

## South Eastern Regional College Q&A Presentation

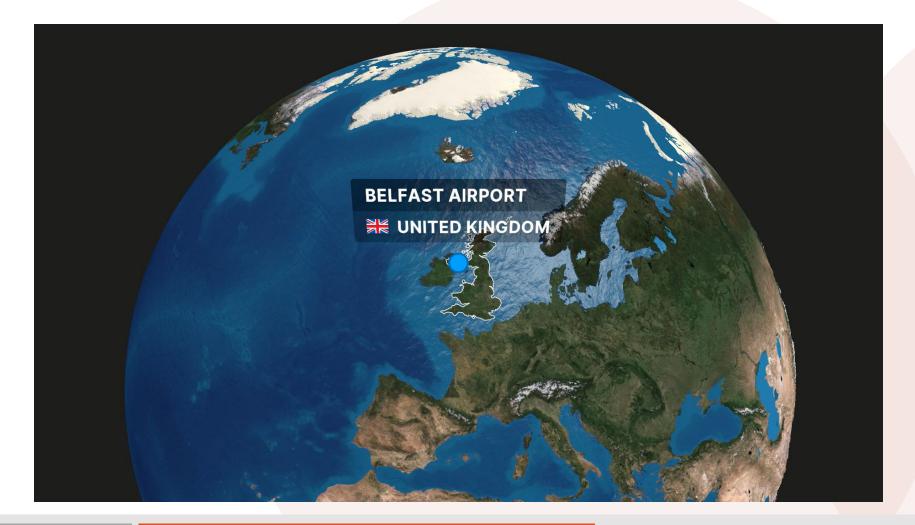
## **Sibuya** Conservation Experience

**AFRICA** 

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

## **ABOUT YOUR PROJECT**

### Location



## **YOUR PROJECT**

### **Your Conservation Programme**

- Lion monitoring
- Elephant monitoring
- Rhino monitoring
- Ocean Research Institute fish tagging
- Fencing and Alien Plant clearing
- Community Outreach
- Possible Veterinary Interventions
- Coastal Dunes and Rocky Shores
- Kayak Expedition 15km
- Pitfall trap insect collection and Identification
- Starry Night Constellation Observation
- SANCCOB visit

#### Presentations and Talks on:

- Lion Conservation
- Elephant Ecology
- Rhino Conservation
- Ornithology (Birds)

