



**GAP
AFRICA
PROJECTS**


**COSTA RICA GROUP EXPEDITION
2019 - Q&A Presentation**



COSTA RICA GROUP EXPERIENCE

Where does it take Place?



Where does it take place? 

Itinerary

Climate

Accommodation

Additional Excursions

Documents and Flights

Any Questions



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COSTA RICA GROUP EXPERIENCE

Costa Rica – Itinerary

Day 1: Arrival / Overnight Esparza Collection, Esparza accommodation, Dinner. Travel: 1hr 10mins.

Days 2 – 7: Turtle Conservation

Day 7: Braulio Carrillo National Park, driving through park. Lunch. Rainforest Adventure: Aerial Tram above the jungle, guided nature tour (butterfly garden, terrarium (snakes, frogs, turtles), orchid garden, hummingbirds)

Day 8: Monteverde Cloud Forest Reserve - La Ventana, views of Pacific and Atlantic. Lunch. Lecture & Natural History Tour

Day 9: To Playa Uvita, Marino Ballena National Park for 08:45. Search for Humpback Whales and two species of resident dolphins. Possibly also see Bryde’s Whales, Pilot whales, False Killer whales and other marine life. Visit the coral and rock reefs to snorkel and observe the wonderful marine wildlife of the Ballena Marine Park. View the caverns of Ventanas Beach.

Day 10: Manuel Antonio National Park. Talk on conservation and guided tour. Either hostel in San Jose with farewell meal, or last night in Esparza with farewell meal, depending on flight times

Day 11: Toucan Rescue Ranch. Introductory talk about sloths and conservation. Tour of the ranch, where you will meet sloths, toucans, and other birds and mammals.

Day 12: Maritime Park Puntarenas. Talk on conservation, and tour of facilities. Lunch. Macaw and wild bird Sanctuary - interactive workshop and tour.

Day 13: Carara - Crocodile boat tour on River Tarcoles and the mangroves. See crocodiles, birds and monkeys up close. Lunch. Horse Riding along the beach.

Day 14: Flights

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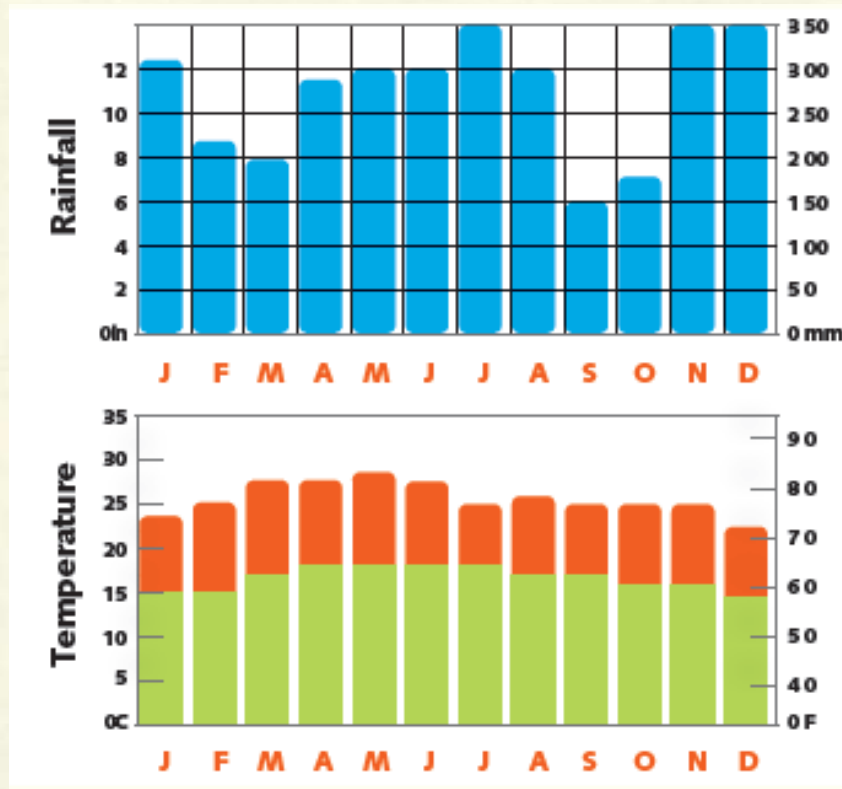


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Climate



Be prepared for rain and Mid - High temperatures during the time you are there.

