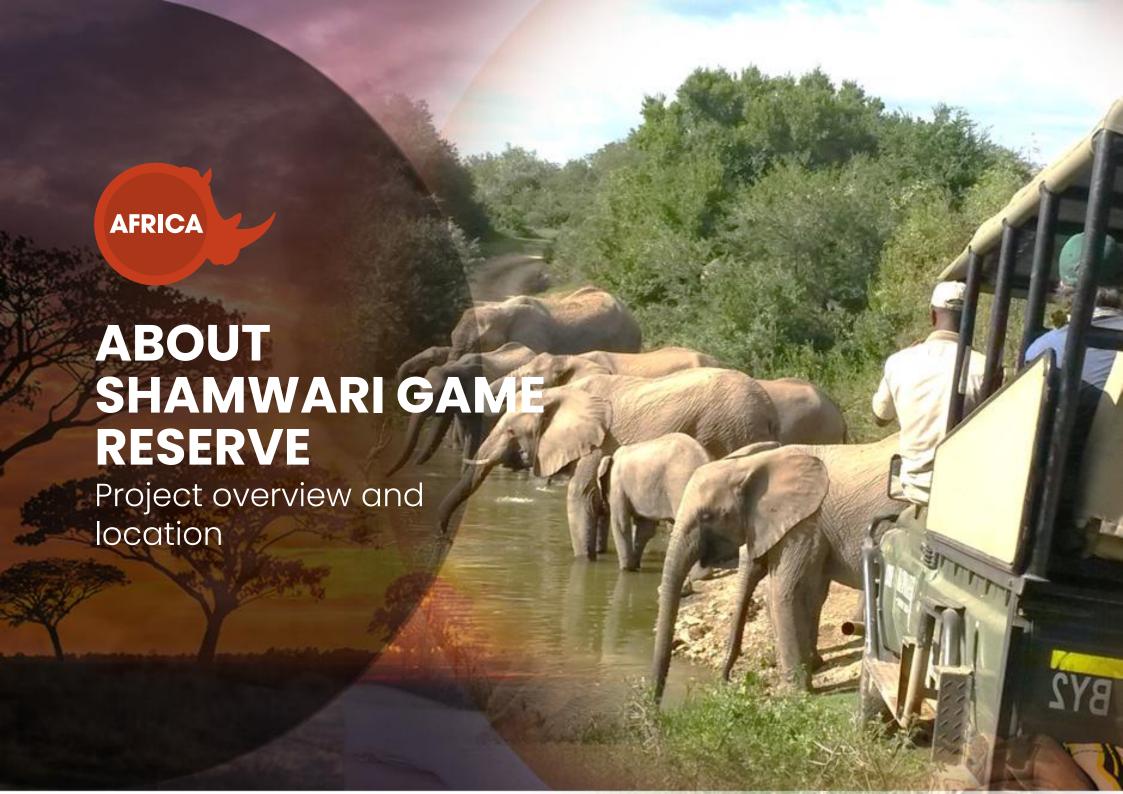


Bicton College Q&A PRESENTATION



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



ABOUT SHAMWARI



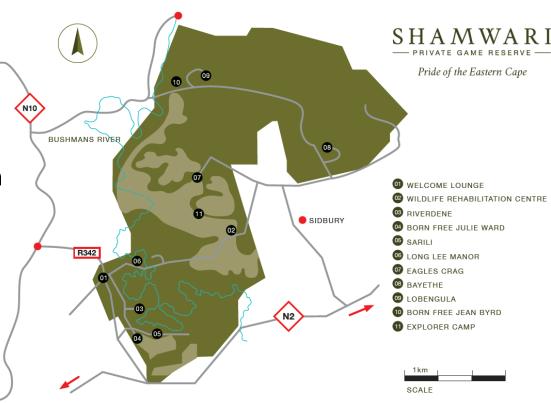
Shamwari Game Reserve - Location

- South Africa a world leader in conservation
- Privately owned Shamwari Game Reserve
- Malaria free Eastern Cape



Shamwari Game Reserve

- 25,000 Hectare Privately Owned Game Reserve
- A pioneer in conservation in Southern Africa
- Award winning conservation team including:
 - Wildlife Vets
 - Ecologists
 - Anti Poaching
- Home to Born Free Foundation
- Lodge dedicated for our groups



