



# Easton College PROJECT PRESENTATION



## South Africa Group Sports Coaching Tour



**GLOBAL** reach. **ADVENTURE** for all. **PROJECTS** to inspire.

# ABOUT US:

AFRICA

## GAP Africa Projects

- We are a specialised travel company that offers academic trips and volunteering opportunities for groups and individual travellers, in a number of locations worldwide
- We pride ourselves on curating experiences which are personalised to your needs and requirements
- Our first project travelled in 2010
- Full ATOL Bonding
- Working with over 50 Colleges and Universities around the UK
- A small dedicated team in the UK and South Africa.



# WHY SHOULD I TRAVEL?

AFRICA

## What do previous travellers say about the Shamwari Conservation Expedition?



"It has significantly impacted my future by developing my leadership skills, cultural awareness, and personal growth"



"This was the best trip I've ever been on."



"Experience of a lifetime!! Forever grateful for this opportunity, I have found my calling."

Reference: GAP Africa Projects Post Project Trip Questionnaire 23/24

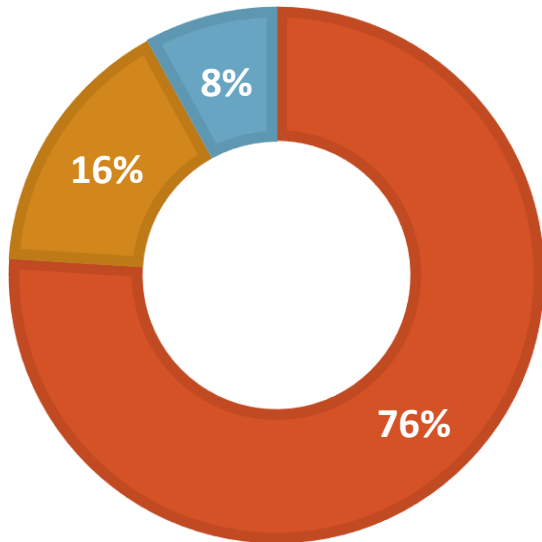
# WHY SHOULD I TRAVEL?

AFRICA

## Personal Development

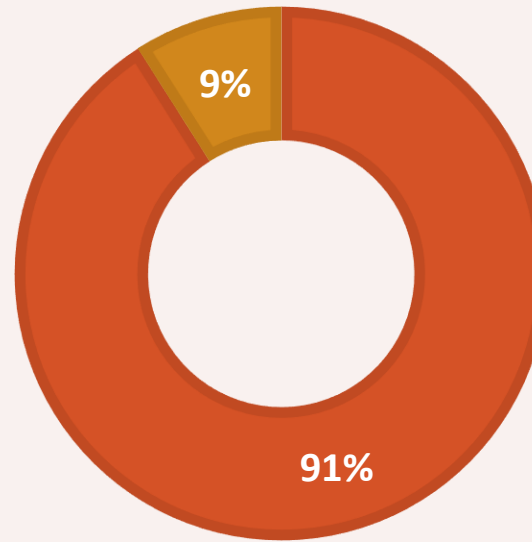
### MENTAL HEALTH IMPROVEMENT

■ Yes ■ No ■ NA



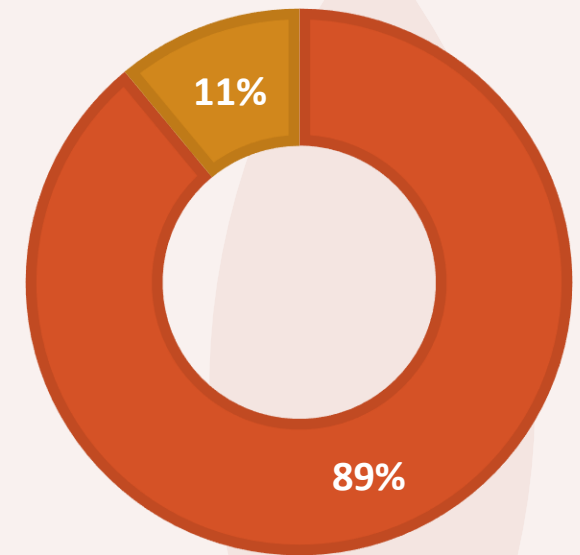
### CONFIDENCE IMPROVEMENT

■ Yes ■ No



### RESILIENCE IMPROVEMENT

■ Yes ■ No



Reference: GAP Africa Projects Post Project Trip Questionnaire 23/24



**AFRICA**

# ABOUT THE PROJECT

Our sports coaching in more detail

# ABOUT YOUR PROJECT

AFRICA

## Your Sports Coaching Trip Explained

- A unique sports coaching project based in South Africa
- Live in a town in the Eastern Cape of South Africa
- Working in schools and community centres to help coach local children in Sports
- Tailor Made activities to suit your needs and interests
- Project Activities include
  - Sports Development
  - Sports Coaching
  - Community Development
  - Adventure and Excitement
- Dedicated vehicles and staff



