

# Sparsholt College PRE-DEPARTURE PRESENTATION

# Waterberg Equine and Wildlife Experience

AFRICA

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

# ABOUT YOUR PROJECT

AFRICA

### **Your Project Location**





# ACCOMMODATION & LIFESTLE

Living in Africa

### **ACCOMMODATION & LIFESTYLE**

#### Accommodation

The group will be accommodated in the beautiful historic thatch cottages surrounded by gardens, horses, animals and views of the bushveld.

One of the evenings, students will have the opportunity to experience the glamping tents, including the signature woodfired hot tubs.













## **ACCOMMODATION & LIFESTYLE**

AFRICA

### Rooming



## **ACCOMMODATION & LIFESTYLE**

### **Food and Meals**





# PRE DEPARTURE INFORMATION

Travel details, kit Lists and Q&A

# **FLIGHT INFORMATION**

### **Baggage Allowance**



### 1x checked

Maximum weight 23kg

Maximum dimensions 90 x 75 x 43cm (35.5 x 29.5 x 16ins)



### Hand Baggage

Maximum weight is 10Kg Maximum dimensions is 23 x 36 x 56cm

> https://help.virginatlantic.com/bb/e n/baggage/check-in-baggageallowance.html

# **FLIGHT INFORMATION**

### Departure from the United Kingdom | Arrival to South Africa

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
VS449	18/05/25	London Heathrow (LHR	) 22.00	Johannesburg (JNB)	10.00+ 1 Day

#### Johannesburg OR Tambo

Pass through immigration | Collect baggage | Clear customs

Meet GAP Team member to assist with transfers





## **FLIGHT INFORMATION**

### Departure from South Africa | Arrival to the United Kingdom

Johannesburg OR Tambo – Terminal A

Check-in at the check-in desk

Flight NoFlight DateDept.Dept. TimeArr.VS45029/05/25Johannesburg (JNB)18.55Londo

Arr. Arr. Time London Heathrow (LHR) 05.00+ 1 Day

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Checked Baggage Allowance: 23KG Hand Baggage Allowance: 10KG



# **TRAVEL DOCUMENTS**

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#### **Travel Documents**

#### Final Balance

05/05/2025

Final Documents Issued 05/05/2025

Emailed to your personal and/or college email address

Print and take copies

Boarding passes issued at the airport

Passports!



For the latest information of	Frip <sup>™</sup> eipt has been brought to you by on your travel plans, view your it			el provide	
For the latest information of				el provide	
	in your vaver plans, new your is				r
		and a find			
Reservation Number RS3RQS			View El	ectronic Tir	ket Receipt
Traveller					
Passenger Name	Billing Address:		Delivery Address:		
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	BOLTON				
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### https://gapafricaprojects.com/25-4611/

### **TRIP DOCUMENTS**

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#### **Group Web Page & Travel Documents**

٠ Student Frequently Asked Questions - Click to View

 $\odot$ Student Guidelines and House Rules - Click to View

Student - Frequer	ntly Asked Questions	
Contents e-Departure		2
What documents should I receive fr	om Gap Africa?	2
What travel documents are required	d?	
ines and House Rules:	d?	
and agree to adhere to the		
		3
ignated timings, including early		
havioural standards set by my cal culture.	and contacts?	
	incidents or issues during the trip?	4
of foul language is inappropriate nong fellow participants.	or or hospital?	
e inside any buildings or vehicles, ivities.	ng?	
n's alcohol policy and ensure	iderations for the trip?	
out becoming intoxicated during	re be?	
se of narcotic substances is	·	
se of hurcould substances is	d I bring?	5
oney or food directly to a culture of dependency.		
Projects of any medical		7
tions at least six weeks before	be menstruating during the trip	7
		10

Dr

Gap Africa Projects - General Guidel As a participant in Gap Africa Projects, I understand

1. Timeliness and Curfew. I commit to respecting des

2. Behavioural Expectations: I agree to uphold the be institution, maintaining respect for others and the lo 3. Language and Conduct: I recognise that the use of and will respectfully challenge any instances of it an 4. Smoking and Vaping: I agree not to smoke or vap utilising only designated smoking areas for such act 5. Alcohol Policy: I agree to comply with my institution that if I choose to drink. I do so responsibly and with

6. Substance Use: I understand and agree that the u

7. Community Interaction: I will refrain from giving m individuals in the community, as it may perpetuate ( 8. Health and Dietary Needs: I will inform Gap Africa conditions, mental health concerns, or dietary restrict

9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am

10. Insurance I agree to obtain appropriate travel and medical insurance that covers

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following guidelines:

any activities.

travel.

strictly prohibited.

a picky/fussy eater

all activities during the trip.

mornings and curfew times.



#### https://gapafricaprojects.com/25-4611/

### **Suggested Kit List**

- Short and long sleeve T-shirts \*
- Long work trousers and shorts \* (Or work trousers with zip-off longs)
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Riding hat
- Jodhpurs
- Riding boots
- Gloves
- Daypack rucksack
- Socks
- Hat for sun protection (all year round)
- Gloves for warmth (winter only)
- Water bottle (filtered rainwater provided)

\* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-colored clothing to be worn

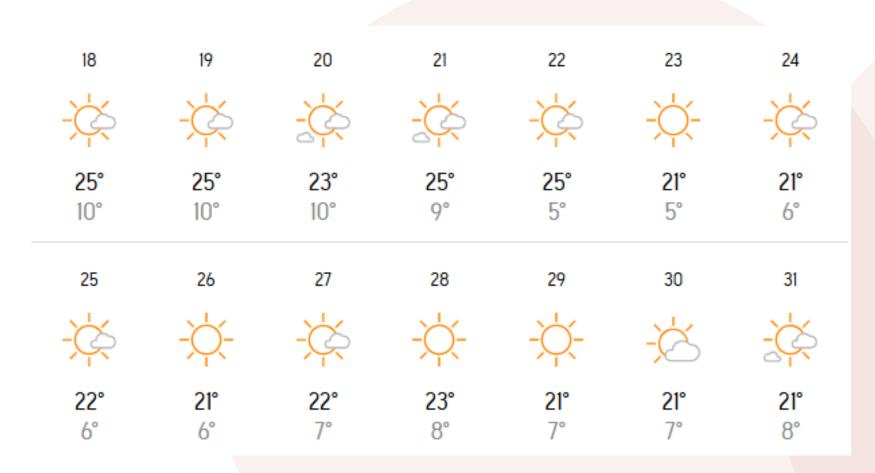
- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent
- Personal medical items/First Aid Kit
- Sunscreen and sunglasses

#### Other useful items:

- Binoculars
- Good torch
- Camera
- Spare batteries
- Cards/music
- Mammal/bird book
- Notebook/diary and pen

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#### Climate



Vaalwater

### **Currency & Credit Cards**

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used. Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

https://wise.prf.hn/l/XZJx9gq



### Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

#### **Phones & Internet**

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

Some Wi-Fi if provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS

#### **Benefits of an eSIM**

Holafly

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in
  South Africa

#### https://shorturl.at/sxE29

5 Days	0	7 Days	0	10 Days	C
Unlimited data		Unlimited data		Unlimited data	
<b>£22.80</b> <del>£24.00</del> gbp	\$ 5%	£32.30 £34.00 GBP	♦ 5%	£35.15 £37.00 GBP 📀	5%
15 Days	0	20 Days	0	30 Days	C
Unlimited data		Unlimited data		Unlimited data	
£37.05 £39.00 GBP	♦ 5%	£46.55 £49.00 GBP	\$ 5%	£63.65 £6700 GBP	5%

### **Health Risks**

#### **Immunisation:**

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential. Please visit the following web page for advice from the UK Foreign Office:

#### https://travelhealthpro.org.uk/country/201/southafrica

#### **Drinking Water:**

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

#### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

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#### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

#### Malaria:

The project is located in a malaria free area http://www.sa-venues.com/malaria-riskareas.htm

#### Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

https://www.truetraveller.com/?tag=4480



#### Loadshedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.

### **Passport Requirements**

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

#### **Visa Requirements**

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

http://www.dha.gov.za/index.php/immigration-services/exempt-countries



## **COMMUNITY PROJECTS**

### **Community GAP Donation Bags**

- Magazines
- Books for school library
- Educational posters
- Stationary
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Leads and Collars
- Donkey / Pony Tack (small bits)
- Donkey Harness 1300rand each (£60)







### **Trip Clothing**

Online shop available for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle





### **USEFUL APP's**

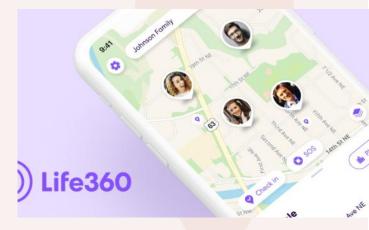
### Useful App's for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightrader24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.





# **RIDER INFORMATION**

#### **RIDER SURVEY**

https://forms.office.com/e/LnPEYbbk7T



ANY QUESTIONS? INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819



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