



Alumni Group (AMG) (4648 & 4663) Pre-Departure Presentation

The background image is a composite of two scenes. On the left, a group of four people are seen from behind, standing in a field of tall, dry grass and looking towards a hilly landscape under a cloudy sky. On the right, a close-up of a lioness is shown, looking down and slightly to the left. A large, semi-transparent circular graphic is centered over the image, containing the text 'Zulu Land Research & Conservation Programme'.

Zulu Land Research & Conservation Programme

AFRICA

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



AFRICA

ZULU LAND PROJECT OVERVIEW

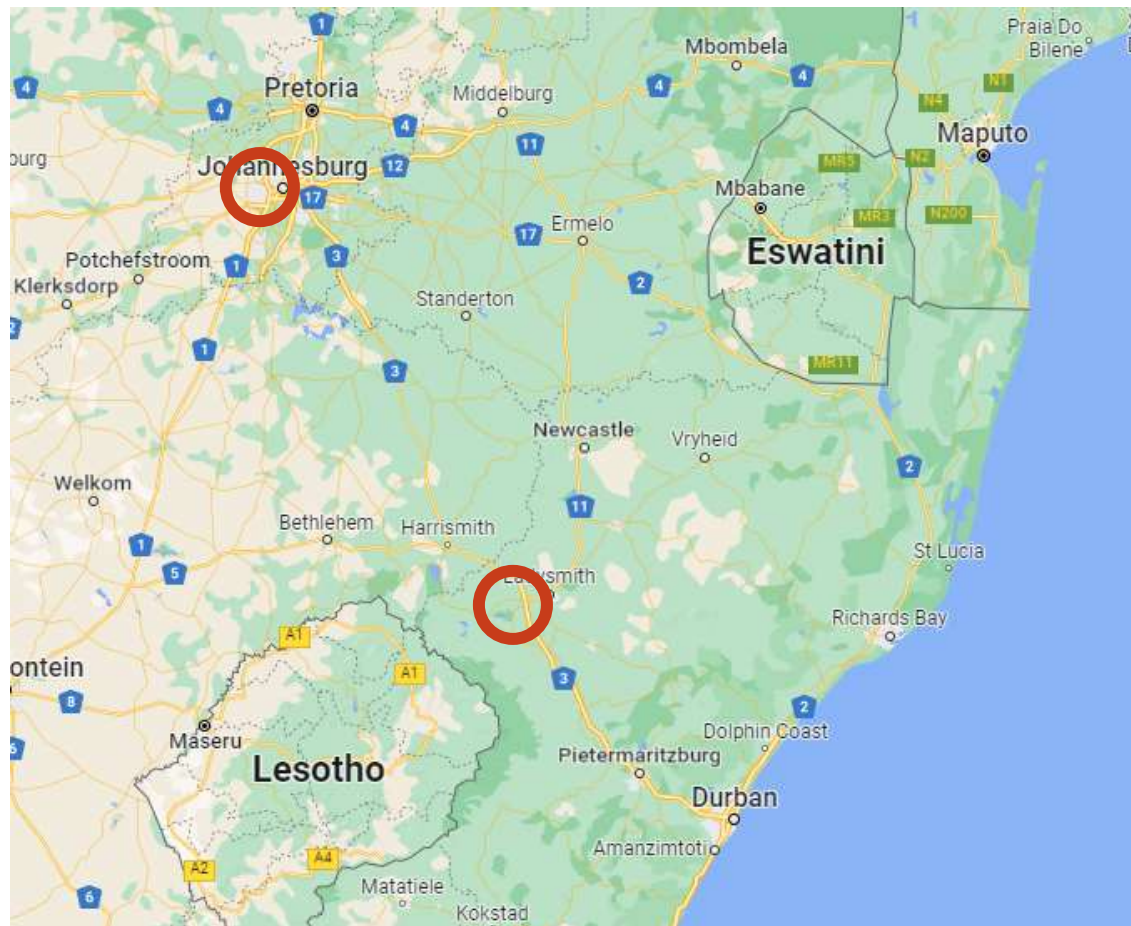
Overview and location
of the project

ABOUT THE PROJECT

AFRICA

Zulu Land Conservation Project- Location

- South Africa a world leader in conservation
- Malaria free KwaZulu Natal



ABOUT THE PROJECT

AFRICA

Nambiti Game Reserve (14/07/25 – 20/07/25)

Nambiti Game Reserve is a magnificent 23,000 acres of unspoiled wilderness boasting the Big 5 and incredible biodiversity (grasslands, riverine bush, savannah and thornveld) offering unprecedented diversity of wildlife.



