



Riseholme College Q&A PRESENTATION



Shamwari Group Conservation Expedition

AFRICA

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



AFRICA

ABOUT SHAMWARI GAME RESERVE

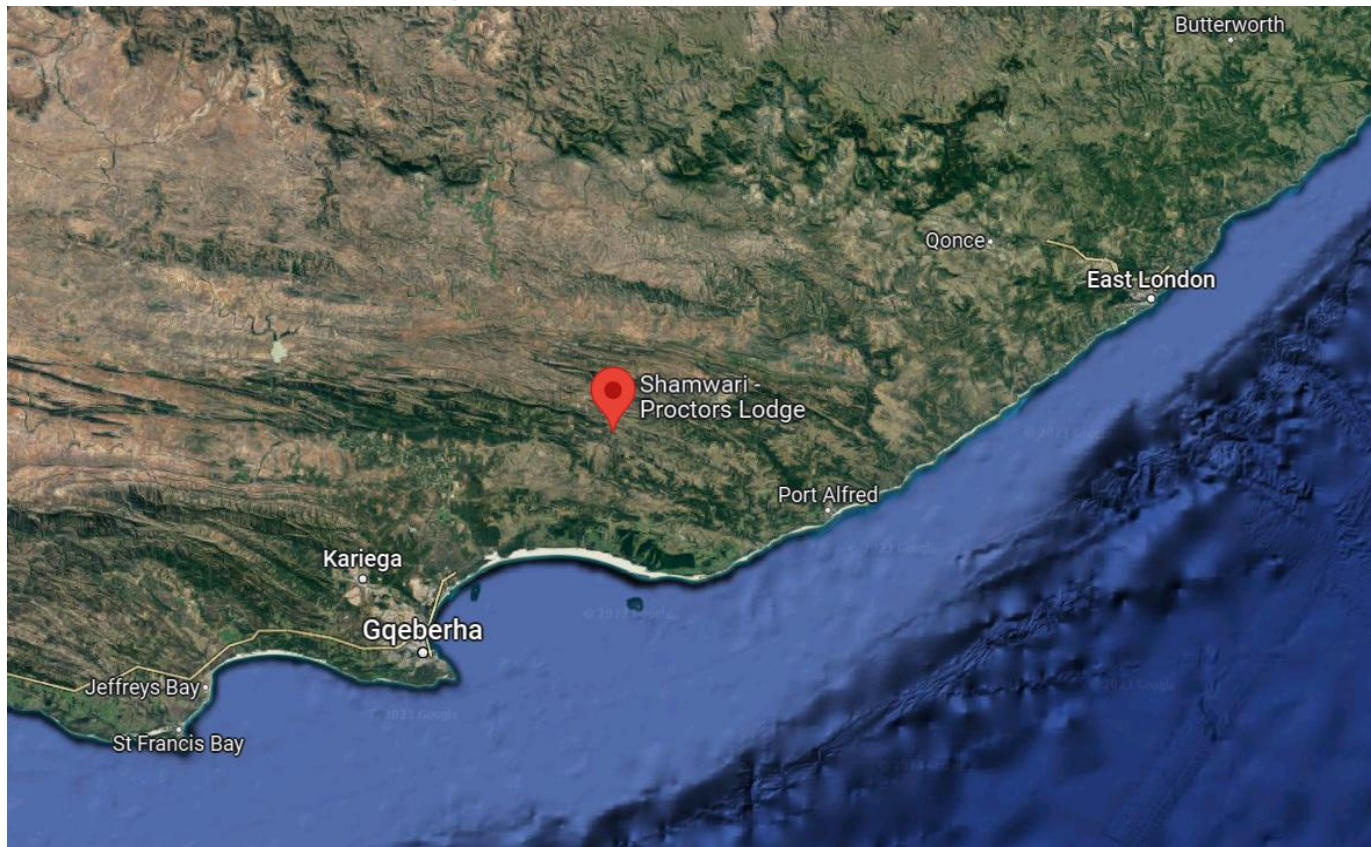
Project overview and
location

ABOUT SHAMWARI

AFRICA

Shamwari Game Reserve – Location

- South Africa a world leader in conservation
- Privately owned Shamwari Game Reserve
- Malaria free Eastern Cape