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Your Accommodation & Lifestyle



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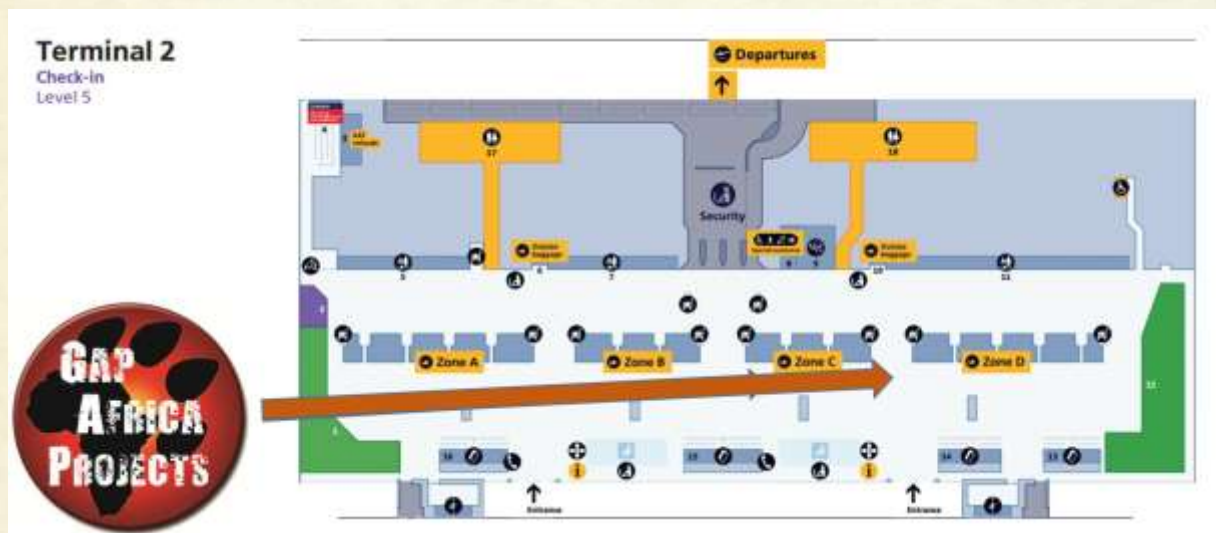


COSTA RICA GROUP EXPERIENCE

Departure from London Heathrow Sunday 7th April 2019

LHR BOG Dep: 22:40

Group Meeting Point London Heathrow Terminal 2 – 19:40



Checked Baggage Allowance: 23KG

Hand Baggage Allowance: 8KG

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COSTA RICA GROUP EXPERIENCE

Arrival to Bogota / San Jose Monday 8th April 2019

LHR BOG AV121 Arr 03:50 T1

Connect to onwards flight via Connections

BOG SJO AV697 Dep 06:10 T1 Arr 07:30 TM

Meet and Greet at SJO Arrivals Hall
Transfer to Esparza Accommodation

Meal Services – Free
In-Flight Entertainment



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COSTA RICA GROUP EXPERIENCE

**Departure from San Jose
Sunday 21st April 2019**

SJO BOG AV691 Dep 16:05 TM Arr 19:20 T1

Baggage Checked through to LHR

BOG LHR AV120 Dep 22:55 T1

Monday 22nd April 2019

BOG LHR Arr 15:35 +1 T2

Important Information:

San Jose Departure Tax of USD29
Proof of return journey required for immigration at SJO
Backpack is advised – Full kit list available online

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COSTA RICA GROUP EXPERIENCE

Documents and Flights

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Your e-ticket

Travelport ViewTrip™
 The Electronic Ticket (E-ticket) has been brought to you by Travelport. View your e-ticket details at www.viewtrip.com. For the latest information on your e-ticket plans, visit our website at www.viewtrip.com.

Reservation Number: 00000000000000000000 [View Details/Book Details](#)

Traveler	Billing Address	Shipping Address
Passenger Name: BEELEY, MERRIAM	Billing Address: 10400, COLUMBIAN PARKWAY, 10400, SAN ANTONIO, TX 78243	Shipping Address: 10400, COLUMBIAN PARKWAY, 10400, SAN ANTONIO, TX 78243

Payment Information:
 Billing: COLUMBIAN PARKWAY, LTX, Dallas, TX 75201
 Billing ID: 000000
 Agency Name: 0000 000 000 TRAVEL COUSSELLORS PLC PHILADELPHIA, Agency IATA Number: 00000000

Flight Details:
 # of Flights/Trip: 00000 000000: 00 000 - 00 Jun 2010-0000
 Ticket Issue Date: 07 May 2010
 # of Traveler: 00000 000000: 00000/00000000000000000000

Flight Information:
 00 Jun 2010
 Origin: Newark Liberty Intl (LGA) New York
 Destination: London Heathrow (LHR) London
 Class: Economy (Y)
 Cabin: 000 000
 Fare Basis: 00 000
 Carrier: 000
 Flight: 000
 Depart: 00 Jun 00:00
 Arrive: 00 Jun 00:00

Applied to LHR - 000
 Package: 0000000000: 1 This Fee

This is an important document. Please keep it safe as you take it with you when you travel.

ATOL Certificate

This confirms that your money is protected by the ATOL scheme and that you can get home if your travel company collapses.

This certificate sets out how the ATOL scheme will protect the people named on it for the jobs of their trip. Subject below.

Who is protected? Mr Claret Mowbray
 Number of passengers: 1

What is protected?
 Money held in trust to pay for the flight, including the cost of the flight, the cost of the return journey, and the cost of the return journey to the UK.

Who is protecting your trip?
 Your protection
 You are protected from when you were given this certificate to the end of your trip.

ATOL Reference Number: 00000000000000000000
 Your protection is provided by the ATOL scheme (available at www.atol.org.uk)

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 Your protection is provided by the ATOL scheme (available at www.atol.org.uk)

ATOL Reference Number	Date of Issue	ATOL Certificate Issue	ATOL Certificate Valid	Package Name
00000000000000000000	00/00/2010	00/00/2010	00/00/2010	00000000000000000000

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ATOL Reference Number	Date of Issue	ATOL Certificate Issue	ATOL Certificate Valid	Package Name
00000000000000000000	00/00/2010	00/00/2010	00/00/2010	00000000000000000000

Important Travel Advice
 Under the ATOL scheme, if your travel company ceases trading, you will be able to travel or get home, as appropriate, at no extra cost. For more information on the ATOL scheme, visit www.atol.org.uk.

Travel and staying:
 It is important that you are aware of the ATOL scheme. If there is a change to the ATOL scheme, you may be affected.

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Vaccinations – travelhealthpro.org.uk

Most Travellers

The vaccines in this section are recommended for most travellers visiting this country. Information on these vaccines can be found by clicking on the blue arrow. Vaccines are listed alphabetically.

Hepatitis A

Tetanus

Some Travellers

The vaccines in this section are recommended for some travellers visiting this country. Information on when these vaccines should be considered can be found by clicking on the arrow. Vaccines are listed alphabetically.

Rabies

Typhoid

General information: Malaria

Download as PDF

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Thank You for your Attention

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Zika and Extra Precautions

Cases of Zika virus have been reported in 2016. You should follow the advice of the [National Travel Health Network and Centre](#), particularly if you're pregnant or planning to become pregnant. Seek advice from a health professional if you have any further questions or concerns.

Prevention:

People travelling in these areas (and any others that may have mosquito-borne diseases) can protect themselves from bites in a number of ways:

Wear long-sleeved tops and long pants

Use insect repellents containing DEET or picaridin. Insect repellents containing DEET and Picaridin are safe for pregnant and breastfeeding women and children over 2 months of age when used as directed.

Use permethrin-treated clothing and gear (such as boots, pants, socks and tents)

Use bed nets as necessary

Symptoms:

Once exposed, people (adults and children) often exhibit no symptoms at all, however in some cases they can experience:

- Fever
- Rash
- Headaches
- Joint pain
- Muscle / bone pain
- Conjunctivitis

In around 80% of cases, no medical treatment is required. It is believed that the virus stays in the blood for around seven days once the person is symptomatic.

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