



Riseholme College

PRE-DEPARTURE PRESENTATION



Shamwari

Group Conservation Expedition

AFRICA

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



AFRICA

ABOUT SHAMWARI GAME RESERVE

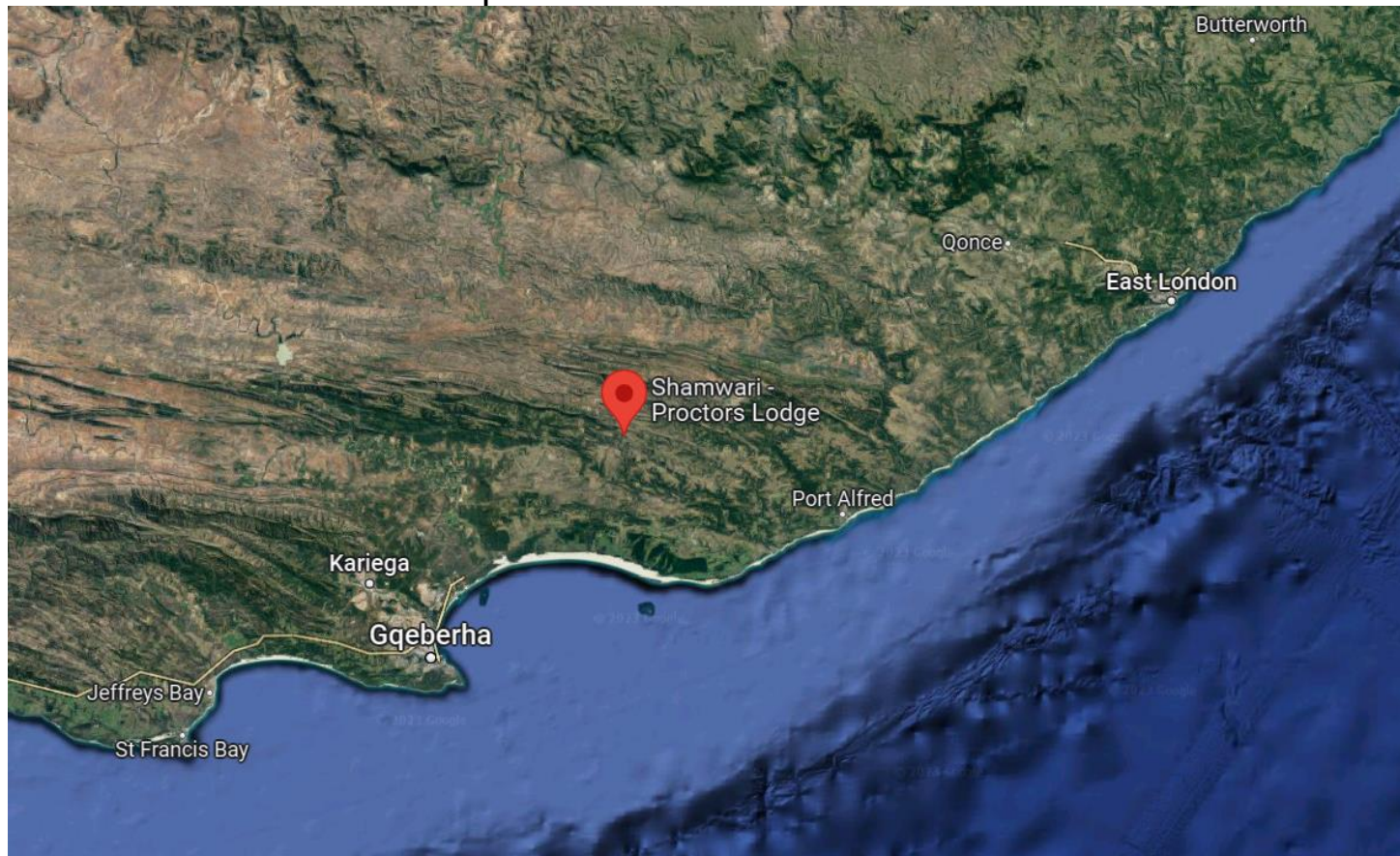
Project overview and
location

ABOUT SHAMWARI

AFRICA

Shamwari Game Reserve – Location

- South Africa a world leader in conservation
- Privately owned Shamwari Game Reserve
- Malaria free Eastern Cape

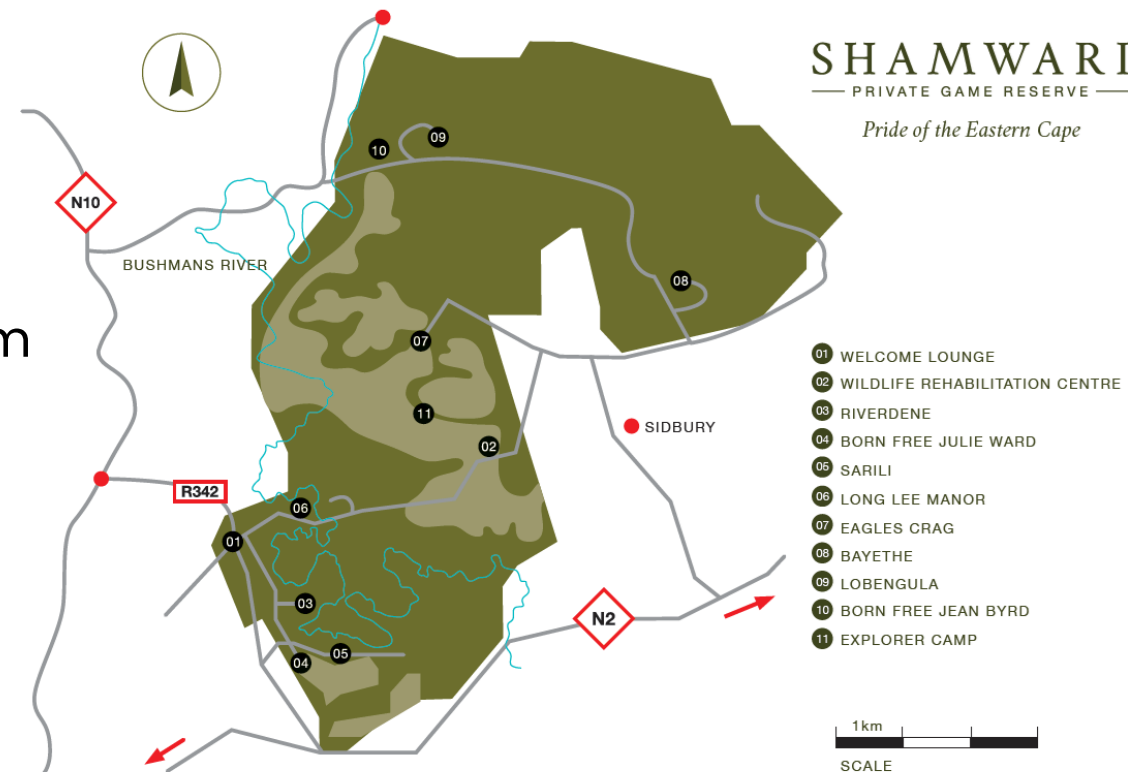


ABOUT SHAMWARI

AFRICA

Shamwari Game Reserve

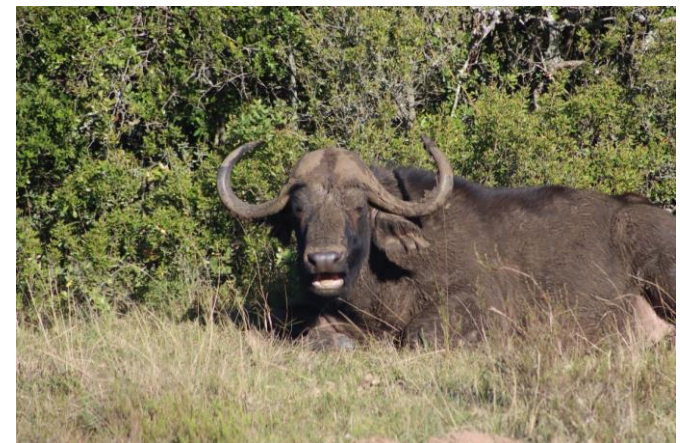
- 24,000 Hectare Privately Owned Game Reserve
- A pioneer in conservation in Southern Africa
- Award winning conservation team including:
 - Wildlife Vets
 - Ecologists
 - Anti Poaching
- Home to Born Free Foundation
- Lodge dedicated for our groups



ABOUT SHAMWARI

AFRICA

Home to the BIG 5



ANY QUESTIONS?

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PRE DEPARTURE INFORMATION 5

ABOUT SHAMWARI

AFRICA

Home to over 60 Species of Mammal



ANY QUESTIONS?

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PRE DEPARTURE INFORMATION 6

ABOUT THE PROJECT

AFRICA

Your Conservation Projects

- General Reserve Maintenance
- Alien Plant Eradication / Land Management
- Spatial Distribution/habitat use of species
- Habitat and Prey Selection of Lions
- Elephant Monitoring & Study
- Work at the Born Free Foundation
- General Game Drives and Walks
- Night Drives
- Field Skills and Survival Training
- Community Development



ANY QUESTIONS?

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PRE DEPARTURE INFORMATION 7



AFRICA

LIFESTYLE & ACCOMMODATION

Life in the African Bush

ACCOMMODATION & LIFESTYLE

AFRICA



ANY QUESTIONS?

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Project Presentation 9

ACCOMMODATION & LIFESTYLE

AFRICA



ANY QUESTIONS?

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Project Presentation 10

ACCOMMODATION

AFRICA

Food at the project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals;

Lunch normally taken out on the reserve may include, wraps, burgers, hot dogs;

Dinners include meat, fish and vegetables with rice, potatoes or pasta.

Please advise us of any dietary requirements in advance so we can ensure that you are adequately catered for.



ANY QUESTIONS?

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Project Presentation 11

Meals

AFRICA

Sample Menu

Day 1	Day 2	Day 3	Day 4	Day 5
Cereals, Fruit Platter, Yoghurt, Bread, Butter Jam	Cereals, Fruit Platter, Yoghurt, Bread, Butter Jam	Cereals, Fruit Platter, Yoghurt, Bread, Butter Jam	Cereals, Fruit Platter, Yoghurt, Bread, Butter Jam	Crispy Bacon French T Tomato Fried Eggs
Chicken Burgers Chilli Mayo Apples Green Simba Chips Orange Squash Purified Water	Wraps Pasta Salad Sweet chilli Sauce Jungle Bars Seasonal Fruit Orange Juice	Sausage Rolls Tomato Ketchup Greek Salad Jungle Bars Pear	Sandwich Simba Chips Orange Juice Purified Water Apples	Cold Lunch Bread Rolls Lettuce Tomato Potato Salad
Beef Bobotie Yellow Rice Green Beans Sweet Carrots Green Salad	Mac and Cheese Mixed Veg Salad	Fried Fish Risotto Rice Diced Butternut Cows' Salad Tomato Salsa	Beef Stroganoff Spaghetti Germ Squash Salad	Grilled Chicken Pap Cakes Relish Greek Salad Carrots Salad

We must know of any dietary requirements, allergies and intolerants at least 6 weeks before departure.



AFRICA

WEEKEND EXCURSIONS

Your free time on project

1 – Day Sandboarding & Beach BBQ (ECW04)

AFRICA

Visit some of the most pristine coastline that South Africa has to offer and experience the thrill of sandboarding through the dunes of the Wild Coast. After the kayak is over, we will settle down to a beach BBQ in front of the crashing waves and beautiful views before the excitement of sandboarding

Itinerary

08:00 – Pick up at Shamwari

10:00 – Kayak paddle

12:00 – Beach BBQ Lunch

13:00 – Sandboarding

17:00 – Arrive at Shamwari

Included

Professional guide

Comfortable 14 – 22 seater vehicle with trailer

Sandboard and Kayak rentals

Lunch

Transfers to/from accommodation

Excluded

Curios, tips and extra activities



1 – Day Port Elizabeth Visit (ECW05)

AFRICA

Visit one of the most popular seaport cities in the Eastern Cape, officially renamed Gqberha (Xhosa). Take a stroll along the beachfront and browse the vibrant market stalls. Tour at the Coastal Sea Bird Centre. Lunch will be arranged at a popular beachfront restaurant (Own account).

Itinerary

08:00 – Pick up at Shamwari
09:30 – Boardwalk & Beachfront Markets
11:00 – SANCCOBB Tour
12:00 – Lunch at Barneys (O/A)
13:00 – Hobbie Beach
17:00 – Arrive at Shamwari

Included

Professional guide
Comfortable 14 – 22 seater vehicle with trailer
SANCOBB Coastal Sea Bird Centre Visit
Transfers to/from accommodation

Excluded

Curios, tips and extra activities
Lunch





AFRICA

PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A

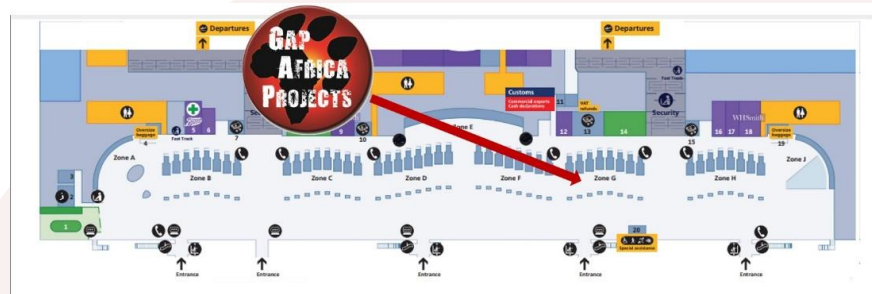
FLIGHT INFORMATION

AFRICA

Departure from the United Kingdom | Arrival to South Africa

London Heathrow Airport – Terminal 5

Meet at Zone G at 18:25



Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA57	19/05/24	London Heathrow (LHR)	21:25	Johannesburg (JNB)	09:15 + 1 Day

Johannesburg OR Tambo – Terminal A

Clear immigration & collect baggage to clear customs

Meet and Greet at JNB Arrivals Hall @ Information Desk

Connection Terminal A – Terminal B. GAP Team member to assist.

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA373	20/05/24	Johannesburg (JNB)	13.05	Port Elizabeth (JNB)	14.50

BAGGAGE ALLOWANCE

Hand Luggage

Your fare comes with two free carry-on bags. The larger of the two should not weigh more than 7kg. This bag must fit in the storage compartment in the cabin. The smaller of the two should not exceed 40cm x 15cm x 20cm, and must fit under the seat in front of you.

Max Weight: 7kg

Max Dimensions: 56 X 36 X 23 cm

Checked-In Luggage

Checked-in luggage can be purchased separately. Should you wish to add a 20kg bag to your flight, this can be selected on our Extra's page during the online flight booking process for R155. Alternatively, you can purchase a ticket for your bag through the call centre, or at the airport when you check-in for R350. For clarity, only one piece is allowed.

Max Weight: 20kg

Max Dimensions: 90 x 75 x 43 cm

FLIGHT INFORMATION

AFRICA

Departure from South Africa | Arrival to the United Kingdom

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
FA363	01/06/24	Port Elizabeth (PLZ)	13.50	Johannesburg (JNB)	15.35

Johannesburg OR Tambo

Collect baggage and re-check in at international departures

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA56	01/06/24	Johannesburg (JNB)	19.20	London Heathrow (LHR)	05:30 + 1 Day



TRAVEL DOCUMENTS

AFRICA

Travel Documents

Issued 29/07/2024

Emailed to your
personal and/or college
email address

Print and take copies

Boarding passes issued
at airport

Passports!

Gap Africa Projects Life changing conservation and community projects that make a difference

Your e-ticket

Travelport ViewTrip™
This Electronic Ticket Receipt has been brought to you by Travelport ViewTrip and your travel provider.
For the latest information on your travel plans, view your itinerary at ViewTrip.com

Reservation Number: RS3RG5 [View Electronic Ticket Receipt](#)

Traveler		
Passenger Name	Billing Address	Delivery Address
DEELEY, GEORGINA	TRAVEL COUNSELLORS PHENIX	No Address On Record
	TRAVEL HOUSE	
	CHURCHGATE	
	BOLTON	
	P1811 1TH	

Agency Information
TRAVEL COUNSELLORS LTD
Travel House
Bolton L1 1TH
UNITED KINGDOM
Agency Phone: 01204 536 084 TRAVEL COUNSELLORS PLC PHENIX FLTS
Agency IATA Number: 91277992

e-Ticket Receipt - 932941650522 - VS 601 - 28 Jun 2015 - LHR
Ticket Number: 932941650522
Galileo Reservation Number: RS3RG5
Ticket Issue Date: 27 May 2015

Flight Information

28 Jun 2015			
Virgin Atlantic Airways Ltd. (VS) 601 Economy (C) Virgin Atlantic Airways Ltd Confirmation Number: BHEG24			
Depart:	Heathrow (LHR) - Terminal 3	9:05 PM	Fare Basis: BT
Arrive:	Johannesburg (JNB) - Terminal A	9:05 AM	Not Valid Before: 28 Jun 2015

Applies to: LHR - JNB
Baggage Allowance: 1 Piece Plan

This is an important document. Make sure that you take it with you when you travel.

ATOL Certificate

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.
This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip listed below.

Who is protected? **Number of passengers: 1**
Mr Daniel Alexander

What is protected?
Package holiday to South Africa for 12 days
28 May - 10 Jun 2015 (London Heathrow (LHR) to Johannesburg (JNB) 21:00 05:05 + 1 Day
10 Jun - 18 Jun 2015 (Johannesburg (JNB) to Port Elizabeth (PE) 14:10 18:00
18 Jun - 28 Jun 2015 (Port Elizabeth (PE) to London Heathrow (LHR) 13:30 18:00
11 Apr - 10 Jun 2015 (Johannesburg (JNB) to London Heathrow (LHR) 20:00 05:05 + 1 Day
You can find more detailed information on your booking, including price, on the confirmation you will receive from Gap Africa Projects Limited

Who is protecting your trip?
Gap Africa Projects Limited ATOL Number 10890 Booking Ref: 4007

Your protection
You are protected from when you were given this certificate to the end of your trip.
If Gap Africa Projects Limited stops trading, the passengers named above will either:
1. complete their trip and return to the UK; or
2. receive a refund.
Your protection depends on the terms of the ATOL scheme (available at www.atol.org.uk).
If Gap Africa Projects Limited stops trading, you must follow the instructions at www.atol.org.uk (where there will be details of arrangements to bring people back to the UK, and information on how people can claim their money back) or you can call (+44) 20 7463 6355.

By issuing this ATOL Certificate, under Regulation 17 of the Civil Aviation (Air Travel Organisers' Licensing) Regulations 2012, Gap Africa Projects Limited confirms that the trip to which it applies is sold in line with the ATOL held by the organiser named above.
The ATOL scheme is run by the Civil Aviation Authority and paid for by the Air Travel Trust. To see what that is and what you can expect, together with full information on its terms and conditions go to www.atol.org.uk.
As well as the protection of the ATOL scheme, you have protection under the Package Travel Regulations. For more information see www.direct.gov.uk in the Travel and Transport section.

Unique reference number	Date of issue	ATOL Certificate issuer	ATOL number	Package title
4007	16/10/2014	Gap Africa Projects Limited	10890	

[Click here to lock all editable fields](#)

Gap Africa Projects Life changing conservation and community projects that make a difference