ABOUT THE PROJECT

AFRICA

Zingela River Safari (20/07/25 – 26/07/25)

Zingela Wildlife Reserve covers 12,500 acres of predator free, pristine African bushveld. You will have the opportunity to be involved with the research that takes place at the property;. You will also have the chance to participate in a host of activities during your stay.



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Pre-Departure Presentation 5

NAMBITI TO ZINGELA

AFRICA



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Pre-Departure Presentation 6



AFRICA

ACCOMMODATION & LIFESTYLE

Life in the African bush

ACCOMMODATION

AFRICA

Game Reserve Camps – Nambiti



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Pre-Departure Presentation 8

ACCOMMODATION

AFRICA

Game Reserve Camps – Zingela



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Pre-Departure Presentation 9

ACCOMMODATION

AFRICA

Food at the project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends, a braai (BBQ) is often organised.

Please advise us of any dietary requirements in advance so we can ensure that you are adequately catered for.



Meals

AFRICA

Sample Menu

Day 1	Day 2	Day 3	Day 4	Day 5
Scrambled eggs, savoury beans or mince or bacon toast (Jam, P.Butter)	Yoghurts, muesli, cereal, fruit	Pancakes, banana, fruit	Oatmeal porridge, fruit, toast & jam	French toast (Eggy bread)
Quiche & salad	Macaroni Cheese	Soup & homemade bread	Hotdogs	Braai broodjies (tomato, cheese, onion toasties on open fire)
Nachos (vegan or mince)	Beef stew & rice	Braai (Barbeque) with salads	Chicken ala King & rice	Chickpea curry mild

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure



AFRICA

PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A

FLIGHT INFORMATION

AFRICA

Departure from the United Kingdom | Arrival to South Africa

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
Manchester – T1, Zone B (floor 5)					
EK018	13-JUL-25	Manchester (MAN)	14:05	Dubai (DXB)	00:20 (+1 day)
EK761	14-JUL-25	Dubai (DXB)	04:05	Johannesburg (JNB)	10:15
London Gatwick – North Terminal					
EK016	13-JUL-25	London Gatwick (LGW)	14:30	Dubai (DXB)	00:40 (+1 day)
EK761	14-JUL-25	Dubai (DXB)	04:05	Johannesburg (JNB)	10:15

Johannesburg OR Tambo – Terminal A

Clear immigration & collect baggage to clear customs. 'Meet and greet' Carmen and/or the team at JNB Arrivals Hall @the statue

Transfer to Nambiti with Champagne Shuttle & Coach Hire

Baggage allowance: Checked baggage allowance 1 x 23 kg (*please notify us well in advance if you want to take any donation baggage as there may be limited space on the transfer bus*); Hand baggage allowance 1 x 8 kg

Emirates policy:

The total dimensions (length + width + height) of an individual bag should not exceed 300 cm (118 inches)

FLIGHT INFORMATION

AFRICA

Departure from South Africa | Arrival to the United Kingdom

Johannesburg OR Tambo – Terminal A

Check-in at the check-in desk

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
To Manchester					
EK764	26-JUL-25	Johannesburg (JNB)	19:10	Dubai (DXB)	05:25 (+ 1 day)
EK017	27-JUL-25	Dubai (DXB)	07:25	Manchester (MAN)	12:00

To London Gatwick

EK764	26-JUL-25	Johannesburg (JNB)	19:10	Dubai (DXB)	05:25 (+ 1 day)
EK015	27-JUL-25	Dubai (DXB)	08:00	London Gatwick (LGW)	12:35

Baggage allowance: Checked baggage allowance 1 x 23 kg (*please notify us well in advance if you want to bring any donation baggage back as there may be limited space on the transfer bus*); Hand baggage allowance 1 x 8 kg

Emirates policy:

The total dimensions (length + width + height) of an individual bag should not exceed 300 cm (118 inches)

TRAVEL DOCUMENTS

AFRICA

Balance reminder: due – 19th May

Travel Documents

Final Documents Issued
30/06/25

Emailed to your personal
and/or 2nd email address

Print and take copies

Boarding passes issued at
the airport

Passports!



Your e-ticket

Transport View/Print

Your Electronic Ticket (E-ticket) has been brought to you by Transport View/Print and your booking details.

For the latest information on your travel plans, make your journey to www.gap.org.za

Reservation Number: 9000000000000000 View Electronic Ticket Details

Traveler	Booking reference	Travel agency
Passenger Name: MULLER, JENNIFER	Booking reference: 9000000000000000	Travel agency: 9000000000000000
Passenger Name: MULLER, JENNIFER	Booking reference: 9000000000000000	Travel agency: 9000000000000000

Flight Information

Flight	Class	Fare Basis	Fare	Tax	Total
London to Cape Town	Y	Y	900.00	10.00	910.00
Cape Town to London	Y	Y	900.00	10.00	910.00

ATOL Certificate

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.

This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip that is covered.

Who is protected? See page 2 for details.

What is protected? See page 2 for details.

Number of passengers: 42

ATOL Certificate

This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip that is covered.

Who is protected? See page 2 for details.

What is protected? See page 2 for details.

Number of passengers: 42

ATOL Certificate

This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip that is covered.

Who is protected? See page 2 for details.

What is protected? See page 2 for details.

Number of passengers: 42

ATOL Certificate

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.

This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip that is covered.

Who is protected? See page 2 for details.

What is protected? See page 2 for details.

Number of passengers: 42

ATOL Certificate

This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip that is covered.

Who is protected? See page 2 for details.

What is protected? See page 2 for details.

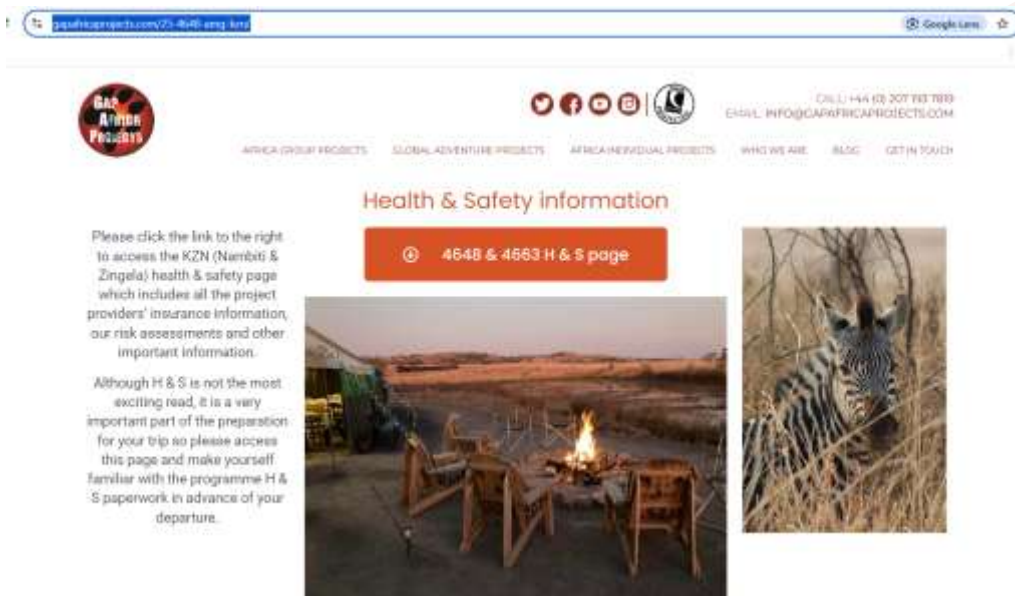
Number of passengers: 42

<https://gapafricaprojects.com/25-4648-amg-kzn/>

TRIP DOCUMENTS

AFRICA

Group Web Page & Travel Documents



FAQs and House Rules

Participant Frequently Asked Questions - Click to Download

Participant Guidelines and House Rules - Click to Download

<https://gapafricaprojects.com/25-4648-amg-kzn/>

ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Pre-Departure Presentation 16

Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts (or work trousers with zip-off longs)
- T shirts
- Sweatshirt/Fleece (Winter months pack plenty)
- Rain jacket
- Padded parka jacket/windbreaker – warm (it can get very cold on an open vehicle – even on a summer evening)
- Hiking boots/comfortable walking shoes to work in every day
- Warm hat (in winter only) /Hat for sun protection (all year round)
- Gloves for warmth (in winter only)
- Socks & underwear
- Beach towel & hand towel
- Swimming costume
- Changes of casual clothes for evenings
- Sandals / comfy shoes to wear after work hours

- Daypack rucksack
- Travel mug & water bottle
- Working gloves
- Sunscreen
- Toiletries
- Tick / insect repellent
- Good torch