# ABOUT YOUR PROJECT

AFRICA

## Project Location

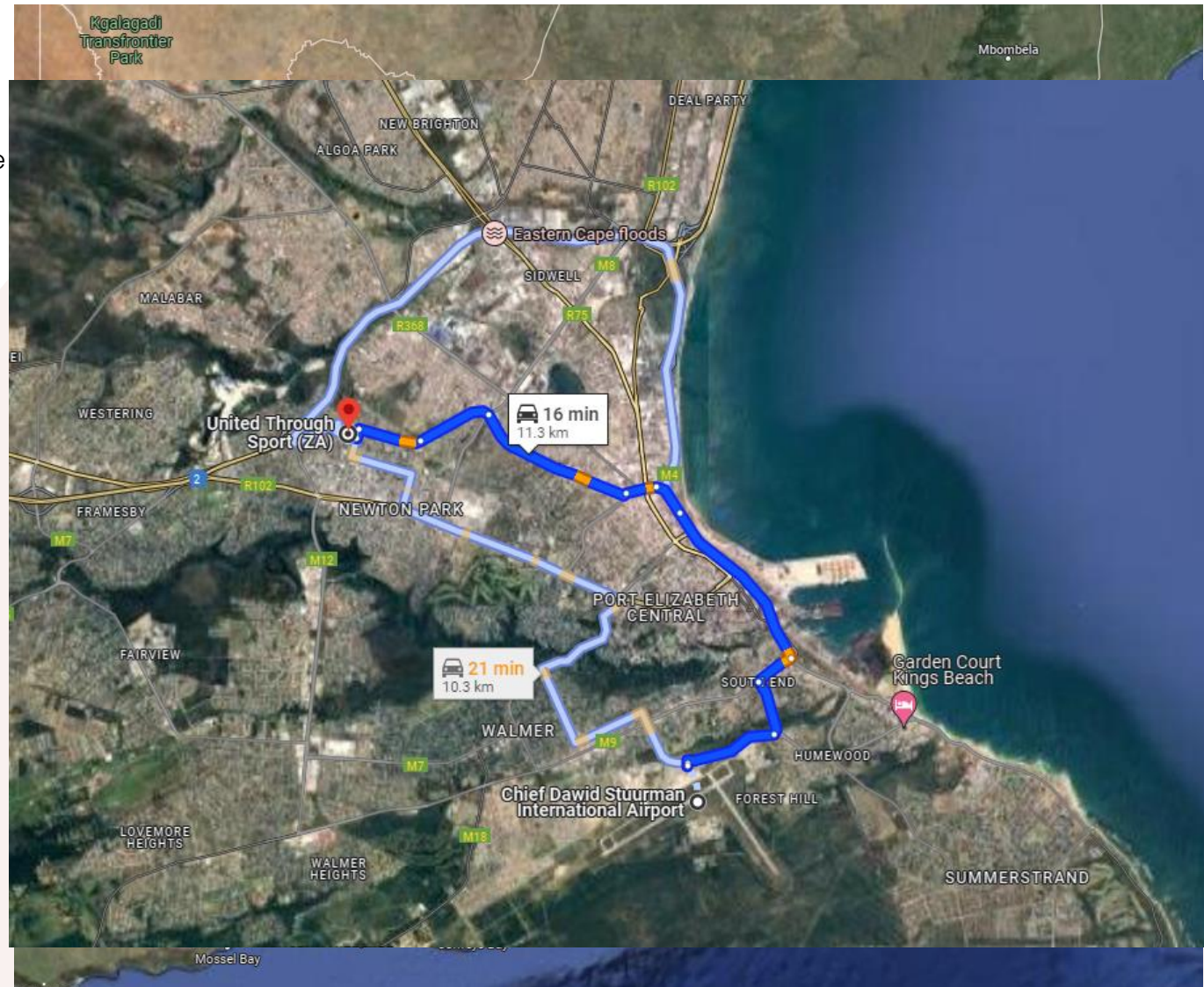


# ABOUT YOUR PROJECT

AFRICA

## Project Location

Located in Port Elizabeth in the Eastern Cape  
Charity – United Though Sports





# ABOUT YOUR PROJECT

AFRICA

## United Though Sports

- Working with people from disadvantaged communities aged 5 and above
- Using the power of sport to help children and youth to escape poverty
- Worked with over 56000 children
- Over 1,000,000 hours of volunteer time
- 100,000 hours of sexual and reproductive health workshops
- Worked in Port Elizabeth since 2005
- 93% of children performed better in fitness tests.
- 87% improvement in school attendance

# ABOUT YOUR PROJECT

AFRICA

## Activities

- Sports Coaching in township communities
- Sports Coaching in local Schools, Primary and Secondary
- Township Tour
- Wildlife Reserve Tour
- Kings Beach
- Baywest Shopping Mall
- Sandboarding
- Jeffery's Bay Visit
- River Boat Trip
- Beach BBQ
- McArthur's Bath Swimming Pool

# ABOUT YOUR PROJECT

AFRICA

## Project Overview

Your role as a volunteer sports coach in South Africa will be to run and supervise all training and matches for the players in the local townships and schools in the surrounding area.



ANY QUESTIONS?

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# ABOUT YOUR PROJECT

AFRICA

## Project Overview



ANY QUESTIONS?

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# ABOUT YOUR PROJECT

AFRICA

## Project Overview



ANY QUESTIONS?

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# ABOUT YOUR PROJECT

AFRICA

## Project Overview

Other Sessions will include one to one reading, basic maths sessions.

Socialising and playing with the young children



# ABOUT YOUR PROJECT

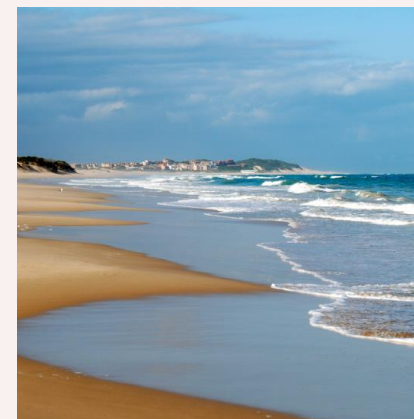
