



PRE-DEPARTURE INFORMATION PACK

Myerscough College



WHITE SHARK

Research Project



GLOBAL reach. ADVENTURE for all. PROJECTS to inspire.

TRIP OVERVIEW

AFRICA

Myerscough College – Booking Reference 4539

Trip Dates:

14th August – 28th August 2024

Flights:

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
TK1996	14/08/2024	Manchester (MAN)	16:55	Istanbul (IST)	22:55
TK44	15/08/2024	Istanbul (IST)	01:40	Cape Town (CPT)	11:50
TK45	27/08/2024	Cape Town (CPT)	16:40	Istanbul (IST)	04:45 + 1 Day
TK1993	28/08/2024	Istanbul (IST)	07:40	Manchester (MAN)	09:50

*Always check the flight timings on your final documents

Baggage Allowance – 2 pieces of checked baggage @ 23kgs each & 1 piece of hand baggage @ 8kgs and max dimensions 55x40x23 cms

Project:

White Shark Project

Trip Cost:

£2800.00 per person

£300.00 deposit

£1250.00 Instalment due 25/04/2024

£1250.00 Balance due 20/06/2024

Arrival into Cape Town

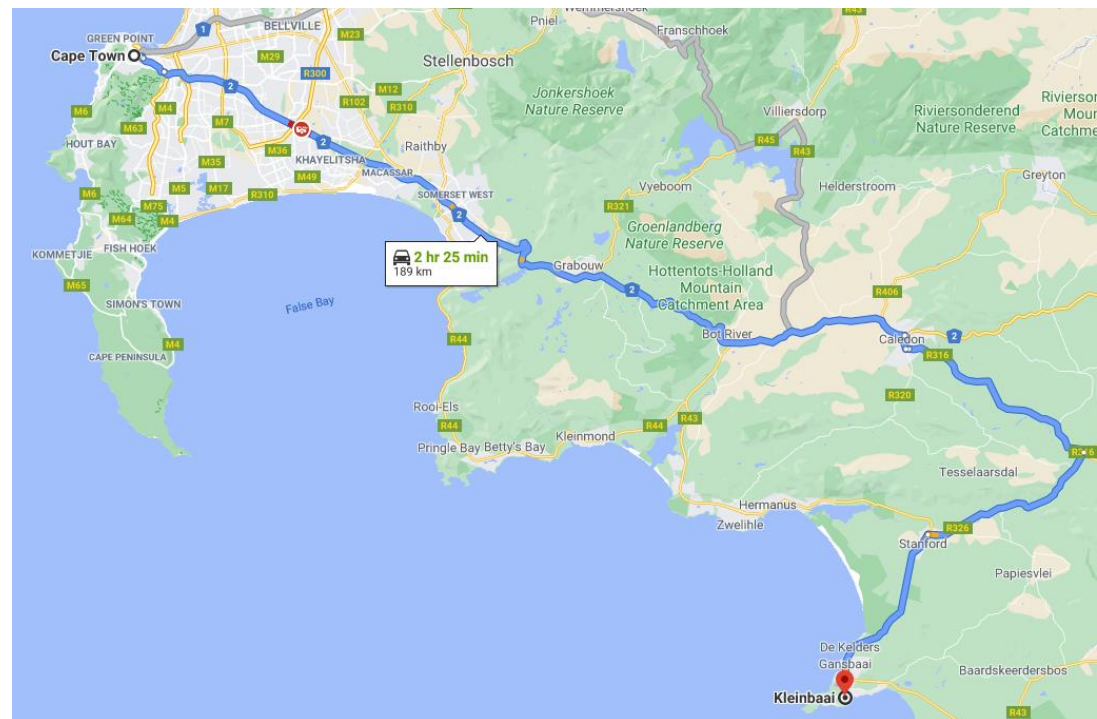
On arrival at Cape Town airport please clear immigration and collect your bags to clear customs.

A representative from the White Shark Project will meet you in the arrivals hall and transfer you to the project.

The transfer by road will take approximately 2.5 hours

If you are unable to find the representative, please call the

White Shark Project team on +27 (0) 76 2455880.



CONTACT DETAILS

AFRICA

Address

White Shark Projects
16 Geelbek Street
Kleinbaai 7200
South Africa

White Shark Projects

Telephone: +27 (0) 28 312 3347

Mobile

+27(0) 76 245 5880
Natasha Julies

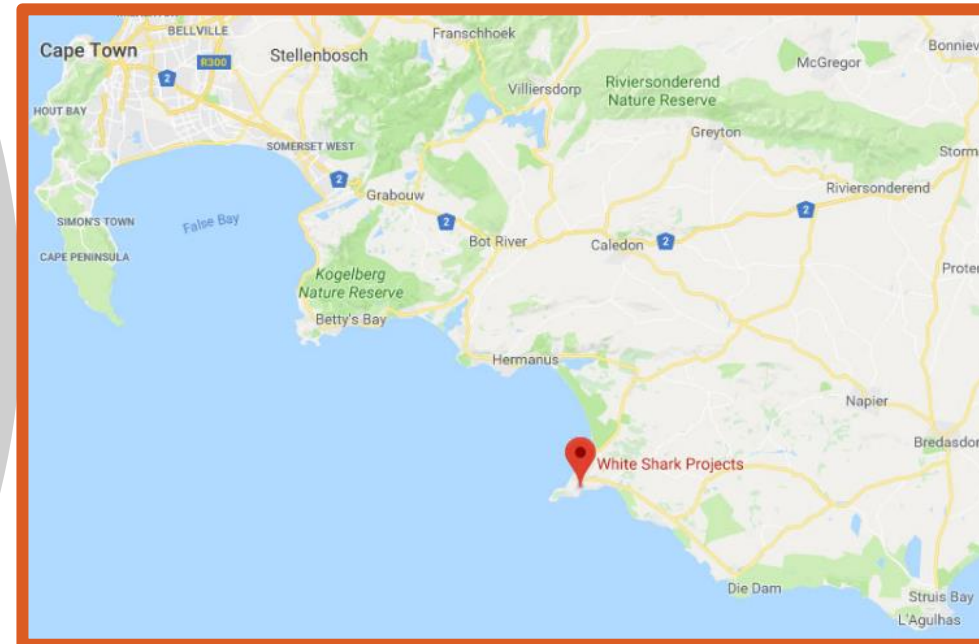
Gap Africa Projects

+44 (0) 797 657 5949

24 Hour Emergency Only

Gap Africa Projects In Country contact:

+27 (0) 79 313 2276 Carmen Warmenhove



Health Risks

Immunisation:

When entering South Africa no international immunisation is required, however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

Drinking Water:

The tap water in Gansbaai is perfectly safe to drink and bottled water is available from the supermarkets; always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The area where the project is located is malaria free.

<http://www.sa-venues.com/malaria-risk-areas.htm>

Climate

The average yearly temperature for Gainsbaai is 22°C. Highest temperatures are during December & January averaging 25 °C and the lowest during July & August averaging 18 °C.

Have a look at the Accuweather website for more information:

<https://www.accuweather.com/en/za/gansbaai/301239/daily-weather-forecast/301239>

Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the housekeeping staff by leaving a small tip/donation for the staff at the accommodation when you leave; any amount is always appreciated.

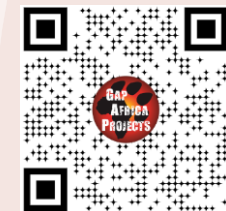
A 10% tip is normal for any café/restaurant when eating out.

Currency & Credit Cards

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted in main towns, although local communities only take cash.

Wise Travel Card offers up to £500.00 with no transfer fee for Gap Africa Project travellers:



<https://wise.prf.hn/1/xZJx9gq>

Phones & Internet

Mobile phone coverage is good in and around the Gansbaai area and in Cape Town.

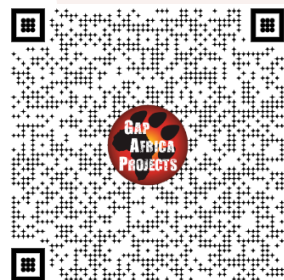
Wireless internet access is available at the accommodation.

We have also partnered with Holafly, an eSim provider who have offered a 5% discount when you use the code GAPAFRICAPROJECTS

Benefits of an eSIM



- Unlimited Data Plans
- Keep your WhatsApp number
- Immediate Delivery
- Uses both Vodacom and MTN the two major networks in South Africa



<https://shorturl.at/sxE29>

-5% discount applied to all plans

5 Days Unlimited data £22.80 £24.00 GBP 5%	7 Days Unlimited data £32.30 £34.00 GBP 5%	10 Days Unlimited data £35.15 £37.00 GBP 5%
15 Days Unlimited data £37.05 £39.00 GBP 5%	20 Days Unlimited data £46.55 £49.00 GBP 5%	30 Days Unlimited data £63.65 £67.00 GBP 5%

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they occur or on your return home.

Please follow this link to our preferred insurer:



<https://www.true traveller.com/backpackers-insurance?tag=4480>

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip. If using an alternative insurer, please make sure you are covered for light manual work

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

Passport Requirements

It can take many weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended exit date and have at least two blank pages. You can check requirements by using the IATA Travel Centre site

www.iatatravelcentre.com

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts
(Or work trousers with zip-off longs)
- T shirts – long and short sleeve
- Waterproof shoes/crocs
- Waterproofs – jacket & trousers
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker – warm
- Daypack rucksack
- Socks
- Warm Hat (winter) /Hat for sun protection (all year round)
- Working gloves
- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours

- Beach towel
- Swimming costume
- Toiletries
- insect repellent
- Sunscreen
- Polarised sunglasses

Other useful items:

- Personal medical items
(including seasickness tablets)
- Binoculars
- Good torch
- Water bottle
- Camera
- Spare batteries
- Cards/books/music
- Notebook/diary and pen

ACCOMMODATION AND LIFESTYLE

AFRICA

Accommodation

The accommodation at the house, located two minutes from the harbour, is in dorm rooms with shared bathroom facilities, there is a comfortable lounge with TV, nice kitchen, dining area and a garden with entertainment area. There are lockers available to store your valuables.

There is wireless internet access at the house and good mobile phone reception in the area.

Bed & Breakfast accommodation at Never@home backpacker hostel in Cape Town for the last 2 nights.



Food

Whilst at the project in Gainsbaai, breakfast and a light lunch of soup or toasted sandwiches is provided daily.

On 2 evenings dinner is provided with a braai (BBQ) on one evening and a Potjie on the other. Participants will buy provisions at the local supermarket and make dinner together on the other evenings or dine out at local restaurants (own cost). The house is located in a very safe area where you can walk freely around anytime of the day or night.

Kleinbaai is renowned for its shark – not its night life! It can be a little quiet but generally after working together as a team the group enjoy socialising during their leisure time.

The last 2 nights are spent in Cape Town with the opportunity to visit local restaurants for lunches and dinner at own cost.



WHAT'S INCLUDED

AFRICA

What is included?

- Flights
- Transfers to/from project
- Accommodation
- Meals as specified on itinerary
- All activities as part of the project
- ATOL protection
- 24/7 In country support



NOT Included

- Any meals not specified on itinerary
- Personal Travel Insurance *
- Any activities not specified as part of the project
- Weekend activities
- Visa's/travel documents
- Tips

* We recommend you take out insurance as soon as your booking is confirmed



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