



# VET NURSE GROUP PRE-DEPARTURE INFORMATION PACK



## KwaZulu-Natal Wildlife & Veterinary Project

**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.



# TRIP OVERVIEW

AFRICA

## Vet Nurse Group – Booking Reference 4651

### Trip Dates:

20<sup>th</sup> July – 2<sup>nd</sup> August 2025

### Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
QR5942	20/07/2025	London Heathrow (LHR)	14:00	Doha (DOH)	23:00
QR1363	21/07/2025	Doha (DOH)	02:35	Johannesburg (JNB)	10:00
FA417	02/08/2025	King Shaka Int: Durban (DUR)	14:40	Johannesburg (JNB)	15:50
QR1378	02/08/2025	Johannesburg (JNB)	20:25	Doha (DOH)	05:45 + 1 Day
QR3	03/08/2025	Doha (DOH)	08:00	London Heathrow (LHR)	13:15

\* Always check your flight timings on your final documents

Baggage Allowance: 1 piece of checked baggage @20kgs & 1 piece hand baggage @ 7kgs max dimensions 56x36x25 cms

### Project:

KwaZulu-Natal Wildlife & Veterinary Project

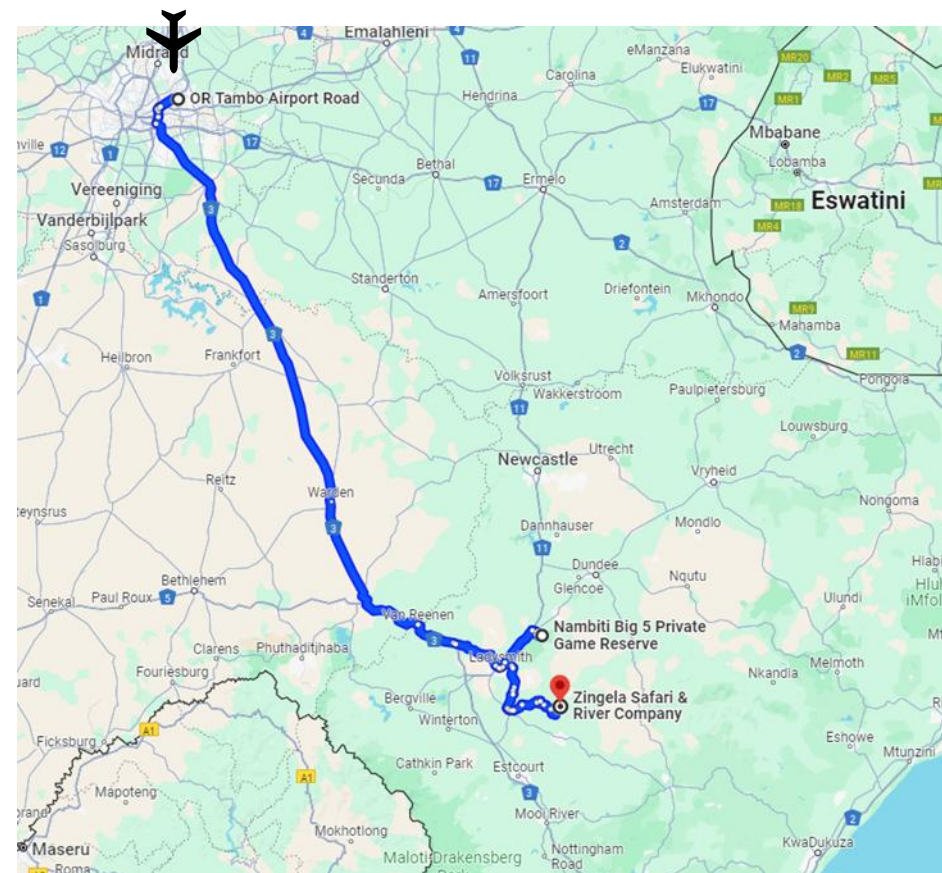


### Arriving in South Africa

Upon arrival at Johannesburg Airport (OR Tambo) you must collect your bags and clear immigration and customs.

A representative from Champagne Shuttles & Coach Hire will meet you in the arrivals hall, near the statue, for your coach transfer to Nambiti Reserve, approximately 5 hours by road.

If for any reason you cannot locate the representative, please call Lundy Bredberg on 27(0) 81 816 2541



# CONTACT DETAILS

AFRICA

## Address

Nambiti Game Reserve

Nambiti North Gate

Kwazulu Natal, Ladysmith 3370

South Africa

## Nambiti Landline

Telephone: +27 (0) 36 631 9026

## Mobile

+27(0) 81 816 2541

Lundy Bredberg (Project Manager)

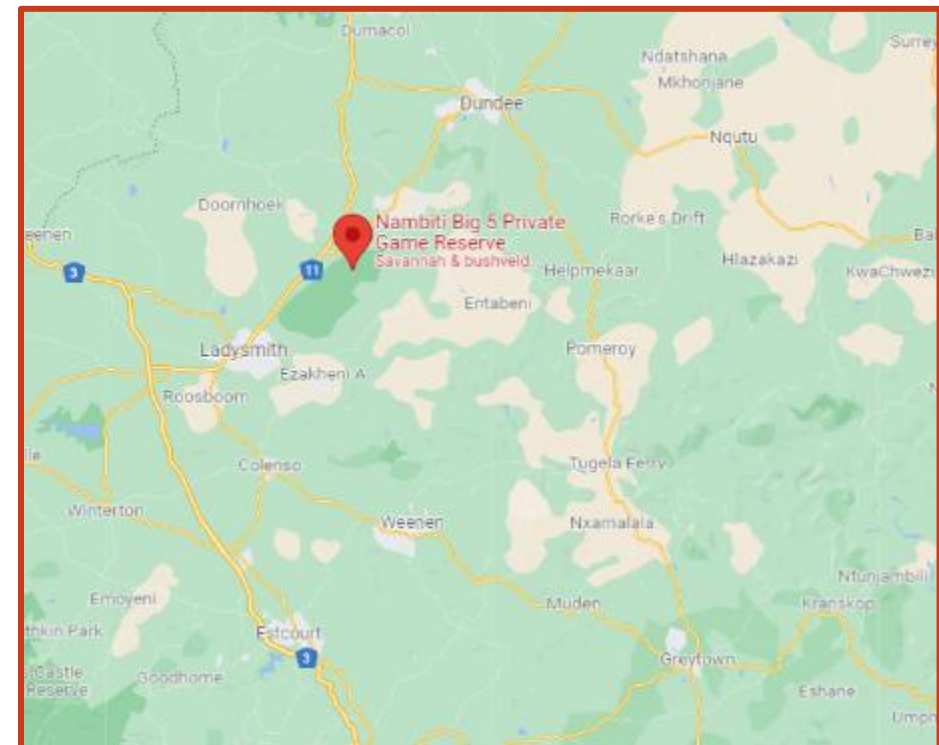
## Gap Africa Projects

+44 (0) 744 260 1694

## 24 Hour Emergency Only

## Gap Africa Projects In Country Contact:

+27 (0) 79 313 2276 Carmen Warmenhove



# CONTACT DETAILS

AFRICA

## Address:

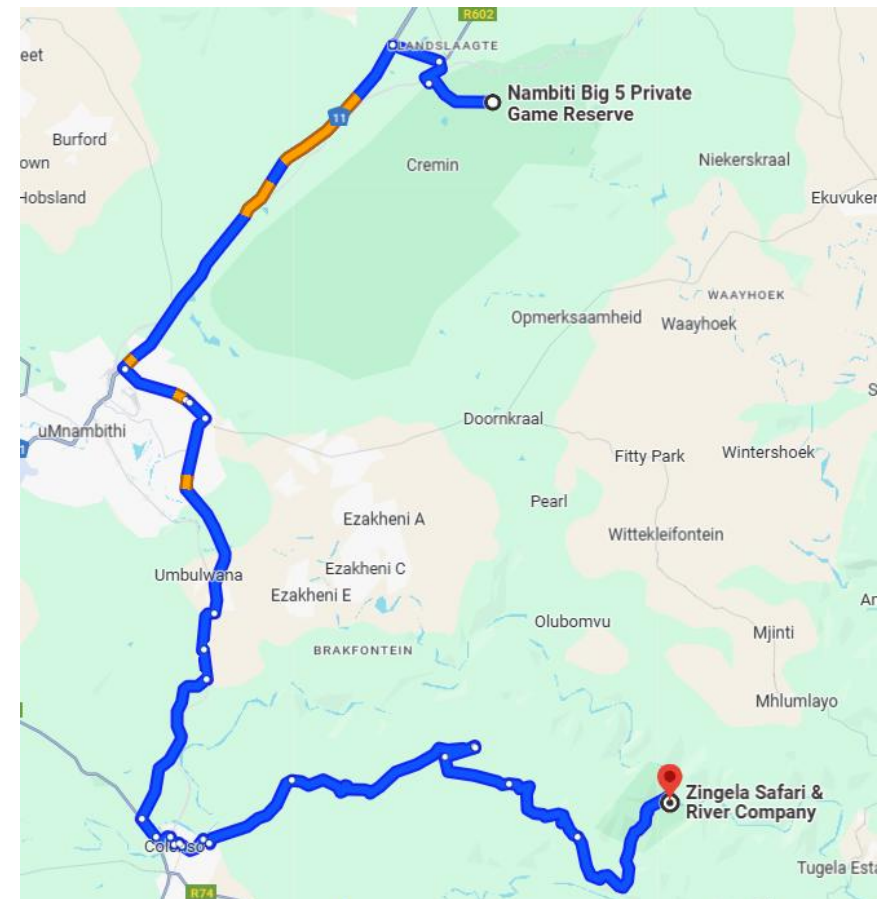
Zingela Game Reserve  
3 Bloukrans Road  
Weenen 3325  
South Africa

