



# SRUC College Q&A Presentation



## Shamwari Group Conservation Expedition



**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.





AFRICA

# ABOUT SHAMWARI GAME RESERVE

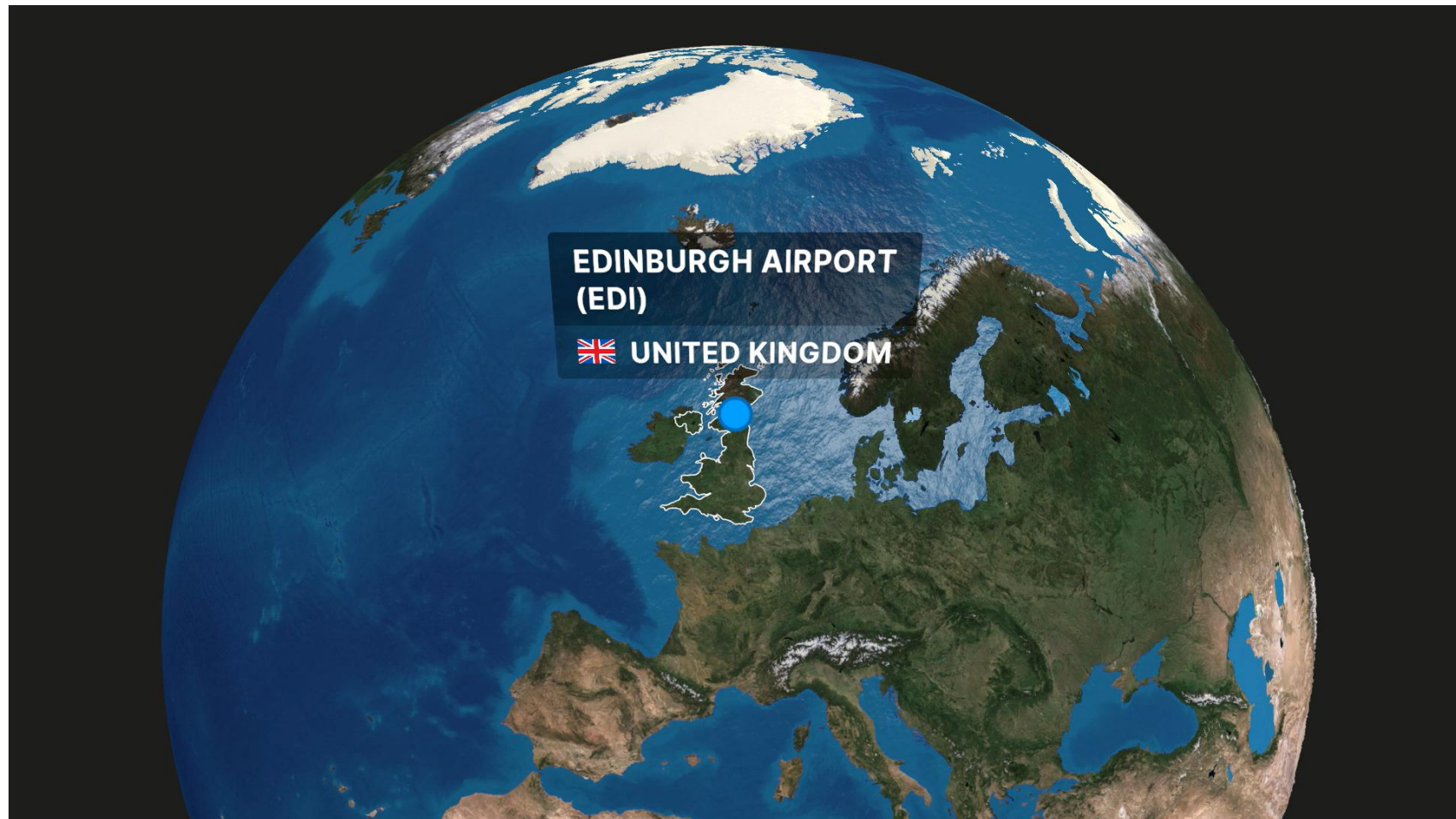
Project overview and  
location



# ABOUT SHAMWARI

AFRICA

## Shamwari Game Reserve – Location

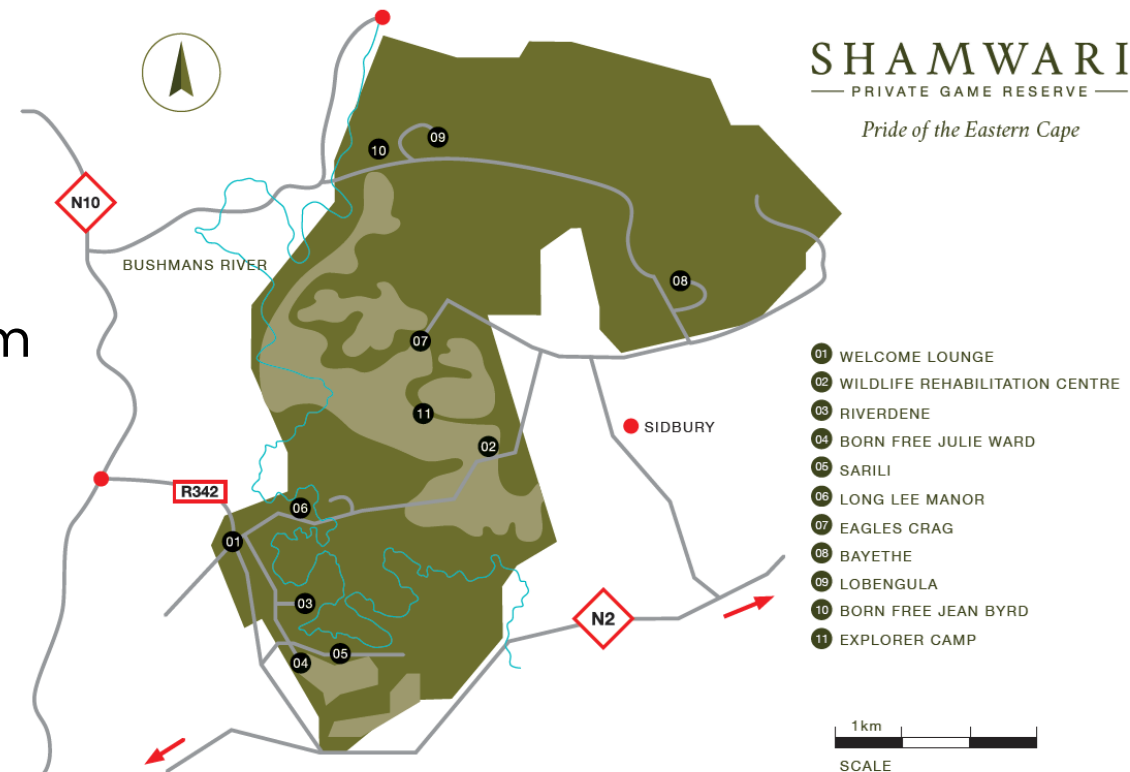


# ABOUT SHAMWARI

AFRICA

## Shamwari Game Reserve

- 25,000 Hectare Privately Owned Game Reserve
- A pioneer in conservation in Southern Africa
- Award winning conservation team including:
  - Wildlife Vets
  - Ecologists
  - Anti Poaching
- Home to Born Free Foundation
- Lodge dedicated for our groups