Date	Event	Time
16/07/2017	Check in for your flight at the South African Airways Check in Desk, London Heathrow, Terminal 2	18:00
	Depart London Heathrow	18:27
17/07/2017	Arrive Johannesburg International Airport, Terminal A	21:00
	Upon arrival please clear immigration and collect your baggage to pass through Customs	09:00
	A member of the Gap Africa Projects ground team will meet you at International Arrivals Hall and take you through to Domestic Departures, terminal B. Please look out for our Meet and Great Board.	
	Drop off Baggage at SAA bag drop - Domestic Terminal B	10:45
	Depart Johannesburg	10:45
	Arrive Port Elizabeth Airport	12:30
	Upon arrival you will be met by a representative from Blunden Tours and transferred to Shamwari Game Reserve	
	Shamwari Group Conservation Experience x 14 DAYS	11:00
31/07/2017	Today is the final day of your placement and you will be transferred to Port Elizabeth Airport	
	Check in for your flight at the SAA Check in Desk	14:35
	Depart Port Elizabeth	14:35
	Arrive Johannesburg Terminal B	16:10
	Upon arrival please make your way to Terminal A International Departures	
	Depart Johannesburg	18:15
01/08/2017	Arrive London Heathrow, Terminal 2	06:25

Important Travel Advice

Under 18 Visa Requirements.
If you are aged under 18, whether travelling alone or within a group you must adhere to the regulations set for minors entering the republic of South Africa. <http://www.dha.gov.za/index.php?view=services/travelling-with-children>

Names and spellings.
It is crucial that they match what is printed on your passport. If there is a mistake this will need to be changed, otherwise you may be refused travel.



<https://gapafricaprojects.com/24-rsa-shw-4449-riseholme-college-sa/>

ANY QUESTIONS?

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Project Presentation 20

TRIP DOCUMENTS

AFRICA

Group Web Page & Travel Documents



Student Frequently Asked Questions - Click to View



Student Guidelines and House Rules - Click to View

Student - Frequently Asked Questions

Contents

Pre-Departure.....2

1. What documents should I receive from Gap Africa?.....2

2. What travel documents are required?.....2

3. What should I bring?.....2

4. What should I wear?.....2

5. What should I do if I get sick?.....3

6. What should I do if I get lost?.....3

7. What should I do if I get injured?.....3

8. What should I do if I get kidnapped?.....3

9. What should I do if I get arrested?.....3

10. What should I do if I get killed?.....3

11. What should I do if I get raped?.....4

12. What should I do if I get kidnapped?.....4

13. What should I do if I get arrested?.....4

14. What should I do if I get killed?.....4

15. What should I do if I get raped?.....4

16. What should I do if I get kidnapped?.....4

17. What should I do if I get arrested?.....4

18. What should I do if I get killed?.....4

19. What should I do if I get raped?.....4

20. What should I do if I get kidnapped?.....4

21. What should I do if I get arrested?.....4

22. What should I do if I get killed?.....4

23. What should I do if I get raped?.....4

24. What should I do if I get kidnapped?.....4

25. What should I do if I get arrested?.....4

26. What should I do if I get killed?.....4

27. What should I do if I get raped?.....4

28. What should I do if I get kidnapped?.....4

29. What should I do if I get arrested?.....4

30. What should I do if I get killed?.....4

31. What should I do if I get raped?.....4

32. What should I do if I get kidnapped?.....4

33. What should I do if I get arrested?.....4

34. What should I do if I get killed?.....4

35. What should I do if I get raped?.....4

36. What should I do if I get kidnapped?.....4

37. What should I do if I get arrested?.....4

38. What should I do if I get killed?.....4

39. What should I do if I get raped?.....4

40. What should I do if I get kidnapped?.....4

41. What should I do if I get arrested?.....4

42. What should I do if I get killed?.....4

43. What should I do if I get raped?.....4

Gap Africa Projects - General Guidelines and House Rules:

As a participant in Gap Africa Projects, I understand and agree to adhere to the following guidelines:

1. Timeliness and Curfew: I commit to respecting designated timings, including early mornings and curfew times.

2. Behavioural Expectations: I agree to uphold the behavioural standards set by my institution, maintaining respect for others and the local culture.

3. Language and Conduct: I recognise that the use of foul language is inappropriate and will respectfully challenge any instances of it among fellow participants.

4. Smoking and Vaping: I agree not to smoke or vape inside any buildings or vehicles, utilising only designated smoking areas for such activities.

5. Alcohol Policy: I agree to comply with my institution's alcohol policy and ensure that if I choose to drink, I do so responsibly and without becoming intoxicated during any activities.