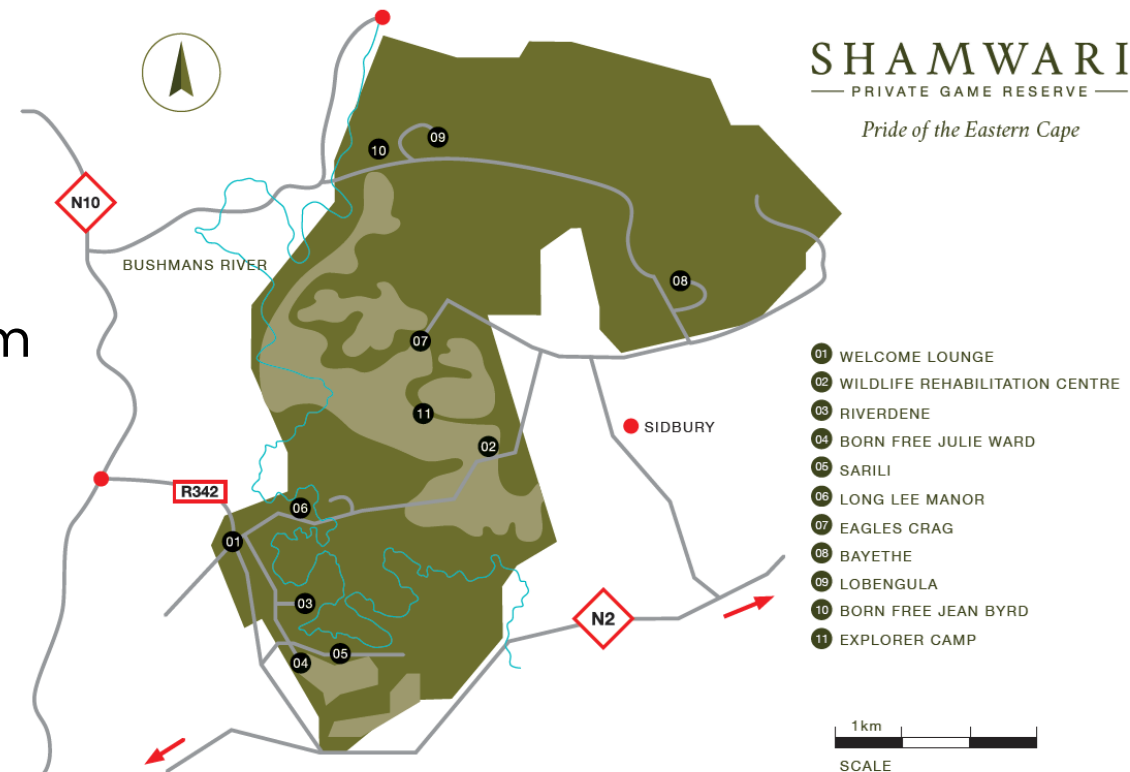


ABOUT SHAMWARI

AFRICA

Shamwari Game Reserve

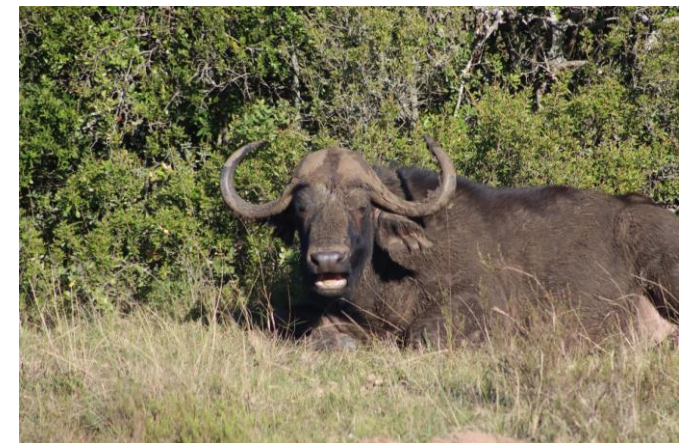
- 25,000 Hectare Privately Owned Game Reserve
- A pioneer in conservation in Southern Africa
- Award winning conservation team including:
 - Wildlife Vets
 - Ecologists
 - Anti Poaching
- Home to Born Free Foundation
- Lodge dedicated for our groups



ABOUT SHAMWARI

AFRICA

Home to the BIG 5



ANY QUESTIONS?

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ABOUT SHAMWARI

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Home to over 60 Species of Mammal



ANY QUESTIONS?

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ABOUT THE PROJECT

AFRICA

Your Conservation Projects

- General Reserve Maintenance
- Alien Plant Eradication / Land Management
- Spatial Distribution/habitat use of species
- Data Collection and Research
- Habitat and Prey Selection of Lions
- Elephant Monitoring & Study
- Work at the Born Free Foundation
- General Game Drives and Walks
- Night Drives
- Field Skills and Survival Training
- Community Development



ANY QUESTIONS?

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LIFESTYLE & ACCOMMODATION

Life in the African Bush

ACCOMMODATION & LIFESTYLE

AFRICA



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ACCOMMODATION & LIFESTYLE

AFRICA



ANY QUESTIONS?

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ACCOMMODATION & LIFESTYLE

AFRICA

Breakfast Menu - Example

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1	Poppy seed Muffins	Vanilla Oats	Buttermilk Flap Jacks	Berry Smoothie	Crispy Bacon French T Tomato Fried Eggs	Cream Cheese Bread	Scones With Whipped Cream
WEEK 2	Vanilla Muffins	Cinnamon Oats	Banana Flap Jacks	Banana Macadamia Smoothie	Pork Sausage Baked Beans Creamy scrambled egg French Toast	Poppy Seed Bread	Scones With Cheese n Jam
WEEK 3	Carrots And Zucchini Muffins	Tasty Wheat with Berry Caulis	Wheatgerm Flap Jacks	Tropical Fruit Smoothie	Crispy Bacon French T Tomato Fried Eggs	Banana Bread	Soft Oatmeal Bread
WEEK 4	Blueberry Muffins	Tasty Wheat with Cream	Fluffy Flap Jacks	Spinach Green Smoothie	Pork Sausage Baked Beans Creamy scrambled egg French Toast	Orange Sweet Loaf	Scones

ACCOMMODATION & LIFESTYLE

AFRICA

Lunch Menu - Example

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1	Early Arrivals Veg Quich Greek Salad Orange Juice Fruit Bowl	Chicken Burgers Chilli Mayo Apples Green Simba Chips Orange Squash Purified Water	Wraps Pasta Salad Sweet chilli Sauce Jungle Bars Seasonal Fruit Orange Juice	Sausage Ralls Tomato Ketchup Greek Salad Jungle Bars Pear	Sandwich Simba Chips Orange Juice Purified Water Apples Red	Cold Lunch Bread Ralls Lettuce Tomato Potato Salad	Fat Cakes Beef Mince Apricot Jam Cheese Fruits
WEEK 2	Hot Doggs Mustard Tomato Ketchup Salsa Simba Chips Seasonal Fruit	Chicken Pie Green Salad Jungle Bar Fruit Kebabs Orange Squash	Build Yr Burger Leaves Cucumber Cheese Hummus Chips Simba	Fried Chicken Potato Salad Bread Ralls Tomato Ketchup Jungle Bars Naartjies	Sandwich Chips Simba Orange Juice Pure Water Peach	Fish Cakes Cous-Cous Mixed Veg Tartar S Fruit Bowl	Pizzas Hot Chips Tropical Salad Tomato Ketchup Fruit Bowl

ACCOMMODATION & LIFESTYLE

AFRICA

Dinner Menu – Example

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1	Braai Night Lamb Chops Beef Sausage Roster Cook Sweet Corn Potato Salad Salad Leaves Condiments 6	Beef Bobotie Yellow Rice Green Beans Sweet Carrots Green Salad	Mac and Cheese Mixed Veg Salad	Fried Fish Risotto Rice Diced Butternut Cows' Salad Tomato Salsa	Beef Stroganoff Spaghetti Germ Squash Salad	Veg Curry Rice Salad	Pork Chops Cous-cous Baby Marrow Capri Salad
WEEK 2	Lamb Potjie Samp Beetroot Green Salad	Grilled Chicken Pap Cakes Relish Greek Salad Carrots Salad	Veggie Baked Potato Mash Mixed Leaves Bean Salad	Final Braai Chicken Kebabs Beef Sausage Jacket Potato Chakalaka Green Salad Sweet Corn	Spaghetti Bolognaise Cheese Green Salad	Beef Kebab Sweet Potato Creamy Spinach Green Salad	Roasted Chicken Savory Rice Broccoli Cauliflower Carrots Tropical salad



AFRICA

WEEKEND EXCURSIONS

Your free time on project

PENGUIN & PIER

AFRICA

Visit the popular Port Elizabeth (PE), officially renamed Gqeberha (Xhosa). Take a stroll along the beachfront and browse the vibrant market stalls. Tour at the Seabird Rescue Centre specialising in the critically endangered African penguin. Lunch will be arranged at beachfront restaurant.