## Zingela Landline:

Telephone: +27 (0) 36 786 0007

## Mobile:

+27 (0) 84 734 3552  
Dr. Peter Calverley (Manager)





# CONTACT DETAILS

AFRICA

## Address

Bonamanzi Game Reserve

324 Bushlands Road, Hluhluwe, 3960

South Africa

Tel: +27 87 821 6368

Shonalonga Lodge

37 McKenzie Street, St Lucia 3936

Tel: +27 35 590 1087

## Mobile

+27(0) 81 816 2541

Lundy Bredberg (Project Manager)

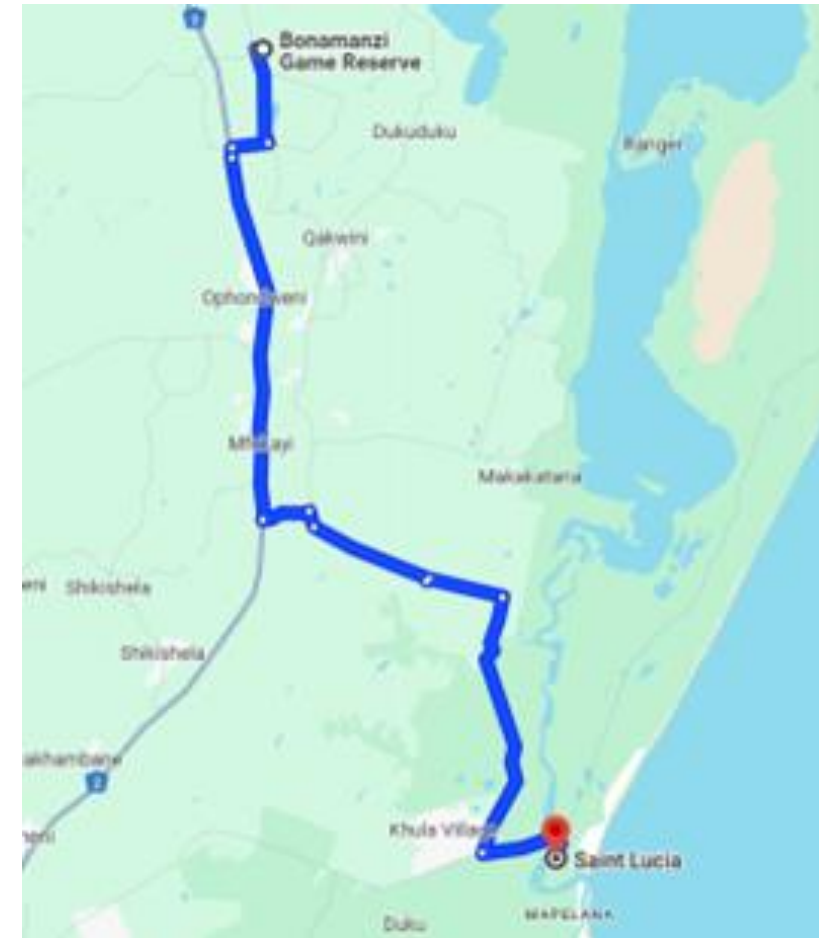
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## Health Risks

### Immunisation:

When entering South Africa, no international immunisation is required, however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

### Malaria:

We recommend that you visit the following UK Foreign Office webpage for up-to-date information on areas where there may be a low risk of malaria and for vaccine recommendations:

<https://travelhealthpro.org.uk/country/201/south-africa>

### Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

# USEFUL INFORMATION

AFRICA

## Climate

KwaZulu-Natal is one of the cooler regions of South Africa, with an average daily high temperature of 25 C. The driest months are May to August, most rain days occur from October to January.

It can get very cold in the evenings and at night during the winter months, July being the coldest month.

Have a look at the accuweather website for more information, link below:

<https://www.accuweather.com/en/za/ladysmith>

## Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

A 10% tip is normal for any café/restaurant when eating out.

## Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted in main towns, although local communities only take cash.

Wise Travel Card offers up to £500.00 with no transfer fee for Gap Africa Project travellers:



<https://wise.prfl.hn/l/xZJx9gg>



# USEFUL INFORMATION

AFRICA

## Phones & Internet







There are some areas on the reserves where there isn't any mobile phone coverage. There is no WiFi at Nambiti, you can access WiFi in the dining area at Zingela although this has restricted bandwidth so not all at once!

We have partnered with Holafly, an eSim provider who have offered a 5% discount when you use the code GAPAFRICAPROJECTS

## Benefits of an eSIM

Holafly

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa

 <b>Unlimited data</b> Enjoy unlimited data while traveling to numerous destinations worry-free. <a href="#">Learn more</a>	 <b>Keep using your favorite apps</b> Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.	 <b>Keep your WhatsApp number</b> You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.
 <b>24/7 Customer Support</b> In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.	 <b>Fast and Reliable Internet Connection</b> Connect to the best networks at your destination and get internet that's both reliable and fast	 <b>Enjoy dual SIMs</b> Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

<https://holafly.sjv.io/APK5yR>



# USEFUL INFORMATION

AFRICA

## Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they occur or on your return home.

We have an affiliation with True Traveller Insurance, please see link below for further information:



<https://www.truetraveller.com/backpackers-insurance?tag=4480>

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip. If using an alternative insurer, please make sure you are covered for light manual work.

## Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

## Passport Requirements

It can take many weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended exit date and have at least two blank pages. You can check requirements by using the IATA Travel Centre site

[www.iatatravelcentre.com](http://www.iatatravelcentre.com)

## Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>



# ACCOMMODATION

AFRICA

## Game Reserve Camps – Nambiti

In keeping with the Safari Adventure theme, groups are accommodated on the reserve in shared comfortable safari tents, with communal hot and cold showers and regular flushing toilets.

All meals are provided in a communal dining area. Students are expected to help clear up after meals.

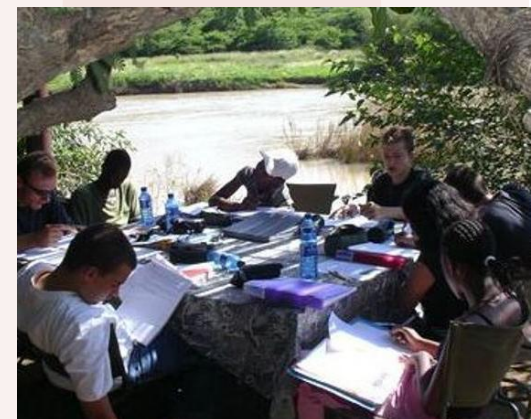
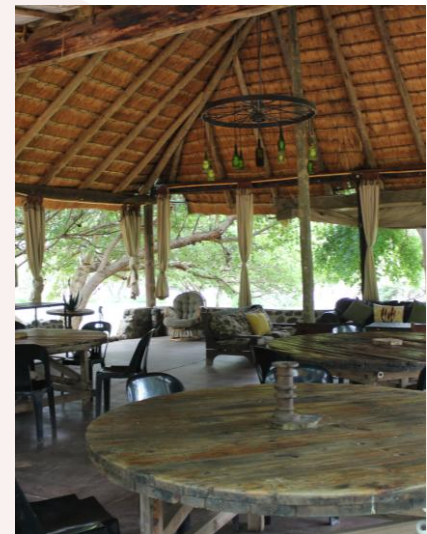




# ACCOMMODATION

AFRICA

## Game Reserve Camps – Zingela



ANY QUESTIONS?

[INFO@GAPAFRICAPROJECTS.COM](mailto:INFO@GAPAFRICAPROJECTS.COM) | +44 (0)207 1937819

PRE-DEPARTURE INFORMATION PACK 12



# ACCOMMODATION & LIFESTYLE

AFRICA

## Bundu Camp

You will be accommodated in twin rooms, 2 rooms share bathroom facilities of shower, toilet and basin.

