | GAP Team member to assist

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA534	28/07/2025	Johannesburg (JNB)	13.05	Port Elizabeth (PLZ)	14.50

Port Elizabeth Airport

Meet and Greet at PLZ Arrivals Hall Transfer to Shamwari Game Reserve Supermarket stop off

FLIGHT INFORMATION

Departure from South Africa | Arrival to the United Kingdom

Flight No FA633	Flight Date 11/08/2025	<mark>Dept.</mark> Port Elizabeth (PLZ)	Dept. Time 10.20	Arr. Johannesburg (JNB)	Arr. Time 12.00
	sburg OR Tamk aggage and re-	o check in at Emirates che	ck-in desk		
Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
EK764	11/08/2025	Johannesburg (JNB)	19.10	Dubai (DXB)	05.25 + 1 Day
EK027	12/08/2025	Dubai (DXB)	07.50	Glasgow (GLA)	12.45
		Compared and the second and the seco			

FLIGHT INFORMATION

Baggage Allowance





1x checked Maximum weight 20kg

Hand Baggage

Maximum weight is 7Kg

TRAVEL DOCUMENTS



Issued 14/07/2025

Emailed to your personal and/or college email address

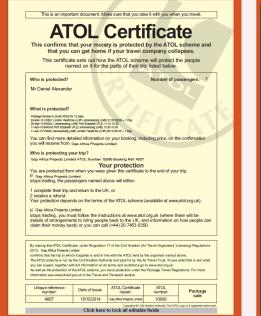
Print and take copies

Boarding passes issued at airport

Passports!



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	on your travel plans, view your itiners			if
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Traveler				
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https://gapafricaprojects.com/25-4619/

TRIP DOCUMENTS

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Group Web Page & Travel Documents

FAQs and House Rules

٢ Student Frequently Asked Questions - Click to Download

٢ Student Guidelines and House Rules - Click to Download



	Student - Freque	ntly Asked Questions
	1. What documents should I receive fr	2 rom Gap Africa?2 d?2
Gap Africa Projects - General G	Guidelines and House Rules:	d?2
As a participant in Gap Africa Projects, I unde following guidelines:	erstand and agree to adhere to the	3
1. Timeliness and Curfew. I commit to respect mornings and curfew times.	ing designated timings, including early	
2. Behavioural Expectations: I agree to upholo institution, maintaining respect for others and		and contacts?
3. Language and Conduct: I recognise that th and will respectfully challenge any instances) incidents or issues during the trip?4 or or hospital?4 .4
4. Smoking and Vaping: I agree not to smoke utilising only designated smoking areas for s		ng?4
 Alcohol Policy: I agree to comply with my in that if I choose to drink, I do so responsibly an any activities. 		iderations for the trip?4 4 re be?5
6. Substance Use: I understand and agree the strictly prohibited.	at the use of narcotic substances is	5 d I bring?
7. Community interaction: I will refrain from gi individuals in the community, as it may perpe		
8. Health and Dietary Needs: I will inform Gap conditions, mental health concerns, or dietar travel.		
9. Personal Supplies: I commit to bringing any a picky/fussy eater	y preferred snacks or foods if I know I am	
 Insurance: I agree to obtain appropriate tr all activities during the trip. 	ravel and medical insurance that covers	

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https://gapafricaprojects.com/25-4619/

Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts (Or work trousers with zip-off longs)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker warm (it can get very cold on an open vehicle - even on a summer evening)
- Daypack rucksack
- Walking Socks
- Warm Hat (in winter only) /Hat for sun protection (all year round)
- Working gloves
- Gloves for warmth (in winter only)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Swimming costume
- Toiletries
- Tick / insect repellent

Other useful items:

- Binoculars
- Personal medical items
- Good torch
- Water bottle
- Camera
- Sunglasses

- Cards/Games
- Sunscreen
- Mammal/bird book
- Notebook/diary and pen

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

AFRICA

Climate

27	28	29	30	31	1	2
		->	<i></i>		<i></i>	<i></i>
20° 9°	24° 6°	22° 6°	20° 6°	20° 6°	21° 6°	20° 8°
3	4	5	6	7	8	9
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20° 7°	21° 8°	20° 7°	23° 6°	21° 8°	22° 9°	24° 7°
10	11	12	13	14	15	16
<i></i>		-č	-č			
20° 10°	21° 10°	24° 9°	24° 10°	23° 11°	25° 7°	25° 6°

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Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used. Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

https://wise.prf.hn/l/XZJx9gq



Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

Phones & Internet

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

Some Wi-Fi if provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS

Benefits of an eSIM

Holafly

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two
 major networks in South Africa



https://shorturl.at/sxE29

 ∞

Unlimited data

Enjoy unlimited data while traveling to numerous destinations worry-free. <u>Learn more</u>

24/7 Customer Support

In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need. יוםיו

Keep using your favorite apps

Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.

\$3

Fast and Reliable Internet Connection

Connect to the best networks at your destination and get internet that's both reliable and fast ...

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Keep your WhatsApp number

You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.

::!

Enjoy dual SIMs

Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

https://www.truetraveller.com/?tag=4480



You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip

Load Shedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.



Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

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Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Stay safe overseas - KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

https://www.gov.uk/browse/abroad/travel-abroad

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

http://www.dha.gov.za/index.php/immigration-services/exemptcountries

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

https://travelhealthpro.org.uk/country/201/southafrica

Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

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Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area http://www.sa-venues.com/malaria-riskareas.htm

COMMUNITY PROJECTS

Community GAP Donation Bags

- Magazines
- Books for school library
- Educational posters
- Stationery
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Recyclable pads for Move Africa donation







Trip Clothing

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle





SIZES		xs	s	м	L)	(L XXL	3XL	4XL	5XL
A - Half Che	est	49	51	56	61 6	65 69	73	78	83
B - Body Len	igth	64	67	70	73 7	76 79	82	86	90
C - Sleeve Le	ngth	57.5	59	60.5	62 6	3.5 65	66.5	68.5	70.5
All garment measu	urements a	re shown i	in centime	etres (cm) only.	. Garmei	nt sizes are a	pproximate	e and for g	guidance
SIZES	xs	s	м	L	XL	XXL	3XL	4XL	5XL
To Fit Chest Size	34 inch	36 inch	40 inch	44 inch	48 in	ch 52 inch	56 inch	60 inch	64 inch



USEFUL APPS

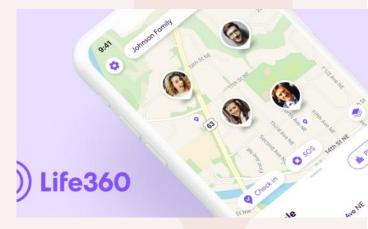
Useful Apps for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightrader24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.







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Explore our network of Global Adventure Projects:

