

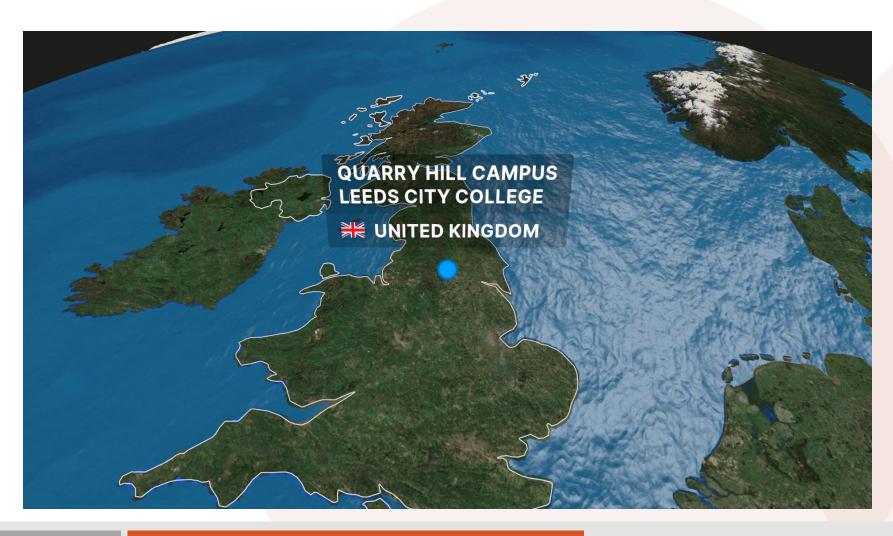
# Leeds City College Pre-Departure Presentation



**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.



## **Project Location**



## **ABOUT THE PROJECT**

## **Bonamanzi Game Reserve** Bundi Camp - 10 nights.

- Community Project
- Zulu Culture Talk and Presentation
- Project Rhino community project
- Mural Paintings
- Childrens Playground Painting
- Game Drives
- Basket weaving workshop
- Bead workshop
- Full Day at Imfolozi Game Reserve
- K9 Anti-Poaching talk and demonstration
- Potjie Cooking competition
- Zulu Arts and Craft Workshop in the local community
- Tour and talk of a local Snake Pharm which produces anti-venom

## **ABOUT THE PROJECT**

### St Lucia

## **Urban Glamping - 4 nights.**

- Community Project
- Hippo and Crocodile Tour
- iSiphaphali Butterfly dome
- Sign Painting
- Cape Vidal bush and beach safari
- Khula Health Care Clinic Visit
- Khula Creche Visit



## **Bundu Camp 10 Nights**









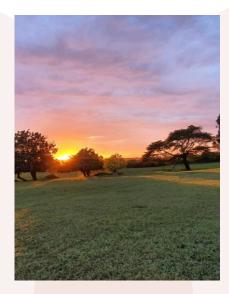




## **Bundu Camp 10 Nights**















## **Urban Glamping 4 nights**















## **Urban Glamping 4 nights**















## Sample Menu

Day 1	Day 2	Day 3	Day 4	Day 5
Scrambled eggs, savoury beans or mince or bacon toast (Jam, PButter)	Yoghurts, muesli, cereal, fruit	Pancakes, banana, fruit	Oatmeal porridge, fruit, toast & jam	French toast (Eggy bread)
Quiche & salad	Macaroni Cheese	Soup & homemade bread	Hotdogs	Braai broodjies (tomato, cheese, onion toasties on open fire)
Nachos (vegan or mince)	Beef stew & rice	Braai (Barbeque) with salads	Chicken ala King & rice	Chickpea curry mild

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure.



## Departure from the United Kingdom | Arrival to South Africa

## **Manchester Airport - Terminal 1**

Meet to check in at 11.15

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
TK1992	09/03/25	Manchester (Man)	14.15	Istanbul (IST)	21.25
TK42	10/03/25	Istanbul (IST)	01.55	King Shaka Int Durban (DUR)	13.30

## King Shaka Int Durban

Clear immigration & collect baggage to clear customs Meet and Greet at Arrivals Hall @ Information Desk Transfer to Bonamanzi



## Departure from South Africa | Arrival to the United Kingdom

## King Shaka Int Durban – Terminal A

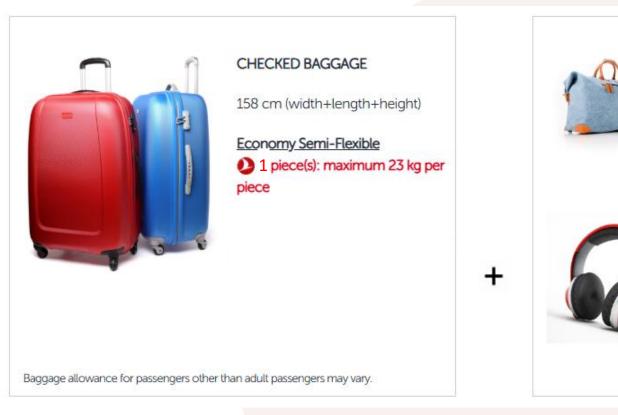
Check-in at the check-in desk terminal A

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
TK43	24/03/25	King Shaka Durban (DUR)	16.05	Istanbul (IST)	06.20 +1 Day
TK1991	25/03/25	Istanbul (IST)	11.45	Manchester (MAN)	13.15



## FLIGHT INFORMATION

#### **BAGGAGE ALLOWANCE**



55x40x23 cm (Width x Length x Height) Maximum 8 kg 1 ACCESSORY (No larger than camera, telephone etc.)

1 CABIN BAGGAGE

The personal item should not exceed 4 kg.

## TRAVEL DOCUMENTS

#### **Travel Documents**

Final Documents Issued 24/02/2025

Emailed to your personal and/or college email address

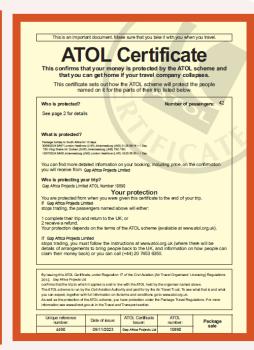
Print and take copies

Boarding passes issued at the airport

Passports!









https://gapafricaprojects.com/25-4602/

## **Group Web Page & Travel Documents**

- Student Frequently Asked Questions - Click to View
- Student Guidelines and House Rules - Click to View



#### Student - Frequently Asked Questions Contents Pre-Departure What documents should I receive from Gap Africa?. 2. What travel documents are required? Gap Africa Projects - General Guidelines and House Rules: As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines: 1. Timeliness and Curfew. I commit to respecting designated timings, including early mornings and curfew times 2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture. incidents or issues during the trip? 3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants. 4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities. 5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during 6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited. d I bring?... 7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency. 8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before be menstruating during the trip 9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am

10. Insurance: I agree to obtain appropriate travel and medical insurance that covers

all activities during the trip.

https://gapafricaprojects.com/25-4602/

## **Suggested kit list**

- Short sleeve shirts
- · Long work trousers and shorts (Or work trousers with zip-off longs)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker warm (it can get very cold on an open vehicle - even on a summer evening)
- Daypack rucksack
- Socks
- Warm Hat (in winter only) /Hat for sun protection (all year round)
- Working gloves
- Gloves for warmth (in winter only)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent

#### Other useful items:

- Binoculars
- Good torch
- Water bottle
- Camera
- Sunglasses

- Personal medical items
- Cards/Games
- Sunscreen
- Mammal/bird book
- Notebook/diary and pen

<sup>\*</sup> All clothes should be neutral or earth tones for working in the bush. No skimpy or bright-coloured clothing to be worn whilst in the community

### Climate

### **Bonamanzi**

### St Lucia

9	10	11	12	13	14	15	16	17	18	19	20	21	22
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#### **Phones & Internet**

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

Some Wi-Fi if provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

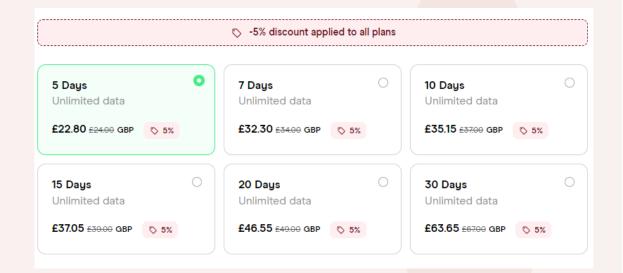
We have partnered with Holafly eSim provider who have offered a 5% discount when you use the code **GAPAFRICAPROJECTS** 

## Benefits of an eSIM Holafly

- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa

https://shorturl.at/sxE29





### **Currency & Credit Cards**

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

#### **Tipping**

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

### Loadshedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time



#### **Health Risks**

#### **Immunisation:**

When entering South Africa, no international immunisation is required, however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Please visit the following web page for advice from the UK Foreign Office:

https://travelhealthpro.org.uk/country/201/south-africa

#### **Drinking Water:**

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

#### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

#### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

#### **Malaria:**

The project is located in a malaria free area- recommended

Jungle Deet Spray for St Lucia

http://www.sa-venues.com/malaria-risk-areas.htm

#### Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

https://www.truetraveller.com/?tag=4480



You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip

### Loadshedding

Scheduled blackouts/power cuts - the team will inform you when the power will be off, normally for 2-4h at a time.

### **Passport Requirements**

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

### Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

https://www.gov.uk/browse/abroad/travel-abroad

## **Visa Requirements**

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

http://www.dha.gov.za/index.php/immigration-services/exemptcountries

## **COMMUNITY PROJECTS**

## **Community GAP Donation Bags**

- Magazines
- Books for school library
- Educational posters
- Stationary
- Sports kit (football kit, boots, shirts, balls, netball bibs etc)
- Skipping ropes
- Recyclable pads for Move Africa donation







## **Trip Clothing**

Online shop available for trip clothing:

GAP Trip Hoodie

**GAP Africa Polo Shirts** 

**GAP Africa Caps** 

**GAP Africa Beenie** 

GAP Africa 500ml Bottle





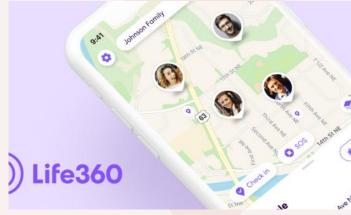
## **Useful App's for Next of Next of Kin**

We recommend that Next of Kin also download and set up the following app, we have found this to be useful in knowing where are students whilst on the trip!

Flightrader24 – very useful for tracking flights, showing departure times, any delays and flight location in travel.

Life360 – is great for following them on their journey.







## **GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

Explore our network of Global Adventure Projects:











**GLOBALADVENTUREPROJECTS.COM** 









## **Community Development Activities**















## **Community Development Activities**















## YOUR PROJECT

### **Example itinerary**

Day 1: Travel to London Heathrow for your overnight flight to South Africa

Day 2: Travel overnight from the UK to Durban, transfer to Bonamanzi, orientation and dinner

Day 3: Early morning game drive, after breakfast, depart for a Community project for the day. Traditional Lunch in the community. After dinner a Talk on Zulu Culture by Project Rhino

Day 4: Community outreach with Project Rhino. After lunch reserve management work at Bonamanzi, including K9 antipoaching demonstration and talk

Day 5: Morning game drive and maintenance work, after lunch and a swim in the pool followed by a scavenger hunt and preparation for a potijie cooking competition

Day 6: Visit to a snake pharm to look at the local method of antivenom and demonstrations, after lunch and a swim in the pool take part in a Zulu Art and Craft workshop in the local community

Day 7: Full day at Hluhluwe Mfolozi Big Five reserve with the chance to see, Elephant, Rhino, Lion, Buffalo and maybe a leopard amongst other animals. Lunch will be taken in reserve. The evening will include a farewell Braai

Day 8: Transfer to St Lucia (1 hour), and a tour of the craft markets and town in the afternoon will include a Hippo and Crocodile estuary boat tour.

Day 9: After breakfast spend the day at a local project and iSiphaphali Butterfly dome

Day 10: Explore the local Vape Vidal bush with a beach safari, breakfast is served at the reserve. The Afternoon is taken at your leisure.

Day 11: The day is spent in the local community visiting the Khula Health Care Clinic and Creche Visit, lunch at the centre followed by a visit to the craft markets and town in the afternoon

Day 11: Depart St Lucia for Durban and overnight flight back to London.

Day 12: Arrive back in London for your transfer back to college.