There is a communal fully equipped kitchen and living area. There isn't a washing machine, but clothes can be hand washed.

Three meals a day are provided by the cook. On one evening a Potjie competition will be held so everyone gets involved! Please remember to advise us of any dietary requirements so we can ensure you are adequately catered for

The camp faces East, with a view over False Bay and the iSimangaliso Wetlands.





# ACCOMMODATION

AFRICA

## Food at the project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised.

Please advise us of any dietary requirements in advance so we can ensure that you are adequately catered for.





# ACCOMMODATION & LIFESTYLE

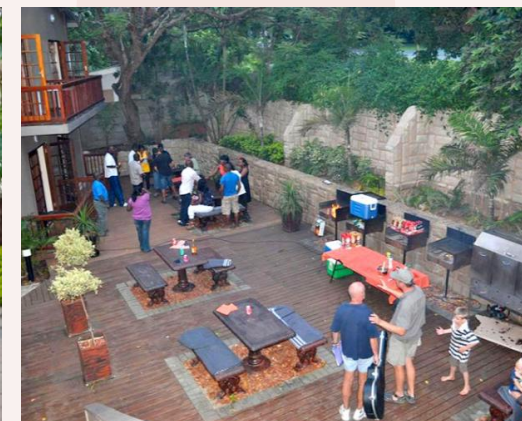
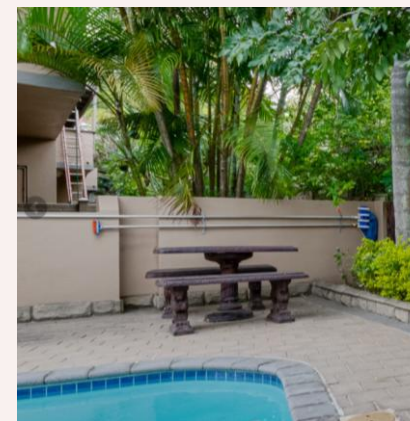
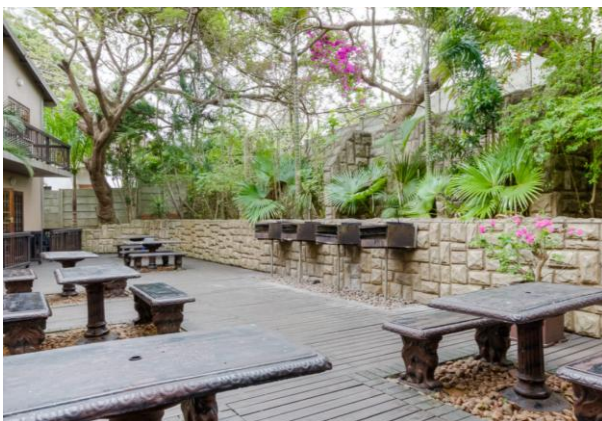
AFRICA

## St Lucia

You will be accommodated in twin rooms with ensuite facilities at St Lucia.

3 meals per day will be provided at the accommodation, with the exception of 1 lunch and 1 dinner. Please remember to advise us of any dietary requirements so we can ensure you are adequately catered for.

There are no facilities for washing clothes at the accommodation but there are launderettes nearby, which are not expensive



## Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts  
(Or work trousers with zip-off longs)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker – (it can get very cold on an open vehicle – even on a summer evening)
- Daypack rucksack
- Microfibre sleeping bag liner – for extra warmth in winter
- Socks
- Hat for sun protection / Warm Hat (winter only)
- Working gloves
- Gloves for warmth (winter only)
- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent
- Personal medical items and First Aid Kit
- Binoculars
- Sunscreen & Sunglasses
- Torch/headlamp
- Water bottle

### Other useful items:

- Stethoscope
- Surgical gloves
- Camera
- Powerbank
- Mammal/bird book
- Notebook/diary and pen
- Lip balm

All work clothes should be neutral or earth tones for working in the bush.  
No skimpy or bright coloured clothing to be worn



# WHAT'S INCLUDED

AFRICA

## What is included?

- Flights
- Transfers to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- ATOL protection
- Airport meet/greet
- 24/7 In country support

## NOT Included

- Personal Travel Insurance \*
- Meals on travel days – before arriving & after departing from the project.
- 1 Lunch and 1 Dinner whilst in St Lucia
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

\* We recommend that you take out personal travel insurance as soon as your booking is confirmed.







**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

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