

### USP College Pre-Departure Presentation

# **Zulu Land** Conservation Field Trip **AFRICA**

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.



# ZULU LAND PROJECT OVERVIEW

Overview and location of the project

### **PROJECT OVERVIEW**

AFRICA

### KwaZulu-Natal Conservation Research Project-Location

- South Africa a world leader in conservation
- Malaria free KwaZulu Natal



### **ABOUT THE PROJECT**

### Nambiti Game Reserve (07/07/2025 - 13/07/2025)

Nambiti Game Reserve is a magnificent 23,000 acres of unspoiled wilderness boasting the Big 5 and incredible biodiversity (grasslands, riverine bush, savannah and thornveld) offering unprecedented diversity of wildlife.











### **YOUR PROJECT**

#### Your Conservation Programme - Nambiti

Students will be taught and work alongside the field guides and conservation team. The following examples depict the day-to-day activities that may be undertaken as part of the project at Nambiti.

- Alien Vegetation Control / Reserve Maintenance
- Use of Telemetry Tracking
- Elephant Monitoring / Population Study
- Rhino Monitoring Awareness
- Anti-poaching talk and fence walk
- Camera Trapping
- Night Drives
- Big Five Bush Walk
- Habitat and Prey Selection of Predators
- Tracks, Signs and Spoor
- Community Development TBC





### **ABOUT THE PROJECT**

### Zingela River Safari (13/07/2025 – 19/07/2025)

**Zingela Wildlife Reserve** covers 12,500 acres of predator free, pristine African bushveld. You will have the opportunity to be involved with the research that takes place at the property;. You will also have the chance to participate in a host of activities during your stay.









AFRICA

ANY QUESTIONS? INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

### **YOUR PROJECT**

#### Your Conservation Programme – Zingela

Students will be taught and work alongside the field guides and scientific team. The following examples depict the dayto-day activities that may be undertaken as part of the project at Zingela Reserve.

- Spatial Distribution and Habitat use of species
- Use of Telemetry Tracking
- Giraffe migration and Conservation Project
- Reptile pit fall traps
- Freshwater Ecology
- Mini SASS
- Fish Tagging
- Bird Ringing
- Educational Bush Walks Ecology & Botany
- Tracks, Signs and Spoor
- Camera Trapping and data processing





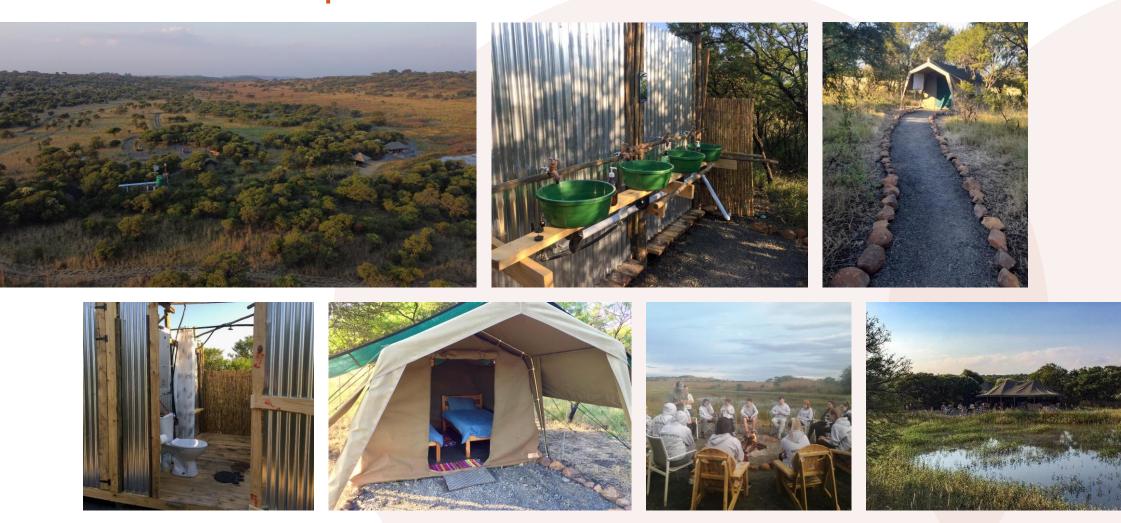




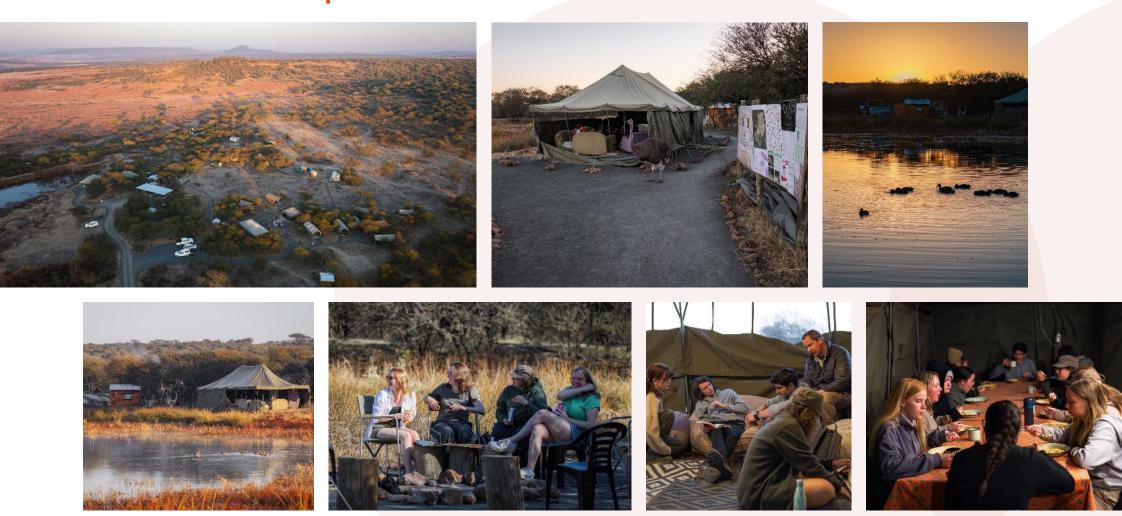
# ACCOMMODATION & LIFESTYLE

Life in the African Bush

### Game Reserve Camps - Nambiti



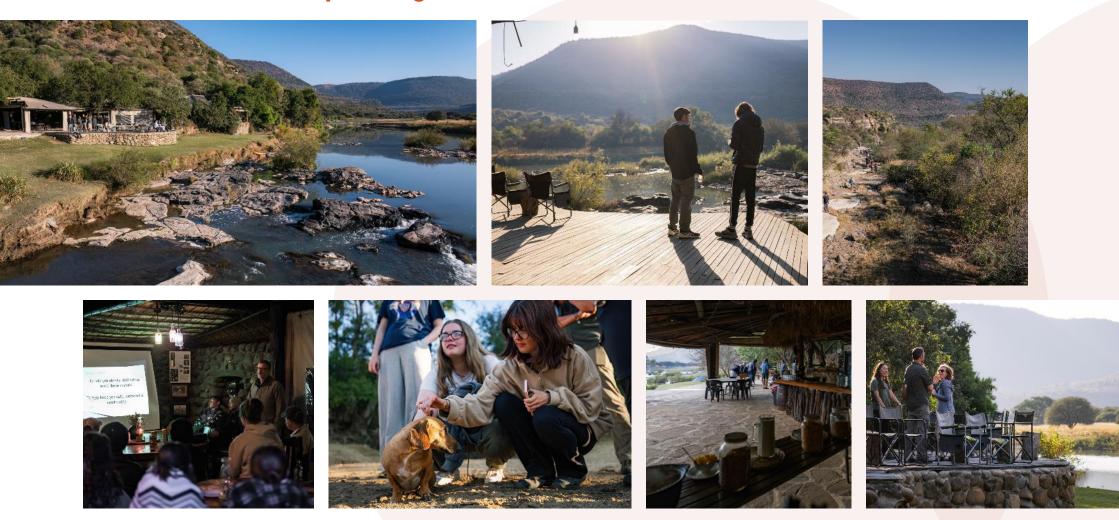
Game Reserve Camps - Nambiti



### Game Reserve Camps - Zingela



### Game Reserve Camps - Zingela



#### Food at the project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised.

Please advise us of any dietary requirements in advance so we can ensure that you are adequately catered for.













### Meals

**Sample Menu** 

Day 1	Day 2	Day 3	Day 4	Day 5
Scrambled eggs, savoury beans or mince or bacon toast (Jam, PButter)	Yoghurts, muesli, cereal, fruit	Pancakes, banana, fruit	Oatmeal porridge, fruit, toast & jam	French toast (Eggy bread)
Quiche & salad	Macaroni Cheese	Soup & homemade bread	Hotdogs	Braai broodjies (tomato, cheese, onion toasties on open fire)
Nachos (vegan or mince)	Beef stew & rice	Braai (Barbeque) with salads	Chicken ala King & rice	Chickpea curry mild

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure.

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Pre-Departure Presentation 14



## PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A

### **FLIGHT INFORMATION**

### Departure from the United Kingdom | Arrival to South Africa

#### London Heathrow Airport – Terminal 3

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
VS449	06/07/2025	London Heathrow (LHF	R) 22:00	Johannesburg (JNB)	10:00 + 1 Day

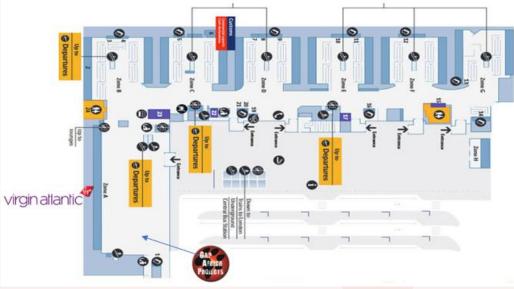
#### Johannesburg OR Tambo – Terminal A

Pass through immigration | Collect baggage | Clear customs GAP team member to meet group in arrivals hall

Transfer from OR Tambo to Nambiti (+- 5 Hours)

#### **Baggage Allowance**

Checked luggage – 1 x 23KG Hand Luggage – 1 x 8KG



### **FLIGHT INFORMATION**

### Departure from South Africa | Arrival to the United Kingdom

Johannesburg OR Tambo – Terminal A Check in at international departures

<b>Flight No</b>	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
VS450	19/07/2025	Johannesburg (JNB)	20:40	London Heathrow (LHR	) 06:45 + 1 Day





### **TRAVEL DOCUMENTS**

#### AFRICA

#### **Travel Documents**

Balance due: 12/05/2025

Final Documents Issued: 23/06/2025

Emailed to your personal and/or college email address

Print and take copies

Boarding passes issued at the airport

#### Passports!

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### https://gapafricaprojects.com/25-4638

### **TRIP DOCUMENTS**

AFRICA

#### **Group Web Page & Travel Documents**

٠ Student Frequently Asked Questions - Click to View

٠ Student Guidelines and House Rules - Click to View



	Student - Frequently Asked Questions		
	Contents		
	Pre-Departure		
	<ol> <li>What documents should I received</li> </ol>	e from Gap Africa?2	
Gap Africa Projects - General (	Ruidelines and House Rules:	d?2	
oup Anica Projecta - Oeneral C			
As a participant in Gap Africa Projects, I under following guidelines:	erstand and agree to adhere to the		
<ol> <li>Timeliness and Curfew. I commit to respect mornings and curfew times.</li> </ol>	ing designated timings, including early	3	
2. Behavioural Expectations: I agree to upholo institution, maintaining respect for others and		and contacts?	
		incidents or issues during the trip?4	
<ol> <li>Language and Conduct: I recognise that the and will respectfully challenge any instances</li> </ol>		or or hospital?4	
4. Smoking and Vaping: I agree not to smoke utilising only designated smoking areas for s		4 ng?4	
		siderations for the trip?4	
<ol> <li>Alcohol Policy: I agree to comply with my in that if I choose to drink, I do so responsibly an</li> </ol>		4	
any activities.		re be?5	
6. Substance Use: I understand and agree th	at the use of narcotic substances is		
strictly prohibited.		d I bring?5	
<ol> <li>Community interaction: I will refrain from giving money or food directly to ndividuals in the community, as it may perpetuate a culture of dependency.</li> </ol>			
8. Health and Dietary Needs: I will inform Gap	Africa Projects of any medical		
conditions, mental health concerns, or dietar		be menstruating during the trip7	
travel.			
9. Personal Supplies: I commit to bringing an a picky/fussy eater	y preferred snacks or foods if I know I am		
10. Insurance: Lagree to obtain appropriate tr all activities during the trip.	ravel and medical insurance that covers		

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### https://gapafricaprojects.com/25-4638

**ANY QUESTIONS?** INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

### **Suggested kit list**

- Short sleeve shirts
- Long work trousers
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker warm (it can get very cold on an open vehicle - even on a summer evening)
- Daypack rucksack
- Socks
- Warm Hat (in winter only) /Hat for sun protection (all year round)
- Working gloves
- Gloves for warmth (in winter only)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Swimming costume
- Toiletries
- Tick / insect repellent

#### Other useful items:

- Binoculars
- Head torch
- Water bottle
- Camera
- Sunglasses

- Personal medical items
- Cards/Games
- Sunscreen
- Mammal/bird book
- Notebook/diary and pen

\* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

Climate

### Nambiti/ Zingela



### **Currency & Credit Cards**

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used. Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

https://wise.prf.hn/l/XZJx9gq



### Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

#### **Phones & Internet**

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

Some Wi-Fi if provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS

#### Benefits of an eSIM

Holafly

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa

#### https://shorturl.at/sxE29



24/7 Customer Support In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need. ı, Dı

Keep using your favorite apps Get that safe ride home, find that great

restaurant, and pin the local attractions, all while staying connected with your loved ones.

#### 53

Fast and Reliable Internet Connection

Connect to the best networks at your destination and get internet that's both reliable and fast



Keep your WhatsApp number

····

AFRICA

You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.

::!

#### Enjoy dual SIMs

Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

#### **Health Risks**

#### **Immunisation:**

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

#### https://travelhealthpro.org.uk/country/201/southafrica

#### **Drinking Water:**

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

#### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

AFRICA

#### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

#### Malaria:

The project is located in a malaria free area http://www.sa-venues.com/malaria-riskareas.htm

Insurance

Comprehensive travel insurance is provided by the university. For further details on the policy, please contact the university directly. If you are bringing valuable equipment, we recommend checking whether it is covered under the policy.

https://www.truetraveller.com/?tag=4480



#### Loadshedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.

#### **Passport Requirements**

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

#### Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

http://www.dha.gov.za/index.php/immigrationservices/exempt-countries



### **COMMUNITY PROJECTS**

### **Community GAP Donation Bags**

- Magazines
- Books for school library
- Educational posters
- Stationary
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Recyclable pads for Move Africa donation







### **Trip Clothing**

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle





### **USEFUL APP's**

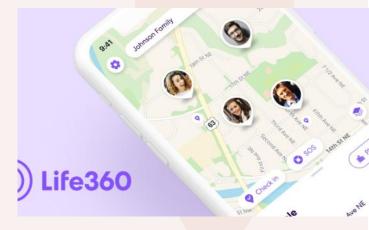
### Useful App's for Next of Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightrader24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.







#### GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

Explore our network of Global Adventure Projects:

