



# Pre-Departure Information South Eastern Regional College



## Sibuya Conservation Experience

**AFRICA**

**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

# TRIP OVERVIEW

AFRICA

## South Eastern Regional College Booking Reference 4636

### Trip Dates:

1<sup>st</sup> June – 17<sup>th</sup> June 2025

### Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA1413	01/06/2025	Belfast (BHD)	13:00	London Heathrow (LHR)	14:30
BA55	01/06/2025	London Heathrow (LHR)	19:05	Johannesburg (JNB)	07:00 + 1 Day
FA534	02/06/2025	Johannesburg (JNB)	13:05	Port Elizabeth (PLZ)	14:50
FA535	16/06/2025	Port Elizabeth (PLZ)	15:25	Johannesburg (JNB)	17:05
BA54	16/06/2025	Johannesburg (JNB)	21:15	London Heathrow (LHR)	07:30 + 1 Day
BA1416	17/06/2025	London Heathrow (LHR)	14:15	Belfast (BHD)	15:40

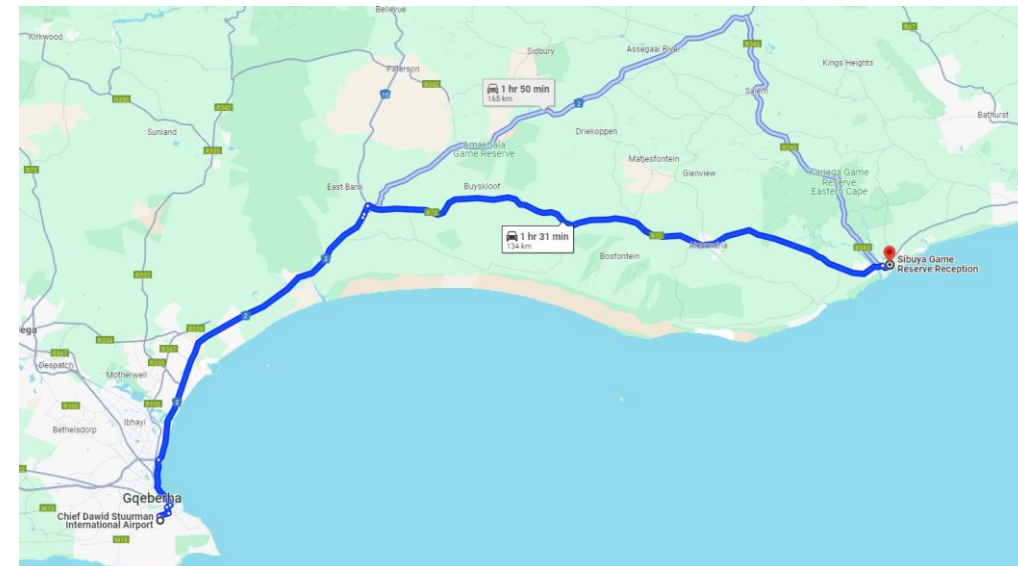
\*Always check the flight timings on your final documents

**Baggage Allowance** – 1 piece of checked baggage @ 20kgs & 1 piece of hand baggage @ 7kgs and max dimensions 56x36x23 cms

**Project:** Sports Coaching



If for any reason you cannot locate the representative, please call Chris Owens +27 82 920 5804



# CONTACT DETAILS

AFRICA

## Address

Sibuya Game Reserve  
PO BOX 31  
Kenton-on-Sea  
6191  
South Africa

## Sibuya Game Reserve Landline

Telephone: +27 (0) 45 648 1522

## Mobile

+27(0) 82 920 5804  
Chris Ovens (Project Manager)

## Gap Africa Projects

+44 (0) 744 260 6914

## 24 Hour Emergency Only

## Gap Africa Projects In Country Contact:

+27 (0) 79 313 2276 Carmen Warmenhove



## Health Risks

### Immunisation:

When entering South Africa, no international immunisation is required, however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

### Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

### Malaria:

The project is located in a malaria free area

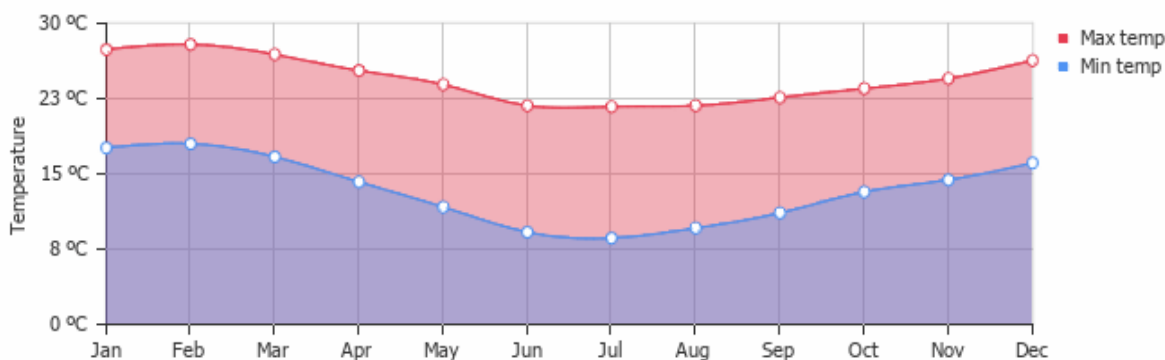
<http://www.sa-venues.com/malaria-risk-areas.htm>



# USEFUL INFORMATION

AFRICA

## Climate



Average temperatures in the Eastern Cape are shown on the graph.