Home to the BIG 5











Home to over 60 Species of Mammal

















Your Conservation Projects

- General Reserve Maintenance
- Alien Plant Eradication / Land Management
- Spatial Distribution/habitat use of species
- Data Collection and Research
- Habitat and Prey Selection of Lions
- **Elephant Monitoring & Study**
- Work at the Born Free Foundation
- General Game Drives and Walks
- Night Drives
- Field Skills and Survival Training
- Community Development

















ACCOMMODATION & LIFESTYLE











ACCOMMODATION & LIFESTYLE

















Breakfast Menu - Example

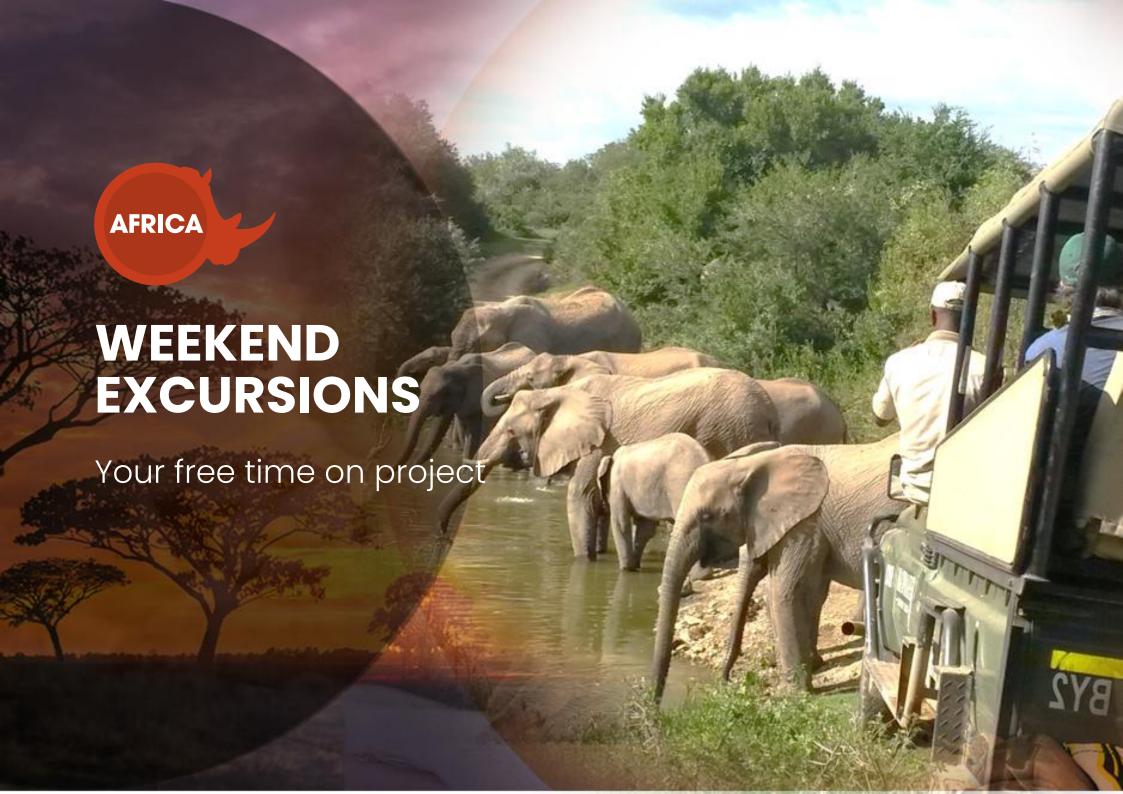
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Poppy seed	Vanilla	Buttermilk	Berry	Crispy	Cream	Scones
_	Muffins	Oats	Flap Jacks	Smoothie	Bacon	Cheese	With
K 1					French T	Bread	Whipped
WEEK					Tomato		Cream
>					Fried Eggs		
	Vanilla	Cinnamon	Banana	Banana	Pork Sausage	Рорру	Scones
	Muffins	Oats	Flap Jacks	Macadamia	Baked Beans	Seed	With Cheese n
				Smoothie	Creamy scrambled	Bread	Jam
K 2					egg		
WEEK					French Toast		
3							