Other useful items:

- Binoculars
- Water bottle
- Camera
- Sunglasses
- Personal medical items
- Cards/games
- Mammal/bird book
- Notebook/diary and pen






















* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

USEFUL INFORMATION

AFRICA

Climate

Nambiti / Zingela

16	17	18	19	20	21	22
						
28° 15°	28° 15°	30° 16°	31° 14°	28° 14°	28° 14°	28° 14°
23	24	25	26	27	28	1
						
28° 15°	29° 14°	31° 14°	29° 15°	29° 14°	32° 15°	30° 14°
2	3	4	5	6	7	8
						
30° 15°	30° 15°	30° 15°	31° 16°	30° 16°	30° 15°	29° 14°

USEFUL INFORMATION

AFRICA

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used.

Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

<https://wise.prf.hn/l/XZJx9gq>

The logo for Wise, featuring the word "wise" in a bold, black, sans-serif font, with a green square background.

Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the guides and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

USEFUL INFORMATION

AFRICA

Phones & Internet

Mobile phone coverage is good at Nambiti and poor at the Zingela accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option.

Some Wi-Fi is provided free of charge at the Zingela main camp area. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider '**5% discount use code GAPAFRICAPROJECTS**'



Benefits of an eSIM

- Unlimited data plans
- Keep your WhatsApp number
- Immediate delivery
- Uses both 'Vodacom and MTN' the two major networks in South Africa

<https://shorturl.at/sxE29>

-5% discount applied to all plans		
5 Days Unlimited data £22.80 £24.00 GBP 5%	7 Days Unlimited data £32.30 £34.00 GBP 5%	10 Days Unlimited data £35.15 £37.00 GBP 5%
15 Days Unlimited data £37.05 £39.00 GBP 5%	20 Days Unlimited data £46.55 £49.00 GBP 5%	30 Days Unlimited data £63.65 £67.00 GBP 5%

Holafly

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required, however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate.

Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The projects are located in malaria free areas:

<http://www.sa-venues.com/malaria-risk-areas.htm>

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

<https://www.true traveller.com/?tag=4480>



You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip.

Loadshedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time. There will be no/limited power during load-shedding so ensure your torch is always charged and you have water.

Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>



Make sure you have a SA adapter & as power supply is low at Nambiti sharing plugs with others via usb leads is helpful!

COMMUNITY PROJECTS

AFRICA

Community GAP Donation Bags

Preferred items for the AMG groups:

- **Learning & educational supplies:**
 - Educational posters
 - Magazines
 - Books for school/orphanage libraries
 - Stationary
- **Sports kit**
 - Football kit
 - Boots & trainers
 - Shirts
 - Equipment – balls, netball bibs etc.
 - Skipping ropes
- **Ladies sanitary products**
 - Recyclable pads for Move Africa donations



Trip Clothing

Online shop available for trip clothing:

GAP AMG hoodie

GAP Africa polo shirts

GAP Africa caps

GAP Africa beanie

GAP Africa 500 ml water bottle



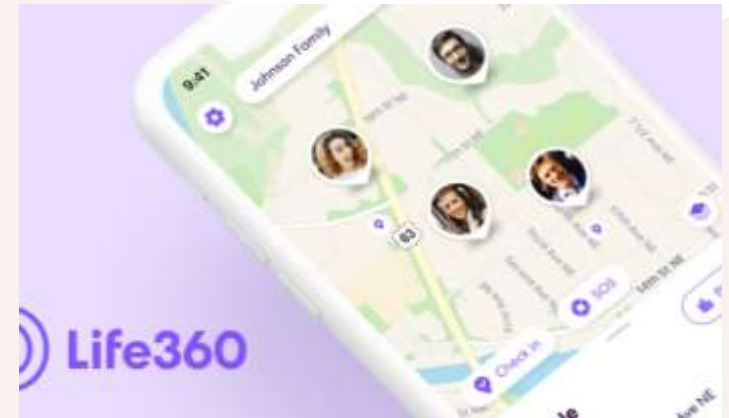
Useful App's for Next of Next of Kin

We recommend that Next of Kin also download and set up the following App. e have found this to be useful in knowing where you are whilst on the trip!

Life360 – is great for following them on their journey.

Flightrader24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

It's also handy to have '**What three words**' so you can pin your location to use with your photos – **remember no location settings permitted on devices when rhino monitoring at Nambiti.**





GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



GLOBALADVENTUREPROJECTS.COM