## **ABOUT SIBUYA GAME RESERVE**

Home to the BIG 5











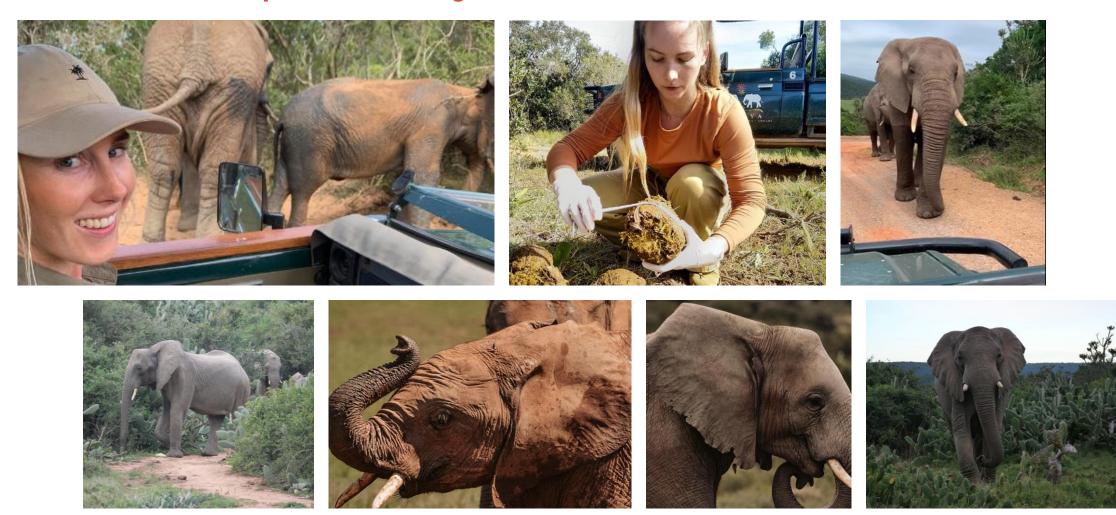
## ABOUT SIBUYA GAME RESERVE

### Home to over 45 Species of Mammal





## **Research - Elephant Monitoring**



## **Research – Rhino Tracking**



## Anti-Poaching



## **Research – Habitat and Prey Selection: Predators**



#### **Reserve Maintenance**



## AFRICA

## ACCOMMODATION & LIFESTYLE

Life in the African Bush

## **ACCOMMODATION & LIFESTYLE**

### Accommodation Sibuya – River Camp

All accommodation is shared





## **ACCOMMODATION & LIFESTYLE**

### **River Camp**



## **ACCOMMODATION & LIFESTYLE**

#### **RIVER CAMP**

















## MEALS

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## **Sample Menu**

Day 1	Day 2	Day 3	Day 4	Day 5
Scrambled eggs, savoury beans or mince or bacon toast (Jam, PButter)	Yoghurts, muesli, cereal, fruit	Pancakes, banana, fruit	Oatmeal porridge, fruit, toast & jam	French toast (Eggy bread)
Quiche & salad	Macaroni Cheese	Soup & homemade bread	Hotdogs	Braai broodjies (tomato, cheese, onion toasties on open fire)
Nachos (vegan or mince)	Beef stew & rice	Braai (Barbeque) with salads	Chicken ala King & rice	Chickpea curry mild

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure.

## AFRICA

## PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A

## FLIGHT INFORMATION

### Departure from the United Kingdom | Arrival to South Africa

#### **Belfast Airport**

Meet to check in at 11.00

<b>Flight No</b>	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA1413	01/06/2025	Belfast (BHD)	13.00	London Heathrow (LHR)	) 14.30
BA55	01/06/2025	London Heathrow (LHR)	19.05	Johannesburg (JNB)	07.00+1day

#### Johannesburg OR Tambo

Pass through immigration | Collect baggage | Clear customs Connection Terminal A – Terminal B | GAP Team member to assist

<b>Flight No</b>	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA534	02/06/2025	Johannesburg (JNB)	13.05	Port Elizabeth (PLZ)	14.50

#### **Port Elizabeth Airport**

Meet and Greet at PLZ Arrivals Hall

## **FLIGHT INFORMATION**

AFRICA

### **BAGGAGE ALLOWANCE**

Hand Luggage		Checked-In Luggage		
Max Weight:	7kg	Max Weight:	20kg	
Max Dimensions: 56 X 36 X 23 cm		Max Dimensions: 90 x 75 x 43 cm		
		- 44		

## FLIGHT INFORMATION

### Departure from South Africa | Arrival to the United Kingdom

<b>Flight No</b>	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA535	16/06/2025	Port Elizabeth (PLZ)	15.25	Johannesburg (JNB)	17.05
Johanne	sburg OR Tamb	00			
Collect b	aggage and re-	check in at international of	departures		
Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA54	16/06/2025	Johannesburg (JNB)	21.15	London Heathrow (LHR)	07.30+ 1 Day
BA1416	17/06/2025	London Heathrow (LHR)	14.15	Belfast (BHD)	15.40

## **TRAVEL DOCUMENTS**

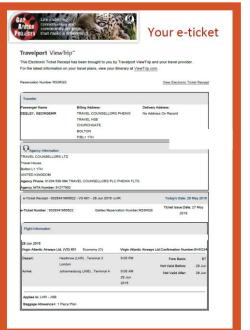


Emailed to your personal and/or college email address

Print and take copies

Boarding passes issued at the airport

Passports!





16/07/2017	Check in for your flight at the South African Airways Check in Desk,	18:00
	London Heathrow, terminal 2	5A237
	Depart London Heathrow	21:00
17/07/2017	Arrive Johannesburg International Airport, Terminal A	09:00
	Upon arrival please clear immigration and collect your baggage to pass through Customs	
	A member of the Gap Africa Projects ground team will meet you at International Arrivals Hall and take you through to Domestic Departures, terminal B. Please look out for our Meet and Great Board.	
	Drop off Baggage at SAA bag drop - Domestic Terminal B	
		SA405
	Depart Johannesburg	10:45
	Arrive Port Elizabeth Airport	12:20
	Upon arrival you will be met by a representative from Blunden Tours and transferred to Shamwari Game Reserve	
	Shamwari Group Conservation Experience x 14 DAYS	
31/07/2017	Today is the final day of your placement and you will be transferred to Port Elizabeth Airport	11:00
	Check in for your flight at the SAA Check in Desk	
	Depart Port Elizabeth	SA420 14:35
	Arrive Johannesburg Terminal B	16:10
	Upon arrival please make your way to Terminal A International Departures.	
	Departures	SA234
	Depart Johannesburg	19:55
01/08/2017	Arrive London Heathrow, terminal 2	06:25
portant Trav		
ler 18 Visa Requ	arements. er 18. whether travelling alone or within a group you must adhere to the	he regulations set for
	republic of South Africa. http://www.dha.gov.za/index.php/civic-serv	
dren		
nes and spelling	p. y match what is printed on your passport. If there is a mistake this will	

