



INFORMATION PACK



South African Vet Physio Equine Project

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GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

TRIP OVERVIEW

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Plumpton College – Booking Reference 4682

Trip Dates:

23rd October – 3rd November 2025

Flights:

| Flight No | Flight Date | Dept. | Dept. Time | Arr. | Arr. Time |
|-----------|-------------|-----------------------|------------|-----------------------|---------------|
| VS449 | 23/10/2025 | London Heathrow (LHR) | 22:15 | Johannesburg (JNB) | 10:15 + 1 Day |
| VS450 | 03/11/2025 | Johannesburg (JNB) | 19:30 | London Heathrow (LHR) | 04:50 + 1 Day |

*Always check the flight timings on your final documents

Project:

Vet Physio Equine Project

Trip Cost:

£2495.00 per person

£300.00 deposit

£1097.50 Instalment due 04/07/2025

£1097.50 Balance due 29/08/2025



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ABOUT THE PROJECT

Our Vet Physio – Equine and
wildlife in more detail

ABOUT VET PHYSIO

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Your Vet Physio Equine Project Explained

- A unique bespoke vet physio project, with a focus on equine based in South Africa
- Based in three locations; stay and work on estates and game reserves
- Tailor-made projects to suit your needs and interests
- Project activities include
 - Vet physiotherapy in a South African context
 - Equine welfare
 - Equine management
 - Wildlife rehabilitation
 - Conservation activities
 - Community development
- Dedicated horses, staff, professionals and vehicles
- 10-day all-inclusive experience
- The most incredible mix of equine, domestic animals and wildlife experience you will ever have

