



Bishop Burton Pre-Departure Presentation

Zulu Land Health & Social Care Field Trip

AFRICA

GLOBAL reach. **ADVENTURE** for all. **PROJECTS** to inspire.



AFRICA

ABOUT THE PROJECT

Overview and location
of the project

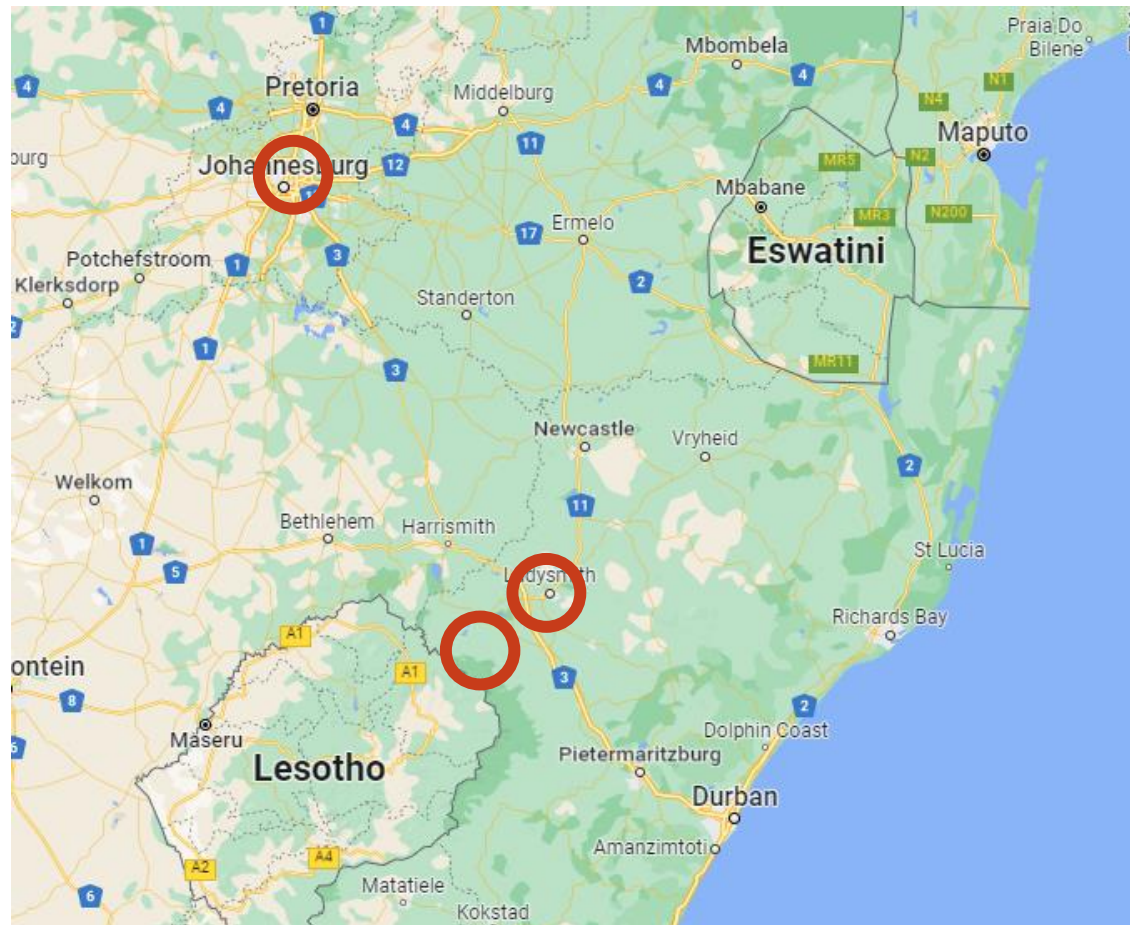


ABOUT THE PROJECT

AFRICA

Zulu Land Conservation Project- Location

- South Africa a world leader in conservation
- Malaria free KwaZulu Natal



Your Health & Social Care Programme

During your time on the programme, your time will be split working with local not-for-profit organisations in the local community and larger, NGO, initiatives. You will also have the opportunity to experience exciting conservation work. Below are project examples that you will be involved with:

Health & Social Care

- **Work in rural outreach clinics**
- **Observe health care workers**
- **Volunteer with Move Africa, fighting against period poverty**
- **Talks on Zulu Culture**
- **Community visits and projects**
- **Meet Zulu healers and learn about medicinal values of plants vs western medicines**

Conservation & Wildlife

- **Habitat and Prey Selection of Predators**
- **Alien Vegetation Control / Reserve Maintenance**
- **Educational Bush Walks – Ecology & Botany**
- **Tracks, Signs and Spoor**
- **Use of Telemetry Tracking**
- **Elephant Monitoring / Population Study**
- **Rhino Monitoring – Awareness and Anti-Poaching**

Zulu Land Health & Social Care Project

Not-for-profit organisations embedded within the local community, helping to support a number of important health & social issues through education and local funding.