## **TRIP DOCUMENTS**

AFRICA

#### **Group Web Page & Travel Documents**

#### FAQs and House Rules

Student Frequently Asked Questions - Click to Download

Student Guidelines and House Rules - Click to Download

#### Student - Frequently Asked Questions

#### Contents

# Pre-Departure 2 1 What documents should I receive from Gap Africa? 2 2 What travel documents are required? 2 3 What vaccinations are recommended? 2 4 Do we require Travel Insurance? 2 5 Where can I find the kit list 3 6 What Luggage allowance do I have? 3

procedures and contacts?..

ire a doctor or hospital?....

Iltural considerations for the trip?..

who may be menstruating during the trip.

r reporting incidents or issues during the trip?.....

with me?..

or swimming?...

od will there be?...

ney should I bring?...

arranged?...

d?

#### Gap Africa Projects - General Guidelines and House Rules:

As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines:

 Timeliness and Curfew. I commit to respecting designated timings, including early mornings and curfew times.

 Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture.

3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants.

 Smaking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities.

5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to dirink, I do so responsibly and without becoming intoxicated during any activities.

6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited.

7. Community interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency.

 Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before travel.

9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am a picky/fussy eater

 Insurance: Lagree to obtain appropriate travel and medical insurance that covers all activities during the trip.

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## **Suggested kit list**

- Short sleeve shirts
- Long work trousers and shorts (Or work trousers with zip-off longs)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker warm (it can get very cold on an open vehicle - even on a summer evening)
- Daypack rucksack
- Walking socks
- Warm Hat (in winter only) /Hat for sun protection (all year round)
- Working gloves
- Gloves for warmth (in winter only)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent

#### Other useful items:

- Binoculars
- Personal medical items
- Good torch
- Water bottle
   Suns
- Camera
- Sunglasses
- Cards/Games
- Sunscreen
- Mammal/bird book
- Notebook/diary and pen

\* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

AFRICA

## Climate

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<b>20°</b> 10°	<b>20°</b> 10°	<b>19°</b> 8°	<b>21°</b> 10°	<b>20°</b> 10°	<b>21°</b> 8°	<b>21°</b> 7°

### **Currency & Credit Cards**

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used. Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

https://wise.prf.hn/I/XZJx9gq



### Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

#### **Phones & Internet**

Mobile phone coverage is average at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

Some Wi-Fi if provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS

## **Benefits of an eSIM**

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa

https://shorturl.at/sxE29

Holafly

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#### Unlimited data

Enjoy unlimited data while traveling to numerous destinations worry-free. Learn more

#### 24/7 Customer Support

In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.

#### Keep using your favorite apps

Get that safe ride home, find that great restaurant, and pin the local attractions, all while stauing connected with your loved ones.

#### S

Fast and Reliable Internet Connection

Connect to the best networks at your destination and get internet that's both reliable and fast



Keep your WhatsApp number

AFRICA

You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.

#### Enjoy dual SIMs

Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

#### INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819 **ANY OUESTIONS?**

### **Health Risks**

#### **Immunisation:**

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling. DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

#### https://travelhealthpro.org.uk/country/201/south-africa

#### **Drinking Water:**

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

#### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

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#### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

#### Malaria:

The project is located in a malaria free area

http://www.sa-venues.com/malaria-risk-areas.htm

#### Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

https://www.truetraveller.com/?tag=4480



You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip

### **Load Shedding**

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.



#### **Passport Requirements**

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

AFRICA

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

#### Stay safe overseas - KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

https://www.gov.uk/browse/abroad/travel-abroad

### **Visa Requirements**

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

http://www.dha.gov.za/index.php/immigration-services/exemptcountries

## **COMMUNITY PROJECTS**

### **Community GAP Donation Bags**

- Magazines
- Books for school library
- Educational posters
- Stationary
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Recyclable pads for Move Africa donation







## **Trip Clothing**

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle





## **USEFUL APPS**

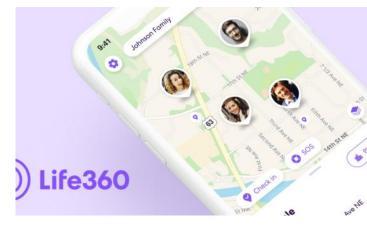
### **Useful Apps for Next of Kin**

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightrader24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.







### GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

Explore our network of Global Adventure Projects:

