



PROJECT PRESENTATION

Hull College



South Africa

Group Sports

Coaching Tour



GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.

ABOUT US:

AFRICA

GAP Africa Projects

- We are a specialised travel company that offers academic trips and volunteering opportunities for groups and individual travellers, in a number of locations worldwide
- We pride ourselves on curating experiences which are personalised to your needs and requirements
- Our first project travelled in 2012
- Full ATOL Bonding
- Working with 50 Colleges and Universities around the UK
- A small dedicated team in the UK and South Africa





AFRICA

ABOUT THE PROJECT

Our sports coaching in more detail

ABOUT YOUR PROJECT

AFRICA

Your Sports Coaching Trip Explained

- A unique sports coaching & community project based in the Eastern Cape of South Africa
- Working in schools and community centres to help coach local children in sports
- Tailor-made activities to suit your needs and interests
- Project activities include
 - Sports development
 - Sports Coaching
 - Community development
 - Adventure and excitement
- Dedicated vehicles and staff



ABOUT YOUR PROJECT

AFRICA

Project Location



ABOUT YOUR PROJECT

AFRICA

United Through Sport

- Worked in Port Elizabeth since 2005 with aged 5+ from disadvantaged communities
- Using the power of sport to help children and youth to escape poverty
- Worked with over 56,000 children
- 93% of children performed better in fitness tests
- 96% improvement in HIV and AIDS awareness
- 87% improvement in school attendance



ABOUT YOUR PROJECT

AFRICA

Activities

- Sports coaching in township communities & local Schools (Primary and Secondary)
- Basic schooling – English & Maths
- Local tours/excursions to choose from:
 - Local township
 - Wildlife reserve tour
 - Kings Beach
 - Baywest shopping mall
 - River boat trip
 - Beach BBQ
 - McArthurs baths swimming pool
 - Sand dune boarding
 - Jeffery's Bay visit



ABOUT YOUR PROJECT

AFRICA

Project Overview

Your role as a volunteer sports coach in South Africa will be to run and supervise all training and matches for the players in the local townships and schools in the surrounding area.



ABOUT YOUR PROJECT



Project Overview



ANY QUESTIONS?

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ABOUT YOUR PROJECT

AFRICA

Project Overview



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ABOUT YOUR PROJECT

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Project Overview

- Other sessions will include one-to-one reading, basic maths sessions
- Socialising and playing with the young children
- Basic sport coaching
- Football talk



ABOUT YOUR PROJECT

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Project Overview

Weekend/weekday excursions: Jefferies Bay

Home of Surfing South Africa

World Surf League annual competition



ANY QUESTIONS?

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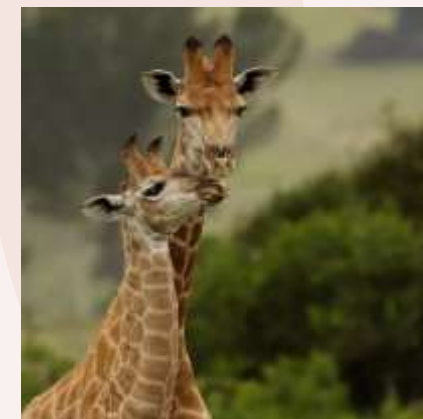
ABOUT YOUR PROJECT

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Project Overview

Weekend/weekday excursions:

- Kragga Kama Game Park



ABOUT YOUR PROJECT

AFRICA

Project Overview

Weekend/weekday excursions:

- McArthur Baths swimming pool complex
- Baywest Shopping Centre



ABOUT THE PROJECT

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Community – GAP Donation Bags



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ABOUT YOUR PROJECT

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United
Through
Sport

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ABOUT YOUR PROJECT

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Day	Activity	Location
1	Depart the UK for your night flight to South Africa	Manchester – Johannesburg
2	Transfer via internal flight to PE. Upon arrival met by 'United through Sports' & transferred to accommodation	Johannesburg – Port Elizabeth
3	Orientation and coaching induction & tour of the local area and township	Port Elizabeth
4-5	Full-day coaching in the local schools & communities	
6	Coaching AM & local beach PM	
7	Visit to Jeffery's Bay, sandboarding, beach BBQ and a visit to the Billabong factory outlet	Jefferies Bay
8	Trip to a local game reserve & beach	Addo Elephant NP or Kragga Kamma Game Park
9-11	Full-day coaching in the local school's communities	Port Elizabeth
12	Visit the local shopping mall & coaching in the local communities	
13	Trip to a local African market & McArthur Baths swimming pool	
14	Fly home	

A young boy in a blue shirt and orange life vest is seen from behind, looking out at a beach. A woman in a black and orange life vest is smiling next to him. The background shows a sandy beach, waves, and buildings in the distance under a blue sky with clouds.

AFRICA

ACCOMMODATION & LIFESTYLE

Life in the Eastern Cape

Accommodation & Food

- Your accommodation is basic but comfortable and you will stay in a shared style room. The accommodation has a very sociable atmosphere, you will find it a great place to relax and unwind in the evenings. The accommodation is also centrally located near your volunteer project with shops and other useful amenities either a short walk or taxi ride away. With so many volunteers living together, you will soon find our communal house your new home, away from home.
- Your accommodation is just 300 metres from the beachfront and includes a garden area, swimming pool and BBQ area. There is few Wi-Fi throughout the accommodation



ACCOMMODATION & LIFESTYLE



Accommodation & Food





AFRICA

BOOKING YOUR ADVENTURE

The next steps to the trip of a
lifetime!

WHAT'S INCLUDED

AFRICA

What is included?

- Flights
- Transfer to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- ATOL protection
- Airport meet/greet
- 24 hour in country support



NOT Included

- Personal Travel Insurance *
- Meals on travel days - before arriving & after departing from the project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

* We recommend you take out insurance as soon as your booking is confirmed

TRIP OVERVIEW

AFRICA

Hull College College– Booking Reference 4605

Trip Dates:

17th February to 4th March 2025

International Flights:

Flight No.	Date	Departing from	Departure time	Arriving	Arrival Time
BA1373	17/02/2025	Manchester (MAN)	16.20	London Heathrow (LHR)	17.30
BA57	17/02/2025	London Heathrow (LHR)	21.25	Johannesburg (JNB)	09.25 +1day
TBC	18/02/2025	Johannesburg (JNB)	TBC	Port Elizabeth (PLZ)	TBC
TBC	03/03/2025	Port Elizabeth (PLZ)	TBC	Johannesburg (JNB)	TBC
BA56	03/03/2025	Johannesburg (JNB)	20.15	London Heathrow (LHR)	05.30 +1day
BA1386	04/03/2025	London Heathrow (LHR)	07.55	Manchester (MAN)	09.00

*Always check the flight timings on your final documents

Baggage Allowance – 1 piece of checked baggage @20kgs, 1 piece of hand baggage @ 7kgs max dimensions 56x36x25 cms

Project:

South Africa Sports Coaching

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BOOKING YOUR ADVENTURE

AFRICA

Group Web Page



<https://gapafricaprojects.com/25-4605/>

Booking Form



<https://gapafricaprojects.com/booking-form-25-4605-hua-spc-hull-college/>



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