Lunch Menu - Example

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Early Arrivals	Chicken Burgers	Wraps	Sausage Ralls	Sandwich	Cold Lunch	Fat Cakes
	Veg Quich	Chilli Mayo	Pasta Salad	Tomato Ketchup	Simba Chips	Bread Ralls	Beef Mince
	Greek Salad	Apples Green	Sweet chilli Sauce	Greek Salad	Orange Juice	Lettuce	Apricot Jam
	Orange Juice	Simba Chips	Jungle Bars	Jungle Bars	Purified Water	Tomato	Cheese
	Fruit Bowl	Orange Squash	Seasonal Fruit	Pear	Apples Red	Potato Salad	Fruits
		Purified Water	Orange Juice				
WEEK 1							
EE							
>							
	Hot Doggs	Chicken Pie	Build Yr Burger	Fried Chicken	Sandwich	Fish Cakes	Pizzas
	Mustard	Green Salad	Leaves	Potato Salad	Chips Simba	Cous-Cous	Hot Chips
	Tomato Ketchup	Jungle Bar	Cucumber	Bread Ralls	Orange Juice	Mixed Veg	Tropical Salad
	Salsa	Fruit Kebabs	Cheese	Tomato Ketchup	Pure Water	Tartar S	Tomato Ketchup
	Simba Chips	Orange Squash	Hummus	Jungle Bars	Peach	Fruit Bowl	Fruit Bowl
	Seasonal Fruit		Chips Simba	Naartjies			
X							
WEEK 2							
>							

Dinner Menu - Example

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Braai Night	Beef Bobotie	Mac and Cheese	Fried Fish	Beef Stroganoff	Veg Curry	Pork Chops
WEEK 1	Lamb Chops Beef Sausage Roster Cook Sweet Corn Potato Salad Salad Leaves Condiments 6	Yellow Rice Green Beans Sweet Carrots Green Salad	Mixed Veg Salad	Risotto Rice Diced Butternut Cowls' Salad Tomato Salsa	Spaghetti Germ Squash Salad	Rice Salad	Cous-cous Baby Marrow Capri Salad
	Lamb Potjie	Grilled Chicken	Veggie Baked	Final Braai	Spaghetti	Beef Kebab	Roasted
WEEK 2	Samp Beetroot Green Salad	Pap Cakes Relish Greek Salad Carrots Salad	Potato Mash Mixed Leaves Bean Salad	Chicken Kebabs Beef Sausage Jacket Potato Chakalaka Green Salad Sweet Corn	Cheese Green Salad	Sweet Potato Creamy Spinach Green Salad	Chicken Savory Rice Broccoli Cauliflower Carrots Tropical salad



Visit the popular Port Elizabeth (PE), officially renamed Gaeberha. Take a stroll along the beachfront and browse the vibrant market stalls. Tour at the Seabird Rescue Centre specialising in the critically endangered African penguin. Lunch will be arranged at beachfront restaurant.

Itinerary

08:00 - Pick up at project

09:30 - Boardwalk Mall, Beachfront Markets and Hobie Pier

11:00 - SANCCOB Seabird Rescue Centre Tour

12:00 - Lunch at restaurant (Own Account)

13:00 - Hobie Beach

17:00 – Arrive at project

£55.00 pp







Included

Professional guide

Comfortable 14 - 22 seater vehicle with trailer

SANCCOB (Southern African Foundation for the Conservation of Coastal Birds)

Transfers to/from accommodation

Excluded

Curios, tips and extra activities

Lunch





1 DAY - ADDO ADVENTURE

AFRICA

Enjoy a full day exploring the densest elephant-populated area in South Africa. With over 600 African elephants you are sure to cross paths on more than one occasion plus the rest of the Big 5 and more. Afternoon option of some exciting ziplining!