AFRICA

## Project Overview

Jefferies Bay

Home of Surfing South Africa

World Surf League Annual  
Competition



ANY QUESTIONS?

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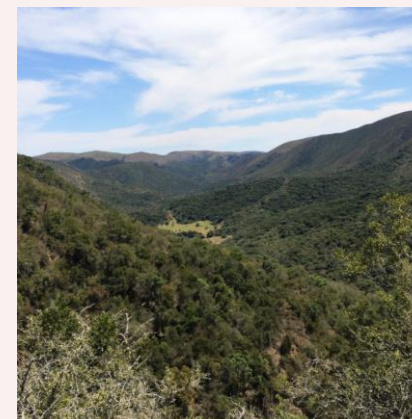
# ABOUT YOUR PROJECT

AFRICA

## Project Overview (additional cost)

Addo Elephant Park

Big Five including 600 + Elephants



ANY QUESTIONS?

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# ABOUT YOUR PROJECT

AFRICA

## Project Overview

McArthur Baths Swimming Pool Complex

Baywest Shopping Centre



ANY QUESTIONS?

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# ABOUT YOUR PROJECT

AFRICA

## Sample Itinerary

Day 1: Depart the UK from London Heathrow for your night flight to Johannesburg with British Airways

Day 2: Arrive in Johannesburg to transfer via internal flight to Port Elizabeth, upon arrival at Port Elizabeth you will be met by United through Sports in their own private vehicles to be transferred to your accommodation, to unpack and relax

Day 3: Orientation and Coaching Induction as well as a tour of the local area and township

Day 4 & 5 Full-day coaching in the local school communities

Day 6: Morning of coaching and a relaxing afternoon at the beach

Day 7: Visit to Jeffery's Bay with Sandboarding, Beach BBQ and visit to the Billabong factory outlet

Day 8: Trip to Addo Elephant Park and relaxing at the beach

Day 9 & 10 Full-day coaching in the local school's communities

Day 11: Day to relax

Day 12: Visit the local Shopping Mall followed by some coaching in the local communities

Day 13: Enjoy a local African market and relax at McArthur Baths swimming pool

Day 14: Pack and depart for your flight home

# ABOUT THE PROJECT

AFRICA

## Community – GAP Donation Bags



ANY QUESTIONS?