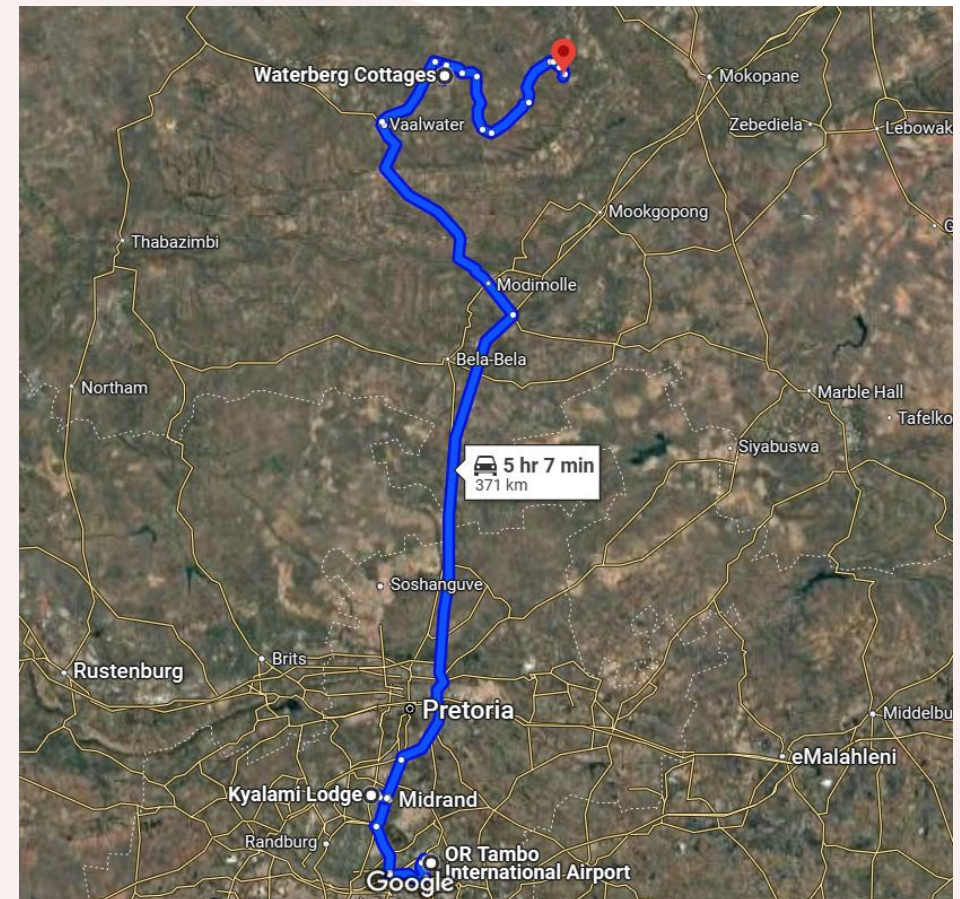
ABOUT VET PHYSIO

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Your Vet Physio Equine Project Explained

Your programme will take place in three locations in two provinces of South Africa.

- 3 nights Kyalami Agricultural Holdings , Johannesburg, Gauteng
- 3 nights Waterberg Cottages, Vaalwater, Waterberg, Limpopo
- 3 nights Entabeni Big 5 Game Reserve, Waterberg, Limpopo
- Airport to Kyalami = 30km
- Kyalami to Waterberg Cottages = 260km
- Waterberg Cottages to Entabeni = 70km
- Entabeni back to airport = 260km



ABOUT KYALAMI

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KYALAMI – JOHANNESBURG

Location

The name "Kyalami" is derived from the Zulu language, where it translates to "My Home" or "My Place." Over the years, Kyalami has become synonymous with equestrian culture, motorsports and upscale residential living.

Kyalami, nestled in the northern suburbs of Johannesburg, is a premier destination for equestrian enthusiasts and nature lovers alike. Renowned for its scenic countryside charm and world-class equestrian facilities, Kyalami offers a safe and tranquil environment that feels worlds away from the bustling city. The area is dotted with stables, riding schools and competition venues, making it a hub for equestrians. Kyalami boasts a serene atmosphere with open spaces and intact natural vegetation for birdlife and wildlife. With its unique blend of natural beauty, vibrant horse culture and peaceful surroundings, Kyalami provides a perfect escape for those seeking relaxation and outdoor adventure.



ABOUT WATERBERG

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WATERBERG

Waterberg Horse Trails – Waterberg Cottages and Entabeni Safari Conservancy

The Waterberg region in Limpopo Province, South Africa, is a captivating destination just three hours from Johannesburg. Situated in the northernmost province of the country, Limpopo, which borders Botswana, Zimbabwe and Mozambique.

The Waterberg is part of the UNESCO Waterberg Biosphere and with a bushveld savanna biome supports a rich diversity of flora and fauna, including a stronghold population of black and white rhino, free-roaming large carnivores, and a variety of bird, reptile, amphibian and invertebrate species. The region has a temperate climate, with summer rainfall and dry, sunny winters.

The malaria-free area is enjoyed by visitors who can enjoy a blend of outdoor adventures, such as game drives, hiking and horse-riding alongside the relaxed charm of hospitable lodges and welcoming local communities.



Kyalami – Rescues – Competitive horses and working K9s

Society for Animals in Distress

Students assist professional Masterton method practitioners and veterinarians at this rescue centre with horses (and other animals) that have been rescued. Animals come from unfortunate (poverty) circumstances and are rehabilitated to be rehomed. There may be some patients that require therapy post-operation.

Kyalami competitive horses

Kyalami is the competitive horse capital of South Africa. Students will see how riders train and work with their horses in various disciplines. Dressage/show jumping yards will be included and riders and practitioners will discuss different tension patterns and how they monitor their horses.

Pit-track K9 antipoaching unit

In preparation for going to wildlife reserves, students will meet a leading K9 antipoaching team. A talk about the poaching crisis will be given as well as a K9 demo. Students then have the opportunity to assist these working dogs with physio needs.



Waterberg Horse Trails – Donkeys, horses, wildlife and more

Waterberg Horse Trails

Waterberg Horse Trails, based at Waterberg Cottages are situated in a 3000ha game reserve with a large list of wildlife. The herd of horses is a mix of all ages and are free to graze in the open bush (and they don't wear shoes!). They are used for low-impact horseback safaris – of which the students will have the opportunity to partake in if they wish (all levels accommodated).