Itinerary

08:00 - Pick up at project

09:00 – Arrive at Addo Elephant National Park

12:00 - Lunch (and museum)

14:00 - Visit Adrenaline Addo or continue Addo safari

Zipline / Superman Zipline / Giant swing (own account)

17:00 – Arrive at project

Included

Professional guide

Comfortable 8 - 22 seater vehicles

Addo Elephant National Park

Light Lunch & Restaurant beverage

Park Entrance fees and conservation fees

Transfers to/from accommodation

Excluded

Curios, tips and extra activities

£109.00 pp

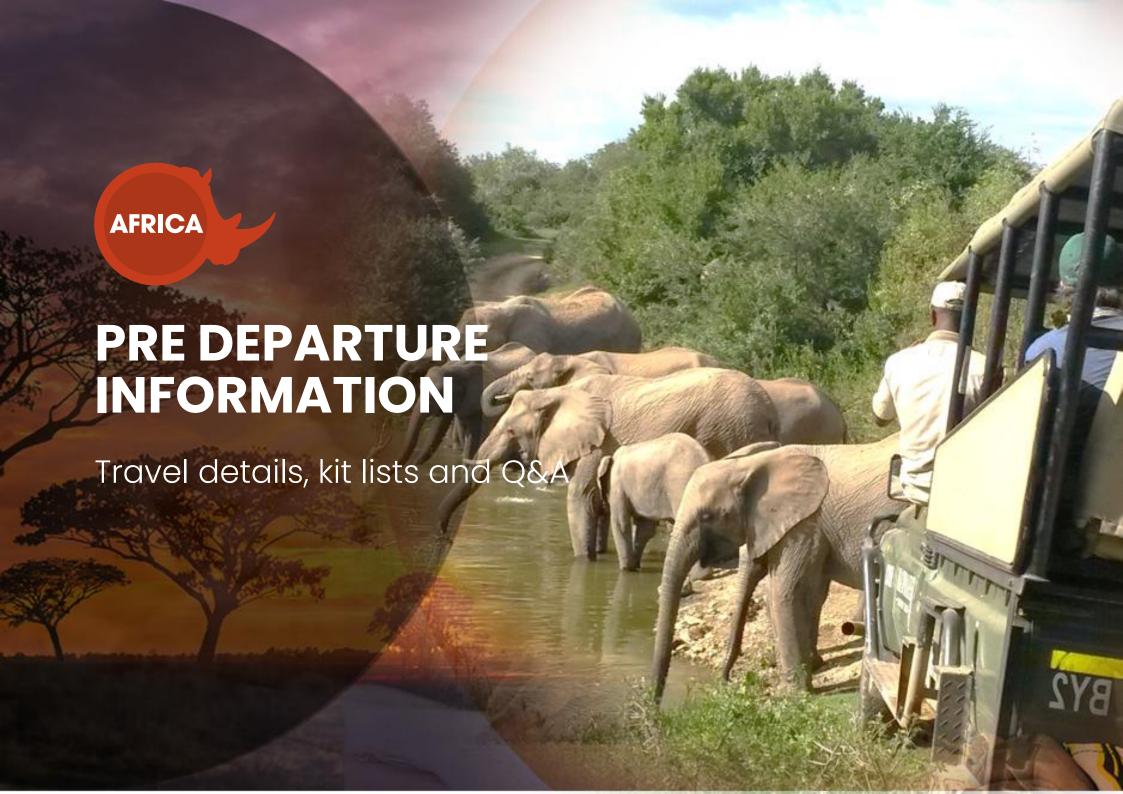














Departure from the United Kingdom | Arrival to South Africa

London Heathrow Airport – Terminal 5

Meet to check in at 16:05

Flight No Flight Date Arr. Time Dept. Dept. Time Arr.

London Heathrow (LHR) 19:05 22/06/25 Johannesburg (JNB) BA55 07:00 +1day

Johannesburg OR Tambo

Pass through immigration | Collect baggage | Clear customs Connection Terminal A – Terminal B | GAP Team member to assist

Arr. Time Flight No Flight Date Dept. Time Dept. Arr.

Johannesburg (JNB) FA360 23/06/25 11:10 Port Elizabeth (PLZ) 13:00

Port Elizabeth Airport

Meet and Greet at PLZ Arrivals Hall Transfer to Shamwari with stop off at Supermarket

Departure from South Africa | Arrival to the United Kingdom

Flight No Flight Date Dept. Time Arr. Time Dept. Arr.

06/07/2025 Port Elizabeth (PLZ) Johannesburg (JNB) 15:55 **FA365** 14:10

Johannesburg OR Tambo

Collect baggage and re-check in at international departures

Flight No Flight Date **Dept. Time** Arr. Time Dept. Arr.

06/07/2025 London Heathrow (LHR) 05:35 + 1 Day BA56 Johannesburg (JNB) 19:25







BAGGAGE ALLOWANCE

Hand Luggage

Max Weight: 7kg

Max Dimensions: 56 X 36 X 23 cm

Checked-In Luggage

Max Weight:

20kg

Max Dimensions: 90 x 75 x 43 cm

Travel Documents

Issued 09/06/2025

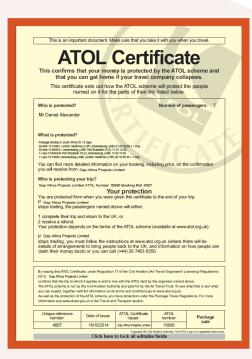
Emailed to your personal and/or college email address

Print and take copies

Boarding passes issued at airport

Passports!







https://gapafricaprojects.com/25-4618/

Group Web Page & Travel Documents

FAQs and House Rules

- Student Frequently Asked Questions Click to Download
- Student Guidelines and House Rules Click to Download



Student - Frequently Asked Questions Contents Pre-Departure What documents should I receive from Gap Africa?... 2. What travel documents are required? Gap Africa Projects - General Guidelines and House Rules: As a participant in Gap Africa Projects, I understand and agree to adhere to the 1. Timeliness and Curfew. I commit to respecting designated timings, including early mornings and curfew times 2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture. incidents or issues during the trip? 3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants. 4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities. 5. Alcohol Policy: I ggree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during 8. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited. d Lbring?.. 7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency. 8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before be menstruating during the trip 9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am 10. Insurance: I agree to obtain appropriate travel and medical insurance that covers all activities during the trip.

https://gapafricaprojects.com/25-4618/

Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts (Or work trousers with zip-off longs)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker warm (it can get very cold on an open vehicle - even on a summer evening)
- Daypack rucksack
- Walking Socks
- Warm Hat (in winter only) /Hat for sun protection (all year round)
- Working gloves
- Gloves for warmth (in winter only)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Swimming costume
- Toiletries
- Tick / insect repellent

Other useful items:

- Binoculars
- Good torch
- Water bottle
- Camera
- Sunglasses

- Personal medical items
- Cards/Games
- Sunscreen
- Mammal/bird book
- Notebook/diary and pen

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

USEFUL INFORMATION

Climate

22

23

24

25

26

27

28





24° 8°

24°

24°

23°

21°

20°

20°

29

30

2

3

5





21°

24°

24°

24°

22°

22°

21°

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used. Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

https://wise.prf.hn/I/XZJx9gq





Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

Phones & Internet

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

Some Wi-Fi if provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS

Benefits of an eSIM Holafly

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa

https://shorturl.at/sxE29



Unlimited data

Enjoy unlimited data while traveling to numerous destinations worry-free. Learn more



24/7 Customer Support

In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.



Keep using your favorite apps

Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.



Fast and Reliable Internet Connection

Connect to the best networks at your destination and get internet that's both reliable and fast



Keep your WhatsApp number

You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.



Enjoy dual SIMs

Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

https://travelhealthpro.org.uk/country/201/southafrica

Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm - regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area

http://www.sa-venues.com/malaria-risk-areas.htm



Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

https://www.truetraveller.com/?tag=4480



You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip

Load Shedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.

Passport Requirements

It can take up to 6 weeks to obtain a passport remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

http://www.dha.gov.za/index.php/immigrationservices/exempt-countries



Community GAP Donation Bags

- Magazines
- Books for school library
- Educational posters
- Stationery
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Recyclable pads for Move Africa donation







USEFUL INFORMATION

Trip Clothing

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle





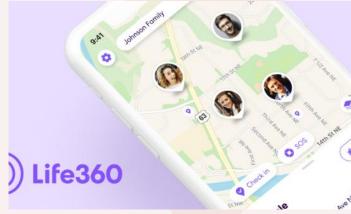
Useful Apps for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightrader24 - very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.









GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:











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