Itinerary

- 08:00 – Pick up at project
- 09:30 – Boardwalk Mall, Beachfront Markets and Hobie Pier
- 11:00 – SANCCOB Seabird Rescue Centre Tour
- 12:00 – Lunch at restaurant (Own Account)
- 13:00 – Hobie Beach
- 17:00 – Arrive at project

Included

- Professional guide
- Comfortable 14 – 22 seater vehicle with trailer
- SANCCOB (Southern African Foundation for the Conservation of Coastal Birds)
- Transfers to/from accommodation

Excluded

- Curios, tips and extra activities
- Lunch



SUNSHINE COAST

AFRICA

Visit some of the most pristine coastline that South Africa has to offer and experience the thrill of sandboarding through the dunes. After the kayak is over, we will settle down to a beach braai (BBQ) in front of the crashing waves and beautiful views before the excitement of sandboarding.

Itinerary

08:00 – Pick up at project
10:00 – Kayak paddle
12:00 – Beach BBQ Lunch
13:00 – Sandboarding
17:00 – Arrive at project

Included

Professional guide
Comfortable 14 – 22 seater vehicle with trailer
Sandboard and Kayak rentals
Lunch
Transfers to/from accommodation

Excluded

Curios, tips and extra activities





AFRICA

PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A

FLIGHT INFORMATION

AFRICA

Departure from the United Kingdom | Arrival to South Africa

Departure from Riseholme College

Meet at College at 07.30 for departure at 08.00

London Heathrow Airport – Terminal 5

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
QR0004	18/05/2025	London Heathrow (LHR)	15.05	Doha (DOH)	23.55
QR1363	19/05/2025	Doha (DOH)	02.35	Johannesburg (JNB)	10.00

Johannesburg OR Tambo

Pass through immigration | Collect baggage | Clear customs
Connection Terminal A – Terminal B | GAP Team member to assist

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA534	19/05/2025	Johannesburg (JNB)	13:05	Port Elizabeth (PLZ)	14:50

Port Elizabeth Airport

Meet and Greet at PLZ Arrivals Hall
Transfer to Shamwari Game Reserve
Supermarket stop off

Baggage Allowance



1x checked

Maximum weight 20kg



Hand Baggage

Maximum weight is 7Kg

FLIGHT INFORMATION

AFRICA

Departure from South Africa | Arrival to the United Kingdom

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA363	31/05/2025	Port Elizabeth (PLZ)	13.50	Johannesburg (JNB)	15:35

Johannesburg OR Tambo

Collect baggage and re-check in at international departures

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
QR1378	31/05/2025	Johannesburg (JNB)	20.15	Doha (DOH)	05.35 + 1 Day
QR0003	01/06/2025	Doha (DOH)	08.00	London Heathrow (LHR)	13.15

Collection from London Heathrow at 14.30, arrival at Riseholme College around 18.00

TRAVEL DOCUMENTS

AFRICA

Travel Documents

Issued 05/05/2025

Emailed to your personal and/or college email address

Print and take copies

Boarding passes issued at airport

Passports!



Gap Africa Projects Life changing conservation and community projects that make a difference

Your e-ticket

Travelport ViewTrip™
This Electronic Ticket Receipt has been brought to you by Travelport ViewTrip and your travel provider.
For the latest information on your travel plans, view your itinerary at ViewTrip.com.

Reservation Number: RS3RGS [View Electronic Ticket Receipt](#)

Traveler		
Passenger Name	Billing Address	Delivery Address
DEBLEY, GEORGE M	TRAVEL COUNSELLORS PHENIX	No Address On Record
	TRAVEL HOUSE	
	CHURCHGATE	
	BOLTON	
	PBLL 1TH	

Agency Information
TRAVEL COUNSELLORS LTD
Travel House
Bolton L1 1TH
UNITED KINGDOM
Agency Phone: 01204 536 084 TRAVEL COUNSELLORS PLC PHENIX FLTS
Agency IATA Number: 91277992

e-Ticket Receipt: 932941650522 - VS 801 - 28 Jun 2015 - LHR
Today's Date: 29 May 2015
Ticket Number: 9329541650522
Galileo Reservation Number: RS3RGS
Ticket Issue Date: 27 May 2015

Flight Information			
28 Jun 2015	Virgin Atlantic Airways Ltd. (VS) 801	Economy (Y)	Virgin Atlantic Airways Ltd Confirmation Number: SHIG24
Depart:	Heathrow (LHR) - Terminal 3	9:05 PM	Fare Basis: 01
	London		Not Valid Before: 28 Jun 2015
Arrive:	Johannesburg (JNB) - Terminal A	9:05 AM	Not Valid After: 28 Jun 2015

Applies to: LHR - JNB
Baggage Allowance: 1 Piece Plan

This is an important document. Make sure that you take it with you when you travel.