NGOs (non government organisations) who deal with larger health & social care issues. These organisations act independently from the South African government and play a major role in key development areas, utilising intonational funding to pursue their goals.

Emmaus Provincial Hospital provides District health care services with 156 useable beds and 375 staff members including clinics staff.

St Chads Community Health Clinic providing health care services that is integrated to the district health system within the catchment areas of Emmambithi and Indaka Local Municipalities.

Nambiti Conservation Research Team manage the day to day conservation management and research of the Big 5 Game Reserve.



Your Health & Social Care Programme

DATE	MORNING	AFTERNOON	EVENING
30 Jan		Arrive late afternoon. Orientation	Dinner
31 Jan	Big Five Rotations Group 1: Rhino tracking Group 2: Reserve Work Group 3: Monitoring priority species	Lunch Visit to Rural Clinic Talk by a local Non Profit organisation on the work they do in the rural communities & challenges of providing healthcare in remote areas of Africa	Talk by Move Africa & training session with students on how to train health care workers -use of menstrual cups as a sustainable solution to period poverty
01 Feb	Rural Clinic Visit with Move Africa Addressing “Period Poverty”	Lunch Continue with Move Africa clinic training	Big Five Night Drive
02 Feb	Visit a community school to donate menstrual cups and do a workshop on feminine health	Lunch back at camp Swim	Talk on Zulu Culture & Traditions
03 Feb	Big Five Rotations Group 1: Monitoring Priority species Group 2: Rhino tracking Group 3: Reserve work	Picnic lunch & swim at Cascades Camera trap session	Dinner
04 Feb Sat	Community Project: Jabong Hats Waste collection with community kids and craft workshop with Gogo’s (grannies) learn to make a trendy hat out of plastic waste	Traditional lunch in a Zulu Homestead. Meet a traditional healer and learn about the traditional use of medicinal plants. Explore the places where western & traditional medicine intersect.	Dinner

Your Health & Social Care Programme

DATE	MORNING	AFTERNOON	EVENING
05 Feb	Big Five Rotations Group 1: Reserve work Group 2: Monitoring priority species Group 3: Rhino tracking	Lunch Swim	Dinner
06 Feb	Rural Clinic outreach	Rural Clinic outreach	Dinner
07 Feb	Rural Clinic outreach	Rural Clinic outreach	Dinner
08 Feb	Rural Clinic outreach	Rural Clinic outreach	Dinner Night Drive
09 Feb	Rural Clinic outreach	Rural Clinic outreach	Dinner
10 Feb	Follow up visit to community school to reinforce Move Africa workshop	Lunch at camp Swim	Dinner
11 Feb	Group 1: Big Five Bush Walk Group 2 & 3 Reserve work	Lunch Group 2: Big Five Bush walk Group 1 & 3 Reserve work	Dinner
12 Feb	Group 3: Big five bush walk Group 1 & 2 Reserve work	Lunch Collect Camera Trap SD cards	Farewell dinner De-brief

Your Health & Social Care Programme

Additional activities (Drakensburg)

- Canopy tours
- Didima Rock Art Centre
- Bird of Prey Centre
- A short hike and splash in a mountain stream
- Drakensberg Boys Choir (concert every Wednesday & Saturday)



ACCOMMODATION

AFRICA

Game Reserve Camp at Nambiti & Zamimpilo Training Centre



ANY QUESTIONS?

INFO@GAPAFRICAPROJECTS.COM | +44 (0)207 1937819

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ACCOMMODATION

AFRICA

Food at the project

Three meals are provided a day prepared by the kitchen staff.

Breakfasts will consist of toast and cereals; lunch may include pasta, wraps, burgers, stir fry; dinners include meat, fish and vegetables with rice, potatoes or pasta.