Limpopo Animal Physiotherapist

Mobile Veterinary Physiotherapy practice, based in the Waterberg, will explain their methods and the challenges they face working in Africa, as they treat the horses and donkeys on-site with the students.

Community work in local village

The small village is located on the farm, only a few hundred metres from the Cottages. Cart-pulling donkeys used for the transport of people and firewood will be in dire need of therapy which students will assist with. Village dogs and cats may also need attention – and kennels built if time allows.



YOUR PROJECT

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Big 5 reserve and rhino rehabilitation

Entabeni Safari Conservancy

Students will have the opportunity to experience this majestic 12000ha private reserve and search for more wildlife in their natural habitats, including Big 5 (elephant, rhino, buffalo, leopard, lion) and other special species like cheetah, giraffe, hippo and many more.

This reserve is known for its dramatic landscape and special rare ancient plant called a cycad.

They also have a herd of Arabian horses that are used for both horseback safaris and antipoaching patrols. Students will have the opportunity to assist with the needs of these working horses.

The Rhino Orphanage

The first rhino orphanage in the world. Students will learn about all their past and present intakes and their various stories, with a particular focus on unique physio/prosthesis needs.

Students will assist with the physical needs of the centre which could include bottle feeding calves, assisting with bigger calves feed, mucking out shelters etc. If there are particular physiotherapy needs for the rhino patients at the time, students might assist with that. (It is unknown what the status of orphans/patients will be)

(The location of this centre is sensitive and must remain un-advertised)



Sample Itinerary

Day 1 – Arrive Johannesburg Airport and transfer via a short drive to Kyalami. Lunch and meet the equine body worker and her horses if time allows before dinner.

Day 2 – A full day, jumping right in at a local animal rescue organisation helping horses, dogs and other animals that have come from unfortunate circumstances.

Day 3 – A full day in and around Kyalami learning from South African practitioners who work on/with competitive horses.

Day 4 – Morning talk and demonstration by an anti-poaching team (human and canine!) Treatment given to dogs. Depart Johannesburg and transfer to Waterberg – late lunch and game drive to sundowners in the bush before dinner.

Day 5 – Morning: Horse riding/bush walk/clearing of poisonous plants and wire. Afternoon: provide physio with local equine physio to resident horses.

Day 6 – Village tour and then provide physio to village cart pulling donkeys

Day 7 – Final treatments to resident horses and dogs. Transfer to Big 5 Reserve and do an afternoon game drive.

Day 8 – A morning at a rhino orphanage followed by some time with the Arabian anti-poaching and safari horses.

Day 9 – Early morning game drive followed by rhino or horse work (depending on needs) and evening night drive.

Day 10 – Goodbye to rhinos before departing for Johannesburg airport for return flight home.



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ACCOMMODATION & LIFESTYLE

Life at the project

ACCOMMODATION & LIFESTYLE

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Accommodation

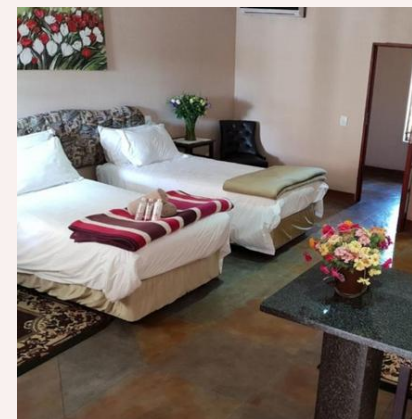
Kyalami: A lodge on an estate in the upmarket equestrian-themed suburb.

Waterberg Cottages: beautiful historic thatch cottages surrounded by gardens, horses, animals and views of the surrounding bushveld.

Entabeni Lodges: Safari style accommodation at one of the bush camps in the reserve.

Accommodation is in shared rooms with 2 – 3 beds and a bathroom.

Each location has a swimming pool.



ACCOMMODATION & LIFESTYLE

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Food and Meals

All meals are provided with local ingredients and cater for all dietary requirements.

There will be a mixture of catered and self-catering (in teams) depending on location and schedule.

There will be opportunities to taste local dishes including the traditional 'braai' (BBQ) and to enjoy meals in unique outdoor locations.

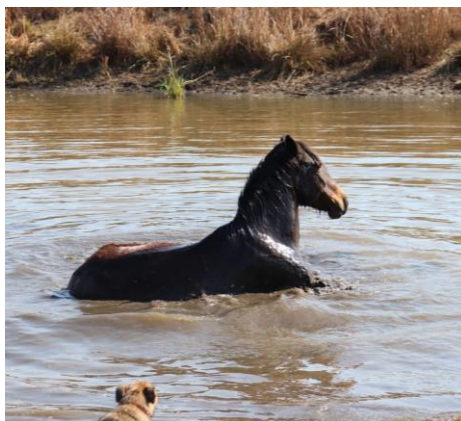
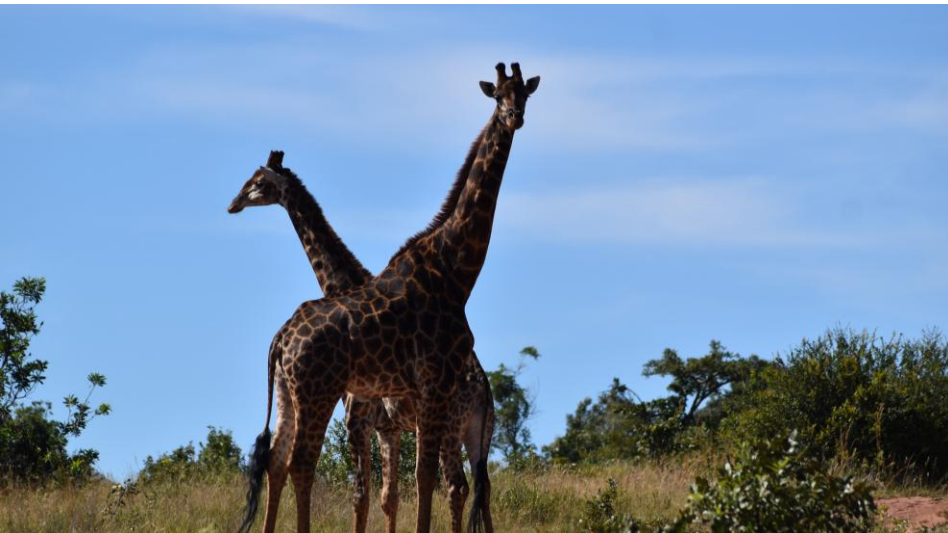
Please advise us of any dietary requirements so we can make sure you are adequately catered for.



VET PHYSIO EQUINE

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Photo gallery



ANY QUESTIONS?

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USEFUL INFORMATION

Inclusions/Exclusions &
Recommended Kit List

WHAT'S INCLUDED

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What is included?

- Flights
- Transfer to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- ATOL protection
- Airport meet/greet
- 24 hour in country support



NOT Included

- Personal Travel Insurance *
- Meals on travel days – before arriving & after departing from the project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips
- Riding hat, boots, gloves, body protector – see kit list

* We recommend you take out insurance as soon as your booking is confirmed

Suggested Kit List

- Short and long sleeve T-shirts *
- Long work trousers and shorts *
(Or work trousers with zip-off longs)
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Riding hat
- Jodhpurs
- Riding boots
- Gloves
- Daypack rucksack
- Socks
- Hat for sun protection (all year round)
- Gloves for warmth (winter only)
- Water bottle (filtered rainwater provided)

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright-colored clothing to be worn

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent
- Personal medical items/First Aid Kit
- Sunscreen and sunglasses

Other useful items:

- Binoculars
- Good torch
- Camera
- Mammal/bird book
- Notebook/diary and pen



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