ATOL Certificate

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.
This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip listed below.

Who is protected?	Number of passengers:
Mr Daniel Alexander	1

What is protected?
Package holiday to South Africa for 12 days
28 May - 10 Jun 2015 (London Heathrow (LHR) - Johannesburg (JNB) 21:00:00 + 1 Day
29 May - 11 Jun 2015 (Johannesburg (JNB) - Port Elizabeth (PE) 14:10:00 + 1 Day
11 Jun - 18 Jun 2015 (Port Elizabeth (PE) - Johannesburg (JNB) 13:30:00 + 1 Day
18 Jun - 10 Jun 2015 (Johannesburg (JNB) - London Heathrow (LHR) 20:00:00 + 1 Day)

You can find more detailed information on your booking, including price, on the confirmation you will receive from Gap Africa Projects Limited.

Who is protecting your trip?
Gap Africa Projects Limited ATOL Number 10890 Booking Ref: 4007

Your protection
You are protected from when you were given this certificate to the end of your trip.
If Gap Africa Projects Limited stops trading, the passengers named above will either:
1. complete their trip and return to the UK; or
2. receive a refund.
Your protection depends on the terms of the ATOL scheme (available at www.atol.org.uk).
If Gap Africa Projects Limited stops trading, you must follow the instructions at www.atol.org.uk (where there will be details of arrangements to bring people back to the UK, and information on how people can claim their money back) or you can call (+44) 20 7463 0350.

Unique reference number:	Date of issue:	ATOL Certificate issuer:	ATOL number:	Package name:
4007	16/10/2014	Gap Africa Projects Limited	10890	

[Click here to lock all editable fields](#)

Gap Africa Projects Life changing conservation and community projects that make a difference

16/07/2017	Check in for your flight at the South African Airways Check in Desk, London Heathrow, Terminal 2	18:00
	Depart London Heathrow	SA237 21:00
17/07/2017	Arrive Johannesburg International Airport, Terminal A	09:00
Upon arrival please clear immigration and collect your baggage to pass through Customs		
A member of the Gap Africa Projects ground team will meet you at International Arrivals Hall and take you through to Domestic Departures, terminal B. Please look out for our Meet and Greet Board.		
Drop off Baggage at SAA bag drop - Domestic Terminal B		
	Depart Johannesburg	SA405 10:45
	Arrive Port Elizabeth Airport	12:30
Upon arrival you will be met by a representative from Blunden Tours and transferred to Shamwari Game Reserve		
Shamwari Group Conservation Experience x 14 DAYS		
31/07/2017	Today is the final day of your placement and you will be transferred to Port Elizabeth Airport	11:00
Check in for your flight at the SAA Check in Desk		
	Depart Port Elizabeth	SA420 14:35
	Arrive Johannesburg Terminal B	16:10
Upon arrival please make your way to Terminal A International Departures		
	Depart Johannesburg	SA234 19:55
01/08/2017	Arrive London Heathrow, Terminal 2	06:25

Important Travel Advice

Under 18 Visa Requirements.
If you are aged under 18, whether travelling alone or within a group you must adhere to the regulations set for minors entering the republic of South Africa. <http://www.dha.gov.za/index.php/civic-services/travelling-with-children>

Names and spellings.
It is crucial that they match what is printed on your passport. If there is a mistake this will need to be changed, otherwise you may be refused travel.

<https://gapafricaprojects.com/4570-rsa/>

ANY QUESTIONS?

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TRIP DOCUMENTS

AFRICA

Group Web Page & Travel Documents

FAQs and House Rules

📄 Student Frequently Asked Questions – Click to Download

📄 Student Guidelines and House Rules – Click to Download



Student – Frequently Asked Questions

Contents

Pre-Departure.....2

1. What documents should I receive from Gap Africa?.....2

2. What travel documents are required?.....2

Gap Africa Projects – General Guidelines and House Rules:

As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines:

1. Timeliness and Curfew: I commit to respecting designated timings, including early mornings and curfew times.

2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture.