On weekends a braai (BBQ) is often organised. Tea, coffee and fruit is available all day from the volunteer area.

Please advise us of any dietary requirements in advance so we can ensure that you are adequately catered for.





AFRICA

PRE DEPARTURE INFORMATION

Travel details, kit lists and Q&A



FLIGHT INFORMATION

AFRICA

Departure from the United Kingdom | Arrival to South Africa

Pickup from Bishop Burton College

Private coach transfer @ 09:00 (TBC)

Heathrow, Terminal 5

Check-in at BA desk @ 15:20

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA55	29/01/23	London Heathrow (LHR)	18:20	Johannesburg (JNB)	07:25 + 1 Day

Johannesburg OR Tambo

Clear immigration & collect baggage to clear customs

Meet and Greet at JNB Arrivals Hall @ Information Desk

Transfer to Nambiti Game Reserve

Arrival to Nambiti @ 15:00 est



FLIGHT INFORMATION

AFRICA

Departure from South Africa | Arrival to the United Kingdom

Collect from Nambiti @ 14:00

Check-in at BA Desk @ 19:15

Flight No	Flight Date	Dept.	Dept. Time	Arr.	Arr. Time
BA54	13/02/23	Johannesburg (JNB)	22:15	London Heathrow (LHR)	07:45 + 1 Day

Drop off to Bishop Burton College

Private coach transfer @ 14:00 (TBC)



Checked Baggage Allowance: 23KG

Hand Baggage Allowance: 23KG not exceeding 56cm x 45cm x 25cm

BOOKING YOUR ADVENTURE

AFRICA

Group Web Page & Travel Documents



Your e-ticket

Travelport ViewTrip™
This Electronic Ticket Receipt has been brought to you by Travelport ViewTrip and your travel agent. For the latest information on your travel plans, view your itinerary at [ViewTrip.com](#)

Reservation Number: R33RG3 [View E-ticket](#)

Traveler	Billing Address:	Delivery Address:
DESELY, GEORGIE	TRAVEL COUNSELLORS PHENIX TRAVEL HQS CHURCHGATE BOLTON EBURLYTH	No Address On Record

Agency Information
TRAVEL COUNSELLORS LTD Travel House Rother L1 1TH UNITED KINGDOM Agency Phone: 01204 530 084 TRAVEL COUNSELLORS PLC PHENIX FLT5 Agency IATA Number: 91277992

Itinerary:
 1 Ticket Receipt: 932534160822 - VS 611 - 28 Jun 2019 - LHR - Today's Date
 1 Ticket Number: 932534160822 - Outlets Reservation Number: R33RG3 - Ticket Issue C 20

Flight Information
28 Jun 2019 Virgin Atlantic Airways Ltd (VS 611) Economy (E) Virgin Atlantic Airways Ltd Confirmation No.
Depart: London - Terminal 5 9:05 PM New York Arrive: Johannesburg (JNB) Terminal A 9:05 AM 28 Jun 2019 Not Valid Africa

Applies for LHR - JNB
Baggage Allowance - Piece Plan

This is an important document. Make sure that you take it with you when you travel.

ATOL Certificate

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses. This certificate sets out how the ATOL scheme will protect the people named on it for the parts of their trip listed below.

Who is protected? **Number of passengers: 1**
 Mr Daniel Alexander

What is protected?
 Package terms to South Africa for 12 days (Date of travel: 28 Jun 2019 - 09 Jul 2019) + 1 day (Date of travel: 10 Jul 2019 - 11 Jul 2019) + 1 day (Date of travel: 12 Jul 2019 - 13 Jul 2019) + 1 day (Date of travel: 14 Jul 2019 - 15 Jul 2019) + 1 day (Date of travel: 16 Jul 2019 - 17 Jul 2019)

You can find more detailed information on your booking, including prices, on the card you will receive from Gap Africa Projects Limited

Who is protecting your trip?
 Gap Africa Projects Limited ATOL Number: 10890 Booking Ref: 4007

Your protection

You are protected from when you were given this certificate to the end of your trip.
 If Gap Africa Projects Limited ships trading, the passengers named above will either:
 1 complete their trip and return to the UK; or
 2 receive a refund.
 Your protection depends on the terms of the ATOL scheme (available at [www.atol.org.uk](#))
 If Gap Africa Projects Limited ships trading, you must follow the instructions at [www.atol.org.uk](#) before there will be details of arrangements to bring people back to the UK, and information on how to claim their money back) or you can call (+44) 20 7463 6300.