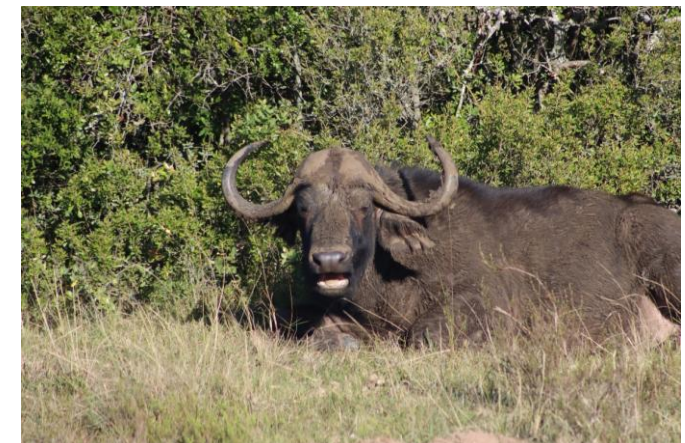




# ABOUT SHAMWARI

AFRICA

## Home to the BIG 5



ANY QUESTIONS?

[INFO@GAPAFRICAPROJECTS.COM](mailto:INFO@GAPAFRICAPROJECTS.COM) | +44 (0)207 1937819

PRE DEPARTURE INFORMATION 5



# ABOUT SHAMWARI

AFRICA

Home to over 60 Species of Mammal



ANY QUESTIONS?

[INFO@GAPAFRICAPROJECTS.COM](mailto:INFO@GAPAFRICAPROJECTS.COM) | +44 (0)207 1937819

PRE DEPARTURE INFORMATION 6



# ABOUT THE PROJECT

AFRICA

## Your Conservation Projects

- General Reserve Maintenance
- Alien Plant Eradication / Land Management
- Spatial Distribution/habitat use of species
- Data Collection and Research
- Habitat and Prey Selection of Lions
- Elephant Monitoring & Study
- Work at the Born Free Foundation
- General Game Drives and Walks
- Night Drives
- Field Skills and Survival Training
- Community Development



ANY QUESTIONS?

[INFO@GAPAFRICAPROJECTS.COM](mailto:INFO@GAPAFRICAPROJECTS.COM) | +44 (0)207 1937819

PRE DEPARTURE INFORMATION 7





AFRICA

# LIFESTYLE & ACCOMMODATION

Life in the African Bush



# ACCOMMODATION & LIFESTYLE

AFRICA



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Project Presentation 9



# ACCOMMODATION & LIFESTYLE

AFRICA



ANY QUESTIONS?

[INFO@GAPAFRICAPROJECTS.COM](mailto:INFO@GAPAFRICAPROJECTS.COM) | +44 (0)207 1937819

Project Presentation 10



# 1 DAY – PENGUIN & PIER

AFRICA

Visit the popular Port Elizabeth (PE), officially renamed Gqeberha. Take a stroll along the beachfront and browse the vibrant market stalls. Tour at the Seabird Rescue Centre specialising in the critically endangered African penguin. Lunch will be arranged at beachfront restaurant.

## Itinerary

08:00 – Pick up at project  
09:30 – Boardwalk Mall, Beachfront Markets and Hobie Pier  
11:00 – SANCCOB Seabird Rescue Centre Tour  
12:00 – Lunch at restaurant (Own Account)  
13:00 – Hobie Beach  
17:00 – Arrive at project

**£55.00 pp**      **2025 rates**

## Included

Professional guide  
Comfortable 14 – 22 seater vehicle with trailer  
SANCCOB (Southern African Foundation for the Conservation of Coastal Birds)  
Transfers to/from accommodation

## Excluded

Curios, tips and extra activities  
Lunch





# 1 DAY – SUNSHINE COAST

AFRICA

Visit some of the most pristine coastline that South Africa has to offer and experience the thrill of sandboarding through the dunes. After the kayak is over, we will settle down to a beach braai (BBQ) in front of the crashing waves and beautiful views before the excitement of sandboarding.

## Itinerary

08:00 – Pick up at project

10:00 – Kayak paddle

12:00 – Beach BBQ Lunch

13:00 – Sandboarding

17:00 – Arrive at project

## Included

Professional guide

Comfortable 14 – 22 seater vehicle with trailer

Sandboard and Kayak rentals

Lunch

Transfers to/from accommodation

## Excluded

Curios, tips and extra activities

**£89.00 pp**    **2025 rates**





# 1 DAY – ADDO ADVENTURE

AFRICA

Enjoy a full day exploring the densest elephant-populated area in South Africa. With over 600 African elephants you are sure to cross paths on more than one occasion plus the rest of the Big 5 and more. Afternoon option of some exciting ziplining!