6. Substance Use: I understand and agree that the use of narcotic substances is strictly prohibited.

7. Community Interaction: I will refrain from giving money or food directly to individuals in the community, as it may perpetuate a culture of dependency.

8. Health and Dietary Needs: I will inform Gap Africa Projects of any medical conditions, mental health concerns, or dietary restrictions at least six weeks before travel.

9. Personal Supplies: I commit to bringing any preferred snacks or foods if I know I am a picky/fussy eater.

10. Insurance: I agree to obtain appropriate travel and medical insurance that covers all activities during the trip.

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<https://gapafricaprojects.com/24-rsa-shw-4449-riseholme-college-sa/>

ANY QUESTIONS?

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Project Presentation 21

USEFUL INFORMATION

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Suggested kit list

- Short and long sleeve T shirts *
- Long work trousers and shorts *
(Or work trousers with zip-off longs)
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker – warm
(it can get very cold on an open vehicle – even on a summer evening)
- Daypack rucksack
- Socks
- Warm Hat (winter only) /Hat for sun protection (all year round)
- Working gloves
- Gloves for warmth (winter only)
- Water bottle (filtered rainwater provided at the lodge)

- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent

Other useful items:















- Binoculars
- Good torch
- Camera
- Spare batteries
- Sunglasses
- Personal medical items/First Aid kit
- Cards/music
- Sunscreen
- Mammal/bird book
- Notebook/diary and pen

* All work clothes should be neutral or earth tones for working in the bush. No skimpy or bright coloured clothing to be worn.

USEFUL INFORMATION

AFRICA

Climate

19	20	21	22	23	24	25
						
20° 13°	21° 14°	21° 13°	23° 14°	24° 14°	20° 13°	21° 14°
26	27	28	29	30	31	1
						
19° 13°	19° 12°	21° 13°	19° 12°	21° 13°	23° 12°	21° 11°

Currency, Credit Cards, Phones & Internet

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres.

It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

Mobile phone coverage is good at the accommodation, although there may be some areas on the reserve where there isn't any coverage. eSIM or purchasing a SIM card at the airport is another option

Some Wi-Fi is provided free of charge at the accommodation. Internet speeds are not up to international urban standards but are effective for communication.

Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

Health Risks

Immunisation:

When entering South Africa, no international immunisation is required., however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

Please visit the following web page for advice from the UK Foreign Office:

<https://travelhealthpro.org.uk/country/201/south-africa>

Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

Malaria:

The project is located in a malaria free area- recommended

<http://www.sa-venues.com/malaria-risk-areas.htm>

USEFUL INFORMATION

AFRICA

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

<https://www.true traveller.com/?tag=4480>

Loadshedding

Scheduled blackouts/power cuts – the team will inform you when the power will be off, normally for 2-4h at a time.

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended stay and have at least two blank pages.

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

USEFUL INFORMATION

AFRICA

Laundry

Laundry facilities are available, once a week, however the items might be washed on a high temperature and then a hot tumble dry, be prepared for items to shrink.

Plug Adaptors



Shamwari Shop

Shamwari has a small shop selling

- Snacks
- Drinks
- Hoodies
- T-shirts
- Fleece
- Caps

Community GAP Donation Bags

Stationary: Calculators, books, pens, crayons, coloring pencils, reading books, coloring books, erasers, sharpeners, play dough, arts and crafts items. Electronic equipment, such as second hand laptops are also welcomed.

Second-hand clothing: School clothes and shoes, and clothing and shoes for all ages.

Sports equipment: Soccer, rugby and netball second-hand clothing and equipment, balls, whistles, training books, balls, shoes.

Sanitary and bathroom products: Sanitary towels, toothbrushes and toothpaste, wash cloths, bars of soap.

Kitchen utensils: porridge bowls and spoons for babies or for adults (elderly soup kitchens), any second-hand utensils.

Donate your clothes: leave some of your clothes which can be sold or donated for community income. Space for souvenirs.



Trip Clothing

Online shop available
for trip clothing:

GAP Trip Hoodie

GAP Africa Polo Shirts

GAP Africa Caps

GAP Africa Beenie

GAP Africa 500ml Bottle





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