By issuing this ATOL Certificate, under Regulation 17 of the Civil Aviation (Air Travel Organisers' Licensing) 2012, Gap Africa Projects Limited certifies that the trip to which it applies is sold in line with the ATOL held by the organiser named above. This ATOL certificate is not for the Civil Aviation Authority and paid for by the 'Retailer'. To see other ATOL certificates you can request, together with full information on its terms and conditions go to [www.atol.org.uk](#). As well as the protection of ATOL, when you have purchased under the Package Travel Regulations information see [www.direct.gov.uk](#) in the 'Travel and Transport' section.

Unique reference number	Date of issue	ATOL Certificate issuer	ATOL number
4007	16/02/2014	Gap Africa Projects Limited	10890

[Click here to lock all editable fields.](#)

Gap Africa Projects Life-changing conservation and community projects that make a difference.

Date	Event	Time
16/07/2017	Check in for your flight at the South African Airways Check in Desk, London Heathrow, terminal 2	18:00
17/07/2017	Depart London Heathrow	21:00
17/07/2017	Arrive Johannesburg International Airport, Terminal A	09:00

Upon arrival please clear immigration and collect your baggage to pass through Customs.

A member of the Gap Africa Projects ground team will meet you at International arrivals hall and take you through to Domestic Departures, terminal B. Please look out for our Meet and Great Bear!

Date	Event	Time
17/07/2017	Drop off baggage at SAA bag drop - Domestic Terminal B	04:00
17/07/2017	Depart Johannesburg	10:45
17/07/2017	Arrive Port Elizabeth Airport	12:30
17/07/2017	Upon arrival you will be met by a representative from Bladder Tours and transferred to Shamans Game Reserve	
17/07/2017	Shamans Group Conservation Experience - 14 DAYS	
17/07/2017	Today is the final day of your placement and you will be transferred to Port Elizabeth Airport	11:00

Check in for your flight at the SAA Check in Desk

Date	Event	Time
17/07/2017	Depart Port Elizabeth	14:35
17/07/2017	Arrive Johannesburg Terminal B	16:10

Upon arrival please make your way to Terminal A International Departures

Date	Event	Time
17/07/2017	Depart Johannesburg	19:35
17/07/2017	Arrive London Heathrow, terminal 2	06:25

Important Travel Advice

Under 18 Visa Requirements.
 If you are aged under 18, whether travelling alone or within a group you must adhere to the regulations set for minors entering the republic of South Africa. [http://www.dfa.gov.za/index.php/civ-services/travelling-with-us/visas](#)

Names and spellings.
 It is crucial that they match what is printed on your passport. If there is a mistake this will need to be changed, otherwise you may be refused travel.

Gap Africa Projects AFRICA GROUP PROJECTS GLOBAL ADVENTURE PROJECTS AFRICA INDIVIDUAL PROJECTS WHO WE ARE BLOG GET IN TOUCH

CALL: +44 (0) 207 193 7819
 EMAIL: INFO@GAPAFRICAPROJECTS.COM

Bishop Burton South Africa 2023

Zulu Land: Health & Social Care

Welcome to the Bishop Burton group page.

This is the groups personalised web page for your forthcoming trip to South Africa. All of your general documentation relevant to the trip is available to download from here at your own convenience. The details and documents will be updated as your booking progresses.

Please note that your E-ticket documents, updated invoices and anything else specific to you, will be emailed to you directly and will not appear on this page.

Trip Documents

- [Project Information Pack - Click to Download](#)
- [Project Pre-Departure Pack - Coming Soon](#)
- [Group ATOL Certificate - Click to Download](#)
- [Group Travel Plan - Coming soon!](#)

Countdown to your Global Adventure!

52 Days	04 Hours	57 Minutes	20 Seconds
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gapafriaprojects.com/23-bba-kzh-4453-bishop-burton/

ANY QUESTIONS?