## Itinerary

08:00 – Pick up at project

09:00 – Arrive at Addo Elephant National Park

12:00 – Lunch (and museum)

14:00 – Visit Adrenaline Addo or continue Addo safari

- Zipline / Superman Zipline/ Giant swing (own account)

17:00 – Arrive at project

## Included

Professional guide

Comfortable 8 – 22 seater vehicles

Addo Elephant National Park

Light Lunch & Restaurant beverage

Park Entrance fees and conservation fees

Transfers to/from accommodation

## Excluded

Curios, tips and extra activities

**£109.00 pp 2025 rates**





# 1 DAY – GARDEN ROUTE

AFRICA

Visit the coastal hotspot of Plettenberg Bay on this action packed adventure. Experience national parks, headland hikes and tours of world-renowned cageless animal sanctuaries.

## Itinerary

06:00 – Pick up at project

08:00 – Breakfast stop

10:00 – Monkey Land (free roaming, multi-species primate sanctuary)

11:00 – Birds of Eden (world's largest free flight aviary, bird sanctuary)

12:00 – Braai Lunch (BBQ)

14:00 – Tsitsikamma National Park (hiking trail and suspension bridge)

17:00 – Depart Garden Route

20:00 – Arrive at project

**£175.00 pp    2025 rates**

## Included

Professional guide

Comfortable 14 – 22 seater vehicle with trailer

Conservation and all entrance fees

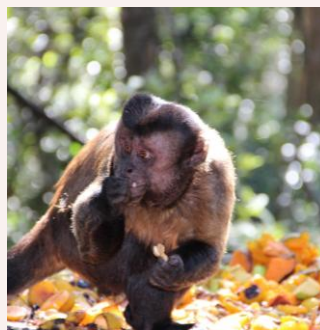
Transfers to/from accommodation

Light lunch and bottled water/soft drink

## Excluded

Curios, tips and extra activities

Dinner





# AFRICAN HERITAGE, MYTHS & LEGENDS

AFRICA

Cultural heritage, myths and legends – with the renowned local, Basil Mills

## Itinerary

2 hour immersive experience

An interactive show, tell and demonstration of early frontier experiences and cultures, archaeology, early weaponry and customs of Eastern Cape region.

No need to travel as this is based at Shamwari!

## Included

Professional expert guide

Props

## Excluded

Tips

**£250 per group plus £5 per person**





# STAY AT BASE – SHAMWARI ACTIVITIES

AFRICA

There is a list of indoor and outdoor activities available right at the lodge. So, if you like, stay at 'home' and participate in some or all these activities!

## No charge – on site lodge activities

- Potjie competition – challenge in teams cooking on open fire
- Swimming pools
- 20min hiking trail in the garden, birding in the garden
- Library, pool table, finger board, dart board
- DSTV – plus the Shamwari series and other conservation documentaries
- Football and volleyball
- Croquet

## Charged activities

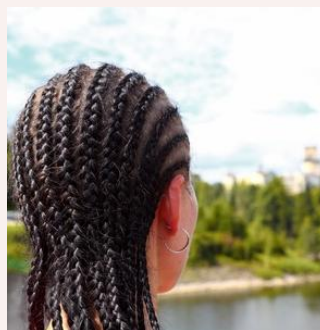
Spa treatments – community project

- facials
- nails
- hair braiding

Shamwari Xhosa Village Tour

- 2h tour

(rates available on request – paid directly)







AFRICA

# PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A



# FLIGHT INFORMATION

AFRICA

## Departure from the United Kingdom | Arrival to South Africa

### Edinburgh Airport

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA1445	08/06/2025	Edinburgh (EDI)	12.50	London Heathrow (LHR)	14.25
BA55	08/06/2025	London Heathrow (LHR)	19.05	Johannesburg (JNB)	07.15+1day

### Johannesburg OR Tambo

Pass through immigration | Collect baggage | Clear customs  
Connection Terminal A – Terminal B | GAP Team member to assist

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA360	09/06/2025	Johannesburg (JNB)	11.10	Port Elizabeth (PLZ)	15.35

### Port Elizabeth Airport

Meet and Greet at PLZ Arrivals Hall  
Transfer to Shamwari Game Reserve  
Supermarket stop off



## Baggage Allowance



1x checked

Maximum weight 20kg



Hand Baggage

Maximum weight is 7Kg



# FLIGHT INFORMATION

AFRICA

## Departure from South Africa | Arrival to the United Kingdom

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA363	21/06/2025	Port Elizabeth (PLZ)	13.50	Johannesburg (JNB)	15.35

### Johannesburg OR Tambo

Collect baggage and re-check in at international departures

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA56	21/06/2025	Johannesburg (JNB)	19.25	London Heathrow (LHR)	05.35 + 1 Day
BA1442	22/06/2025	London Heathrow (LHR)	08.00	Edinburgh (EDI)	13.15





# TRAVEL DOCUMENTS

AFRICA

## Travel Documents

Issued 05/05/2025

Emailed to your personal and/or college email address

Print and take copies

Boarding passes issued at airport

Passports!



**Gap Africa Projects** Life changing conservation and community projects that make a difference

**Your e-ticket**

**Travelport ViewTrip™**  
This Electronic Ticket Receipt has been brought to you by Travelport ViewTrip and your travel provider.  
For the latest information on your travel plans, view your itinerary at [ViewTrip.com](http://ViewTrip.com).

Reservation Number: RS3RGS [View Electronic Ticket Receipt](#)

Traveler		
Passenger Name	Billing Address	Delivery Address
DEBLEY, GEORGE M	TRAVEL COUNSELLORS PHENIX	No Address On Record
	TRAVEL HOUSE	
	CHURCHGATE	
	BOLTON	
	P1811 1TH	

**Agency Information**  
TRAVEL COUNSELLORS LTD  
Travel House  
Bolton L1 1TH  
UNITED KINGDOM  
Agency Phone: 01204 536 084 TRAVEL COUNSELLORS PLC PHENIX FLTS  
Agency IATA Number: 91277992

e-Ticket Receipt - 932941650522 - VS 801 - 28 Jun 2015 - LHR  
Today's Date: 29 May 2015  
Ticket Number: 932941650522 Galileo Reservation Number: RS3RGS Ticket Issue Date: 27 May 2015

Flight Information					
28 Jun 2015					
Virgin Atlantic Airways Ltd. (VS) 801 Economy (Y)					
Virgin Atlantic Airways Ltd Confirmation Number: 9H0234					
Depart:	Heathrow (LHR) - Terminal 3	9:05 PM	Fare Basis:	BT	
Arrive:	Johannesburg (JNB) - Terminal A	9:05 AM	Not Valid Before:	28 Jun 2015	
Not Valid After: 28 Jun 2015					

Applies to: LHR - JNB  
Baggage Allowance: 1 Piece Plan

This is an important document. Make sure that you take it with you when you travel.

## ATOL Certificate

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.  
This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip listed below.

Who is protected?	Number of passengers:
Mr Daniel Alexander	1

**What is protected?**  
Package holiday to South Africa for 12 days  
28 May - 10 Jun 2015 London Heathrow (LHR) Johannesburg (JNB) 21:00:00 + 1 Day  
29 May - 11 Jun 2015 Johannesburg (JNB) Port Elizabeth (PE) 14:10:00 + 1 Day  
11 Jun - 18 Jun 2015 Port Elizabeth (PE) Johannesburg (JNB) 13:30:00 + 1 Day  
18 Jun - 10 Jun 2015 Johannesburg (JNB) London Heathrow (LHR) 20:00:00 + 1 Day  
You can find more detailed information on your booking, including price, on the confirmation you will receive from Gap Africa Projects Limited.