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PRESENTATION 19

A young boy in a blue shirt and orange life vest is seen from the back, looking out at a beach. In the background, there are people on the beach, waves, and a tall building. A woman in a black and orange life vest is partially visible on the right side of the frame.

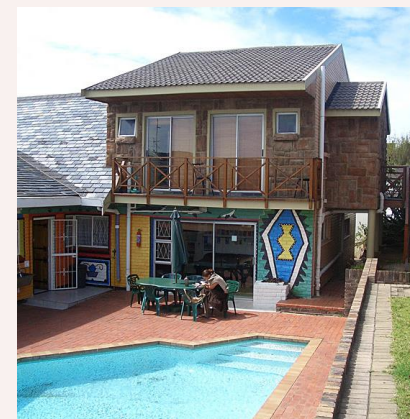
**AFRICA**

# ACCOMMODATION & LIFESTYLE

Life in the Eastern Cape

## Accommodation & Food

Your accommodation is basic but comfortable and you will stay in a dormitory style room. The accommodation has a very sociable atmosphere, you will find it a great place to relax and unwind in the evenings. The accommodation is also centrally located near to your volunteer project with shops and other useful amenities either a short walk or taxi ride away. With so many volunteers living together, you will soon find our communal house your new home, away from home.



# ACCOMMODATION & LIFESTYLE

AFRICA

## Accommodation & Food



ANY QUESTIONS?

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PRESENTATION 22

A young boy in a blue shirt and orange life vest is seen from behind, looking out at a beach. In the background, there are buildings and a cloudy sky. A woman in a black and orange life vest is partially visible on the right side of the frame.

**AFRICA**

# BOOKING YOUR ADVENTURE

The next steps to the trip of a  
lifetime!

# WHAT'S INCLUDED

AFRICA

## What is included?

- Flights
- Transfer to/from project
- Accommodation
- Three meals per day
- All activities as part of the project
- ATOL protection
- Airport meet/greet
- 24 hour in country support



## NOT Included

- Personal Travel Insurance \*
- Meals on travel days – before arriving & after departing from the project
- Any activities not specified as part of the project
- Visas/travel documents
- Tips

\* We recommend you take out insurance as soon as your booking is confirmed



# BOOKING YOUR ADVENTURE

AFRICA

## Proposed dates and key deadlines

### 2025 Proposed trip dates are:

**Depart UK: Sunday 18<sup>th</sup> May 2025 | Arrive SA: Monday 19<sup>th</sup> May 2025**

**Depart SA: Saturday 31<sup>st</sup> May 2025 | Arrive UK: Sunday 1<sup>st</sup> June 2025**

### Trip cost:

**£2820.00** (transport to Heathrow is not included)

### Key deadlines are:

- Return of booking forms: 16/09/2024
- Deposit of £300 to then be paid by 25/09/2024
- Instalment payment of £1260.00 due 16 weeks before departure – 27/01/2025
- Balance payment of £1260.00 due 8 weeks before departure – 24/03/2025
- Payment schedule available to help manage finances
- E tickets will be issued 2 weeks prior to departure and emailed to students



# BOOKING YOUR ADVENTURE

AFRICA

## Group Web Page

<https://gapafricaprojects.com/4585-est/>



## Booking Form

<https://gapafricaprojects.com/booking-form-25-4585-est-spc-easton-college/>



### BOOKING FORM

Your Global Adventure Starts here!

Please use the form below to submit your provisional booking to your selected project. You have the option to pay your initial deposit with the submission of your booking form, or we will contact you for payment once your project placement has been secured.

If you'd like to contact us to ask any initial questions or find out more about what project you'd like to go on and when, you can get also get in touch using our short enquiry form, or by calling +44 (0) 207 193 7819.

(NB: Your name should be given as displayed on your passport)

Title \*

Mr/Mrs/Miss/Ms/Dr

Name \*

First

Middle

Last

Date of birth \*

DD

MM

YYYY

Address \*

Street Address

Address Line 2

City

County / State / Region

ZIP / Postal Code

Country

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Email 1 \*



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