During the months of April – November you should experience good weather. February is the warmest month and July the coldest. May is the driest month.

## Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

On day trips/excursions it is also a nice gesture to show your appreciation for the guide and a 10% tip in restaurants/cafes is normal.

## Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used.

Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers:

Wise



<https://wise.prf.hn/l/XZJx9qq>

# USEFUL INFORMATION

AFRICA

## Phones & Internet

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

Wi-Fi is available at the accommodation however internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly, an eSim provider who have offered a 5% discount when you use the code GAPAFRICAPROJECTS

## Benefits of an eSIM

Holafly

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa



<https://holafly.sjv.io/APK5yR>

-5% discount applied to all plans					
<b>5 Days</b> Unlimited data £22.80 <del>£24.00</del> GBP 5%	<b>7 Days</b> Unlimited data £32.30 <del>£34.00</del> GBP 5%	<b>10 Days</b> Unlimited data £35.15 <del>£37.00</del> GBP 5%	<b>15 Days</b> Unlimited data £37.05 <del>£39.00</del> GBP 5%	<b>20 Days</b> Unlimited data £46.55 <del>£49.00</del> GBP 5%	<b>30 Days</b> Unlimited data £63.65 <del>£67.00</del> GBP 5%

# USEFUL INFORMATION

AFRICA

## Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

Please follow this link to our preferred insurer:



<https://www.true traveller.com/backpackers-insurance?tag=4480>

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip. For other providers you need to ensure you are covered for 'Light Manual Work'.

## Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

## Passport Requirements

It can take many weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended exit date and have at least two blank pages. You can check requirements by using the IATA Travel Centre site.

[www.iatatravelcentre.com](http://www.iatatravelcentre.com)

## Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>



# OPTIONAL WEEKEND EXCURSIONS

AFRICA



**Weekend Options  
will be sent in  
advance of your  
departure.**

**Pre-Booked or  
Paid Locally**





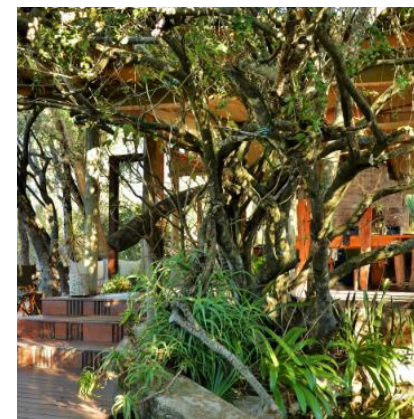
# ACCOMMODATION & LIFESTYLE

AFRICA

## Sibuya – River Camp

Together with the team, the group will be accommodated and hosted at the beautiful River Camp. Happy family vibes,

Participants will share comfortable four bedded rooms with en-suite bathrooms, including full board (3 meals a day).

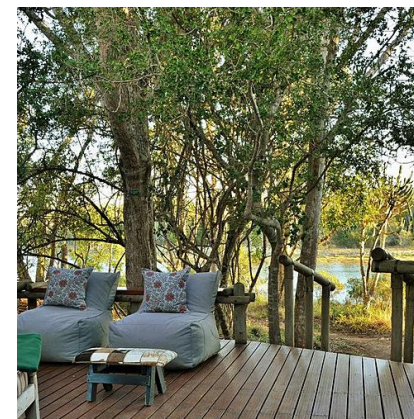
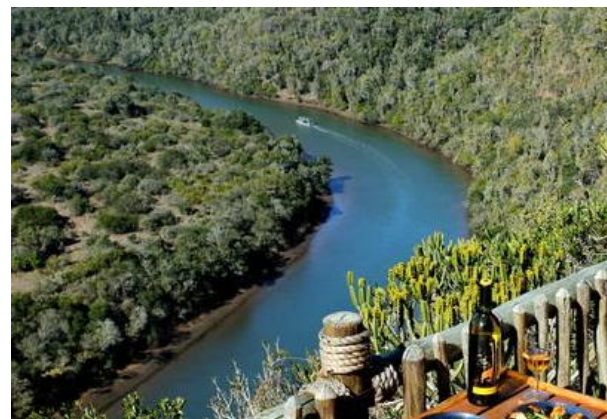




# ACCOMMODATION & LIFESTYLE

AFRICA

## RIVER CAMP



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

INFORMATION PACK 11



## Suggested kit list

- Short and long sleeve T shirts \*
- Long work trousers and shorts \*  
(Or work trousers with zip-off longs)
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker – (it can get very cold on an open vehicle – even on a summer evening)
- Daypack rucksack
- Socks
- Hat for sun protection (all year round) / Warm Hat (winter only)
- Working gloves
- Gloves for warmth (winter only)
- Water bottle (filtered rainwater provided at the lodge)
- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent
- Personal medical items & First Aid Kit
- Sunscreen & Sunglasses
- Binoculars
- **Other useful items:**
  - Good torch
  - Camera
  - Spare batteries
  - Mammal/bird book
  - Notebook/diary and pen

\* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright coloured clothing to be worn.

# WHAT'S INCLUDED

AFRICA

## What is included?

- Flights
- Transfers to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- ATOL protection
- Airport meet/greet
- 24/7 In country support



## NOT Included

- Personal Travel Insurance \*
- Meals on travel days – before arriving & after departing from project
- Any activities not specified as part of the project
- Weekend activities
- Visas/travel documents
- Tips

\* We recommend you take out insurance as soon as your booking is confirmed



**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



**GLOBALADVENTUREPROJECTS.COM**