**Who is protecting your trip?**  
Gap Africa Projects Limited ATOL Number 10890 Booking Ref: 4007

**Your protection**  
You are protected from when you were given this certificate to the end of your trip.  
If Gap Africa Projects Limited stops trading, the passengers named above will either:  
1. complete their trip and return to the UK; or  
2. receive a refund.  
Your protection depends on the terms of the ATOL scheme (available at [www.atol.org.uk](http://www.atol.org.uk)).  
If Gap Africa Projects Limited stops trading, you must follow the instructions at [www.atol.org.uk](http://www.atol.org.uk) (where there will be details of arrangements to bring people back to the UK, and information on how people can claim their money back) or you can call (+44) 20 7463 6355.

Unique reference number:	Date of issue:	ATOL Certificate issuer:	ATOL number:	Package name:
4007	16/10/2014	Gap Africa Projects Limited	10890	

[Click here to lock all editable fields](#)

**Gap Africa Projects** Life changing conservation and community projects that make a difference

16/07/2017	Check in for your flight at the South African Airways Check in Desk, London Heathrow, Terminal 2	18:00
	Depart London Heathrow	SA237 21:00
17/07/2017	Arrive Johannesburg International Airport, Terminal A	09:00
Upon arrival please clear immigration and collect your baggage to pass through Customs		
A member of the Gap Africa Projects ground team will meet you at International Arrivals Hall and take you through to Domestic Departures, terminal B. Please look out for our Meet and Greet Board.		
Drop off Baggage at SAA bag drop - Domestic Terminal B		
	Depart Johannesburg	SA405 10:45
	Arrive Port Elizabeth Airport	12:30
Upon arrival you will be met by a representative from Blunden Tours and transferred to Shamwari Game Reserve		
Shamwari Group Conservation Experience x 14 DAYS		
31/07/2017	Today is the final day of your placement and you will be transferred to Port Elizabeth Airport	11:00
Check in for your flight at the SAA Check in Desk		
	Depart Port Elizabeth	SA420 14:35
	Arrive Johannesburg Terminal B	16:10
Upon arrival please make your way to Terminal A International Departures		
	Depart Johannesburg	SA234 19:55
01/08/2017	Arrive London Heathrow, Terminal 2	06:25

**Important Travel Advice**

Under 18 Visa Requirements.  
If you are aged under 18, whether travelling alone or within a group you must adhere to the regulations set for minors entering the republic of South Africa. <http://www.dha.gov.za/index.php/civic-services/travelling-with-children>

**Names and spellings.**  
It is crucial that they match what is printed on your passport. If there is a mistake this will need to be changed, otherwise you may be refused travel.

<https://gapafricaprojects.com/4600-sre/>

ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

Project Presentation 21



# TRIP DOCUMENTS

AFRICA

## Group Web Page & Travel Documents

### FAQs and House Rules

📄 Student Frequently Asked Questions – Click to Download

📄 Student Guidelines and House Rules – Click to Download



#### Student – Frequently Asked Questions

##### Contents

Pre-Departure.....	2
1. What documents should I receive from Gap Africa?.....	2
2. What travel documents are required?.....	2
3. What should I bring?.....	2
4. What should I wear?.....	2
5. What should I do if I get sick?.....	3
6. What should I do if I get lost?.....	3
7. What should I do if I get injured?.....	3
8. What should I do if I get kidnapped?.....	3
9. What should I do if I get arrested?.....	3
10. What should I do if I get killed?.....	3
11. What should I do if I get raped?.....	3
12. What should I do if I get kidnapped?.....	3
13. What should I do if I get arrested?.....	3
14. What should I do if I get killed?.....	3
15. What should I do if I get raped?.....	3
16. What should I do if I get kidnapped?.....	3
17. What should I do if I get arrested?.....	3
18. What should I do if I get killed?.....	3
19. What should I do if I get raped?.....	3
20. What should I do if I get kidnapped?.....	3
21. What should I do if I get arrested?.....	3
22. What should I do if I get killed?.....	3
23. What should I do if I get raped?.....	3
24. What should I do if I get kidnapped?.....	3
25. What should I do if I get arrested?.....	3
26. What should I do if I get killed?.....	3
27. What should I do if I get raped?.....	3
28. What should I do if I get kidnapped?.....	3
29. What should I do if I get arrested?.....	3
30. What should I do if I get killed?.....	3
31. What should I do if I get raped?.....	3
32. What should I do if I get kidnapped?.....	3
33. What should I do if I get arrested?.....	3
34. What should I do if I get killed?.....	3
35. What should I do if I get raped?.....	3
36. What should I do if I get kidnapped?.....	3
37. What should I do if I get arrested?.....	3
38. What should I do if I get killed?.....	3
39. What should I do if I get raped?.....	3
40. What should I do if I get kidnapped?.....	3
41. What should I do if I get arrested?.....	3
42. What should I do if I get killed?.....	3
43. What should I do if I get raped?.....	3
44. What should I do if I get kidnapped?.....	3
45. What should I do if I get arrested?.....	3
46. What should I do if I get killed?.....	3
47. What should I do if I get raped?.....	3
48. What should I do if I get kidnapped?.....	3
49. What should I do if I get arrested?.....	3
50. What should I do if I get killed?.....	3
51. What should I do if I get raped?.....	3
52. What should I do if I get kidnapped?.....	3
53. What should I do if I get arrested?.....	3
54. What should I do if I get killed?.....	3
55. What should I do if I get raped?.....	3
56. What should I do if I get kidnapped?.....	3
57. What should I do if I get arrested?.....	3
58. What should I do if I get killed?.....	3
59. What should I do if I get raped?.....	3
60. What should I do if I get kidnapped?.....	3
61. What should I do if I get arrested?.....	3
62. What should I do if I get killed?.....	3
63. What should I do if I get raped?.....	3
64. What should I do if I get kidnapped?.....	3
65. What should I do if I get arrested?.....	3
66. What should I do if I get killed?.....	3
67. What should I do if I get raped?.....	3
68. What should I do if I get kidnapped?.....	3
69. What should I do if I get arrested?.....	3
70. What should I do if I get killed?.....	3
71. What should I do if I get raped?.....	3
72. What should I do if I get kidnapped?.....	3
73. What should I do if I get arrested?.....	3
74. What should I do if I get killed?.....	3
75. What should I do if I get raped?.....	3
76. What should I do if I get kidnapped?.....	3
77. What should I do if I get arrested?.....	3
78. What should I do if I get killed?.....	3
79. What should I do if I get raped?.....	3
80. What should I do if I get kidnapped?.....	3
81. What should I do if I get arrested?.....	3
82. What should I do if I get killed?.....	3
83. What should I do if I get raped?.....	3
84. What should I do if I get kidnapped?.....	3
85. What should I do if I get arrested?.....	3
86. What should I do if I get killed?.....	3
87. What should I do if I get raped?.....	3
88. What should I do if I get kidnapped?.....	3
89. What should I do if I get arrested?.....	3
90. What should I do if I get killed?.....	3
91. What should I do if I get raped?.....	3
92. What should I do if I get kidnapped?.....	3
93. What should I do if I get arrested?.....	3
94. What should I do if I get killed?.....	3
95. What should I do if I get raped?.....	3
96. What should I do if I get kidnapped?.....	3
97. What should I do if I get arrested?.....	3
98. What should I do if I get killed?.....	3
99. What should I do if I get raped?.....	3
100. What should I do if I get kidnapped?.....	3

#### Gap Africa Projects – General Guidelines and House Rules:

As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines:

1. Timeliness and Curfew: I commit to respecting designated timings, including early mornings and curfew times.
2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture.
3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants.
4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities.
5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during any activities.
6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited.
7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency.
8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before travel.
9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am a picky/fussy eater.
10. Insurance: I agree to obtain appropriate travel and medical insurance that covers all activities during the trip.

GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

<https://gapafricaprojects.com/4600-sre/>



## Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts  
(Or work trousers with zip-off longs)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker – warm  
(it can get very cold on an open vehicle – even on a summer evening)
- Daypack rucksack
- Walking Socks
- Warm Hat (in winter only) /Hat for sun protection  
(all year round)
- Working gloves
- Gloves for warmth (in winter only)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Swimming costume
- Toiletries
- Tick / insect repellent

### Other useful items:

- |                |                          |
|----------------|--------------------------|
| • Binoculars   | • Personal medical items |
| • Good torch   | • Cards/Games            |
| • Water bottle | • Sunscreen              |
| • Camera       | • Mammal/bird book       |
| • Sunglasses   | • Notebook/diary and pen |















\* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn



# USEFUL INFORMATION

AFRICA

## Climate

8	9	10	11	12	13	14
						
25° 8°	22° 7°	21° 7°	21° 10°	22° 11°	24° 11°	25° 11°
15	16	17	18	19	20	21
						
25° 11°	24° 11°	25° 10°	25° 9°	22° 11°	24° 10°	25° 10°



## Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used.

Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

<https://wise.prfl.hn/l/xZJx9gq>



## Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

# USEFUL INFORMATION

AFRICA

## Phones & Internet

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

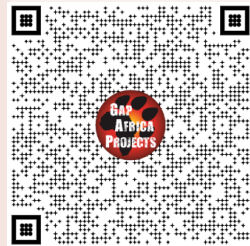
Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS







### Benefits of an eSIM



- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa



<https://shorturl.at/sxE29>

 <b>Unlimited data</b> Enjoy unlimited data while traveling to numerous destinations worry-free. <a href="#">Learn more</a>	 <b>Keep using your favorite apps</b> Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.	 <b>Keep your WhatsApp number</b> You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.
 <b>24/7 Customer Support</b> In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.	 <b>Fast and Reliable Internet Connection</b> Connect to the best networks at your destination and get internet that's both reliable and fast	 <b>Enjoy dual SIMs</b> Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.



## Health Risks

### Immunisation:

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

### Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

### Malaria:

The project is located in a malaria free area- recommended Jungle Deet Spray for St Lucia

<http://www.sa-venues.com/malaria-risk-areas.htm>

## Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

<https://www.true traveller.com/?tag=4480>



You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip

## Load Shedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.



## Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

## Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

## Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>



# COMMUNITY PROJECTS

AFRICA

## Community GAP Donation Bags

- Magazines
- Books for school library
- Educational posters
- Stationary
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Recyclable pads for Move Africa donation



## Trip Clothing

Online shop available  
for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle



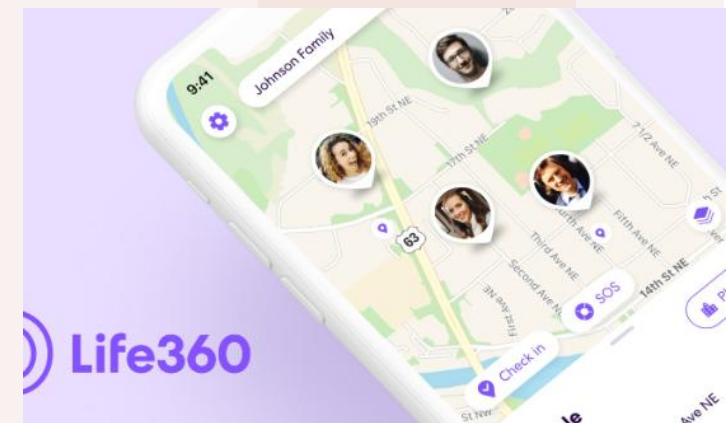


## Useful Apps for Next of Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightradar24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.





**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



[GLOBALADVENTUREPROJECTS.COM](http://GLOBALADVENTUREPROJECTS.COM)