3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants.

4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities.

5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during any activities.

6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited.

7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency.

8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before travel.

9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am a picky/fussy eater.

10. Insurance: I agree to obtain appropriate travel and medical insurance that covers all activities during the trip.

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<https://gapafricaprojects.com/4570-rsa/>

ANY QUESTIONS?

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Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts
(Or work trousers with zip-off longs)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker – warm
(it can get very cold on an open vehicle – even on a summer evening)
- Daypack rucksack
- Walking Socks
- Warm Hat (in winter only) /Hat for sun protection
(all year round)
- Working gloves
- Gloves for warmth (in winter only)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Swimming costume
- Toiletries
- Tick / insect repellent

Other useful items:















- | | |
|----------------|--------------------------|
| • Binoculars | • Personal medical items |
| • Good torch | • Cards/Games |
| • Water bottle | • Sunscreen |
| • Camera | • Mammal/bird book |
| • Sunglasses | • Notebook/diary and pen |

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn

USEFUL INFORMATION

AFRICA

Climate

18	19	20	21	22	23	24
						
23° 8°	25° 8°	22° 8°	22° 9°	23° 12°	24° 9°	26° 7°
25	26	27	28	29	30	31
						
23° 10°	22° 9°	23° 7°	22° 10°	23° 8°	25° 7°	22° 7°

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Travel Cards are very useful; preload before travelling and the best exchange rate is used.

Wise Travel Card offers up to £500.00 with no transfer fee for GAP Africa Projects travellers

<https://wise.prfl.hn/l/xZJx9gq>



Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

USEFUL INFORMATION

AFRICA

Phones & Internet

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

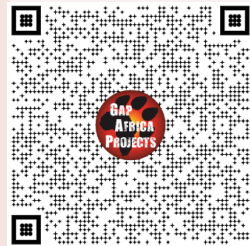
Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

We have partnered with Holafly eSim provider 5% discount use code GAPAFRICAPROJECTS







Benefits of an eSIM



- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa



<https://shorturl.at/sxE29>

 Unlimited data Enjoy unlimited data while traveling to numerous destinations worry-free. Learn more	 Keep using your favorite apps Get that safe ride home, find that great restaurant, and pin the local attractions, all while staying connected with your loved ones.	 Keep your WhatsApp number You can call and message all your contacts on WhatsApp, like you're in the same country. Don't lose touch with family and friends.
 24/7 Customer Support In need of assistance? Our 24/7 chat support is just a message away to keep you connected and help you with everything you need.	 Fast and Reliable Internet Connection Connect to the best networks at your destination and get internet that's both reliable and fast	 Enjoy dual SIMs Enjoy the flexibility of our digital eSIM while keeping the option to use your original SIM as usual whenever you need it.

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area

<http://www.sa-venues.com/malaria-risk-areas.htm>

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

<https://www.true Traveller.com/?tag=4480>



You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip

Load Shedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.



Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

COMMUNITY PROJECTS

AFRICA

Community GAP Donation Bags

- Magazines
- Books for school library
- Educational posters
- Stationery
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Recyclable pads for Move Africa donation



Trip Clothing

Online shop available
for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle

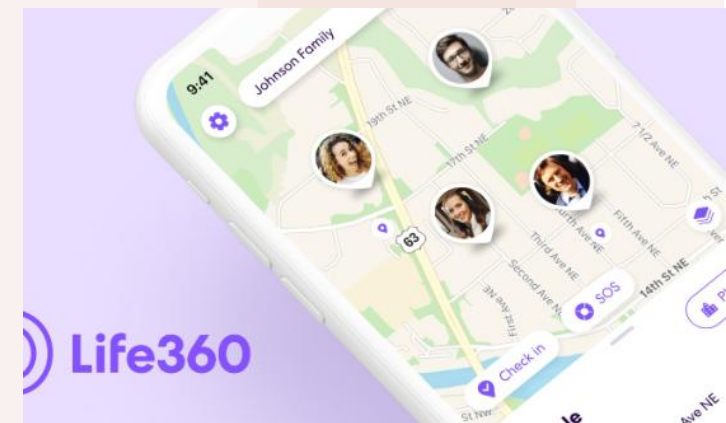


Useful Apps for Next of Kin

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightradar24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.





GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:



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