



# PRE-DEPARTURE INFORMATION PACK

## University of Chester

# KwaZulu-Natal Conservation Field Trip

**AFRICA**

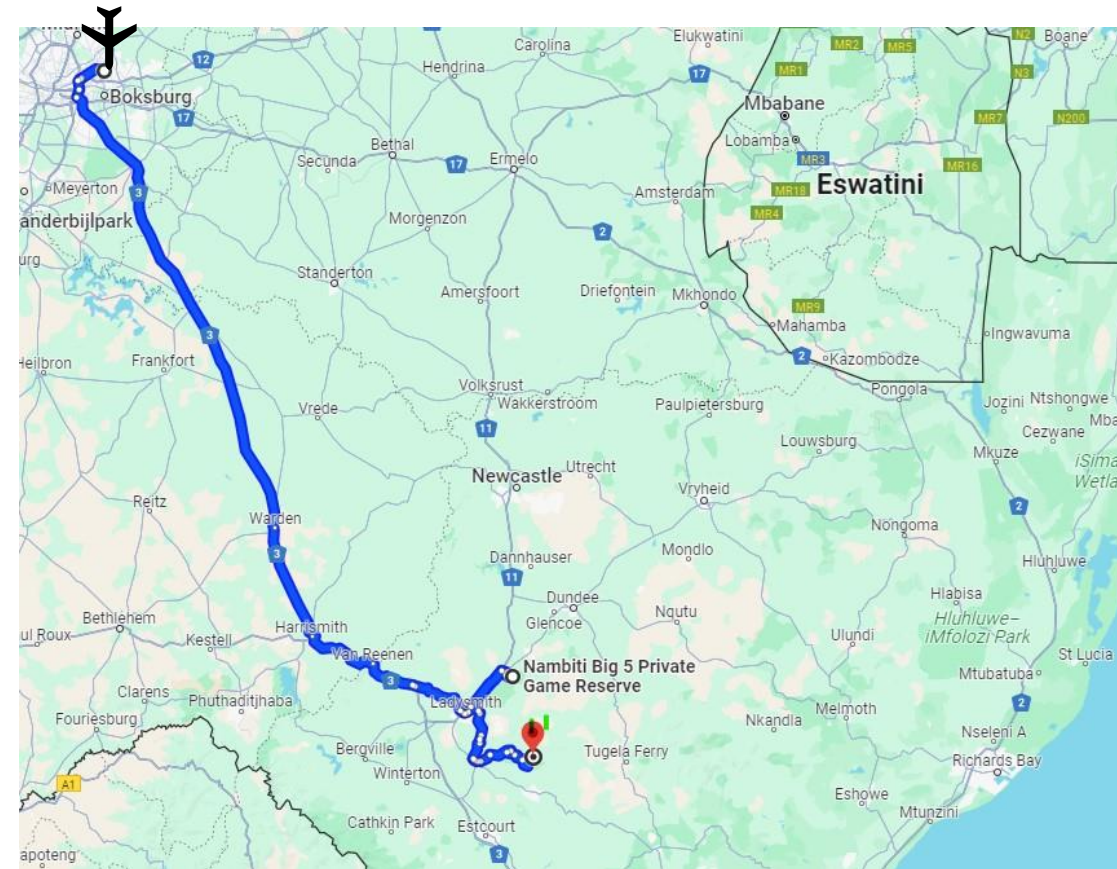
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## Arriving in South Africa

Upon arrival at Johannesburg Airport (OR Tambo) you must collect your bags and clear immigration and customs.

The Gap Africa representative will meet you in the Arrivals hall, look out for her to the right as you come through, she will introduce you to the Champagne Shuttles & Coach Hire representative who will be providing your coach transfer to Zingela Reserve, approximately 5 – 5.5 hours by road.

If for any reason you cannot locate Carmen, please call or WhatsApp her on (0) 79 313 2276. Alternatively, please call Lundy Bredberg on 27(0) 81 816 2541



# CONTACT DETAILS

AFRICA

## Address

Zingela Game Reserve  
3 Bloukrans Road  
Weenen 3325  
South Africa

## Zingela Landline

Telephone: +27 (0) 76 813 7429

## Mobile

+27(0) 81 816 2541  
Lundy Bredberg (Project Manager)

## Gap Africa Projects

+44 (0) 797 657 5949

**24 Hour Emergency Only**

## Gap Africa Projects In Country Contact:

+27 (0) 79 313 2276 Carmen Warmenhove



## Climate

### Summer (November – April)

Expect intense heat in the daytime with occasional thunderstorms in the afternoon. Vegetation is dense and lush due to the summer rains and the bush teems with newborn animals. A very good time for bird watching.

### Autumn

At the end of the summer rains the water holes are full, temperatures begin to drop at night and the vegetation starts to change colour

### Winter (May – October)

During winter the temperatures are pleasant during the day but very cold at night. Visibility in the bush is very good making winter an excellent time for game viewing.

### Spring

The bush changes to lively green vegetation and temperatures are pleasant

## Currency, Credit Cards, Phones & Internet

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted.

There may be some areas on the reserve where there isn't any mobile phone coverage. There is WiFi at Zingela in the main area but no WiFi at Nambiti.

## Tipping

Whilst there is no obligation, it is a nice gesture to show your appreciation for the rangers and housekeeping staff by leaving a small tip/donation for the staff at the reserve when you leave; any amount is always appreciated.

A 10% tip is normal for any café/restaurant whilst eating out.

## Health Risks

### Immunisation:

When entering South Africa, no international immunisation is required, however, a yellow fever vaccination certificate is required from travellers if they enter South Africa within 6 days of leaving an infected country.

Our advice: Visit your local (travel) doctor to get up-to-date information about requirements when travelling.

DTP inoculation (diphtheria, tetanus and polio) is essential.

### Malaria:

We recommend that you visit the following UK Foreign Office webpage for up-to-date information on areas where there may be a low risk of malaria and for vaccine recommendations:

<https://travelhealthpro.org.uk/country/201/south-africa>

### Drinking Water:

Drinking water is available at the project (filtered rainwater); always make sure you keep hydrated.

### HIV/Aids in South Africa:

As in other countries, HIV/Aids is a serious concern in South Africa and one you must be aware of. You should always be careful when dealing with an injured person to avoid the risk of infection. Always take necessary precautions and avoid sexual contact.

### Sun:

South Africa has a warm sunny climate, you should wear sunscreen and a hat whenever you are out of doors during the day, particularly between 10am and 4 pm – regardless of whether there is cloud cover or not. Whatever your complexion you can still get sunburned if you are from a cooler climate. Sunglasses are also recommended as the glare of the African sun can be very strong.

## Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they occur or on your return home.

We have an affiliation with True Traveller Insurance, please see link below for further information:

<https://www.truetraveller.com/backpackers-insurance?tag=4480>

You should select 'Adventure Pack' as this will cover you for the type of activities you will undertake during your trip



## Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>

## Passport Requirements

It can take many weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 30 days beyond your intended exit date and have at least two blank pages. You can check requirements by using the IATA Travel Centre site [www.iatatravelcentre.com](http://www.iatatravelcentre.com)

## Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

## Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts  
(Or work trousers with zip-off long)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker – (it can get very cold on an open vehicle – even on a summer evening)
- Daypack rucksack
- Microfibre sleeping bag liner – useful for extra warmth in winter
- Socks
- Hat for sun protection / Warm Hat (winter only)
- Working gloves
- Gloves for warmth (winter only)
- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent
- Personal medical items and First Aid Kit
- Binoculars
- Sunscreen & Sunglasses

### Other useful items:

- Good torch
- Water bottle
- Camera
- Spare batteries
- Cards/CD's
- Mammal/bird book
- Notebook/diary and pen
- Lip balm

## Game Reserve Camps

In keeping with the Safari Adventure theme, groups are accommodated on the reserve in comfortable safari tents, with communal hot and cold showers and regular flushing toilets.

All meals are provided in a communal dining room. If students opt to sleep out there are basic camps around the reserve that can be used for sleep outs; Sleeping out under the stars and learn how to make a fire and cook on it!





## Food at the project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised.

Please advise us of any dietary requirements in advance so we can ensure that you are adequately catered for.





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