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Suggested kit list

- Short sleeve shirts
- Long work trousers and shorts
(Or work trousers with zip-off longos)
- T shirts
- Hiking Boots/comfortable walking shoes to work in every day
- Rain jacket
- Sweatshirt/Fleece (Winter months pack plenty)
- Padded parka jacket/windbreaker - warm
(it can get very cold on an open vehicle - even on a summer evening)
- Daypack rucksack
- Socks
- Warm Hat (in winter only) /Hat for sun protection
(all year round)
- Working gloves
- Gloves for warmth (in winter only)
- Changes of casual clothes for evenings
- Underwear
- Sandals / comfy shoes to wear after work hours
- Bath towel
- Beach towel
- Swimming costume
- Toiletries
- Tick / insect repellent

Other useful items:

- Binoculars
- Good torch
- Water bottle
- Camera
- Spare batteries
- Sunglasses
- Personal medical items
- Cards/CD's
- Sunscreen
- Mammal/bird book
- Notebook/diary and pen

Climate

Summer (November – April)

Expect intense heat in the daytime with occasional thunderstorms in the afternoon. Vegetation is dense and lush due to the summer rains and the bush teems with new born animals. A very good time for bird watching.

Autumn

At the end of the summer rains the water holes are full, temperatures begin to drop at night and the vegetations starts to change colour

Winter (May – October)

During winter the temperatures are pleasant during the day but cold at night and early morning. Visibility in the bush is very good making winter and excellent time for game viewing.

Spring

The bush changes to lively green vegetation and temperatures are pleasant

Currency, Credit Cards, Phones & Internet

The currency for South Africa is the South African Rand (ZAR). Foreign exchange may be arranged at the airport or in major centres. It is not recommended that travellers carry large sums of cash, keep a reasonable amount on hand and primarily use credit cards.

All major credit cards are widely accepted at shops, the reserve does not have credit card facility.

Mobile phone reception is available at the accommodation, although there are some areas on the reserve where there isn't any coverage. If you purchase an SA sim/data card there is a cell booster at the research camp offices

USEFUL INFORMATION

AFRICA

Health Risks

Immunisation:

When entering South Africa, a visa is required, however, a visa is not required from travellers returning from travel in an infected area. Our advice: Visit your GP for information about recommended DTP inoculation (diphtheria, tetanus and pertussis). Please visit the following link for more information: Foreign Office:

<https://travelhealthtips.org>

Drinking Water:

Drinking water is available and safe to drink. Keep hydrated.

Most Travellers

The vaccines in this section are recommended for most travellers visiting this country. Information on these vaccines can be found by clicking on the blue arrow. Vaccines are listed alphabetically.

[Hepatitis A](#) ▼

[Tetanus](#) ▼

[Typhoid](#) ▼

Some Travellers

The vaccines in this section are recommended for some travellers visiting this country. Information on when these vaccines should be considered can be found by clicking on the arrow. Vaccines are listed alphabetically.

[Cholera](#) ▼

[Hepatitis B](#) ▼

[Rabies](#) ▼

[Tuberculosis](#) ▼

ious concern in South Africa. You should always be a responsible person to avoid the risk of malaria, take precautions and avoid sexual

ite, you should wear a hat and sunglasses. You are out of doors during the day (10 am – 4 pm) – regardless of the weather. Whatever your complexion, use sunscreen. As the glare of the African

Province where you are. See [here](#).

[1-risk-areas.htm](#)

Insurance

Personal travel insurance is compulsory. Travel insurance does not need to be expensive and there are many good deals available for backpackers etc. Always be sure to check the insurance details to make sure you are covered for Covid 19, theft, loss, illness and injury. Check to see if your medical benefits are paid out as they incur or on your return home.

<https://www.true traveller.com/backpackers-insurance?tag=4480>

Covid 19 Requirements

Please see the link below for up-to-date information on requirements to enter South Africa:

[South Africa Covid Regulations](#)

For up-to-date information on returning to the UK after travelling abroad please click on the following link:

<https://www.gov.uk/uk-border-control>

Passport Requirements

It can take up to 6 weeks to obtain a passport – remember to start this process in plenty of time.

Your passport needs to be valid for at least 6 months beyond your intended stay and have at least two blank pages.

Visa Requirements

A visa is not required for British Passport holders, all other nationalities should check the requirements via the website below, if required a visa can be obtained from the South African High Commission.

<http://www.dha.gov.za/index.php/immigration-services/exempt-countries>

Stay safe overseas – KBYG

The better prepared you are when you travel abroad the safer you will be. The Foreign, Commonwealth and Development Office offers 'Know Before You Go' travel advice, including simple precautions you can take before and during your trip.

To find out more, check out their website:

<https://www.gov.uk/browse/abroad/travel-abroad>



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